

MOUNTAIN GAZETTE

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MMU students examine recycling process, feed hungry

By Phyl Newbeck

Special to the Mountain Gazette

On November 7, MMU students littered. In fact, they spewed trash all over the lawn in front of the school, but it was all for a good cause. The students were participating in an initiative of the Chittenden Solid Waste District (CSWD) called "trash on the lawn."

Jess Sankey of CSWD coordinated the event. Sankey credited the Association of Vermont Recyclers with coining the phrase "trash on the lawn" and providing support for the program. The Association makes presentations at high schools to teach students, teachers and administrators how to lessen the amount of trash they create. For "trash on the lawn," schools go through one day's worth of trash to determine what could have been recycled or composted. Students at MMU have been pressing the administration for composting bins so, according to Sankey, they were excited to participate in the program. "Trash on the lawn" has been in existence for four years, but this is the first year MMU has been involved. Science teachers Mark Keffer and Dan Tolle helped spearhead the project, as did Justin Halvorsen, a 2002 MMU graduate now attending Johnson State College.

Earth Science has long been part of the ninth grade curriculum at MMU but according to Keffer, several years ago science teachers got together to add more environmental content to the curriculum. Keffer builds on that with his Ecological Design course for juniors and seniors. The class includes practical topics such as green architecture, wastewater treatment, and green technologies. Not surprisingly, Keffer's students were enthusiastic about "trash on the lawn." However, since they could devote only one school period to the task, other classes were enlisted to help. All the school's trash from garbage cans, recycling bins and both cafeteria and food preparation scraps were included in the day's work, although bathroom trash cans were not emptied. CSWD provided one-piece jumpsuits for the students.

Cans and bins were dumped on one central mat and then brought to corners representing recycling, compostables and other categories. MMU grad Halvorsen and AVR's Krista Harness were deep in the "mash pit" providing assistance to the students. Halvorsen snapped pictures as students trekked garbage from one area to another. The project is part of his senior practicum and he was proud of his alma mater, noting that despite the presence of almost 1,000 students and 100 faculty and staff members at MMU, there was less

trash than he had anticipated. He said the school had already cut down on the use of Styrofoam trays and plastic utensils. David Horner, Food Service Director for the Chittenden East Supervisory Union, agreed. Horner has pushed for greater composting and recycling in all of the schools he oversees. Because of the numbers at MMU, on-site composting would be difficult so the hope is that they can work with a local organization or farmer. At this point, only Smilie Elementary School in Bolton does its own composting, although the Underhill I.D. School is considering it as well.

Beth Milne is a senior at MMU and a member of the Environmental Club. "Every little bit helps," she said. Milne noted that there is an expense associated with composting and hoped the project might provide statistics which could back up a request for funding, not to mention "show everyone how easy it is."

Compared to the messy trash on the lawn, MMU's Food Chain Rally was a neat and orderly affair. The school had been collecting food for weeks, but on November 18th the students from Laurel Butler's SHAPE club (Students Helping Achieve Philanthropic Excellence) and her business classes brought the food to several vantage points in the building. The rest of the student body, facilitated by their teachers, formed a human chain, handing the food through the halls to the front of the building where they were loaded on trucks to be taken to the local food shelf by volunteers from the Lions Club, bundled up against the falling snow.

Butler cited statistics showing the increased need for food at the Jericho Food Shelf. She said that from 2006 to 2007, the organization served 325 grocery bags to families for a total of 945 people. From 2007 until October 2008, those numbers increased to 576 bags and over 1,800 individuals. Butler noted that providing forty bags of groceries per month costs \$1,600 and at this point, the food shelf is serving double that number. She asked each student at MMU to contribute two food items, noting that some day they may be the ones in need.

Students lined the school's hallways, sometimes on both sides of the aisle, handing off over 1,700 items of food to SHAPE members, resplendent in black T-shirts with "I give away money" emblazoned on the front in blue. There are roughly twenty-five students in the club, mostly juniors and seniors, but also some sophomores and freshmen. The school's wind ensemble had assembled

Wildlife habitat mapping in Jericho

By Phyl Newbeck

Special to the Mountain Gazette

For the last three years, the Jericho Conservation Commission has been working on a long-term plan to develop a comprehensive wildlife habitat map. Rather than try to raise money for the project as a whole, Commission member Monique Gilbert said the group decided to break it up into different modules and secure the funding piece by piece.

Jericho Town Planner Seth Jensen said the town had been looking for ways to assist the Conservation Commission in finding funding for habitat assessment and was able to help them secure a grant from the Vermont Community Foundation for the first module. "Creating this wildlife habitat map and inventory is one of the objectives of the town plan," said Jensen, "so helping the Conservation Commission with completing it is very much a goal that the town laid out when they approved the town plan."

For the first module, which is known as a "coarse filter," the Conservation Commission hired consultant Jesse Mohr. Mohr received his Master's in Ecological Planning at UVM and currently teaches both graduate and undergraduate courses at the UVM Rubenstein School of Environment and Natural Resources, as well as running his own consulting firm, Native Geographic. Wearing his consultant hat, Mohr has worked with local municipalities, land trusts, other non-profits such as the Vermont River Conservancy, and even done some international work for the Nature Conservancy. Mohr was tasked with mapping all the

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MMU students learn about recycling and how much work it is to control what goes to the landfill. PHOTO BY PHYL NEWBECK

in the hallway playing rousing music to move the chain along. There were some bottlenecks in the chain, but for the most part it went smoothly. SHAPE members grouped the food into boxes based on type. Co-vice president Taylor Willey explained that some boxes were filled with soup and others with canned vegetables or dry goods like cereal. An entire box was being filled with peanut butter which turned out to have been a popular donation. Although Butler had secured fifty cardboard boxes for the occasion, it turned out not to be enough and the students improvised with plastic bags and recycling bins. In only thirty efficient minutes, the food was passed through the hallways, boxed and loaded in the trucks.

The SHAPE club is funded by Mark J. Gordon, a Florida philanthropist with ties to Vermont. In 2007, he offered the club \$3,500 in matching funds if they could raise \$500. Instead, the club raised \$1,500. The club has a Board of Directors and sends out official Requests for Proposals from those seeking funding. For the 2007-08 academic year, they gave \$1,500 to the Jericho Food Shelf, \$1,000 to the Committee on Temporary Shelter, \$500 to Vermont Cares for AIDS

awareness, and \$1,000 internally to various groups at MMU. There is still some money left over. This year, in addition to the Food Chain, SHAPE has planned four other major campaigns involving the entire school: a holiday gift drive for needy and/or refugee families, a clothing drive in the spring, a book drive which includes reading to younger children, and a huge Green Up Day event. They also sell T-shirts and hot pretzels.

Butler said the drives are aided by the presence of advisories at MMU. Advisories are groups of twelve to fifteen students who meet with faculty advisors twice a week for twenty-five minutes each. The goal of the advisories is to build a community and get kids out of their normal social groups. The advisories support SHAPE's fundraising goals and have found ways to contribute. Butler also teaches two business classes at MMU and firmly believes that community service and service learning are entwined with the curriculum. She thinks teaching students about community, as well as helping them with their own financial literacy, will help them become productive members of society.

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Cambridge Planning Commission next steps

By Katherine Quimby Johnson

Special to the Mountain Gazette

Following the Election Day defeat of zoning bylaws by a vote of 1,006 to 796, the Cambridge Planning Commission met for their regular meeting on Monday, November 24. Contacted after the meeting, Chair Martha Brown said, "We didn't have a quorum and so we don't have solid plans." However, Brown did say, "We plan basically to continue to work with other town groups—the Cambridge Historical Society, Cambridge Crossroads, the conservation commission—and other local, interested citizens, in developing plans for the future of Cambridge."

The recent defeat of zoning bylaws was by the widest margin in the last several votes on the subject. The previous vote, held in conjunction with the 2000 national election, was defeated, with 774 against and 714 votes cast for, and an Australian ballot held on Town Meeting Day 1999 went down with 203 for and 222 against. In the interim since the 2000 vote, the Selectboard adopted subdivision regulations, which took effect in April 2006.

The Cambridge Planning Commission meets the third Monday of the month at 6:30 PM at the Town Office. Meetings are open to the public. In addition to Brown, the commission members are Muffy Howard, Richard Spanier, Hollis Edwards, Jr., Mike Moser, and Larry Wykoff. Mary Paulman resigned earlier this fall for personal reasons.

Westford Public Library receives books from CLiF

By Phyl Newbeck

Special to the Mountain Gazette

Duncan McDougall, Executive Director of the Children's Literacy Foundation (CLiF) mimed walking across a tightrope on one of the lines of the basketball court at the Westford School on the morning of November 10. His audience of 125 fifth to eighth graders, even those trying to look cool in their backwards baseball caps and camouflage pants, sat in rapt attention. McDougall was explaining the book "Mirette on the High Wire" for the assembled students. The book is one of over 100 which are being donated to the Westford Public Library by CLiF.

Westford Librarian Victoria Tebbetts applied to CLiF for a grant from their Rural Library Sponsorship Program. Every year, 24 rural libraries in Vermont and New Hampshire receive these grants. Rural is defined as towns with fewer than 5,000 people. According to McDougall, CLiF has provided books to roughly 75% of the rural libraries in both states. The organization provides the libraries with a list of over 700 books from which to choose. From this list, Tebbetts was able to pick almost \$2,000 worth of books.

The new books were spread out across the stage and floor of the Westford School gym. Tebbetts had chosen a number of board books for toddlers, since many in the library's collection had succumbed to years of chewing and drooling. She also opted for a new collection of graphic novels which she hopes will appeal to teenage readers. The vast array of books also included non-fiction about dinosaurs, frogs and the ivory-billed woodpecker, as well as biographies and history books. Tebbetts took the opportunity to replace some of the library's well-worn classics such as "James and the Giant Peach" and "Curi-

ous George," but she also diversified the library's offerings with a book by Langston Hughes and a story called "Amazing Grace" about a young African-American girl who wants to play the role of Peter Pan and is told that she can't because of her gender and race, but eventually perseveres and gets the part. The collection includes local authors like Willem Lange and a book about Jericho-based naturalist Susan Morse called "The Woods Scientist" which includes Morse's nature photographs.

McDougall held two separate assemblies to introduce the students to the new books. Starting at 8:10 AM, he spoke to an audience of fifth to eighth graders. At 8:45, his enchanted audience consisted of 124 children in grades kindergarten through four. The older children learned the fictional story of a young girl who became a gifted high wire walker. The younger ones got to see a presentation of "Sylvester and the Magic Pebble." McDougall has perfected the art of speaking to a young audience by lowering his voice instead of raising it. He told both groups about the places he had visited, thanks to his love of books, and how he has often lost himself while reading. Children from both age groups raised their hands in droves when asked if they had also lost themselves in books, and both groups eagerly responded when questioned about what kind of books they enjoyed. Upon learning that CLiF sometimes sponsors author visits, one girl excitedly raised her hand and asked if they could sponsor a visit from the author of the popular Trinity series.

McDougall said grants from CLiF, which does not receive federal or state funding, are based on need and the energy of the requester. He was impressed by Tebbetts' success in reaching out to

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NEWS BRIEFS

COURT REPORT

Monday, October 20 – **Danile J. Shinosky**, 23, Jericho, charged with first degree aggravated domestic assault, felony, in Burlington February 18; amended to unlawful trespass – building, misdemeanor; pleaded guilty; fined \$300, sentenced to six to 12 months, suspended but 10 days, probation.

Tuesday, October 21 – **Hasley R. Beldon**, 29, Jeffersonville, charged with DUI, first offense, in Burlington on October 3; pleaded guilty; fined \$300; sentenced to four to 12 months, suspended; probation.

Tuesday, October 21 – **Kyle C. Champney**, 21, Jeffersonville, charged with DUI, first offense, in South Burlington on August 8; pleaded guilty; fined \$300, sentenced to six to 12 months, suspended, probation.

Tuesday, October 21 – **Tyler Laforce**, 19, Westford, charged with alcohol – minor consumption in Milton June 7; pleaded guilty; sentenced deferred for six months; charged with violation of condi-

tions of release in Milton on June 7; pleaded guilty; sentenced deferred for six months.

POLICE REPORT

Two residences on the Bolton Notch Road were **burglarized** between 4:30 PM on November 18, 2008 and 4:30 PM on November 20, 2008. The person(s) unknown entered the homes of Deborah Shelby and Jason Miller and stole items belonging to the homeowners. At this time the items stolen are not being released for investigative reasons. Anyone with information as to the burglaries or seeing any suspicious individuals and/or vehicles in the area between these dates and times, or any information as to any other recent burglaries that have occurred in the area, are asked to contact the Vermont State Police, Williston Barracks at (802) 878-7111. Investigating officer: Sr. Trp. Michelle LeBlanc. Case #: (08A105226 and 08A105230).

Burglary into an unoccupied dwelling, on November 21, 2008 between the hours of 1:00 and 6:15 PM, person(s) unknown entered the residence of Stephen and Corinne Ferreira on Sam Ward Road in Underhill. Cash and personal possessions taken. At this time there are no leads in this case. Anyone with information is asked to call the State Police at (802) 878-7111. Investigating officer: Trooper Michael Kamerling. Case # (08A105247).

Christmas tree sales to benefit 4H

On December 13 and 14, Rogers Tree Farm in Essex/Westford will donate 10 percent of its proceeds to benefit 4H youth programs in Chittenden County. Directions: From Route 15 in Essex, turn north on Old Stage Road. After about 5.5 miles turn left on Rogers Road and look for signs. Hours: Saturday, December 13, 10:00 AM to 4:00 PM and Sunday, December 14, noon to 4:00 PM.

Beckett provided Internet awareness information

On Monday, November 17 Michael Beckett, an IBM IT consultant, led an "Internet Safety and Your Kids" workshop at Good Shepherd Lutheran Church in Jericho. It was an informative workshop for parents, teachers and community about the hazards of the Internet and ways we can keep our children safe. Through information brought by Michael Beckett and open discussion by all those who attended, everyone left with a renewed awareness of the technology that is out there, the hazards and benefits of the Internet, and what we adults need to know so we can prepare and protect our children. Many thanks go out to Michael Beckett for taking time away from his family in order to help others learn to protect theirs, IBM's On Demand Community Solutions for having these programs available, Good Shepherd Preschool for organizing this workshop, and Good Shepherd Lutheran Church for use of their space.

UNDERHILL JERICHO FIRE DEPARTMENT REPORT

By Kitty Clark

EMERGENCY CALLS:

November 17, 9:57 A.M. EMS call on Packard Road, Jericho November 21, 8:25 P.M. Responded to 123 Hanley Lane, Jericho for the smell of

something burning

November 22, 10:51 A.M. Responded to the area of 154 Skunk Hollow Rd., Jericho for

a one vehicle roll over with injury

November 23, 1:42 P.M. Responded to Maple Leaf Farm,

Underhill for an activated fire

alarm

November 24, 9:52 A.M. EMS call on Lafayette Drive, Jericho

November 24, 11:43 A.M. EMS call on VT RT 15, Underhill

November 25, 2:05 P.M. Responded to 121 Skunk Hollow Rd.,

Jericho for a chimney fire

Tuesday Night Drills: November 18, training on hydrants and laying hose.

November 25, gear inspection and SCBA mask fit testing.

Members of the UJFD were saddened to learn of the passing of former Chief of the Milton Fire Dept., Mike Adams. His funeral was held at St. Anne's Church in Milton on November 21. Mike was the General Contractor for our fire station. Sincere sympathy to his wife Jeanette and to his family.

SAFETY MESSAGE: Many of us will be putting up our Christmas decorations in the next couple of weeks. A reminder when buying Christmas lights, be sure that they are approved by a National Testing lab and always unplug lights before going to bed or when you leave your house. Never run electrical cords through doorways or under rugs.

Always check your old string of lights for frayed or worn electrical cords and remember not to overload electrical outlets.

Let's all have a safe holiday season.

Jericho Center Library to hold Christmas Tree Lighting Ceremony

On Sunday, December 7, Jericho Center will celebrate the beginning of the holiday season with the lighting of the Christmas tree and a visit from Santa. The Jericho Center Library will host an Open House from 3:00 to 4:45 PM, with holiday cookies and punch, music, children's crafts and stories read by local author Tracey Campbell Pearson. This will be followed by a Christmas carol sing-along. At 5:00 PM, Santa will be arriving by tractor and will plug in the lights on the giant Christmas tree in the Center Green.

There are festive green jars on the counters of local stores to help raise money for the power and replacement lights for this annual community event. If you wish to make an additional donation to the Holiday Tree Fund, please send your tax-deductible contribution to the Jericho Center Preservation Association—Holiday Tree Fund, PO Box 1018, Jericho Center, VT 05465.

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Classic Bike Experience offers clubhouse haven for classic British bike enthusiasts

“Make me young again . . . !” Grown-up baby boomers can now recapture the joy of their younger-days’ motorcycle love affairs at the newly opened Classic Bike Experience in Essex Junction. The full-service shop opened in early November and focuses on British bikes of all makes. The Experience’s grand opening and open house are slated for Saturday, December 6 from 9:00 AM until 5:00 PM. “There’s something about classic motorcycles of the ‘60s and ‘70s that stirs a long-dimmed passion in slightly graying men and women,” says Jack Manning, one of the Experience’s owners. “Those were the machines owned or wished for when they were in high school and college.” “For some the term ‘classic motorcycle’ conjures up Harleys. But for others – like us – there’s nothing like the look, sound and feel of Nortons, Triumphs and BSAs when Britain’s ‘Golden Era’ of motorcycles ruled the day. These are drop-dead gorgeous machines that handle beautifully and ‘go like stink,’ as the Brits are fond of saying.” Manning says these machines need a fair bit of love and attention to keep them on the road and the Experience intends to

provide just that and, by extension, to their owners as well. “Service with a clubhouse feel” is how Jack describes what’s unique about the shop. “The idea for the business sprang from our local classic bike group who, for many years, got together in my garage to tinker around with our own British bikes. We loved the whole process of restoring and putting as much as we did riding.” As a result, in addition to providing the usual complete range of parts and service found at traditional bike shops, the new business invites bike owners to “join the clubhouse” by sharing the shop’s space as an in-house base from which to work on their own bikes. Jack explains the thought behind this service with a twist. “We named the business the Classic Bike Experience because we wanted our customers to be able to share in the total spectrum of what it means to own a truly classic British bike. We’ve got a terrific shop, a great inventory of parts and like-minded suppliers available for things like painting and machining. We will happily do all of the work for our customers or they can get involved with the work on their bike to the extent they can or want to. For some of us die-hard bike lovers the camaraderie shared with other fellow motorheads is a huge part of the joy of owning a motorcycle. We love nothing more than hearing someone tell us they are now inspired to pull the tarp off their old bike in the barn and break out the wrenches.”

The Experience’s other British bike loving baby boom owners include Nick Woodbury and Welby Reynolds. The three owners purchased the shop’s current inventory from fellow biking enthusiast Frank Holmes who recently retired from ownership of his New Hampshire-based business Frank’s Brit Bike Barn.

Jack says the Experience received its start-up funding from a modest inheritance left to Jack by his mom who passed away this summer. “She bought me a leather riding jacket for my college graduation. She would have loved this,” he says.

The business is located at 104 Center Road (Route 15) in Essex Junction. Business hours are 9:00 AM to 1:00 PM Monday through Saturday and 5:00 to 8:00 PM Monday through Wednesday, or by appointment at 878-5583. The website is www.classicbikeexperience.com.

“We’re looking forward to seeing old friends as well as new at the grand opening,” says Jack. Gift certificates will be available for family members who want to stuff a holiday stocking but who, as Jack says, “might not know the difference between a carburetor and a crankshaft.”

Town of Jericho Winter parking band

Parking of all vehicles is hereby prohibited on all Town roads within the Town of Jericho between the hours of 12:00 midnight and 9:00 AM from November 15, 2008 to and including the March 31, 2009.

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www.troyconference.org/jumc or JerichoUMC@troyconference.org

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beginning Sunday, September 14, 2008
for worship, reflection, growth, and support.
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RICHMOND

POLICE REPORT

On Monday, November 24, 2008 at approximately 7:00 AM, Richmond Police responded to a family disturbance at the residence located at 47 Jericho Road. Following a brief investigation, **Mark A. Wissell** was arrested and charged with two counts of domestic assault and cited into court.

On Wednesday, November 26 at approximately 7:30 PM, Officer Rick Greenough of the Richmond Police Department responded to a report of an assault at a residence on East Main Street. Following a brief investigation, Greenough arrested **Ada J. Carty**, 41, of Richmond and charged her with burglary, domestic assault, simple assault, and leaving the scene of an accident.

Tuesday, November 25, 2008 at approximately 8:50 PM, **Ramon J. Alvarez**, 21, was stopped on West Main Street in Richmond. During the traffic stop the officer detected a strong odor of intoxicants. Alvarez was screened and subsequently arrested for suspicion of driving under the influence. Investigating Officer Rick Greenough.

COURT REPORT

Monday, October 20 – **Ross Meilleur**, 21, Richmond, charged with domestic assault in South Burlington on May 27; amended to disorderly conduct – fight, etc.; pleaded guilty; sentence deferred for six months.



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HEALTH AWARENESS

Thankful is not just a word, it's a feeling

The holiday season is here and everyone around talks about being thankful. Jon Houghton, the owner of Maplehurst Florists in Essex Junction, truly has the word covered. He has been told that the testicular cancer he survived will not ever be what kills him. How many cancer patients get that statement from their doctor?

Jon wrote the following letter to express his gratitude to one of the many individuals who helped to save his life. "There are things that we cannot explain," he says. "I know what helped me defies explanation."

"October 26, 2007
"Gail,

"It was just over a year ago when we were introduced. I want to thank you for being a part of my cure. The following is my story and how you helped me prepare for something that no one can ever be fully prepared for.

"I was diagnosed with testicular cancer in May 2006, started treatment in June, had a 2nd opinion in July and during a 3rd opinion in August was told a more aggressive line of therapy would be necessary if I was to have any chance of survival. My wife Lori and I chose to have treatment in Indianapolis, IN at the IU Cancer Center under the care of Dr. Lawrence Einhorn, unquestionably the world's leading authority in testicular cancer.

"I was an extremely complicated case. The first line of chemotherapy failed, which meant my cancer was resistant to the anti-cancer agents. The response to this was tandem high-dose chemotherapy with autologous stem cell transplant. In theory, high dosages of chemotherapy will kill the cancer. The person's own stem cells are then used to revive their bone marrow. Ideally, this chemo regimen would be completed within 54 days.

"It was during this transition period in August that I was introduced to you via my aunt. We talked briefly before I left for Indiana. Waiting for me upon arrival was Peggy Huddleston's book and audiotape *Prepare for Surgery, Heal Faster: A Guide of Mind Body Techniques*. If anyone was ever going to have to heal fast, it was me. The chemo treated only the blood-borne portion of my cancer and suppressed substantially my ability to heal and fight infection. Since the majority of my diagnosis was solid tumor called teratoma, major surgery was required once the HOC was finished. Not a big deal except it had spread to my belly, chest and neck and would therefore require 2 surgeries—8 hours for my chest/neck and 4 hours for my belly. The goal was to complete HOC, recover and prepare for surgery in the shortest time possible. There was a concern that the teratoma would morph into a different cancer altogether if it wasn't removed quickly. In some regions of my body the tumors were big and not very acces-

Jon, Lori and Samuel Houghton



PHOTO CONTRIBUTED

sible, the biggest of which was in my chest. Removing it required cracking my sternum and taking it out piece by piece.

"But first, I had to tackle the HOC. While Dr. Einhorn and his team of specialists guided me through the chemotherapy/transplant process, Lori and I did what we could to stay healthy and prepare for surgery. Prior to my first round, you and I talked for several hours. With your help I established symbols of positive, healing imagery. I envisioned the sound of lobster boats leaving Christmas Cove on a calm, sunny day, and vibrant green colors while playing golf with Lori. My daily routine began to include visualization, sketching in a notebook and relaxing as instructed in Peggy's book and audiotape. I sketched fire engines filled with my chemotherapy agents extinguishing and normalizing the cancer fire within me. Every day during chemo I looked at my sketches, sometimes drawing more, sometimes just taking inspiration from what I had already drawn. Often, I listened to the tape to relax after a day at the hospital. I made it through chemo as an outpatient in 39 days. Unbelievably, I was deemed ready for surgery 11 days later.

"The day before my chest/neck surgery you guided me through the hour long visualization, positive imagery process. One of the visuals was that I would be wrapped in 'warm orange blankets of healing love' during surgery. While on a short walk the night before surgery in downtown Indianapolis, you couldn't miss it, the moon was low on the horizon, full and bright orange. As soon as I entered the operating room that morning the nurses covered me in heated blankets. I was looking for symbols of hope and those two examples were it! The surgery was a success and I kept up with the positive imagery throughout recovery. I was ready for the 2nd surgery only 5 weeks later. Again, you guided me through the positive imagery process and again, the surgery was a success and we were flying home 9 days later.

"Lori and I just reached the one year anniversary in our surveillance schedule. At this point it is statistically unlikely the cancer will return. I am back to work and settling into what used to be my normal routine. We certainly don't take anything for granted and look forward to every day in a way most never will.

"Thank you, Gail, for working with me and doing what you do for health and wellness. The time you invested in me helped to prepare me for something I was unprepared for. The relaxation and positive imagery techniques helped me tackle my treatments head on and heal faster—which is what I needed to do to survive.

Sincerely and forever grateful,
Jon Houghton
Essex Jct., VT"

Jon is the third generation owner of the Maplehurst Florist shop in Essex Junction. Houghton is a soft-spoken man; a genuine smile spreads across his face as he speaks about life, and how he feels about life in general and his family. He and his wife Lori have a one-year-old son, Samuel, and are looking forward to a long and happy life.

Estate planning is crucial

Most people would rather not think about being in an auto accident, having a heart attack or stroke, or a myriad of other unexpected and sudden incidents.

Every year auto accidents injure over 2.5 million people in the United States and over 42,000 of those accidents result in death, according to the National Highway Traffic Safety Administration. The American Heart Association tells us that every year Americans suffer over 5 million incidents of stroke and another 5 million incidents of heart failure, and over 80 million Americans have cardiovascular disease.

Luckily, these events do not happen to us, they happen to other unfortunate people. That means there are many millions of "other" unfortunate people involved in sudden and unexpected incidents. You may drive cautiously, wear your seat belt, follow your doctors' orders, eat right and exercise. You probably do your best to reduce your risk factors, but you can't escape the unexpected. What you can do is plan for it.

Planning ahead ensures that things are taken care of in the way you want. You and your loved ones can rest easy knowing that if you become one of those "other" unfortunates, you have prepared, as much as possible, for the unexpected.

Estate Planning, also known as Legacy Wealth Planning, includes all

Estate continued on page 5

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LIBRARIES / PEOPLE IN THE NEWS

DEBORAH RAWSON MEMORIAL LIBRARY, JERICHO

Story Times: Wednesdays at 11:00 AM - December 3 and 10, and Thursdays at 10 AM - Dec 4 and 11. Stories, songs, fingerplays, craft and snack for preschool children.

Family Story Times: Thursdays at 6:30 PM, December 4 and 11. Quiet stories for families with children preschool through grade two. Children are invited to wear pajamas and join us for a light bedtime snack.

Family Yoga: Tuesday, December 9 at 6:30 PM. Join in for a winter yoga adventure as we retell the classic children's book *The Mitten*. For children in grade 1 through adult. Advance registration required. Call 899-4962. Funded by the Winnie Bell Learned Grant.

After-School Art: Tuesday, December 16 at 4:00 PM. Jen King will help participants make a needle-felted winter ornament using cookie cutters and natural fibers. For children in grades 2 and up. Advance registration required. Call 899-4962. Funded by the Winnie Bell Learned Grant.

Baby Time: Wednesday, December 17 at 10:30 AM. Join Leah Rowe for board books, lap rhymes and songs appropriate for babies 18 months and younger. This is a wonderful time for parents and child care providers to connect with one another and to share ideas. Siblings welcome.

YA Book Selection Group: Thursday, December 18 at 3:00 PM. Middle and high school students are invited to come and help select new books for the library collection. Refreshments served. To register call 899-4962.

Welcome Baby: Friday, December 19 at 10:30 AM. Parents and infants, 1 year and younger, are invited to attend our welcome baby group. Participants will receive a welcome baby bag with gifts and information about community resources and have the opportunity to chat with other new parents. Cosponsored with Building Bright Futures. Facilitator: Eliza Kramer.

December art will feature the photography of Bruce Gilbert Smith.

Sunday, December 7 at 2:00 PM. Robert Resnik and Marty Morrissey will perform songs inspired by Lake Champlain. Veteran Vermont folk musicians Marty Morrissey and Robert Resnik have been playing Celtic music together in Vermont and around the Northeast for almost 25 years, including 18 years as members of the Highland Weavers, one of Vermont's most popular Irish and Scottish bands. Marty and Robert produced a critically acclaimed CD of Vermont songs in 2005, and are about to release a new recording of songs about Lake Champlain. Join us for a wonderful afternoon of music celebrating Lake Champlain and our local history.

The Mystery Book Group will meet on Wednesday, December 10 at 7:00 PM. The book is *The Moonstone* by Wilkie Collins. Join us for a lively discussion and help select the next book.

The next Knit Night will be Tuesday, December 16 at 6:30 PM. This is a great time of year to gather together to work on those holiday crafts.

The Board of Trustees will meet Thursday, December 18 at 7:00 PM. There will be an opening for an Underhill Trustee beginning in March. Pick up a petition form at the Town Clerk's office to be put on the ballot for Town Meeting Day.

Please do not leave donations in our drop box or outside our door. We do not have storage space so anything left goes into recycling. We will take current bestsellers in excellent condition, Music CDs, Books on CD or DVDs without any scratches. Please bring them into the library and give to a staff member, otherwise things left outside will go into the trash.

The library will be closed Wednesday, December 24, Thursday, December 25 and Friday, December 26. The library will be closing at 2:00 PM on Wednesday, December 31. Have a happy and safe new year!

Library hours: Tuesday 12:00 - 8:00 PM, Wednesday 10:00 AM - 6:00 PM, Thursday 12:00 - 8:00 PM, Friday 10:00 AM - 6:00 PM, Saturday 10:00 AM - 2:00 PM, Sunday 1:00 - 4:00 PM; closed Monday. For information on any of the library's programs, call 899-4962.

JERICHO TOWN LIBRARY, JERICHO CENTER

The Jericho Town Library will host its annual open house on Sunday, December 7, from 3:00 to 5:00 PM to celebrate the season. The library will be open to the public. Children can gather to listen to Tracey Campbell Pearson read and join in a craft. Bonnie MacLeod will be playing the harp. Refreshments including the famous punch will be provided. The lighting of the tree by the Jericho Center Preservation Association on the Village Green will follow at 5:00 PM. Santa makes his appearance by tractor around 5:05 PM. Everyone is invited to stop in for the fun!

Saturday, December 20, 9:00 to 10:30 AM, TAB (Teen Advisory Board—grades 7-12) Meeting. Join and have fun with the fabulous TABbers. Refreshments served. Thanks to all that helped with the puppet show!

Saturday, January 17, 7:00 to 9:00 PM, the Jericho Town Library will be holding its third annual Contra Dance at the Jericho Community Center. You can bring a partner, your entire family, or come alone. Everyone is welcome, including absolute beginners. No prior experience is needed. Mark

Sustic will do the calling and instruction of all dances. The music will be provided by the Fiddleheads. Other musicians with acoustic instruments are welcome to join in with the band. A donation of \$5 per person and \$10 for families is suggested at the door.

High school students needing to fulfill community service please consider volunteering when your schedule permits at the library. Call or stop by!

Story time including craft and snack is held every Wednesday upstairs at 10:00 AM. Come share the joy of books, songs, and fingerplays. Upcoming themes: Wednesday, December 10, 10:00 AM — Deer/Reindeer, Wednesday, December 17, 10:00 AM — Holiday Gifts

The Board of Trustees meets regularly the first Thursday of the month at 7:00 PM at the library. The public is welcome so join us at our upcoming meetings on December 4 and January 8. The hours for the Jericho Town Library on the Green are Monday and Friday 1:00-5:00 PM, Wednesday 10:00 AM-12:00 PM and 2:00-6:00 PM, Saturday 10:00 AM-1:00 PM. For more information call 899-4686 or email us at Jerichotownlibrary@gmail.com.

WESTFORD TOWN LIBRARY

Upcoming Events:

Thursday, December 4, 11:00 AM - Storytime. Stories and activities for preschoolers. Theme: Guinea Pigs and Hamsters.

Friday, December 5, 6:00 - 8:30 PM - Westford Knitters. All needle-crafters welcome. Contact Julie Nelson at 343-0165 or julie@coolmoonyoga.com.

Wednesday, December 10, 6:00 - 7:00 PM - Book Discussion. *Three Cups of Tea* by Greg Mortenson and David Oliver Relin. An inspirational story of one man's efforts to address poverty, educate girls, and overcome cultural divides. (Copyright 2004 Phillips & Nelson Media, Inc.)

Thursday, December 11, 11:00 AM - Storytime. Stories and activities for preschoolers. Theme: Vermont Authors and Illustrators.

Wednesday, December 17, 6:30 - 7:00 PM - PJ Storytime. Jump into your pj's and head to the library for stories, crafts and activities led by Lynn Finn. Theme: Light & Candles.

Thursday, December 18, 11:00 AM - Storytime. Stories and activities for preschoolers. Theme: Helping Others.

Wednesday, December 24 & Thursday, December 25 - Library Closed. Happy Holidays!

New Additions to the Collection: Adult Fiction: *Brass Verdict* (Connelly), *Extreme Measures* (Flynn), *The Given Day* (LeHane), *The Hour I First Believed* (Lamb), *Lucky One* (Sparks), *A Most Wanted Man* (LeCarre), *Rough Weather* (Parker), *Divine Justice* (Baldacci), *The Christmas Promise* (VanLierre). Adult Nonfiction: *Called Out of Darkness* (Rice), *My Stroke of Insight* (Taylor), *Outliers: The Story of Success* (Gladwell), *The Snowball: Warren Buffet and the Business of Life* (Schroeder), *Snowboarding* (Kleh), *What Color is Your Parachute 2009* (Bolles), *The Wordy Shipmates* (Vowell), *Dewey: The Small Town Library Cat Who Touched the World* (Myron), *Hooked Rugs Today* (Oxford). Juv Fiction: *Telling Time with Big Mama Cat* (Moser), *Pigs* (Gibbons), *Jax Epoch and the Quiken Forbidden* (Roman) AND the other 110 books purchased by the Children's Literacy Foundation scholarship! Includes board books, picture books, early and transitional readers, popular fiction, nonfiction and graphic novels. Juv Nonfiction: Many nonfiction books purchased as part of the Children's Literacy Foundation scholarship including: *Frogs* (Bishop), *American Tall Tales* (Osborne), *How to Talk to Your Dog* (Craig), *The New Way Things Work* (Macaulay), *Spiders* (Bishop), *Woods Scientist* (Swinburne), *Volcanoes* (Fradin), *Give Me Liberty* (Freedman), *Shark Life* (Benchley), *Teammates* (Golenbock), *Team Moon* (Thimmesh), *ER Vets* (Jackson), *Golem* (Wisniewski), and dozens more! DVDs: Adult: *21*, *The Maltese Falcon*. Juv: *All About Garbage & Recycling*, *The Magic School Bus: Super Sports Fun*, *Really Wild Animals: Awesome Animal Builders*.

The Westford Public Library is open Wednesday 1:00 - 7:00 PM, Thursday 10:00 AM - 6:00 PM, Friday 12 noon - 6:00 PM and Saturday 10:00 AM - 2:00 PM. We can be reached at 878-5639, www.westford.lib.vt.us and westford_pl@vals.state.vt.us.

VARNUM LIBRARY, JEFFERSONVILLE

The Varnum Memorial Library in Jeffersonville is busy this fall! All ages can find something interesting at the library to take part in. There are programs for children and adults, free WiFi access, and of course books and materials to check out, including the ECHO Center pass.

We have programs for children and adults. We continue to host a popular story hour on Tuesdays at 2:30 PM for school-aged children. On December 13 the book will be *Herland* by Charlotte Perkins Gilman. Stop by or call the library to get a copy to read. Come take part!

The Varnum Memorial Library is open Mondays and Tuesdays from 1:00 to 8:00 PM and Thursdays and Saturdays from 9:00 AM to 12:00 noon. The library is a Home Card member, so your card here gains you access to almost all of the libraries in Chittenden County. Call 644-2117 if you have any questions.

Estate continued from page 4

the necessary documents to help you plan for the unexpected. Working with an attorney who is an expert in the field of estate planning is crucial to ensuring that your documents are of the highest standard and drafted correctly and that all areas of your life have been considered in your Estate Plan.

- **Advance Directive for Health Care:** Appoints a trusted individual to make health care decisions for you if you cannot. It also describes the kind of health care you want if you become terminally ill and can't act for yourself.

- **Property Power of Attorney:** Appoints an agent to act on your behalf in all of your financial matters. It can remain in effect even if you become incapacitated. Having this document can help you avoid living probate and a guardianship.

- **HIPAA Power:** Allows a designated individual to obtain your health information and also allows them to visit you in the hospital.

- **Trusts:** Appoints someone to look after your family's money until the family members are old enough to use it wisely.

- **Living Trusts:** Allow you to direct how your assets are managed if you become disabled or deceased. Living Trusts can help your estate and loved ones avoid the probate process, avoid court-mandated guardianship of minor children, protect children from earlier marriages and help reduce or eliminate federal estate taxes.

- **Advanced Estate Planning:** A unique plan to handle your financial circumstances including Medicare and Medicaid and tax planning.

- **Tax Planning:** Can reduce and/or delay taxes paid to the government by your heirs.

- **Legacy Planning:** Is a way for you to pass on the non-material wealth and richness of your life; your personal and family history, your hopes and dreams, your memories and values.

Planning now for the unthinkable will help you and your family live with a peace of mind that comes from knowing you have prepared as much as possible for those unexpected events.

This article is not intended to provide legal advice and does not create an attorney-client relationship. Readers should refrain from acting on information posted here without seeking specific legal advice from individually qualified counselors.

Stephen Unsworth is the senior partner in the Law firm of Unsworth & Barra PLC, located in Essex Jct., VT. He is a member of the American Academy of Estate Planning Attorneys and the National Academy of Elder Law Attorneys. He has been engaged in the practice of law for over 30 years.

Bielecki and Oustinoff appointed to AIM RESULTS LLC

Resource Associates Corporation of Wyomissing, Pennsylvania is pleased to announce the appointment of **David Bielecki** and **Diane Oustinoff** with AIM RESULTS LLC as among their newest certified individuals within their International Network of Senior-level Business and Executive Development Affiliates. Located in Cambridge, Vt., AIM RESULTS is well poised to create the business development solutions of a diverse client base. They can be reached at info@aimresults.net or www.aimresults.net.

Attorney Luitjens presents at NBI seminar



Jennifer R. Luitjens, Esq. presented with two other attorneys at a National Business Institute seminar, "Estate Planning and Recovery for Elderly Clients" on November 18, 2008 in Burlington. This seminar was attended by professionals who are involved with or would like to learn about the topics that

were covered, such as key estate planning issues, drafting wills and trusts, planning for a client's incapacity, ethical considerations when representing elderly clients, Medicaid and estate recovery, and special needs of the elderly client.

Attorney Luitjens has spent over ten years as an elder law attorney practicing in several law firms in Massachusetts, Kentucky and Vermont. Her practice focuses on wills, trusts, estate planning, guardianship, probate, and elder law, including Medicaid planning. She graduated magna cum laude from Case Western Reserve University in Cleveland and received her Juris Doctorate from the Boston College Law School. She is admitted to practice in Massachusetts and Vermont.

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ART / MUSIC / THEATER

ART

TEN THOUSAND VILLAGES will be part of the **Artisans Showcase** at the Dianne Shullenberger Gallery on December 13, 14, 20 and 21 from 10:00 AM to 5:00 PM. TEN THOUSAND VILLAGES, a fair trade program developed 60 years ago, provides marketing opportunities for artists from underdeveloped countries. These stores around the country are staffed by volunteers so the profits return to the artists and their communities. Ten countries will be represented in items for sale at the Showcase.

The students of **Chris Gluck's art program** will have their signature animal cards for sale benefiting the Jericho Underhill Land Trust. Tracey Pearson will sell a limited number of out-of-print books: *The Storekeeper*, *The Purple Hat*, and *We Wish You A Merry Christmas*. All book sales will be to benefit the Community Center in Jericho.

On display at the **Flour Shop**, VT Rt. 15, Underhill, artwork by Chris Gluck's students. Photography by Chris White, Lea Cordney, Donna Owens, Tim Durbrow, and Fred Kent.

The **Fleming Museum** has opened a touring collection of Tibetan Art from the Rubin Museum in New York City, titled *Buddha in Paradise*. This

exhibition of richly colored tangka paintings and exquisite sculpture ranging from the 13th-20th century examines Buddhist conceptions of paradise as well as illustrating ideas and beliefs that have endured for thousands of years. The showing will continue through December 19, 2008.

Also at the **Fleming Museum's East Gallery**, now through December 19, *Improvisation: A History of Vermont's Design/Build Movement 1964-1977*. Architectural *Improvisation: A History of Vermont's Design/Build Movement 1964-1977* documents a radical, Vermont-based architectural movement characterized by organic forms, improvisational processes, hands-on methods, and natural materials. Predating the back-to-the-land movement but motivated by similar values and principles, the Design/Build movement focused on a new mediatory role for architecture both in creating community and in the then-newly charged relationship between humans and the environment. There will be a number of the documented projects from the mid-1960s that pioneered technological and social experimentation, such as solar heating, wind power, and co-housing.

During the month of December, members of the **Essex Art League** will be exhibiting at several sites. At the Phoenix Book Store and Cafe at 21 Essex

Way, members will show their impressions of still life paintings as well as winter scenes. At Colchester's Burnham Library on Rte. 2A they will exhibit a collection of small pictures. Mary Pacifici, Lorraine Hislop, Lynn Sullivan, and Jennifer Fay will be showing their work at the Given Health Center at 353 Blair Park in Williston. Lynn Powers will be exhibiting paintings at the Essex Town Offices at 81 Main Street, Essex Junction. For more information call 862-3014 or visit the league's web site at www.essexartleague.com

At **Jacob Walker Art Gallery**, 14 members will be showing a variety of works from watercolors and pastels to acrylics. November 3 - December 12, Copley Hospital,

Vermont International Festival. Contact 899-2378, valandtom@verizon.net or www.peterburrage.net/dance

Tuesday, December 16

Eileen Ivers 'An Nollaig' at the Flynn Center for the Performing Arts. Part of the Flynn Season 08-09. Presented in coordination with Events for Tom. Contact 863-5966 or www.flynncenter.org

Wednesday, December 17

Traditional Fiddle Classes with **Pete Sutherland** from 7:00 to 8:15 PM in the Grace Coolidge Room (501) in the Waterman Building at the University of Vermont in Burlington. Intermediate level. Wednesday evenings in November and December. Contact 453-3795 or epact@gmavt.net

English Country Dance with **Wendy Gilchrist, Martha Kent and Val Medve** (teachers) and **Impropryety** (musicians) from 7:30 to 9:30 PM at the Elley-Long Music Center in Colchester. 1st and 3rd Fridays. Contact 899-2378, valandtom@verizon.net or www.peterburrage.net/dance

Saturday, December 20

The Willoughbys present 'A Winter Solstice III' at the Richmond Library Community Room in Richmond. Contact 434-3036 or www.richmond.lib.vt.us

Damn Yankee String Band at 7:00 PM at the Cider House in Waterbury. Contact ffidler@worldnet.att.net

Contra Dance with **Nils Fredland** (caller) and **Crowfoot** (musicians) at 8 PM at the Capitol City Grange in Montpelier. Presented by the Contra Dance Umbrella. Part of regular series of dances on 1st, 3rd and 5th Saturdays. Bring clean, soft-soled shoes. Contact Todd and Cindy 744-6163.

VSO Presents "Music of Our Time" Composed in the 1940s -The second of the Vermont Symphony Orchestra 2008/2009 Masterworks series concerts celebrates "Music of Our Time" with three exciting works composed in America in the early 1940s. This dynamic program includes Aaron Copland's Four Dance Episodes from Rodeo, Gershwin/Bennett's Porgy and Bess: Symphonic Picture, and Béla Bartók's classic Concerto for Orchestra. VSO principal guest conductor Anthony Princiotti will conduct the concert on Saturday, December 6 at the Flynn Center in Burlington at 8:00 PM.

Subscriptions for the remaining four concerts in the Masterworks series and single tickets for the December 6 concert are available. For additional information or tickets, please call the FlynnTix Regional Box Office at (802) 86-FLYNN (863-5966), the VSO office at 800-VSO-9293, extension 10, or visit on line at www.vso.org

THEATER

Shelburne Players will be holding auditions for Shakespeare's beloved comedy *Much Ado About Nothing* at Shelburne Town Center, 5420 Shelburne Road, on December 12, 7:00 to 9:00 PM, December 13, 11:00 AM to 3:00 PM, and on December 18, 7:00 to 9:00 PM. The cast will consist of four women, stage age 20 to 35, and eleven men, stage age late teens to 65. Also included is a casting chorus (non-musical attendants, watchmen, musicians, etc.) that can be a variety of ages, including children 12 and over. A romantic comedy, re-imagined in Edwardian England, the play features young lovers Claudio and Hero, due to be married in a week. To pass the time before their wedding day they conspire with Don Pedro, the prince of Aragon, to trick their friends Beatrice and Benedick into confessing their love for one another. Meanwhile, the prince's brother Don John, jealous of both Don Pedro's power and his affection for Claudio, attempts to sabotage the coming wedding.

Auditions will consist of readings from the script. Please bring along resumé and photo, if available, and a list of known conflicts for February, March and April, 2009. Production dates are April 17-25. A perusal copy of the script is available at Pierson Library, across the parking lot from the Town Center.

More information: 878-0188, 985-2225, shelburneplayers@aol.com, www.shelburneplayers.com

Morrisville.

Burlington City Arts is pleased to announce David Kearns as the new Artist-in-Residence at the **Firehouse Center for the Visual Arts**. He will be at the Firehouse Center through December 31st, and invites the public to visit the studio on the 4th floor during First Friday Art Walk on December 5 from 5:00 to 8:00 PM, and every Saturday from 12 noon until 5:00 PM for the duration of the residency. For more information about gallery exhibitions, special events, classes and workshops, please call 802.865.7166 or visit BURLINGTONCITYARTS.COM

MUSIC

Sunday, December 7, 2008, **Vermont Philharmonic Orchestra Messiah Concert**, Brian Webb, conductor, featuring soloists Marjorie Drysdale, soprano; alto Carol Spradling; tenor David Menzies; and bass Simon Chaus; Barre Opera House, Barre, Vermont, \$15 / \$12 seniors / \$5 students, 3:30 PM (information at www.vermontphilharmonic.org or (802) 476-8188.)

Friday, Saturday, and Sunday, December 12, 13 and 14 - Celebrate the Holidays with the **VSO-Pops and Brass Concerts**. The Vermont Symphony Orchestra rings in the holiday season again this December with two traditional programs in music halls around the state. The annual VSO Holiday Pops concert celebrates the season with the VSO Chorus in a program entitled "Rejoice!" This traditional holiday event features Robert De Cormier and Dawn Willis, conducting, and the VSO debut of soprano Indra Thomas. The heartwarming program, narrated by Vermont composer Peter Hamlin of Middlebury, includes folk favorites and seasonal classics—the African American piece, *Glory and Honor*, arranged by Robert De Cormier; a movement from Donald Fraser's Christmas Symphony; Gwyneth Walker's *Rejoice*; Peter Hamlin's Christmas with Mr. Grump; and concludes with the *Rejoice and Hallelujah Chorus* from Handel's *Messiah*. The time-honored audience sing-along is a favorite part of the holiday concert. Performances are Friday, December 12, 7:30 PM at the Barre Opera House, Saturday, December 13, 7:30 PM at the Flynn Center in Burlington, and Sunday, December 14, 3:00 PM at the Paramount Theatre, Rutland. Join the VSO for visions of sugar plums and a festive celebration of the season! For tickets, CD or additional information, including a list of retail outlets that also sell the CD, please call 800-VSO-9293, ext. 10, or visit online at www.vso.org

Tuesdays - Open Mic, 9:00 - 11:00 PM, Smuggler's Notch Inn, Jeffersonville, 644-6765.

Wednesdays - NIPS-West Open Potluck and Songs/Dance Tunes Session, Moshe's house, Essex, first and third Wednesdays; contact Moshe 879-0876 or www.groups.yahoo.com/NIPS-West. Open Mic, 8:00 PM, Overtime Saloon, St. Albans; www.overtimesaloon.com

Open Mic Night, 6:30 PM on the first Wednesday of each month, Phoenix Books, Essex Shoppes and Cinema, Essex Center.

Thursdays - Open Mic, 8:00 PM - midnight, Village Tavern, Jeffersonville.

Saturdays - Acoustic music session, 1:00 - 4:00 PM, Foothills Bakery, Fairfax

Friday - Sunday, December 5 - 7

Vermont International Festival featuring non-stop multi-cultural music and dance at the Champlain Valley Exposition in Essex Junction. 5:00 to 8:00 PM on Friday, 10:00 AM to 6:00 PM on Saturday, and 10:00 AM to 5:00 PM on Sunday. Pre-registration required for Friday programs during the day (not open to the public.) Presented by the Vermont Performing Arts League. Contact 863-6713, VIF@vpal-us.org or www.vermontinternationalfestival.com

Friday, December 5

Mystic Mojo Trio 'Holiday Edition' from 7:00 to 9:30 PM at On the Rise Bakery in Richmond. Contact 434-7787 or www.ontherisebakery.net

English Country Dance with Val Medve (teacher) and Impropryety (musicians) from 8 PM to 10 PM at the Champlain Valley Expo in Essex Junction. Presented in conjunction with the

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• **Old art utensils, appliances, and clothing**—There are many options: ReUse Zones at CSWD Drop-Off Centers, ReCycle North, local charities, etc.



reduce * reuse * recycle * regift!

Recycle

• **NON-metallic paper, boxes, and cards**—Unfortunately, bows, ribbons, and metallic and plastic wrappings must be disposed of in your household trash.

• **Electronics**—bring them to any Drop-Off Center

• **Christmas trees**—Used as **Yule Fuel** to generate heat and electricity! Bring them to Drop-Off Centers in Essex, Milton, Richmond, So. Burlington, Williston, and the McNeil Wood & Yard Waste Depot. **NOTE: No tinsel, ornaments, stands, lights, garland, or wreaths.**

Happy holidays from **CSWD** CHITTENDEN Solid Waste District (802) 872-8111 www.cswd.net

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LETTERS/EVENTS

LETTERS TO THE EDITOR

**Thank you for your votes
Letter to the Editor,**

I would like to take this opportunity to express my gratitude to the voters of Bolton, Jericho, and Underhill for their support in my bid to join the Vermont Legislature. The campaign was a great opportunity to visit many friends as well as to make wonderful new acquaintances. I appreciate the thoughtfulness, the passion, and the kindness of those who took the time to share their ideas with me. I've heard loudly and clearly the pressures of property taxes, the continued concerns about public safety, the need for improvement of the permitting process, and the desire to move forward quickly on renewable energy programs. I join the Legislature at perhaps the most difficult time in memory. It is both a time of great challenge and a time of great opportunity. I look forward to hearing from many of you again at community forums and I thank you for giving me the opportunity to represent you in Montpelier. I am truly honored by your support.

I would also like to thank Bill Frank for his guidance and encouragement during the campaign as well as my family and partners at Champlain OB/GYN. Without their support this undertaking would not have been possible.

George Till, Jericho

**We appreciated your help
Letter to the Editor,**

The Sullivan family would like to express their gratitude to all our friends, neighbors, and generous community members. We were blessed to have so much help with the cleanup and rebuilding of our barn.

Our many benefactors provided manpower, equipment, food, and flowers. Everything was much appreciated. We are thankful to live in such a caring community.

Dave, Ruthie and Nate Sullivan, Underhill

**Setting the record straight
To the Editor,**

The recent article in the *Mountain Gazette* regarding the report on governance for the three elementary schools, prepared by the Vermont School Boards Association, and the I.D. Board's position on that report, may have led to several misunderstandings. To avoid further confusion, we wanted to set the record straight:

a) The I.D. Board voted at its September meeting not to proceed with the Phase II identified in the VSBA report. The report referred to potential savings of \$600,000 but that figure was, as noted in the report, before including any of the additional costs associated with the options it outlined. The I.D. Board felt that the specific options outlined in the report were likely to be rejected by the community. Moreover, the Board was opposed to investing ratepayer money and time in hiring the VSBA to continue formal exploration of the options outlined in the report, given the limited rationale offered for each of them.

b) That said, the Board has said—repeatedly—that it recognizes that there are many aspects of the way our elementary schools are governed that could possibly be modified and improved. We have made it clear that we are open to discussing concrete steps and proposals with our neighboring schools, and indeed we have devoted considerable time since our September meeting trying to come up with ideas that could be reviewed and discussed.

c) Possible changes in the governance structure of our elementary schools could indeed offer the possibility of improved efficiencies and economies. However, such a change in governance structure does NOT automatically mean that any particular building would be closed. More importantly, it is not clear that closing any particular building would, at least at this time, lead to the huge savings some people in the community are suggesting.

d) Clearly, the I.D. Board's objectives are to offer the best possible educational program at the least possible cost. We are very aware of the need to present a fiscally responsible budget, particularly in light of events in the overall economy over the past few months.

We welcome and encourage attendance at our meetings. The I.D. Board's next meeting is on Tuesday, December 16, 7:00 PM at the I.D. School.

Valerie Banschbach, Jessica Dion
Leslie Kanat, TariAnn Santor
Robert Letovsky (chairperson)
Underhill I.D. School Board



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COMING EVENTS



Friday, December 5

English country dancing. Vermont International Festival, Champlain Valley Expo, Essex Junction. 8:00 to 10:00 PM. All dances taught by Val Medve to music by "Impropriety" (Lar Duggan on piano, Dominique Gagne on flute, Laura Markowitz on violin, Ana Ruesink on viola.) Info, 802-899-2378 or valandtom@verizon.net. Website: www.peter.burrage.net/dance .

Novelist Marc Estrin will read from and autograph his newest book, *The Annotated Nose*, at Phoenix Books and Café at the Essex Shoppes & Cinema at 7:00 PM.

Saturday, December 6

Christmas Bazaar. St. Ann Church Hall at 41 Main St., Milton. Fresh decorated Christmas wreaths, homemade baked goods, handmade crafts, silent auction, raffle, and a wide selection of items on our white elephant tables. Enjoy lunch with a variety of homemade soups to select from!

Poker Hill School is hosting its annual book fair at Phoenix Books. On Saturday, December 6, Tracey Campbell Pearson will be present from 10:00 AM to 12 noon. At 10:30, she will present her drawing and writing techniques and will personally autograph her books during the rest of her stay.

The 15th Annual Winooski Scholarship Train Show. Winooski Educational Center from 10:00 AM to 3:00 PM. The center is just south of Exit 16 on I-89, on Main Street. The show will feature operating layouts in a variety of gauges, books, videos, railroadiana, toy train dealers, a food concession, and displays. This annual event raises money for the Winooski Dollars for Scholars program. Adult admission is \$5, Ages 6-12 pay \$1.00, while children under 6 are FREE. The freshman class will run a concession and a 50/50 raffle. This event is fun for young and old alike. Join us, contribute to scholarship, and have a great time. For information, call John J. Malcovsky at 862-7634 (H) or 655-2555 (W).

Sunday, December 7

Festival of Lights, 7:00 PM, Champlain College's Alumni Auditorium, 375 Maple Street, Burlington. Presented by the Voices of Diversity Project, Festival of Lights will feature a variety of Champlain College community performers, musicians, storytellers and artists from a wide variety of backgrounds, coming together to create a global holiday celebration! Call (802) 651-5962 for more information. Free.

Country Breakfast, The Knights of Columbus Council #7810 of St. Thomas Church in Underhill Center, from 8:00 AM to 1:00 PM in the church hall. The menu will include eggs, bacon, sausage, potatoes, pancakes, fruit, juice, and coffee. Cost is by donation. Let the Knights do the cooking and give Mom the morning off. Treat the whole family to a delicious country breakfast. For further information, please call the church rectory at 899-4632.

Annual Tree Lighting in Jericho Center, Jericho Library Open House, 3:00 to 5:00 PM. Enjoy cookies, punch, kids' crafts, music, stories and visiting with neighbors at the library. Then watch Santa arrive by tractor and plug in the holiday tree lights on the Jericho Center Green.

December 8, 15, 22

Pajama night with Santa, every Monday in December at University Mall. Kids AND parents come dressed in fuzzy PJ's to visit Santa, enjoy Hood milk & cookies, and settle

in for a classic Christmas movie. Free coloring book, crayons, and a chocolate gold coin to take home. 5:00 to 7:00 PM next to the Christmas tree. For more information, call 863-1066 x11.

Wednesday, December 10

Pet night with Santa, 5:00 to 7:00 PM, visit Santa with your dog or cat at University Mall. Free coloring book, crayons, and a chocolate gold coin for the kiddos (or parent) and a yummy treat for your pet too. For more information, call 863-1066 x11.

Planning meeting, 7:00 PM, Jericho Community Center, for the Second Annual Snowflake Bentley Birthday Celebration, to be held in Jericho Center on Saturday, February 7. Volunteers to help in the planning and running of the event are needed, especially anyone interested in a snowshoe event. It will be the 144th birthday of our most famous citizen, Snowflake Bentley!

Saturday, December 13

The Eighth Annual Holiday Craft Fair and Cookie Sale will be held from 9:00 AM to 3:00 PM at the Second Congregational UCC Church in Jeffersonville. Local crafters and bakers are busy creating their best holiday offerings for this festive event. It's a great way to buy Christmas gifts and goodies and support Vermont creativity. There

Coming events continued on page 10



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HEALTH AWARENESS

Cooking for your guests with diabetes

You're planning a dinner party with several couples and find out that one of the guests has diabetes. Do you need to serve something special for them? Does the whole dinner need to be specially planned? Do you need to cancel the dinner altogether? No, it's easy to cook for guests with diabetes; you just need to be aware of how different kinds of food affect our blood sugars.

First, let's explain the different types of diabetes. There are three main types of diabetes: Type 1, Type 2 and gestational. All three types involve problems with carbohydrate metabolism and/or insulin production and usage. When we eat carbohydrates (starches, fruit, vegetables, milk and sweets), they get converted to blood sugar. This blood sugar attaches to some insulin and the insulin

brings it to our cells for use as energy. Our brain and muscles run on blood sugar, so we do need carbohydrates in our diet.

Type 1 diabetes happens when the body stops making insulin altogether. A person with Type 1 needs to take insulin in order to survive. We used to see this mostly in kids but are now seeing it in adults also. Approximately 10% of those with diabetes have Type 1.

Type 2 diabetes occurs mostly in overweight older adults, though we are seeing more and more overweight children developing it. This type of diabetes occurs when the person's insulin is not working adequately and/or they are not producing enough insulin. This occurs more often as people put on weight and decrease their exercise.

Gestational diabetes is much like Type 2 diabetes but it happens during pregnancy. Most of the time it goes away once the baby is delivered. Both the baby and the mother are at increased risk for developing Type 2 diabetes later in life.

Our foods are made up of carbohydrates (carbs), proteins and fats. Proteins and fats impact our blood sugar very little, whereas carbs impact our blood sugars greatly. In diabetes, our bodies have a hard time managing these carbs so we need to do it ourselves through balanced eating.

People with diabetes need to count and space out the amount of carbs they eat. They can do this either by counting portions of carbs or by counting actual grams of carb. The general guidelines are: 2-3 portions or 30-45 grams of carb per meal for women and 3-4 portions or 45-60 grams of carb per meal for men. It's also beneficial to have protein at each meal. Sweets are allowed as long as their carbs are counted in the allotted portions or grams. Some examples of a carb serving are: 1 slice of bread or a small dinner roll; ½ cup mashed potatoes, corn, peas, or winter squash; 1/3 cup cooked rice or pasta; a small piece of fruit or ½ cup mixed fruit; or 8 oz. of milk. All other vegetables not listed above are very low in carbs and usually can be considered "free."

So, how do you plan that dinner party meal? You could start by planning several vegetables, for instance, a nice tossed salad with lots of colorful vegetables, or maybe some cooked green beans or carrots with ginger. Add a protein like salmon or boneless chicken breast. A small amount of starch such as brown rice could round out the meal. Have a variety of non-caloric beverages including seltzer, plain water, coffee and/or tea to offer. Desserts don't necessarily have to be sugar-free. You could have a variety so that the person with diabetes can make his/her own choice. One suggestion is angel food cake with fresh berries.

Your job as host/hostess is to provide a variety of healthy food choices and allow the person with diabetes to make his/her own choices. Many people with diabetes do not like attention brought to their eating or disease, so have a private conversation about the menu before the actual dinner party or in private before the other guests arrive. Now, sit back and enjoy the meal and the conversation.

Nancy Wagner, Registered Dietitian and Certified Diabetes Educator with Copley Hospital

Peter Coolum auto repairman

By Katherine Quimby Johnson
Special to the Mountain Gazette

It's not unusual for a health condition to lead to a change of work. Even before the recent downturn on Wall Street, many traders left after a few years of working in a stress-filled environment, and sought a calmer career in another line of work. However, most individuals change careers because of their own health. Peter Coolum opened Coolum Auto Repair in Fairfax because of his wife's.

Ten years ago Lisa Coolum was diagnosed with multiple sclerosis (MS). A chronic disease, MS attacks the central nervous system, specifically the brain, spinal cord, and optic nerve. According to the National Multiple Sclerosis Society's website (www.nationalmssociety.org), approximately 400,000 Americans have MS. It most frequently begins in young adulthood, although Lisa Coolum was diagnosed in her thirties. At the time the couple lived on the farm where Peter had grown up, in an apartment he added to the original farmhouse. The couple, who have two children, a 21-year-old son and a 16-year-old daughter, built a house on one level when Lisa could no longer manage the stairs in the farmhouse. In 2006 she had to stop driving.

"I realized the time had come for me to be closer to home," said Peter Coolum. He made the decision to open the business in the fall of 2007, but it took from January to July of this year to get all the necessary permits. Coolum Auto Repair opened in July 2008.

The shop on Coolum Road is also on what was the family farm, where beef cattle still graze. The three-bay garage was put up a number of years ago because Coolum worked on his own vehicles and on the farm equipment he uses to keep the fields open. In addition, he says he was always "doing work on the side to make ends meet."

"I've always been a gearhead," Coolum says. "I've always enjoyed being able to make something run and to fix something." He studied auto mechanics at school, is Subaru and Hyundai certified, and has also taken courses in small engine repair. Subarus are the vehicle he knows best, having spent 17 years working for Burlington Subaru and ten years before that at Mayo's. "Once people find out I have the experience with Subaru," Coolum says, "they trust me." As word gets around, he is attracting several new customers a week, and he says, "I have a good local clientele."

All those years of working for a dealership mean that Coolum knows the chronic complaints with specific models, which he illustrates by explaining how he solved a problem with wind noise in one recent customer's vehicle. "Those are the little things you like to do for people," Coolum says. Having the ability to be honest with customers about what work they do and do not need, and being able to give them quality work for a reasonable price are sources of satisfaction for Coolum, who doesn't miss the long commute into Burlington.

That is not to say that opening a new automotive shop is not without its risks. The skyrocketing price of crude oil led to a spike in the price of automotive oil. "I paid \$500 for a 55-gallon drum," Coolum says. Even though gasoline prices have come down recently, the price of petroleum-derived automotive supplies has yet to take a similar downturn.

Although Coolum is aware of the business risks, he has no regrets about leaving the dealership. "I miss the people, but I don't miss anything else," he says. "I'd like to spend the rest of my time here."

Vermont Commons local honor roll

Vermont Commons School announces local students listed on their honor roll: Richmond - Aidan Villani-Holland and Keenan Villani-Holland; Underhill - Theodore Retzloff. Students must have achieved a grade of B- or higher.

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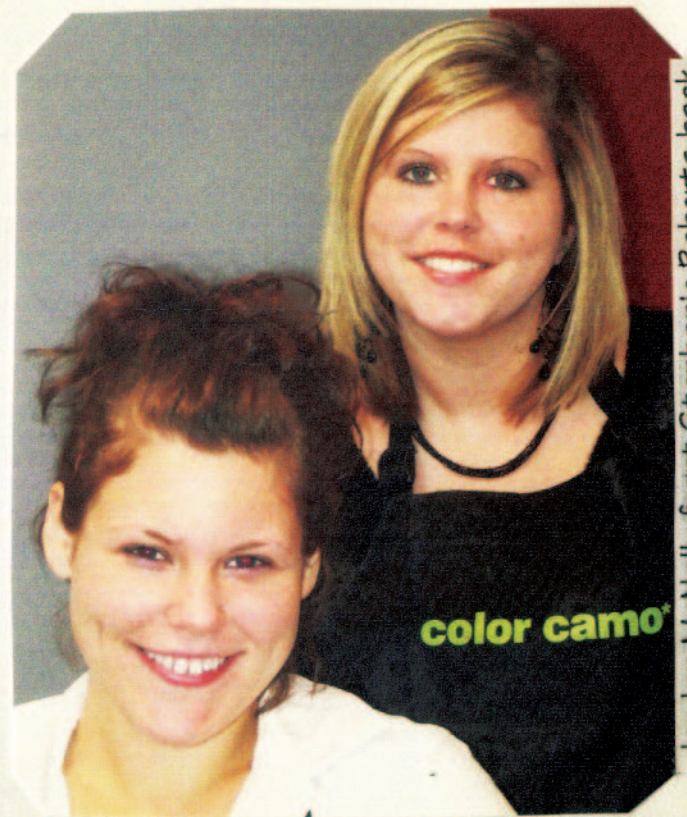
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EVENTS / JUMPS / ONGOING EVENTS

Coming events continued from page 7

will be hand knitted and sewn creations, jewelry, wood products, and cookies to make holiday entertaining easy and delicious.

Holiday-themed recipes and demonstrations with Melissa Pasanen and Chef Rick Gencarelli, authors of Cooking with Shelburne Farms, Phoenix Books and Café at the Essex Shoppes & Cinema, starting at 3:00 PM.

Sunday, December 14 The Jericho Community Center will host a family holiday concert and sing-along with Full Circle, 4:00 PM.

Wednesday, December 17 Phoenix Books and Café at the Essex Shoppes & Cinema will host Bill Schubart, who will read from and autograph his new book Lamoille Stories: Uncle Benoit's Wake and Other Tales from Vermont at 7:00 PM.

Ben and Jerry's night with Santa, 5:00 to 7:00 PM, visit Santa at University Mall. Show your Santa photo purchase at the University Mall Ben & Jerry's scoop shop to receive a free cone.

Friday, December 19 English country dancing, Elley-Long Music Center, 223 Ethan Allen Ave., Colchester. 7:30 to 9:30 PM. All dances taught by Wendy Gilchrist, Martha Kent, and Val Medve.

Upper Valley Tree Farm Choose & Cut Balsam Trees And Wreaths Saturday and Sunday • 9 to 4 Mon • 1 to 4 Friday • 1 to 4 Nov 29 through Dec. 24 \$2 OFF TREE or \$5 Underhill Central School Donation with AD

Recycling continued from page 1



Recycling a days worth of trash was a lot of work but students were up to the task. PHOTO BY PHYL NEWBECK

J. P. Dubuque, the club president, said that last year almost thirty outside organizations applied to SHAPE for grants, as well as five to ten from inside the school.

Back on November 7, Halvorsen noted that the composting plan tied in neatly with the food drive. "Compost is all about diverting," he said, "but ideally all food should be eaten and not composted."

Westford continued from page 1

children and based the grant, in part, on that energy. Tebbetts' role in the community was obvious from the number of children who trooped into the gym and greeted her warmly by name.

The Children's Literacy Foundation is a non-profit organization which was founded in 1998 "to nurture a love of reading and writing among children throughout Vermont and New Hampshire."

HOLIDAY EVENTS

Join the United Church of Underhill for the Advent season

- Rev. Kevin Goldenbogen - 802-899-1722; unitedchurchofunderhill.com; 7 Park Street, Underhill, VT 05489
• Worship Service and Decorating of the Tree on Sunday, 12/14 at 10:30 AM
• Family Worship Service and Pageant on Sunday, 12/21 at 10:30 AM
• Traditional Candlelight Service of Lessons and Carols with Holy Communion on Wednesday, 12/24 at 8:00 PM

United Church of Underhill to hold children's craft day

The United Church of Underhill invites children ages 3 to 12 to make crafts for gift giving during the Christmas season, Saturday, December 13, 2008 from 1:00 to 4:00 PM at the United Church of Underhill, Park St. and Rte. 15, Fellowship Room.

Children will have a variety of craft projects to choose from to complete during this time. These will be wrapped and ready to be given to a special someone at Christmas.

Parents can run errands, wrap gifts, do housework, take a nap, you decide. We will keep your kids busy, having fun making gifts.

Everyone is welcome. FREE ~donations welcomed but not necessary.

Sign up before December 7, just so we are sure to have enough supplies. Call Julianne Nickerson, 899-3798.

ONGOING EVENTS

ADULT ACTIVITIES

The Essex Art League holds monthly meetings at the First Congregational Church, 39 Main St., Essex Jct. For information, 862-3014.

Westford Knitters Group meets the first Friday of each month, 6:00 - 8:30 PM at the Westford Library. All needle-crafters in Westford and surrounding communities are welcome.

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods.

The Vermont French Canadian Genealogy Society library is open for research Tuesdays 7:00 to 9:30 PM and Saturdays 10:00 AM to 4:00 PM.

The library is located at the Dupont Building, Hegeman Ave. across from the VT State Police building in Fort Ethan Allen, Colchester. For more information or appointment call 862-8082, 878-8081, or go online at www.vt-fcgs.org/library or email us at mail@vt-fcgs.org.

HEALTH GROUPS

Alzheimer's Support Group - Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias.

Overeaters Anonymous meets 6:00 - 7:00 PM, Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho.

TOPS Chapter 145 Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville. Weigh-in 5:30 - 6:00 PM.

Healing Circle Breast Cancer Network, support group for women with breast cancer, meets first Tuesday of every month at 5:30 PM, Northwestern Medical Center, Conference Room 1. Please RSVP at 524-8479.

Franklin County Prostate Cancer Support Group, first Tuesday of each month, 5:15 - 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans.

Fit Kids Support Group, first Mondays, 4:15 - 5:00 PM. Program for kids 8-13 and their parents. Learn about nutrition, physical activity, ways to increase activity level safely, change eating behavior, self-esteem, and obstacles that interfere with weight management success.

Statewide Quit Line, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

Alcoholics Anonymous Meeting, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 - 9:00 PM, and Saturdays, 6:30 - 7:30 PM, at the United Church of Underhill, Underhill Flats.

KIDS

Underhill Playgroup, kids ages 0-5 with their caregivers are always welcome to join us Fridays from 9:30 - 11:00 AM at Underhill Central School for playtime, crafts, stories, songs and fun!

Bolton Family Play Night, in the Smilie School gym, usually the first and third Fridays, 6:00 - 7:30 PM. Free. Mostly unstructured play with the school's equipment. Contact Tim Grover, 434-4180.

SENIORS

Jeri-Hill XYZ Seniors meet at the Town Hall in Underhill Center on the first and third Wednesday of each month. All seniors are welcome! Dinners are served at 11:30 AM.

Westford senior lunches - Join Westford Seniors for lunch at the Red Brick Meeting House on the Common the second Monday of each month. Lunch is served at 12:00 noon with a short meeting or presentation following.

SPORTS ACTIVITIES

Adult coed volleyball in Westford, 8:00 - 10:00 PM, Mondays, Westford Elementary School gym. Fun, casual volleyball. \$2 at the door.

Bolton Men's Basketball, Tuesdays, 7:00 - 9:00 PM, Smilie School Gym. For adults and young adults, age 16 and up. Contact Bill Newton, 434-3348.

SUPPORT GROUPS

Alzheimer's support group, third Wednesday, 9:30 - 11:30 AM, the Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias.

Approach Autism With Advocacy. Recovery & Education (AAWARE) in the Lamoille Valley, third Sunday, 3:00 - 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville.

Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park).

Veterans Job Ongoing continued on page 11

Christmas Open House Sat. & Sun. 6 & 7 Santa arrives Sunday 1:00 pm Bring in the children to visit with Santa and check out our store.

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CVAA SENIORS MEALS

The Champlain Valley Agency on Aging offers an ongoing series of special meals for groups of seniors at a variety of restaurants in the area. The schedule is listed below. All seniors are welcome to join the group and enjoy lunch with neighbors and friends. Participating seniors must be at least 60 years old, or the spouse of someone at least 60 years old. Suggested donation for meals is \$3 at Covenant Church and United Church; for meals at other sites, \$5. Transportation may be available if needed. Reservations are required for these meals and may be arranged ahead of time by calling 865-0360.

Thursday, December 4 - Bridge Street Café, Richmond, 11:00 AM. Beef stew.

Friday, December 5 - Hinesburg meal site, 11:30 AM.

Monday, December 8 - Covenant Community Church, Essex Center, 12:00 noon. Macaroni and cheese, cole slaw, fruit bread, pears.

Tuesday, December 9 - Pizza Hut, Susie Wilson Road, Essex Jct. 10:00 AM check in, 11:00 AM Lunch. All you can eat pizza buffet.

Wednesday, December 10 - Colonial room, EHS, Essex Junction, 11:00 AM check in, 12:00 noon lunch. Roast pork dinner.

Thursday, December 11 - Dutch Mill, Shelburne Road, Shelburne, 10:30 AM check in, 11:00 lunch. Pulled pork dinner.

Friday, December 12 - Holiday event at the Sheraton. See Pat Pike for tickets.

Ongoing events continued from page 10

Networking, Wednesdays, 9:30 - 11:00 AM, VFW Post, Essex Jct.; 1:00 - 2:30 PM, American Legion Post, St. Albans.

Lamoille Valley Kin as Parents, second and fourth Thursdays, 6:00 - 7:30 PM, Lamoille Family Center, Morrisville. Dinner and childcare provided. For more information, Imelda at 888-5229 ext. 152 or Rhonda Barr, 888-1376.

Eating Disorders Parental Support Group, third Wednesday, 7:00 - 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

TOWN GOVERNMENT AND ORGANIZATIONS

Cambridge Area Rotary meets on the first Thursday of the month, rotating to local restaurants, 7:00 - 8:00 AM at 158 Restaurant, Main St., Jeffersonville. For information, call Anita Lotto, 793-0856, or Chuck Hogan, 644-8134.

Tim Nulty, Jericho Selectboard member, at the Village Cup, first and third Wednesdays, 8:00 - 9:00 AM, and at the Flour Shop, second and fourth Wednesdays, 8:00 - 9:00 AM.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the Town Garage. Volunteer for firefighting, dispatching, radio communications, computer operations, grant writing, equipment maintenance, fire police, education, and much more. For information, email John Quinn, jquinninv@aol.com.

Westford Food Shelf, open on the third Saturday of every month, 8:00 - 10:30 AM, United Church of Westford. All are welcome! Fresh produce, meat, and non-food items available. 2008 Schedule: November 15, December 20.

Jericho-Underhill Water District meets first Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

Jericho Historical Society, second Thursday, 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

Village of Jericho Board of Water Commissioners will hold their monthly meeting on Tuesday, December 16, 2008 at 7:00 PM at the Old Red Mill on 4B Red Mill Drive in Jericho.

Fairfax Food Shelf has moved to the United Church on the corner of Fletcher Road and River Road, near the Foothills Bakery. The Food Shelf is open the first two Wednesdays, 9:00 AM - 12:00 noon. Please use the downstairs entrance. Information, 849-6588.

OBITUARIES



Neil Riley Bartlett, 91, who grew up in Underhill, died Saturday, November 15, 2008 in Tucson, AZ. Neil is survived by his wife, Olive; his sons, David Wezelman and wife Janice; and William and wife Susan of Tucson; and Thomas of Philadelphia, Pennsylvania; stepchildren, George Hudson and wife Anne of Galloway, Ohio; Brian Hudson and wife Pam of Bemidji, Minnesota; and Nancy Helmuth and husband Bob of Longmont, Colorado; nine grandchildren; and three great-grandchildren. Neil was predeceased by his first wife, Susan; son, Robert and grandson, Daniel.

Neil was born August 10, 1917, in Underhill, Vermont. His early life was on the family (Arthur Bartlett) farm, and he long maintained affectionate ties to the region, chronicling his research and memories of that period in a small book *From the West Side of Mount Mansfield*. Neil graduated from the University of Vermont at 19 and earned his Ph.D. from Brown University at 23. In World War II, he served as a Navy officer doing personnel selection research for submarine duty and evaluating problems in operating electronic devices. That early work, together with subsequent work at Brown and Johns Hopkins, were the core of his early research with decision time and how information could best be displayed so that it would be detected on the radar screen. In 1958, Neil came to the University of Arizona to head the Department of Philosophy and Psychology, and he remained a Professor of Psychology after serving as Chair of its department until 1975. Before moving to Tucson he served on the

Obituaries continued on page 13

Monday, December 15 - Covenant Community Church, Essex Center, 12:00 noon. Macaroni and beef soup, three bean salad, corn muffin, ambrosia.

Monday, December 15 - Papa Nicks, Hinesburg, 3:00 PM. Turkey dinner.

Tuesday, December 16 - Elk's Club, North Avenue, Burlington, 10:00 AM check in, 11:00 am lunch. Baked ham dinner.

Wednesday, December 17 - Dutch Mill, Shelburne Road, Shelburne, 10:30 AM check in, 11:00 lunch. Baked stuffed chicken.

Thursday, December 18 - Ponderosa, Williston, 11:00 check in, 11:15 lunch. All you can eat buffet.

Friday, December 19 - United Church of Hinesburg, 12:00 noon. BBQ chicken, rice pilaf, fall vegetables, fruit, bread, pears.

In addition, CVAA-sponsored meals for seniors are offered on an ongoing basis at the following establishments. Tickets must be presented before ordering. For details about the special ticket program, call 865-0360:

A.J.'s Kitchen, 85 Main St., Essex Jct. - open menu; tickets

Wildlife continued from page 1

significant natural communities in Jericho. Gilbert said the goal of this coarse filter is to create better and smarter conservation tactics. "If you protect habitats and natural communities," she said, "you are protecting species."

Gilbert said Mohr began by compiling existing data from the state and federal governments and non-governmental agencies like the Nature Conservancy. From there, he determined where there were gaps in the data. He identified a number of parcels which he wanted to visit, and letters were sent to those property owners. Mohr said his goal in working with the Jericho Conservation Commission was to create an advisory map which targeted the areas which are important for wildlife species. He hopes to present the information in a manner which will be useful for reacting to development proposals, but also to be used proactively for potential land conservation. "We want to look at the town holistically," he said.

Mohr described the dual approach he used for the first module of the study as an inventory of habitat for wildlife, rather than wildlife itself. He used maps to create a coarse scale approach and from there moved on to site assessments. In assembling a list of parcels, Mohr said he wanted to "visit the full diversity of ecosystems in Jericho." He noted that there were already a number of site reports he could look at including those created by Keeping Track founder and director Sue Morse, and others maintained by the Chittenden County Uplands Conservation Project.

Mohr was impressed with the percentage of Jericho land owners who allowed him to perform site assessments. The parcels in question were divided into wetland sites which were visited in the spring, and uplands parcels which were viewed in the summer. It is Mohr's experience that owners of wetland properties tend to be reluctant to sponsor site visits because they are concerned about regulations. However, almost 80% of the landowners approached were willing to let Mohr come onto their property. The numbers were slightly lower for those with forested land, which Mohr attributed to out-of-town landowners who are less emotionally invested in their properties, as well as being harder to find. Mohr was also pleasantly surprised by how many people wanted to accompany him during his visits.

Mohr is already looking at other potential modules in Jericho. This winter he will begin the second, finer scale module which looks at the physical diversity of the land, something which might be helpful in thinking about global climate change. These "enduring features" as he called them will not change over time, so it is helpful to look at how wildlife might adapt to the existing landscape. This

module is also being funded by a grant which the Conservation Commission secured from the Vermont Community Foundation.

Mohr also hopes to explore areas which might be underrepresented in terms of natural vegetation. As an example, he stated that Jericho does not have a lot of clay soil. Mohr is also interested in learning about bear feeding areas, as well as seeps and early greening wetlands where moose might congregate. He hopes to have "citizen scientists" assist him on other potential modules such as

limited. Sunday-Tuesday, 5:00 AM - 2:00 PM, and Wednesday-Saturday, 5:00 AM - 8:00 PM.

RECIPE BY MARIAN TOBIN

Apple Cheese Crisp

- 6 1/2 cups sliced, peeled apples
- 1 cup sugar
- 1/2 cup sifted flour
- 1/4 tsp. salt
- 1/4 tsp. cinnamon
- 1/4 cup butter
- 2 cup shredded cheddar cheese

Method: Arrange apples in 9" pie plate, sprinkle with 1/2 cup of sugar; combine remaining 1/2 cup sugar, flour, salt, and cinnamon. Cut in butter until crumbly. Add cheese. Mix well. Sprinkle over apples.

Bake at 350 degrees for 40-45 minutes or until apples are tender. Serve warm or cold. Makes 6 or 8 servings.



looking at vernal pools and doing an egg mass count of amphibians and wood frogs. Sue Morse is currently providing training on tracking animals to a group of Jericho residents (and others) and Mohr would like to use those volunteers for some of his research. With sufficient funding, he believes he could pair volunteers with paid consultants to ensure the accuracy of their work.

Gilbert would like to see additional modules on wetlands mapping, an inventory of important road crossings, wildlife movement corridors, and large forest blocks within the town. Some of these might be done by local residents while others may require more grant funding. She said the Vermont Fish and Wildlife Department has already agreed to match biologists' hours for the movement corridor study.

Mohr has already made a presentation on the findings of the first module to the Jericho Conservation Commission. The next step will be to distill the findings and present them to the landowners, followed by a public presentation. No date has been set for the latter, in part because of questions of landowner confidentiality, but Mohr said he found "some real gems" in Jericho. In particular, he pointed to rare hemlock swamps and dry oak forests, which are found on warm ridgelines. Mohr also found fen communities which he described as "globally rare." Another interesting finding was how much of Jericho's wetlands are due to beaver activity. Photographs from the 1930s do not show any wetlands. This was a period of time when beavers were extirpated. Since the beavers' return, wetlands have also made a comeback. Mohr said he was excited to work with the town of Jericho because of its location "on the fringe," as he put it, of Chittenden County development. This way, the town will have information it needs to ensure that development and the environment can coexist.

Gilbert says it is important for the town to have access to this type of information for planning purposes. At this point, she believes the Planning Commission and Development Review Board has access only to maps of deer wintering areas which are outdated, national wetlands maps which don't necessarily include all wetlands, and anecdotal information. She believes the Conservation Commission's work will provide research-based data to better inform town decision makers. "We live in a part of Chittenden County which has large tracts of land that are undeveloped," said Gilbert. "We back right up a huge expanse of wildlands, the Chittenden County Uplands and Mount Mansfield. It is important to protect what we have and the people in town agree with that goal."

Keep your holiday spirit out of the landfill!

Between Thanksgiving and New Year, an extra million tons of trash are thrown out each week. Here's how YOU can reduce waste during the holidays:

The best things in life aren't things: Give an experience!

Buy gifts & wrappings made with recycled materials.

"Wrap" gifts in reusable baskets or bags.

Reduce

• **Rechargeable batteries**—40% of battery sales occur during the holidays. Cut the waste and go for the rechargeables; it's a gift that keeps on giving!

Reuse

• **Old art utensils, appliances, and clothing**—There are many options: ReUse Zones at CSWD Drop-Off Centers, ReCycle North, local charities, etc.



Recycle

- **NON-metallic paper, boxes, and cards**—Unfortunately, bows, ribbons, and metallic and plastic wrappings must be disposed of in your household trash.
- **Electronics**—bring them to any Drop-Off Center
- **Christmas trees**—Used as **Yule Fuel** to generate heat and electricity! Bring them to Drop-Off Centers in Essex, Milton, Richmond, So. Burlington, Williston, and the McNeil Wood & Yard Waste Depot. **NOTE: No tinsel, ornaments, stands, lights, garland, or wreaths.**

*reduce * reuse * recycle * regift!*

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WELCOME HOME



Underhill
(Garrison) Jennifer and Arthur Garrison are happy to announce the arrival of their son, Evan Arthur Garrison. Evan was born Wednesday, October 1 and weighed 7 pounds, 6 ounces and measured 19 and one half inches long. Evan has deep blue eyes and lots of hair.

Evan's Nana, Catherine Gallant, was so happy she could be there to see him come into the world and his Papa, George Gallant, couldn't wait to hold him. His aunts, Char and Nicole, gave him some really neat outfits. Uncle John thinks it's really cool having a nephew now. Aunt Heather and Aunt Amy can't help but love him, he is so cute. They know he will have lots of fun with his cousins, Jackson, Ryan, Ava, Brady, Erin, and Gracie when he gets a little bigger. The whole family welcomes Evan Arthur and we look forward to the wonderful years ahead.

Evan came into this world at Fletcher Allen Health Care in Burlington, Vt.

Burlington/Underhill



(Lemire) Michael and Rebecca (Becker) Lemire proudly welcome the birth of their first son, Zachary Phillip Lemire. He was born on a historic day, Election Day, November 4, 2008 at 6:15pm. Rebecca grew up in Underhill. Michael grew up in Essex and Milton. Zachary's maternal grandparents are Richard and Gretchen Becker of Underhill. They are very excited for their first grandchild. His fraternal grandparents are Lynne Lemire of Milton and

Phillip Lemire of Essex Jct. Zachary's family wishes him health and happiness and we are so excited to have him with us. We love you! Zachary was born at Fletcher Allen Health Care in Burlington, Vt.

Students lead 22nd Annual Conference

On Monday, November 24, 2008, over 500 teens from across Vermont met for the Annual Governor's Youth Leadership Conference at the Sheraton Hotel Conference Center in Burlington.

The Governor's Youth Leadership Conference was organized by the Vermont Teen Leadership Safety Program/Students Against Destructive Decisions (VTLSP/SADD.) VTLSP/SADD is a statewide program of Vermont high school students and their adult advisors whose goal is to support Vermont teens in making healthy choices. This program provides them with adult and peer support; knowledge of issues such as alcohol and drug abuse, traffic safety and risk-taking behaviors; and leadership skills to promote a safe and healthy lifestyle among their peers.

"VTLSP students are dedicated to helping their peers lead safe, substance-free lifestyles. GYLC offers Vermont teens an unforgettable opportunity to meet with other youth who share the same mission," says VTLSP State Representative Amy Malinowski and Mount Mansfield Union High School student. "In fact, this is why the conference is so powerful. Just being in a room surrounded by hundreds of teen leaders who deeply care about the health of their generation and who are confident enough to take a stance is a truly empowering feeling. It is the kind of experience that makes you fall asleep with a smile on your face for weeks afterwards. It is a feeling that I want all teens to experience."

The conference offered student-run workshops, presentations and other leadership activities. The keynote speaker was Cara Filler. Cara is a compelling author, entrepreneur and speaker. Cara's mission of sharing her life-changing message, *Changing Attitudes, Saving Lives*, was sparked by the tragic death of her identical twin sister. This affected her so deeply that she is committed to helping others put life and its challenges in perspective.

For more information, contact Lawrence McLiverty, VTLSP/SADD Program Director at (802) 763-8969, or VTLSP State Representative Amy Malinowski at Mt. Mansfield Union High School.

Poker Hill School joins Vermont's STARS Program

Vermont's Child Development Division (CDD) has announced that Poker Hill School has joined Vermont's Step Ahead Recognition System (STARS) for child care, preschool and after school programs with four stars of recognition.

STARS providers are recognized for achievements in five areas: compliance with state regulations; staff qualifications and training; daily activities, interaction and overall support of children, families and the community; how thoroughly providers assess what they do and plans for improvements; and the strength of the program's operating policies and business practices. Four-star programs are established programs that have made achievements in all five areas and are continuing to work on additional improvements. They promote the well-being of parents, children and colleagues with strong practices.

Poker Hill School of Underhill, Vermont has provided a rich, creative preschool experience for hundreds of children since 1972.

Located on a small farm with abundant animals and gardens, Poker Hill School offers a unique environment that enriches children's lives with a blend of nature, art, music, and play that inspires children's sense of wonder and helps them realize that they are part of an interconnected world in which they do make a difference. Poker Hill School is proud to have been awarded four stars by the CDD.

As Phase I nears completion, MMU evens playing field(s) with other schools

By Richard Mindell
Special to the Mountain Gazette

Contractors have completed the first phase of the three-part plan to expand and improve MMU's outdoor athletic facilities. Construction has ceased for the winter and will resume in the spring of 2009.

Phase I includes the reconstruction of the lacrosse and soccer field, or upper field, at the corner of Packard Rd Extension and Browns Trace Rd. as well as the construction of a new field below the main student parking lot, where the old ice skating rink used to be. The new field, or lower field, will be used for intramurals and as a practice field for several of the interscholastic teams.

Phase II will involve a joint-effort between MMU and the Vermont National Guard in the construction of baseball and field hockey fields on the property at the intersection of Browns Trace Rd and Packard Rd. The 15-acre parcel was donated to the school several years ago by local developer and Jericho resident, Warren Palmer, on the condition that it be used by the school as athletic fields within five years. Delays in obtaining state permits for this parcel have caused significant delays in construction, and have pushed the project back until the spring of 2009.

"The permitting process was painfully slow," MMU School Board member George Till noted. Till pointed out the delay in permits pushed the Vermont National Guard back an entire year. The Guard had promised to help the district by doing some of the work at their expense in exchange for using the project as a training exercise. The Guard's participation is expected to save the district over one hundred thousand dollars in construction costs.

Phase III involves the construction of a varsity football field where the current baseball diamond is situated and the reconstruction of the track along Browns Trace Rd. Original plans called for an all-weather playing surface but that portion of the bond was rejected by the voters.

As Phase I of the expansion nears completion the inadequacy of our current facilities has become alarmingly apparent. The sheer magnitude of the project, as evidenced by the construction on the upper and lower fields this fall, together with plans for Phases II and III, suggests the gap between the facilities at MMU and the facilities normally associated with a high school like Mount Mansfield was even larger than anyone had imagined.

Discussions about expanding MMU's outdoor athletic facilities began more than a decade ago when it became apparent the growth in enrollment and in the rate of student participation in interscholastic and intramural sports had outgrown the school's outdoor athletic facilities. Many schools refuse to play on MMU's home fields because they are inadequate, or the playing surfaces are unsafe; MMU student-athletes are forced to practice and play home games at other schools, and there is little field space available for students who want to participate in intramurals.


"There were nine teams and 650 students at MMU in 1968," Chittenden East Superintendent Jim Massingham noted recently. "Now we have 1,000 students and 20 teams who share the same fields we had in 1968."

While enrollment has leveled off, the rate of student participation in sports at MMU has greatly increased, according to Linda Wilmot, Chair of the Board's Facilities Committee.


"It's not only the number of students who participate," Wilmot observed. "Many students are on two or three teams during the year, and many students participate in intramurals." All of this

MMU fields continued on page 13

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MODEL OPEN DAILY OR CALL FOR APPOINTMENT






MMU fields continued from page 12

thrills new Principal Jen Botzojourns. "We want to provide an opportunity for every one of our students to participate," Botzojourns insists.

The new fields will do that, though not right away. The soccer and lacrosse teams will have to play all of their games on the road - like the football team has for years - until the sod on the upper field is able to withstand the stress of competition. "A lot of it has to do with the weather," Botzojourns pointed out. Linda Wilmot added the contractor still has some additional drainage work to do around the perimeter of the playing field and that that, too, would be weather-dependent and could render the field unusable until fall, 2009.

Phase II, or the Palmer property, is the most intriguing. The discovery of shards of stone that were initially believed to be pieces of stone broken off by Native Americans in the process of making arrow points, delayed construction. Other issues prolonged the Act 250 process, including the property's proximity to wetlands and the state's claim that the land was prime agricultural soil. In addition, the state had concerns about excessive soil erosion. The school board was able to overcome those roadblocks but when the shards of stone were discovered, things came to a halt. It was later determined that the shards were not created by Native Americans but by construction equipment working on an access road to the upper portion of the property.

Phase II includes off-street parking for up to forty vehicles. A pedestrian traffic light at the intersection of Packard and Browns Trace Roads will facilitate safe travel from the school to the field across the street. Phase II does not include plans for a concession stand or bathrooms.

Phase III will include reconstruction of the track and a new varsity football field where the current baseball field resides. Phase III does not include a grandstand, but spectators will be able to sit on the hillside overlooking the field.

The plan is to have all of the new and reconstructed fields ready for use by fall, 2010.

JES to hold budget hearings

The Jericho Elementary School Board is hosting a budget information meeting at 6:00 PM on Wednesday, December 10 in the Jericho Elementary School library. The purpose of the meeting is to gather community comments prior to the board vote on the 2009-2010 budget it will be proposing for adoption at Town Meeting Day. The board anticipates approving a budget recommendation at their December 10 meeting, which will begin at 7:00 PM, immediately following this informational meeting.

Act 82 requires school districts that spent greater than the prior year's statewide per pupil education spending to seek a limited increase in expenditures without securing a second favorable vote from the electorate.

Share your views on this and other issues to help inform decision making.

For more information contact Karen Glitman, Chair, at kglitman@comcast.net or 899-1877.

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LEGAL NOTICE

WARNING

**Voters of Westford Fire District
No. 1
Notice of Annual Meeting**

The voters of Westford Fire District No. 1 (WFD#1) are hereby notified as provided in WFD#1 Bylaws Section 2.3 that the Annual Meeting of WFD#1 will be held:

**Thursday, January 08, 2009,
7:00 PM at Westford Town
Offices upstairs**

The following matters of business will be considered and acted upon:

Article 1 - Election of Officers:

- 1 Clerk
- 2 Treasurer
- 3 Collector of Taxes
- 4 one Prudential Committee Member

Article 2 - Officers' reports

Article 3 - Approval of budget

Posted by Order of WFD#1 Executive Board on this date:
December 4, 2008

To remain posted through
Thursday, January 08, 2009

**Cambridge Historical Society
to hold Holiday Decorating Contest**

The Cambridge Historical Society would like to announce a holiday decorating contest for the residents and businesses in the town of Cambridge.

The contest rules are as follows: Entry fee is \$5.00 for families and \$20.00 for businesses. Decoration should be tastefully done: inflatable Santas, reindeer, etc. Entries should be postmarked no later than December 18. Judging will be done on the evening of December 22 after dark. Winners will be announced in the *Transcript* and on WLVB. Prizes will be \$100 for families and 50% of the entry fees collected for businesses.

To register, forward entry fee, along with your name, street address and phone number to:

Cambridge Historical Society
c/o Barbara Juell
P. O. Box 204, Cambridge, VT 05444-0204

**Cambridge Historical Society
hosts Holiday Gift Shoppe**

The Cambridge Historical Society will be opening a Holiday Gift Shoppe at the old Noble and Pearl store on Main Street in the village of Jeffersonville. The shop opened the Friday after Thanksgiving and will be open every Friday, Saturday and Sunday until Christmas. We will be selling goods made by local artisans. The shop will be open 9:00 AM to 8:00 PM Fridays, 9:00 AM to 6:00 PM Saturdays, and 10:00 AM to 5:00 PM Sundays.

Artisans are donating 25% of their profits to the Historical Society to be used to promote historic educational programs in the community. There will be a raffle of a king size quilt donated by Carolyn Thompson, locally made sugar products, and gift certificates, along with a drawing for a door prize each Sunday.

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OFFICIAL WARNING

**ANNUAL MEETING
JERICHO-UNDERHILL LIBRARY DISTRICT**

The legal voters of the towns of Jericho and Underhill in the County of Chittenden and the State of Vermont are hereby warned and notified to meet at the Deborah Rawson Memorial Library in Jericho, Vermont on Thursday, January 15, 2009 at 7:00 p.m. to act on the following articles.

- Article 1. Election of a Moderator**
- Article 2. Act on Report of Trustees**
- Article 3. Shall the District authorize the Trustees to borrow money for the temporary needs of the district?**
- Article 4. Adoption of a budget**
- Article 5. Other business thought proper when met**

Dated at Jericho, Vermont, November 20, 2008

Mary Bassett, Chair	<u>Mary S. Bassett</u>
Ann Broekhuizen	<u>Ann Broekhuizen</u>
Mary Jane Dickerson	<u>Mary Jane Dickerson</u>
Cindy Hamlet	<u>Cindy Hamlet</u>
Bernadette Howard	<u>Bernadette Howard</u>
Dan Novembrino	<u>Dan Novembrino</u>
John Panner	<u>John Panner</u>
Gail Schermer	<u>Gail Schermer</u>
Deb Weinberg	<u>Deb Weinberg</u>

Obituaries continued from page 11

faculties of Hobart and William Smith Colleges, the Johns Hopkins University, and Brown University. His major research interests were visual perception and timing, and later, the history of psychology. He published over 60 articles between 1939 and 2001. He received local and national awards for his teaching, his research, and for his work with the Southern Arizona Mental Health Association. He served as Chairman of the Policy and Planning Board of the American Psychological Association (1963), and as president of its teaching division (1967) and its history division (1993). Research, administration and committee work occupied much of his time. But teaching was what he most enjoyed, and what he liked to believe he did best.


There was a memorial service at St. Andrew's Episcopal Church, 545 S. 5th Avenue, Tucson on Friday, November 28, 2008. The family requests in lieu of flowers, donations be sent to the Nature Conservancy of Arizona, 1510 E. Ft. Lowell Rd., 85719.

Craig Boardman, 64, of Mt. Dora passed away June 10 ending a long trial with Parkinson disease. Born in Burlington, Vt. to Gilman and Eleanor (Gates) Boardman, Craig grew up in St. Albans, graduating from Bellows Free Academy. He attended and did graduate work at UVM and was seriously involved in mapping the Lake Champlain watershed. He took a position in St. Louis, Mo., doing classified work for the government in geology and cartography. Craig married Karen Bartelt in St. Louis and they moved to Corinth, N.Y., where Craig personally built their first house. They moved to Mt. Dora in 1976, and he went into the tile business and established a career as an architectural designer. He and his family were members of Sorrento Christian Church. Craig was a member of a Lions Club, a barbershopper and a friend to all. He was predeceased by his wife Karen in 2007. Craig is survived by his sons, Christopher and wife Nicole, and Calvin W. and wife Pamela; mother, Eleanor Gates of St. Albans; brother Gael of Underhill, sister-in-law Dorothy Kirchoff; and 10 grandchildren. Funeral services were held on Saturday, June 21 at the Sorrento Christian Center. A graveside service was held at the Underhill Park Street Cemetery on Friday, November 29 at 2:00 PM. Friends were urged to attend. A small reception followed. Inquiries may be made by calling Gael Boardman at (802) 899-2260.

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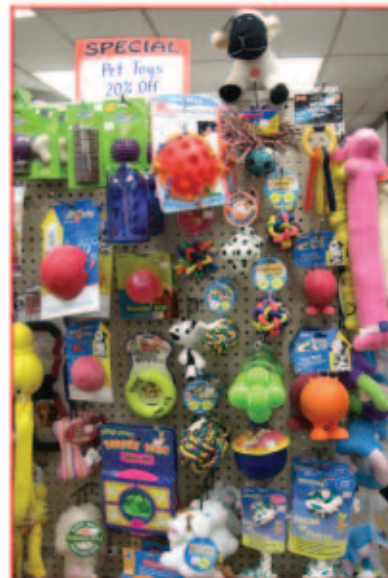
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