

# Home and Garden 2016

## Green Mountain Compost: Bringing Soil to People, and People to Soil



### Ready, Set, GARDEN!

With all of the concerns and issues around where our food comes from, it's a good thing that many of us have the option to grow our own food, or to participate in community supported agriculture. Our northern climate dictates that folks wanting to grow their own fruits, veggies and flowers need to be on the ball. Blink, and you might miss the chance! Before investing too much time and effort into your lawn or garden, keep in mind that healthy soil is the basis for healthy plants. Making sure that you are growing plants in soil that is well-balance, high in organic matter, and rich in nutrients will help ensure that your efforts this gardening season pay off.



### Spoil your Soil

Our beautiful Vermont landscape does not necessarily go hand-in-hand with beautiful soils. Quality soil in Vermont is generally limited to the river valleys, and those of us residing in the foothills and mountains are often dealing with soil that is low in organic matter, hence not ideal for gardening. For over a quarter century, Green Mountain Compost has been turning our community's food scraps, leaves, and other organic materials into rich, high-quality compost that is ideal for enriching and refurbishing depleted soils. Whether you are challenged with sand, clay, (or not sure what,) amending your soil with compost from a trusted source is the ticket to healthy, happy plants. Good compost is full of beneficial organisms and slow-release nutrients that help maintain the quality of the soil and can result in significant and long-term improvements to your lawn or garden. And, it's all natural.



### Raised Beds on the Rise

For some people, the restrictions of limited outdoor space, poor soil, no soil at all, or physical limitations make the prospect of gardening seem daunting, if not impossible. For these same reasons, raised bed gardening is becoming increasingly popular. Raised beds can be purchased or constructed inexpensively and allow gardeners of all abilities the opportunity to grow something successfully. Whether on the scale of a small whiskey barrel or rows



and rows of spacious beds, elevated gardening has many advantages. A raised bed means less bending over and easier access to plants. By filling a raised bed or container with a high-quality soil mixture that is suitable for an elevated garden environment, (we know a good one,) you are ensuring healthy soil and a garden that might just provide enough bounty to last into next winter.



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# Home and Garden 2016

## Home and Garden

By Sue Kusserow

Special to the Mountain Gazette

This issue is dedicated to Homes and Gardens. I have just finished the sixth revision of a very difficult topic: *Grief*, and am looking forward to something cheery. So which attachment to AND should I pick that gets me beyond the mundane and expected, the tried and not-so-true sayings that have grown out of a century long gone?

"There's No Place Like Home..." A good solid aphorism, but it sure doesn't allow or invite a soliloquy. It has the value of a national quote: few words and none complicated... easy to remember. It says everything, yet, upon analysis, says nothing that could be considered morally directive or constructively useful. We can only mutually sigh, bond with the orator, and move on, glad to have connected in some way, but without complications of discussion.

"Home, Sweet Home" is instant categorization. "Home is where the Heart Is" has something to do with anatomical correctness and implies that the heart is both a superb transportation system, but has a soul as well. "Home is where, when you go, they have to take you in" is somewhat dour, but truthful, and directed Robert Frost to isolation on a farm in New Hampshire.

So, how about Garden? Perhaps a little easier, especially when combined with prefixes and suffixes. Kindergarten uses the German word for children. "The Garden of Eden" immediately sets the mental picture for blasted bliss and the consequences of human temptation. Small metal signs advertised in nearly every garden catalogue, tell of the peace and quiet that can be found in a garden. I have yet to see an adjustable sign that lists the number of hours it has taken to dig one's way into this state of exhaustion and dazed tranquility.

A recent scientific magazine discussed various types of probiotic supplements: "the best ways to tend your personal microfloral garden." "To lead one down a garden path" signifies deceit. *Gardener's Garters* is a type of Ribbon Grass. A Zen Garden is the soothing simplicity of artfully-placed stones in a swirling pattern of rake marks. And a Word Garden has smooth stones chiseled with high-level-abstract words such as Love, Sympathy, Fear, and Joy, that can be rearranged to suit the mood of the passer-by. "Garden variety" is a homespun word that describes the common, hard-working species.

Sometimes size comes into the definition of gardens: a sweep of wild flowers that is "as far as the eye can see." Conversely, I have a friend who graciously led me into a spot of sunlight created by the devastation of fallen trees in her woodlot, to see huge bunches of mammoth leaves and three-foot stalks of several Jack-in-the-Pulpit... a garden of awe.

So, "Garden" seems to have the widest variation of easy descriptors. That is to say: I am late in submitting this column, so I will come to a quick close. Enjoy your Home, and get out in your Garden!

## What to know when repairing your lawn mower

(StatePoint) Every lawn mower requires routine maintenance to keep it running with efficiency and maximum performance. If a breakdown occurs or parts wear out, it's much more cost-efficient to simply replace the worn parts than it is to buy a whole new mower.

To keep your mower functioning optimally, consider the following.

### Regular Maintenance

Follow your manufacturer's suggested maintenance schedule. Check your owner's manual or your mower brand's website for information on when and how to maintain your machine, including checking and changing engine oil and filters, hydraulic filters, belts, air cleaners, spark plugs, and more. This upkeep on your mower can prevent unscheduled downtime and costly repairs.

### Replace Parts Wisely

"Modern mowers are designed to function as a system; they aren't just a collection of parts," says David Martin, customer service manager at Exmark, a leading mower manufacturer.

While virtually any company can sell parts that are almost right for your machine, Martin advises using original parts from the mower manufacturer. Brands such as Exmark, for example, extensively test every part and accessory for hundreds of hours to ensure they won't compromise the safety, productivity, or durability of the mower or the quality of cut it provides.

"There is great value in using genuine Original Equipment Manufacturer (OEM) parts, as opposed to cheaper 'will fit' alternatives, when replacing belts, blades, filters, lubricants, and other mower parts," says Martin.

To learn more about the differences between using generic replacements from an aftermarket company and OEM parts, visit [www.exmark.com/OriginalParts](http://www.exmark.com/OriginalParts).

Whether you mow your lawn often or just a few times a season, be sure to take good care of your mower, paying attention to the suggested maintenance routine. It's always better to prevent a problem before it becomes an issue. And doing so will improve the quality of each cut and extend the life of the machine.

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LIBRARY NEWS

DEBORAH RAWSON MEMORIAL LIBRARY, UNDERHILL

The Board of Trustees will meet Thursday, April 21 at 7:00 PM. Poetry Open Mic – Sunday, April 24, 2:00 PM: Join us as we celebrate the poets and poetry of Jericho and Underhill.

The Mystery Book Group will meet on Monday, April 25 at 7:00 PM to discuss Black Diamond by Martin Walker. Please join us!

Slow Down the Aging Process - Wednesday, April 27, 6:30 PM: Aging gracefully can be your reality. Nancy Somers, a physical fitness expert and instructor from Temple University in Philadelphia, is coming back to DRML.

The Parent Support Group will meet Wednesday, April 27 at 6:30 PM. Meet and connect with parents raising children and teens with behavioral challenges (ASD, ODD, ADD, etc.).

A Vermont Music Sampler: Wednesday, May 4 at 6:30 PM, the Underhill Historical Society is presenting a very special Vermont Humanities Council program and we are delighted to host it at DRML. Vermont has a significant and fascinating musical folklore.

And for families and children...

Poetry Play Time with Rosa Castellano, Friday, April 22, 10:30 AM: The goal of this poetry play time is to provide pre- and early readers an opportunity to interact with poetry through reading, writing, drawing, memorizing, and playing with poems.

Snack and Study – Calling all scholars! Feed yourself, then feed your brain! Stop in on Tuesday, April 26 from 3:00 – 4:00 PM to make and enjoy a snack, and then get to work!

Story Hour! Drop in for stories, songs, projects, and a nutritious snack Wednesday, April 27 at 10:30 AM and Thursday, April 28 at 10:00 AM.

Tinker Time – Thursday, April 28, 3:00 – 4:30 PM: Come tinker with us – bring an old/broken device that you’d like to disassemble and have some tinkering fun.

After School Coloring Club... for Kids – Friday, April 29, 2:45 – 4:00 PM. Come and color at the library! No need to stay in the lines! You’ll be able to de-stress and relax while coloring from a large selection of coloring pages.

Baby Time! Saturday, April 30 at 10:30 AM: Introduce your littles ones (infants and babies up to 18 months) to the wonders of language with nursery rhymes, songs, fingerplays, and board books.

For information on the programs and services available at Deborah Rawson Memorial Library, visit www.drml.org. You can also find us on Facebook and Twitter.

LIBRARY HOURS

Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday.

JERICHO TOWN LIBRARY

Community Programs and Events Open Mic Night: First Thursday of the month, 6:30 – 8:30 PM. An evening of local talent featuring live music, poetry, and storytelling.

Italian Conversation Group: first and third Tuesdays of the month, 6:00 – 7:00 PM. Join native Italian speaker Franco Gotti for an informal Italian conversation group. All levels welcome.

Books and Brews Book Club: Next meeting Tuesday, May 10 at 6:30 PM. Please email Colleen for details: colleen@jerichotownlibraryvt.org.

Youth Programming Story Time: Wednesdays, 10:00 – 11:00 AM: stories read by Elizabeth Bernstein and live music performed by Josh LaRose. Enjoy music, finger plays, dance, songs, stories, craft, and snacks.

Dungeons & Dragons: Wednesdays, 4:30 – 6:30 PM. Players ages 12 and up. No experience necessary but a commitment to the group is needed in order to follow the on-going story line.

LEGO Club: second and fourth Thursdays, 4:30 – 5:30 PM: Lego, Lego, Legos! Join us for Lego missions, competitions, activities and more! Grades K-6. Please note: younger children must be accompanied by an adult.

All library programs are free and open to the public. Library Services – Notary Public: The Jericho Town Library Director is now offering notary services.

News from the JTL Board of Trustees Monthly meeting: Monday, May 2, 7:15 PM. The next monthly board meeting is scheduled for Monday May 2nd at 7:15pm. Anyone who wishes to attend is welcome.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org.

Please Note: The library follows the Town schedule for holidays. Check our website or Facebook www.facebook.com/jerichotownlibrary, for updates and daily information.

Library Hours: Mondays 1:00 – 7:00 PM, Wednesdays 10:00 AM – 12:00 noon and 2:00 – 7:00 PM, Fridays 1:00 – 5:00 PM, and Saturdays 10:00 AM – 12:00 PM.

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Archer Mayor, author of the bestselling Vermont-based mystery series featuring detective Joe Gunther, will be at the Varnum to read

from, discuss, and autograph copies of his 26th book, The Company She Kept on Saturday, April 30, 3:30 – 5:30 PM. The novel opens with Joe Gunther and his Vermont Bureau of Investigation called in to investigate an especially brutal crime. The victim is soon identified as not only a state senator, but also as a close confidante of Governor Gail Zigman, and the publicity swirling around the crime starts to impede the VBI's investigation.

On Monday, May 16, 10:00 – 11:00 AM, The Lamoille County Nature Center presents Feathered Friends! Many birds have returned to Vermont or passed through to their summer range at this time of year. We'll learn some tricks and tips to identify them; hear some bird language; play the migration challenge game; plus, learn how we can help birds be successful in their adventures.

Sixth generation Vermonter Nick Neddo, author of The Organic Artist, will hold a presentation and discussion on Tuesday, May 17, 7:00 – 8:30 PM. Nick will talk about his creative process when making his all natural materials that he also uses in his art. His materials include making paper and wild ink, working with clay and wood, natural pigments and paints, pens and paintbrushes and bookbinding sketchbooks.

Story Hour and Crafts with LN, every Thursday, 10:00 – 11:00 AM. Come hear stories from a gifted and talented storyteller, and do crafts for kids!

Weekly Crafting Circle, Mondays, 5:00 – 7:00 PM. Come and enjoy fiber and fabric with craft novices, as well as folks who have enjoyed handwork arts for lifetimes! Have a project you're already working on? Bring it in and share your expertise and enthusiasm.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; thevarnum.org@gmail.com. Please visit Varnum Library's website, http://thevarnum.org.

Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Closed Sundays.

WESTFORD PUBLIC LIBRARY, WESTFORD

Early Literacy Storytime for birth to pre-school age children is every Thursday, 11:00 AM. No registration needed. Several stories around a theme, and a theme-based craft. All ages and levels of attention are encouraged to come. Don't worry if they fidget – they are still getting a lot out of it!

Playgroup every Monday, 9:30 AM! Tai Chi 2, every Tuesday and Thursday, 9:00 – 9:45 AM.

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website westfordpubliclibrary.wordpress.com; email: westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

RICHMOND LIBRARY

Art in April: Richmond Elementary School first and second graders will be showing off their embossed metal creations. Under the direction of art teacher Kim Aueter and inspired by the Aztec Sunstone, the students worked hard to include symbols as well as many details to fill their space in the same manner as the sunstone. In May, a series of approximately 40 mounted Children's Book Week posters produced by the Children's Book Council will hang on our walls and in our display case. The best children's book illustrators of the past five decades are represented: the Dillons, Maurice Sendak, Marc Simont, Trina Schart Hyman, Arnold Lobel, and Chris Van Allsburg, to name just a few.

April is National Poetry Month. Before it slips away come in and peruse our many poems. Leave behind a haiku. Tell us your favorite poet. Select some poems for reading aloud. For a reminder, here is but one definition: poetry (noun): literary work in which special intensity is given to the expression of feelings and ideas by the use of distinctive style and rhythm.

May is National Inventor's Month. Choose a title recognizing creativity and problem solving. Think about the nature of innovation. Read about some of history's noted inventors. (On our display counter.)

Book Discussions: Tuesday, May 10, 6:30 PM: Little Paris Bookshop by Nina George. Monsieur Perdu calls himself a literary apothecary. From his floating bookstore in a barge on the Seine, he prescribes novels for the hardships of life.

Thursday, May 19, 7:00 PM: Cruel and Unusual by Patricia Cornwell: "Killing me won't kill the beast" are the last words of rapist-murderer Ronnie Joe Waddell, written four days before his execution. But they can't explain how medical examiner Dr. Kay Scarpetta finds Waddell's fingerprints on another crime scene – after she'd performed his autopsy. If this is some sort of game, Scarpetta seems to be the target. And if the next victim is someone she knows, the punishment will be cruel and unusual.

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Wednesday, June 1, 7:30 PM: A benefit concert featuring Greenfield Associates on behalf of the Community Senior Center. \$10 suggested donation. Greenfield Associates, founded by professional musician Elaine Greenfield, is a group of students, teachers, performers, and piano lovers. They join together to promote excellence in piano playing through public and private performances, master classes, and study and critiquing sessions.

Ongoing: Knit Night, Wednesdays, 6:30 – 8:00 PM. Bring your knitting project and join other knitters in the Mezzanine Lounge. Don't knit? Then bring your tating, crochet, embroidery, needlepoint, quilting, or whatever is keeping your hands busy! Lego Club: Come join other Lego enthusiasts. We have lots of Legos to build with and our collection is growing thanks to donations from the community. Lego Club is appropriate for youth age 5-10. No registration is required, just come play on Wednesdays from 3:00 – 4:00 PM.

Early Bird Math is an interactive math literacy story time for young children and their caregivers. Through books, songs and games, children are exposed to numbers, counting, shapes, measurements, and many other early math concepts, and will enjoy a chance to play with their peers. Join Wendy in the Community Room on Fridays at 11:00 AM.

And, of course, browse www.rfl.kohavt.org to discover new audiobooks, movies, and books for all ages! The catalog will also search downloadable ebook and audiobook titles from ListenUp Vermont. Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); www.richmondfreelibraryvt.org. Open Monday and Wednesday, 10:00 AM – 8:00 PM, Tuesday and Thursday, 1:00 – 6:00 PM; Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM.

FAIRFAX COMMUNITY LIBRARY

All events are free unless noted. Pre-registration encouraged – 802-849-2420 or libraryprograms@fwsu.org.

Tuesdays, May 3, 10, 17, 24, and 31, 9:30 – 10:30 AM: Preschool Story Hour. May 3: Colors. May 10: Farms and making butter. May 17: Art & Me. May 24: Sink and Float. May 31: Me, Myself, and I. Join us for themed stories, songs, and activities for ages 0-6. No registration necessary for story hour.

Tuesday, May 3, 6:00 – 8:00 PM: Family Game Night. Join us for this fun monthly tabletop game event! Bring a favorite game or come and learn a new one. Drop in. Ages 5+.

Thursday, May 5, 6:00 – 7:00 PM: PJ Story Hour. Kids age 0-6 listen to themed stories, followed by a craft and snack. Thanks to Success by Six for this wonderful program.

Saturday, May 7, 10:00 – 11:30 AM: Chocolate Making Workshop. Perfect for Mother's Day, learn how to make chocolate truffles for a special person in your life (or eat them yourself!) Ages 8+, children under age 12 must be accompanied by an adult. Cost is \$5/person, bring home all the chocolates you make.

Wednesday, May 11, 3:00 – 4:00 PM: LEGO Club. Ages 6+ enjoy themed Lego play after school. Please register.

Wednesdays, May 11 and 25, 3:15 – 4:15 PM: READ to a DOG. Kids ages 5-10 can read a book of their choice to a fuzzy, friendly dog. Call to reserve a 15-minute slot.

Thursday, May 12, 6:30 – 8:00 PM: Non-Fiction Book Group discusses Animal, Vegetable, Miracle by Barbara Kingsolver. Books are available at the library.

Saturday, May 14, 9:00 – 11:00 AM: Tech Help. Sign up for a 30-minute session or drop in from 10:00 – 11:00 AM. You can ask any tech question and/or bring in a device with which you need help. You will be ably assisted by our techie, Josiah.

Wednesday, May 18, 3:00 – 4:00 PM: STEM club I. Kids age 6+ will learn more about DC motors and generators. Must pre-register.

Thursday, May 19, 3:00 – 4:00 PM: Crafternoon: Dream Catchers. Kids 6+ will learn about the history of dream catchers in Native American culture and make one to bring home. Please register.

Saturday, May 21, 10:00 AM – 12:00 PM: Tea and Bristles. Perfect for all skill levels, Julie Griffis leads this painting class through step-by-step instructions to create a masterpiece. This month's theme is a primitive folk art style picture. Recommended ages 16+. Cost is \$25 for materials and snacks. Must register.

Monday, May 23, 3:00 – 4:00 PM: STEM club II: Kids age 6+ will learn more about DC motors and generators. Must pre-register.

Thursday, May 26, 6-7:30 PM: Small Business Accounting and Bookkeeping. This program will cover why as a business you must keep detailed records on expenses and sales. This requires either building a relationship with an accountant or doing the business records yourself. This program will review all critical points that must be addressed by small business owners.

For up-to-date info about programs, visit our website www.fairfaxvtlibrary.org, where you can also find a link to the interactive Google calendar.

Library Hours: Monday, Wednesday 8:00 AM – 5:30 PM; Tuesday and Thursday 8:00 AM – 8:00 PM; Friday 8:00 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM.

Fairfax Community Library: 75 Hunt St., Fairfax, VT, 05454; 849-2420. Program Planner Karyn Norwood, knorwood@fwsu.org; Library News: www.bfaifairfax.com/pages/communitylibrarynews.html.

DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON

All events are free. Children 8 and younger must be accompanied by an adult while at the library.

Preschool Music: Mondays 11:00 AM and Thursdays 10:30 AM (except Thursday, April 28). For children up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Thursday Playtime: Thursdays (except April 21), 11:00 AM. Children birth to age 5 and their caregivers are invited for an informal play time, following our Preschool Music program. Sponsored by Building Bright Futures.

Preschool Story Time: Tuesdays (except April 19) at 10:30 AM. Includes a simple craft activity. For children ages 3-5.

Current Events Conversation: Wednesday, April 20, 11:00 AM – 12:00 PM. Gather with others interested in informal discussion on current newsworthy topics.

Movie: Wednesday, April 20, 5:30 PM. Movie based on Andy Weir's 2011 novel The Martian. Golden Globe for Best Comedy. Lone astronaut Mark Watney (Matt Damon) is left on Mars and must use his scientific ingenuity to homestead an enclosed habitat where he can survive. Meanwhile, a rescue mission is in the works. Rated PG-13. Snacks provided. (2 hours, 24 minutes)

Adult Coloring: Saturday, April 23, 11:00 AM – 12:30 PM. Switch off the phone, computer, and TV. Come try the new coloring book trend that is helping adults benefit from the quiet Zen that a coloring session can bring. Books and colored pencils are provided.

Poetry with Local Author: Monday, April 25, 6:30 – 7:45 PM. Celebrate National Poetry Month with Pam MacPherson as she intersperses stories with readings from her recently published Vigil: The Poetry of Presence. The poems are taken from her journal and they're all written related to sitting vigil with dying individuals. Books on the subject are being sought after and discussed regularly now as people reevaluate their views and experiences with dying and the quality of life and death. Questions, discussion, and book signing.

Writing Salon: Tuesday, April 26, 12:30 – 2:00 PM Break your writer's block, find a writing community, and get great writing done. All experience levels welcome. Paula A. Diaco, certified in Gateless Writing, leads and provides encouraging feedback. Preregister; limited to 8 writers.

Tech Tutor: Tuesday, April 26, 4:00 – 6:00 PM. Stop by anytime during tech hours for one-on-one technology help from a teen. Guarantee a time by making a 30-minute appointment, 878-4918.

Adult Basic Craft Group: Wednesday, April 27, 10:30 AM – 12:00 PM. Monthly group, bring your unfinished products and work in a friendly, supportive, craft environment. All craft types welcome.

Travel Talk: Wednesday, April 27, 6:00 PM. Sylvie Frisbe hiking the Camino Santiago, Spain. Tradition has it that the remains of the saint are buried. Many take up this route as a form of spiritual path or retreat for their spiritual growth.

Preschool Yoga with Danielle: Thursday, April 28 and Friday, April 29, 10:30 AM. Simple yoga poses, stories, and songs for children birth to age 5 and their caregivers.

The Art of Telling Your Story: 4th Annual Story Sharing Symposium: Saturday, April 30, 1:00 – 4:00 PM. Learn better storytelling. Participate in a skill-building workshop led by story sharing professionals. Hosted by teacher and storyteller Recille Hamrell.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, www.williston.lib.vt.us.

Send your news, births, engagements, weddings, obits, events to mtgazette@earthlink.net or call Brenda at (802) 453-6354 We print then for free!



**Scene from the last year's Lions Club Cycling Skills Clinic. This year's clinic will be held on Saturday, April 30 (rain date Saturday, May 7), 9:00 AM – 12:00 PM in the parking lot of BRMS in Jericho.** PHOTO CONTRIBUTED

**Lions Club sponsors cycling skills clinic**

The Jericho Underhill Lions Club will be conducting a Cycling Skills Clinic on Saturday, April 30 (rain date Saturday, May 7) at the parking lot of Browns River Middle School, Jericho from 9:00 AM – 12:00 PM. It will take around 40 minutes to go through the clinic, so arrive between 9:00 – 11:15 AM to allow for completion.

This no-cost event consists of eight stations that allow your child to learn and practice proper bicycling skills. The bicycle safety skill clinic is a simple and fun activity to teach your child important bicycle safety lessons. The clinic is geared to students in grades 3-6, but parents and other family members may join in the fun as well.

- For your child to participate, the following is required:
- You must review, sign, and return the attached release the day of the event when registering.
  - Participants must bring their own bicycle.
  - Participants must wear bicycle helmets and shoes that fasten (no flip-flops allowed). If your child has a bicycle helmet, please send it with the child to the event. If your child does not have a helmet, every effort will be made to provide either a loaner helmet for use during the activity, or a discounted helmet. Please reinforce to your children that they may not participate without wearing helmets throughout the activity – no exceptions.
- Your role as a parent/guardian after the event is critical to reinforce the practice and behavior needed to enhance your child's skill in riding safely.

For questions regarding the event, call 899-3122.

**Teens to explore the outdoors at Natural Resources Weekend**

Registration is now open for the ninth annual Natural Resources Management Academy, Friday-Sunday, July 8-10, in Woodbury, VT.

The environmental education weekend is designed for high school students who enjoy the outdoors, whether considering a career in natural resources or just interested to learn new skills or meet teens with similar interests. It will be held at the Green Mountain Conservation Camp at Buck Lake.

University of Vermont (UVM) Extension 4-H and the Vermont Department of Fish and Wildlife co-sponsor this event, which features in-depth workshops, hands-on field experience, and traditional camp activities including evening campfires with s'mores, a nature hike, and water sports.

The all-inclusive fee is \$120, which includes two nights' lodging in cabins. All high school students, including anyone entering ninth grade this fall or graduating this spring, may attend. Membership in 4-H is not required; neither is residency in Vermont.

Registrations will be accepted through Wednesday, June 8 at [www.uvm.edu/extension/youth](http://www.uvm.edu/extension/youth). To request a disability-related accommodation to participate, contact Lauren Traister, UVM Extension 4-H Teen and Leadership Program coordinator, 866-260-5603, ext. 402 (toll-free in Vermont) or 802-888-4972, ext. 402, by June 8.

Campers will explore land conservation and trusts, trees, materials management, plankton and fish, river dynamics, and other environmental science topics with natural resources professionals and other experts. They will also learn how to tie flies, go orienteering, and try their hand at various fishing techniques during night fishing. A canoe scavenger hunt will help hone mapping and compass skills.

The weekend will include free time to swim, fish, or relax with new friends as well as a supervised session on shooting sports. The academy will conclude on Sunday afternoon with cake and a graduation ceremony, which parents and family members are welcome to attend.

**Send your news, births, engagements, weddings, obits, events to [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net) or call Brenda at (802) 453-6354 We print them for free!**

**ONGOING EVENTS**

**ADULT ACTIVITIES**

**Essex Art League** meets the first Thursday of the month, September-June, 9:00 – 11:00 AM at the Essex Junction Congregational Church on VT Rt. 15. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar of meetings, speakers, and online gallery is published on the League's website, [www.essexartleague.com](http://www.essexartleague.com)

**Veterans Job Networking**, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

**Toastmasters of Greater Burlington**, 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays, 7:00 PM, Holiday Inn, 1068 Williston Rd., S. Burlington. Do you want to develop your speaking and leadership skills? Ace an interview? Ignite your career? If so, Toastmasters of Greater Burlington is the place for you. You'll find a supportive learn by doing environment that helps you achieve your goals. For information, 802-782-4832.

**Yoga**, Tuesdays, 6:30 – 8:00 PM, Collins-Perley Sports Complex, St. Albans. For information including cost, 802-527-1202.

**Eagles Auxiliary #3210** holds bingo at the club house, VT Rt. 109, Waterville, Friday nights. Doors open at 5:30 PM. Bingo starts at 6:45 PM. For information, contact Sally, 644-5377.

**Handbell ringers**, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Roger, 899-3106, for information.

**Mt. Mansfield Scale Modelers**, 3<sup>rd</sup> Thursday of the month, 6:30 – 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln St., Essex Junction.

**Smugglers' Notch 55+ Club** meets Wednesdays at Smugglers' Notch for a social time, then breaks into groups to ski. Brief organizational meeting, coffee and rolls, and then head out to the trails in self-selected ability groups. Gather informally in summer for a wide variety of outdoor activities. Membership benefits include various discounts at Smuggs. Information: Deborah, 644-5455 or just attend a meeting at the Morse base lodge, 9:00 AM every Wednesday.

The **Underhill Historical Society** meets at the Underhill Town Hall on the 2<sup>nd</sup> Monday of the month, 6:30 PM. Anyone welcome.

**HEALTH EVENTS & GROUPS**

**La Leche League** of Essex Junction – monthly breastfeeding support meetings. Monthly meeting first Thursday of each month, 6:30 – 8:00 PM, Essex Free Library, 1 Browns River Rd., Essex Jct. Join us whether you are pregnant, nursing your first tiny baby, or weaning your last toddler. Free! We meet downstairs in the children's area.

**Al-Anon** meetings, Jericho United Methodist Church, Thursdays 10:00 AM, and Saturdays, 10:00 AM.

**Alcoholics Anonymous meeting**, "Women's Big Book" group meets Thursdays, 6:00 – 7:00 PM, United Methodist Church, VT Rt. 15, Essex Jct., across from Grange Hall.

**Alcoholics Anonymous Meeting** "Wing It" group meets Sundays, 11:00 AM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker meeting followed by a brunch (\$10 for brunch).

**Alcoholics Anonymous Meeting**, "The Firing Line" group meets Wednesdays, 7:15 – 8:15 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Step meeting.

**Alcoholics Anonymous Meeting** "The Firing Line" group meets Saturdays, 8:00 – 9:00 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker Discussion meeting.

**Alcoholics Anonymous Meeting**, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM and Saturdays, 6:30 – 7:30 PM, United Church of Underhill, Underhill Flats.

**Alzheimer's support group**, monthly on the 3<sup>rd</sup> Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

**Brain Injury Support Group** – a place for survivors and family members, caregivers, friends, and the community to receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure, and confidential environment. Monthly meetings: 4<sup>th</sup> Fridays at the YMCA in Winooski 11:00 AM – noon; 1<sup>st</sup> Wednesdays at Fanny Allen in Colchester, 5:30 – 7:30 PM; and 2<sup>nd</sup> Tuesdays at the Saint Albans Diner in Saint Albans. Call the BIAVT help line, 877-856-1772.

**Mom's Night Out**, first Thursday of each month, 6:00 – 8:00

PM, LaQuinta Inn (Franklin Meeting Room), 813 Fairfax Rd., St. Albans. Are you the mother of a child with special needs? Do you have to advocate for your child and family? Do you wish you had someone to have conversations with, who understands because they are the mother of a child with special needs too? Contact: Betty Morse, Family Support Consultant, 1-800-800-4005-ext. 201 or [betty.morse@vtfn.org](mailto:betty.morse@vtfn.org).

**Approach Autism With Advocacy, Recovery & Education (AAWARE)** in the Lamoille Valley, 3<sup>rd</sup> Sunday, 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playground for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

**Eating Disorders Parental Support Group**, monthly on the 3<sup>rd</sup> Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with, or at risk of, anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

**Foot Clinics** – Having trouble trimming your own toenails? Franklin County Home Health provides foot clinics around the county that can help. Call 802-527-7531 for an appointment and cost information. Cost: \$20.

**Healthy Weight Support Group**, Mondays, 12:00 – 12:30 PM, Northwestern Medical Center, Conference Room 3, St. Albans. For those working on weight management. Behavioral and nutritional strategies to increase physical activity and decrease calorie intake; techniques to help manage eating behaviors. Come 15 minutes early for weight check. Kay Tran, Registered Dietitian, MS, CDE, & Leslie Gardzina, Registered Dietitian. No registration required, just drop in.

**Overeaters Anonymous** meets 6:00 – 7:00 PM Wednesdays, Jericho United Methodist Church, VT Rt. 15, Jericho.

**Champlain Valley Prostate Cancer Support Group**, 6:00 – 8:00 PM, 2<sup>nd</sup> Tuesdays (April 26), Hope Lodge, 237 East Ave., Burlington. Newly diagnosed? Prostate cancer recurrence? General discussion and sharing among survivors and those beginning or rejoining the battle. Information: Mary L. Guyette RN, MS, ACNS-BC, 802-274-4990.

**TOPS Chapter 145** meets Thursdays 6:15 PM, Eagles Club, VT Rt. 109, Jeffersonville. Weigh-in 5:15 – 6:00 PM.

**Healing Circle Breast Cancer Network**, support group for women with breast cancer, monthly meetings 1<sup>st</sup> Tuesdays 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

**Lamoille Home Health & Hospice**: Hospice Volunteer Training. Health care professionals share their knowledge and passion for hospice. Please contact Charlene at 888-4651 or [ccamire@lhha.org](mailto:ccamire@lhha.org) for more information.

**Franklin County Prostate Cancer Support Group**, monthly, 1<sup>st</sup> Tuesdays, 5:15 – 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. Information: Fern Mercure, 524-0719.

**Statewide Quit Line**, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

**KIDS**

**Playgroups** free of charge and open to all children birth-5 years, and their caregivers. Stories, songs, crafts, free play, local events and information, and more – an opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For information on any playgroup, contact Heather Lebeis, 899-4415 or [underhillplaygroup@yahoo.com](mailto:underhillplaygroup@yahoo.com). Mondays: Jericho Community Center, 9:30 – 11:00 AM; Wednesdays: Richmond Free Library, 8:45 – 10:15 AM; Fridays: Underhill Central School, 9:30 – 11:00 AM; Huntingdon Public Library, 11:00 AM – 12:30 PM.

**Kids' Yoga**, 3-5 years and 6 years and up. Toddler tumbling and new moms' groups. The Well, 644-6700.

**Early Literacy Storytime**, Thursdays, 11:00 AM, Westford Public Library. Stories and activities using early literacy concepts for ages birth-preschool. Drop-in; no registration needed. New families welcome. Information: Victoria, 878-5639 or [westford\\_pl@vals.state.vt.us](mailto:westford_pl@vals.state.vt.us), or visit [www.westford.lib.vt.us](http://www.westford.lib.vt.us) and click on Events @ Your Library.

**SENIORS/COMMUNITY MEALS**

**Jeri-Hill XYZ Seniors** meet at the Catalyst Church on the Raceway, Underhill on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month. All seniors welcome. Dinner served at 11:30 AM. Information, Bette Workman, 899-4446, Loreen Teer, 899-1363, or Doug Keith, 899-2582.

**Johnson Community Meal** – 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month, 11:30 AM – 12:30 PM, United Church, Johnson. Come for a hot meal and get to know your neighbors. Meal followed by community gathering. Information: Ellen Hill, 635-1439, [ellen.hill@jsc.edu](mailto:ellen.hill@jsc.edu).

**Westford Senior Lunches** – Join Westford Seniors for lunch at the Red Brick Meeting House on the Common, monthly on the 2<sup>nd</sup> Monday. Lunch, 12:00 noon; short meeting or presentation after. Call 878-7405 or 879-7382 for information or for a ride.

**Bolton Up and Downtown Club** meets the last Thursday of the month at the Bolton Fire Station. Meal at 5:00 PM. Open to adults 60+. Contact Doris Wheelock at 434-3769.

**Huntington senior meal site** – The Huntington senior meals are served monthly on the 3<sup>rd</sup> Tuesday, 12:00 noon at the Community Baptist Church, Huntington Center.

**St. Jude's Church senior meals**, Hinesburg, 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month. Bingo games afterward. Everyone welcome, including caregivers. Dinners \$4 per person. Information: Ted Barrette, 453-3087.

**"Good Food for All" free dinners**, 2<sup>nd</sup> Thursday of the month, United Church of Underhill, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM; and on the last Thursday of each month at Calvary Episcopal Church, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM. Everyone in the communities is invited.

**SPORTS ACTIVITIES**

**Ongoing Pilate classes**, Dakini Studio, Underhill, Mondays and Thursdays, 6:00 PM. Register at 899-4191. For more information and other scheduled classes, [www.dakinistudio.wordpress.com](http://www.dakinistudio.wordpress.com).

**Qi Gong**, the ancient Chinese art of movement, classes: Saturdays 9:00 – 10:00 AM, 562 VT Rt. 15, Johnson; Saturdays 11:00 AM – noon, River Arts, Morrisville; and Sundays 11:15 AM – 12:15 PM, Artful Cup, Jeffersonville.

**Zumba**, Tuesdays, 5:30 PM, Red Brick Church, Westford, with Heather Sanders, \$5, first class free; Saturdays, 9:15 AM, BFA, Fairfax, \$5; Sundays, 9:00 AM, Meeting House, Fletcher, \$5; with Kathy Bourdeau Mondays, 7:30 PM, BFA, Fairfax, \$5; Wednesdays, 7:00 PM, BFA, Fairfax, \$5.

**Zumba Fitness**, Monday evenings only, 5:30 – 6:30 PM, River Arts Center, Morrisville. Certified instructor Karen Machia. No registration required, drop in. 888-1261 or [www.riverartsvt.org](http://www.riverartsvt.org) for more details.

**TOWN GOVERNMENT & ORGANIZATIONS**

**Cambridge Area Rotary** meets on 1<sup>st</sup> four Thursdays of the month, upstairs at 158 Main restaurant, Jeffersonville, 7:00 – 8:00 AM. Information: Susan Lassiter, 644-6600 or [Slassiter@unionbankvt.com](mailto:Slassiter@unionbankvt.com).

**Westford Fire Department**, Mondays, 7:00 PM, at the fire station next to the Town Garage. Information: John Quinn, [jqquinnvt@aol.com](mailto:jquinnvt@aol.com).

**Jericho Village Water District Board of Commissioners** meet on the 3<sup>rd</sup> Wednesday of the month, 7:00 PM, Old Red Mill, Jericho.

**Jericho-Underhill Water District** meets 1<sup>st</sup> Monday of the month, United Church of Underhill, Underhill Flats, 7:00 PM. Information: 899-4076 or 899-3810.

**Jericho Historical Society**, monthly on 2<sup>nd</sup> Thursdays, 7:30 PM, Old Red Mill, Jericho.

**Jericho Underhill Park District Board** meeting, 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. Information: 899-2693.

**Jericho Energy Task Force** meets monthly, 2<sup>nd</sup> Thursdays, 7:00 – 8:30 PM, Jericho Town Hall, VT Rt. 15, Jericho.

**THRIFT SHOPS & FOOD SHELVES**

**Essex/Jericho/Underhill Food Shelf**, open 3<sup>rd</sup> Saturday each month, 9:00 – 11:30 AM, Good Shepherd Lutheran Church, VT Rt. 15, Jericho. Meat, dairy, produce, pantry items, pet food, and some non-food items. All are welcome.

**Westford Food Shelf**, open monthly, 3<sup>rd</sup> Saturdays, 8:00 – 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

**The Heavenly Cents Thrift Shop**, just east of Five Corners, Essex Jct., VT Rt. 15, 10:00 AM – 3:00 PM Tuesdays and Wednesdays; 4:00 – 8:00 PM Thursdays.

LETTERS TO THE EDITOR

**Heroin – from Richmond to the Senate floor**

**To the Editor,**  
Last November, on a cold weekday night, I was truly moved by the more than 100 Richmond residents who attended an informational meeting on the growing heroin problem in their town. They were both troubled and angry at the increase in related crime in Richmond and Chittenden County, while at the same time were compassionate about the need for greater treatment and prevention.

It prompted me, along with Senator Ashe, to introduce an omnibus bill to combat opiate addiction, and I can thankfully report that last week – with an excellent committee report by Senator Lyons – that this comprehensive measure overwhelmingly passed the Senate, and now awaits likely action by the House.

The bill, S.243, does many things, and puts significant new resources into the fight against opiate addiction. It is important to note that all of these new resources will be paid for by additional new fees we placed on the pharmaceutical industry, which includes manufacturers of much abused opioids such as oxycontin.

Among the approaches taken by S.243 are: 1) beefed up reporting to, and use of, VT's Prescription Monitoring System, which is intended to identify and prevent doctor and pharmacy shopping by patients, as well as over-prescribing by individual doctors and other prescribers; 2) improved treatment coordination, which will allow for greater access to buprenorphine, a prescription designed to block opioid cravings to better allow addicts to function normally while they seek further treatment; 3) greater access to addiction medicine specialists through telemedicine; 4) greater role for pharmacies to optimize drug therapy management; 5) enhance medical education for medical students and doctors on pain management and prescribing; 6) studies and pilots on non-pharmacological treatments for pain, such as chiropractic, acupuncture, physical therapy, etc; 7) community grant programs to support local opioid prevention strategies, which can certainly assist local efforts in Richmond and other Chittenden County towns; 8) allowing rules for numeric and temporal limits on the number of pills prescribed; 9) a no-charge statewide take-back program for the disposal of unused drugs; and 10) a statewide public information campaign on safe disposal and proper use of prescriptions.

Hopefully the House will soon pass S.243,

and along with the Administration's focus on this issue (e.g., the new addiction treatment hub in St. Albans should greatly reduce our wait list at the S. Burlington methadone clinic), we can begin to turn the corner on this epidemic hitting Richmond, Chittenden County, and our entire state.

If you would like more detailed information on S.243 or any other legislative matter, please do not hesitate to contact me at [sirotkin.senate@gmail.com](mailto:sirotkin.senate@gmail.com). Thank you.

**Senator Michael Sirotkin**  
Chittenden County

**Follow-up and new tip**

**To the Editor,**  
A few weeks ago you were kind enough to put in a Letter to the Editor that I wrote that was about Rep. (Dr.) Till gathering signatures to get on the September ballot for reelection to the VT House. And that either not simply not knowing or worse, Dr. Till was inside the MMU voting place and sitting and stranding at the Doyle Poll table gathering signatures for himself, inside and too close to the voting area.

Both Town Clerk Jessica Alexander and Dr. Till and myself received a letter dated April 1<sup>st</sup> from Sec. of State Jim Condos that this was against VT law and the letter was sent to clarify to Rep. Till what the law says.

To her credit, once informed of the deliberate or just a simple lapse in judgment by Rep. Till, Town Clerk Jessica Alexander immediately informed Rep. Till of his error in collecting signatures inside and too close to voting area.

My understanding is Dr. Till ceased gathering signatures and brought the petition outside.

In the letter from Secretary of State Jim Condos, it is my understanding that there appears to be no law or provision to contest any signatures that were or may have been obtained "illegally."

I would ask the *Mountain Gazette* to consider contacting Jessica and Dr. Till about this, as it is a newsworthy item that should be of local interest.

Safe to say, no one can dispute Dr. Till's character and willingness to serve our community. Perhaps just a temporary lapse in judgment by Dr. Till?

Yet in this year of great discontent many have toward Montpelier and Washington, I would think long ago "the rules" in campaigning would have been made clear to Dr. Till long ago!

With the Democratic Party having a super majority in Montpelier, who dares to speak up to chart us in a better direction?

In the very least it gives the wrong perception that "the rules don't apply to me, I can do as I please."

**Robert Devost**  
Jericho

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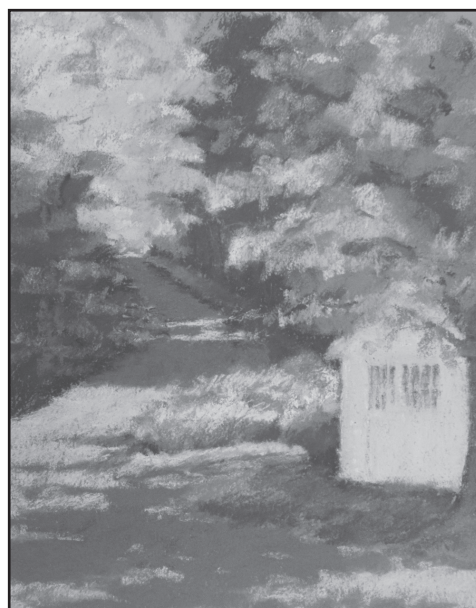
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ART / MUSIC / THEATER



**Into the Shade by Maria McQuiston, part of Threads of Light, an exhibit of pastel paintings by McQuiston and Jane Petrillo through Sunday, April 24 at the Emile A Gruppe Gallery, Barber Farm Rd., Jericho, open 10:00 AM – 3:00 PM, Thursday-Sunday or by appointment (899-3211).** PHOTO CONTRIBUTED

**ART/PHOTOGRAPHY**

*Threads of Light*, an exhibition of pastel paintings by artists Marla McQuiston and Jane Petrillo, is currently hanging at the Emile A Gruppe Gallery in Jericho, through Sunday, April 24. McQuiston often paints on location, inspired by momentary threads of light and color that surround her. Bold juxtaposition of color evokes the liveliness and strength of the natural world. Petrillo on the other hand softens the edges of the natural world and fades them away to a dreamy tone. Gallery hours are Thursday-Sunday, 10:00 AM – 3:00 PM or by appointment; 802-899-3211 or [emilegruppegallery.com](http://emilegruppegallery.com).

*Double Exposure: Visual Art and the Written Word In Honor of National Poetry Month*, the next exhibit at the Jericho Town Hall, will reflect a collaboration between two artistic disciplines. Established and emerging artists are invited to submit one or two artworks in any medium (including photography) together with a short poem, excerpt from a longer one, or a passage from another written work that inspired the artwork or that the artwork inspired. The show will run through Friday, June 24, with a reception for the artists at the Jericho Town Hall, VT Rt. 15, Jericho Corners on Friday, April 29, 5:00 – 7:00 PM. For information, [blgreene@myfairpoint.net](mailto:blgreene@myfairpoint.net) or 802-878-8887.

Dianne Shullenberger of Jericho will exhibit "Circular Earth" *Natural Object Collage* at the Spotlight Gallery, VT Arts Council, 136 State St., Montpelier through Friday, April 29. For more information, [www.dianmeshullenberger.com](http://www.dianmeshullenberger.com), [vidianne@hotmail.com](mailto:vidianne@hotmail.com), or 802-899-4993.

Helen Day Art Center in Stowe presents a Student Art Show running Monday, May 2-Sunday, May 29, with an opening reception on May 2, 3:00 – 6:00 PM and featuring works from Stowe Elementary, Middle, and High Schools plus guest schools Montpelier, U32, and Spaulding High Schools. Open call to artists for the 25<sup>th</sup> *Exposed* outdoor sculpture exhibition to be held from July 23-October 15, 2016. Vermont artists may submit proposals; contact Rachel Moore, Curator, [exposed@helenday.com](mailto:exposed@helenday.com) with any questions regarding the application process or to obtain more detailed information. Helen Day offers a variety of after school, spring vacation, and summer vacation camps and workshops for kids; for information, contact Helen Day Art Center, 90 Pond St., Stowe, 802-253-8358.

At Shelburne Vineyard, 6308 Shelburne Rd., Shelburne, landscape photographer Kurt Madison is the featured artist through May 31. This exhibit features some of Madison's winter scenes. The

exhibit will hang in the Tasting Room and the Vineyard's upstairs loft. Visitors are welcome seven days a week all year; winter hours are 11:00 AM – 5:00 PM.

*Birds of a Feather*, organized by Shelburne Museum, is on view at the Museum's Pizzagalli Center for Art & Education through Sunday, May 1. The exhibition explores the illusory and deadly beauty of American wildfowl decoys. Rare and historically significant decoys of 13 bird species from Shelburne Museum's own collection represent the work of master artisans. Carvers of decoys are often also hunters, but no less naturalists and admirers of the beauty and diversity of their prey. The exhibition will also feature vintage duck-hunting gear including a Nova Scotia duck tub, a Punt Gun, and other related objects.

Join an art excursion to the Montreal Museum of Art on Saturday, April 23 to enjoy *Pompeii: Roman City*. With more than 260 archaeological artifacts – statues in bronze and marble, mosaics, frescoes, decorative arts, and everyday objects – this exhibition gives an extraordinary glimpse into the life of a once-thriving town of the Roman Empire. Shedding light on Pompeii's civic and religious customs, which reflect a penchant for beauty and well-being, *Pompeii: Roman City* explores three main themes: public life, private life, and the science behind the eruption, with the poignant casts of the victims, transfixed for eternity. The excursion departs from Burlington (Shaw's parking lot, 570 Shelburne Rd.) at 8:30 AM, and departs from the Montreal Museum of Art at 4:00 PM. The \$70 cost (per person) includes Museum entrance fee, guided tour, transportation to and from Montreal, and snacks on the bus. Lunch will be on your own; a list of dining options in the area will be provided. *Note: In order to board the bus you must have a passport or an enhanced driver's license with you. This is required to cross the border.* To register, please visit [go.middlebury.edu/boxoffice](http://go.middlebury.edu/boxoffice). A first come, first served event. For more information, please contact Mikki Lane, [mlane@middlebury.edu](mailto:mlane@middlebury.edu).

The Fleming Museum of Art (61 Colchester Ave., Burlington) is pleased to present three outstanding paintings on loan from the Hood Museum of Art, located on the campus of Dartmouth College, while the Hood is closed for expansion and renovation. On loan to the Fleming are paintings by American artists Georgia O'Keefe, Alex Katz, and Ivan Albright. The works will be on view for three years beginning Tuesday, April 12. Georgia O'Keefe's *Taos Mountain, New Mexico*, painted in 1930, will be featured in the Fleming's European and American Gallery. O'Keefe's mastery of vibrant color and sensuous brushwork is on full display in this small painting. The artist became enamored with the landscape of the Southwest on her first visit in 1929, and she moved there permanently in 1949. One can see in O'Keefe's work the simplification of form, at times verging on abstraction, that made her one of the most important American modernists of the twentieth century. Also on view in the genre section of the European and American Gallery is *Supper* (1974) by Alex Katz. The third painting on loan is titled *The Vermonter (If Life Were Life There Would Be No Death)* (1966-77) by Ivan Albright, who moved to Woodstock, VT in 1965 after four decades spent in Chicago. The loan is in addition to three exhibitions on view at the Museum this spring including *Pop Art Prints, Samuel Bak: Survival and Memory, and Sex Objects: Perspectives on Gender and Sexuality*, an exhibition curated by students in two UVM courses which opened in the Fall of 2015. These three exhibitions will close on May 22, 2016. For more information, 802-656-0750 or [www.flemingmuseum.org](http://www.flemingmuseum.org).

**MUSIC**

Cathedral Arts has announced its Spring 2016 series of concerts presented at the Cathedral Church of St. Paul, 2 Cherry St., Burlington. All tickets available through [Flyntix.com](http://Flyntix.com); Hopkins Bookshop (Cathedral lower level, 658-6223),

Art continued on page 14

**THE TOWN OF CAMBRIDGE DEVELOPMENT AND REVIEW BOARD ADMINISTRATOR**

The TOWN OF CAMBRIDGE seeks a part-time Development and Review Board (DRB) Administrative Officer. The successful applicant must be able to provide leadership in setting up the office of the DRB Administrative Officer, and must be able to function with minimal supervision. Applicants should possess a high degree of tactful interpersonal skill and diplomacy, and strong professional and organizational skills, and must be able to establish and maintain a harmonious working relationship with town officials and the general public. The Administrative Officer will work with the public on a daily basis. He or she will provide administrative support to the DRB and will work under the supervision of the Planning Commission. Preferred background includes three years' experience in planning, zoning enforcement or related work or equivalent combination of education and experience. For a complete job description, please email Jane Porter at [jane.cto@myfairpoint.net](mailto:jane.cto@myfairpoint.net). The Town of Cambridge offers a competitive salary, commensurate with experience. To apply, send a resume with three references and a cover letter by May 13, 2016 to:

Select Board  
Town of Cambridge  
P.O. Box 127  
Jeffersonville, VT 05464

## LETTER TO THE EDITOR

## Faith communities discuss working to end gun violence

## To the Editor,

Over three Wednesday evenings during the season of Lent (February 10-March 26, 2016), approximately 30 friends and members of area churches gathered at the Essex United Methodist Church to discuss the terrible toll of violence in general, and gun violence in particular, in our country, and around the world. We discussed our concerns as people of faith, with respect and thoughtfulness, and developed a list of action items for our congregations to consider. As a way of raising awareness and encouraging action, we would like to share several of these items with our community at large:

To work towards an end to violence and gun violence, we can:

- Care for people who have been directly affected by violence;
- Resist the urge to demonize others, even those we disagree with;
- Write to inform our communities about the work being done to resist violence;
- Re-energize the church to be an instrument of peace;
- Be inspired to action by those who have taken small steps toward peace;
- Educate ourselves about the economic underpinnings of gun violence;
- Write letters to our legislators and community leaders;
- Vote for candidates who support our beliefs;
- Refuse to be overwhelmed by the magnitude of the problem.

As people of faith, we encourage others to gather in faith communities, synagogues, churches, mosques, and fellowships to listen to each other, and to act in concrete ways, to more and more become instruments of peace in our increasingly violent world.

Sincerely,

Kathryn Dodge (Essex United Methodist Church, UMC)  
Ruth Magill (Williston Federated Church, UCC and UMC)  
Rev. Charlie Magill (Williston Federated Church, UCC and UMC)  
Rev. Kevin Goldenbogen (United Church of Underhill, UCC and UMC)  
Rev. Mitchell Hay (Essex United Methodist Church, UMC)  
Rev. Katelyn Macrae (Richmond Congregational Church, UCC)

## Green Mountain Bicycle Club day touring rides

All riders must wear helmets and obey the rules of the road. Please do not ride two abreast if there is traffic in either direction. For mornings with questionable weather, please call the ride leader to make sure the ride is still taking place. Ride leaders are obligated to go to the starting point and provide maps but may choose not to ride if the weather is miserable. Riders below the age of 18 must be accompanied by a parent. E indicates an easy ride, M is for moderate, and S is for strenuous. Rides begin promptly 15 minutes after the meeting time. Social rides are more leisurely versions of the mapped ride – usually the shorter route – with longer food breaks. Always contact the social ride leader before the ride to make sure those versions of the ride are taking place.

Sunday, May 1 – Covered Bridges of Chittenden County. 23 (E), 30 (E/M) and 36 (M) mile options of rolling hills through Shelburne and Charlotte with the longer ride going through Ferrisburgh. Possible food stops include the Old Brick Store in Charlotte (no bathrooms) or a convenience store in Ferrisburgh for the long ride. Visit up to four of the five covered bridges in Chittenden County: the Shelburne Covered Bridge and the Holmes, Sequin, and Quinlin bridges in Charlotte. Meet 9:45 AM, South Burlington High School – NOT the Wheeler Lot, S. Burlington. Leader Kerry

## Sara Till earns year-end team award

The Rensselaer Polytechnic Institute (Troy, NY) women's ice hockey team held its year-end banquet to celebrate the 2015-16 season, where awards were presented to five student-athletes, including Sara Till of Jericho, VT.

Till was named the Bob Conway Scholar-Athlete thanks in part to her outstanding grade point average. She appeared in five games in 2015-16, including three as a starter. She posted a 1-1-0 record with a 2.99 goals-against average and a .889 save percentage.

Rensselaer's women's hockey team, which is coached by John Burke, finished with an 8-9-5 ECAC Hockey record, while going 10-17-7 overall. The Engineers fell to nationally-ranked Quinnipiac, two games to none in a best-of-three ECAC Hockey Quarterfinal series, despite going to overtime in each contest.

Crosby, 578-3249 / crosbykn@comcast.net; Co-Leader Matt Kuivinen, 881-9045 / mattkui@earthlink.net; Social Ride Leader Amy Ross, 324-2137 / vtamy@comcast.net.

Sunday, May 8 – St. Albans Explorer. Light, rolling hills with beautiful views by the lake. The 35 mile (E/M) route goes out to Kill Kare Park and returns, while the 50 mile (M) route continues on to Swanton and back. Both rides can break for food at St. Albans Bay. Meet 9:45 AM, Georgia Park and Ride. For those coming from the Burlington area, we suggest carpooling at the Colchester Park and Ride at Exit 17 off I-89 or perhaps meeting at UVM or Veterans Memorial Park in S. Burlington. Leader Brian Howard, 505-1148 / bjhowd@gmail.com; Co-Leader Matt Kuivinen, 881-9045 / mattkui@earthlink.net; Social Ride Leader Donna Leban, 862-1901 / lightspd@comcast.net.

Sunday, May 15 – Kingsland Bay. The 35 mile (E/M) ride rolls from Shelburne through Charlotte to Kingsland Bay Park and returns. The 46 mile (M) ride heads towards Vergennes and climbs to Monkton Ridge, returning through Hinesburg, and a 65 (M/S) option heads into Huntington. Meet 9:45 AM, Shelburne Village Shopping Center. Leader Amy Otten, 878-4070 / amyotten@netscape.com; Co-Leader Ralph Kilmoyer, 878-4070 / ralphkilmoyer@comcast.net; Social Ride Leader Donna Leban, 862-1901 /

lightspd@comcast.net.

Sunday, May 22 – Bound for Bristol Bakery. This is a revised version of the old Bound for Bristol ride, avoiding the bad pavement heading into town. The 40 mile (M) ride takes low traffic roads from Hinesburg to Bristol, where we'll stop at the bakery for sustenance for the return. Those looking for a shorter ride (26 miles) can go straight to the bakery and back and those looking for a little extra at the end might want to do an out and back on Hinesburg Hollow Road. Meet 9:15 AM, Clifford Lumber, across the road from the Hinesburg General Store, VT Rt. 116 (up to 10 cars can park at the store, as well). Leader Phyl Newbeck, 899-2908 / phyl@together.net; Co-Leader Bryan Harrington, 899-2908 / alpinefogman@yahoo.net; Social Ride Leader Amy Ross, 324-2137 / vtamy@comcast.net.

Saturday, May 28 – Champlain Bridge Ride. Both rides head out Lake Road and across the bicycle-friendly Champlain Bridge. The 43 mile route (M) stops at Crown Point while the 55 mile route (M) makes a loop on the New York side through Port Henry. Meet 9:15 AM, Vergennes Union High School, Monkton Rd., east parking lot. Leader John Bertelsen, 864-0101 / jo.bertel@gmail.com; Co-Leader Karla Ferrelli, 864-0101 / karla.ferrelli@gmail.com; Social Ride Leader Donna Leban, 862-1901 / lightspd@comcast.net.

## Art continued from page 13

or at the door just prior to the performance. The Spring 2016 Weekend series includes: Sunday, April 24, 3:00 PM: *The Three B's* – Eugene Drucker, violin; Roberta Cooper, cello; Diane Walsh, piano; Karen Kevra, flute. The Walsh-Drucker-Cooper Trio performs *The Three B's*. Eugene Drucker, long-time violinist with the Emerson String Quartet, pianist Diane Walsh, and cellist Roberta Cooper perform Beethoven's *Piano Trio Op. 1, No. 2*, and Brahms' *Trio in C minor*. Flutist Karen Kevra joins them for a performance of J.S. Bach's monumental *Trio Sonata from The Musical Offering* to cap off this satisfying meat-and-potatoes program by the "holy trinity" of classical music. Admission: \$25; students 18 and under: \$15. Sunday, May 15, 4:00 PM: Handel's *Israel in Egypt*. Conducted by William Metcalfe, the Oriana Singers perform Handel's this dramatic oratorio for double chorus, soloists, and the Oriana Singers' period instrument orchestra led by Scott Metcalfe. *Israel in Egypt*, written three years before *Messiah*, is notable for its new orchestral touches (including three sabbuts in the brass) and for its evocation of the great plagues in Egypt and the triumphant parting of the Red Sea. This oratorio tells the Biblical story of Exodus and Moses' Song. Admission: \$25. Friday, June 3, 7:30 PM: The Lyrical Piano, Greenfield Piano Associates' Annual Concert. GPA members perform a varied program displaying the piano's ability to "sing." The concert includes works by Bach, Beethoven, Schubert, Brahms, Chopin, MacDowell, and Fauré. Greenfield Piano Associates is a not-for-profit educational organization, dedicated to the art of piano playing. Admission is by donation to the GPA Scholarship Fund. Sunday, June 19, 4:00 PM: 30<sup>th</sup> Anniversary Celebration. The Essex Children's Choir celebrates thirty years of cultivating compassion, creativity, and cultural spirit with an afternoon of joyful singing. Under the artistic direction of Constance J. Price and

accompanied by Karen Reed, the group performs music of J.S. Bach, Burleigh, Gershwin, Handel, Billie Holiday, Z. Kodály, Mozart, and V. Williams. Joining the celebration are tenor Wayne Hobbs, harpist Heidi Soons, and organist Susan Summerfield. Admission: \$15; 15 and under: \$7.

Cathedral Arts presents free, informal noontime concerts on Tuesdays, 12:00 – 1:00 PM at the Cathedral Church of St. Paul, 2 Cherry St., Burlington. Bring a bag lunch; coffee and tea provided. April 19: Baroque Program with Laura Markowitz and John Dunlop. Violinist Laura Markowitz and cellist John Dunlop perform a smattering of Baroque music they love, including compositions by Corelli, Bach, and Telemann. Violinist Sofia Hirsch and organist Evan Hagbergjo join them for select works. May 10: Solo Piano Recital by Alan Chiang. Pianist Alan Chiang, student of Dr. Paul Orgel and senior at S. Burlington High School, performs works by Beethoven, Prokofiev, and others. May 24: *Poems Taking Flight into Song*. Merry Rutledge, soprano; Martin Poppe, tenor; Claire Black, piano; Laurel Ann Maurer, flute. New compositions by New England composer Gwyneth Walker lift poems of Emily Dickinson, Anne Sexton, Gerard Manley Hopkins, and others into song. June 7: *Throwing Seeds into the Wind, Syrinx*, with Glenn Sproul, conductor. *Syrinx* sings Broadway favorites and African-American spirituals, plus a newly-commissioned work by Lydia Lowery-Busler.

## THEATER/FILM

Johnson State College's Theater Department will present the 1950s musical *Guys and Dolls*, with music by Frank Loesser, at 7:00 PM Thursday, Friday, and Saturday, April 21-23, on stage at the Dikken Center for the Arts. The performance is free and open to the public. For more information, contact the JSC Box Office, jscdikken.boxoffice@jsc.edu or 802-635-1476.



## MEMORIAL DAY

Remember those who served

Monday, May 30, 2016

## Underhill's Hailey Burkhart garners track and field honors

Hailey Burkhart of the Rochester Institute of Technology (Rochester, NY) women's track and field team was named Liberty League Field Performer of the Week for the week ending April 3, 2016. It is her second honor of the year.

Burkhart had a strong day for the Tigers, crushing the field in the javelin by more than five meters with an ECAC qualifying throw of 36.63 meters. In addition, she was second in the 100-meter hurdles with a time of 15.35 seconds at the Geneseo Early Season Invitational.

## TOWN OF JERICHO- DEVELOPMENT REVIEW BOARD NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing at 7:00 pm on Thursday, May 12, 2016 at the Jericho Town Hall to consider the following:

A request to the DRB by Atwood Enterprises, Ltd (c/o Steve Atwood) for final plan amendment to the Norton Meadows Planned Unit Development by removing the foot-print lots. This parcel is located at 44 Raceway Road in the agriculture zoning district.

A request by Mount Mansfield Modified School District for site plan approval of site circulation and parking lot improvements at the Underhill ID School and Browns River Middle School. These parcels are located at 10 and 20 River Road in the Village Center Zoning District.

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Michelle Patrick  
Zoning Administrator and Planning Assistant, Town of Jericho  
mpatrick@jerichovt.gov



## Atul Gawande, MD, MPH

Professor, Department of Health Policy and Management  
Harvard School of Public Health  
Harvard Medical School

BEING MORTAL:  
MEDICINE AND WHAT MATTERS  
IN THE END

Photo By Tim Llewelyn

## "Hope is not a plan."

Dr. Atul Gawande

JOIN US for a free screening and discussion of the PBS FRONTLINE film *Being Mortal*. Based on the best selling book by Atul Gawande, MD, this documentary explores the hopes of patients and families facing terminal illness and their relationships with the physicians who treat them.

See the film and be part of a conversation that brings medical professionals and community members together around the shared responsibility of discussing what matters most to patients and families facing difficult treatment decisions and how to have these conversations ahead of a medical crisis.

WHERE: Richmond Library, Richmond, VT

WHEN: May 12, 2016 at 7 p.m. Refreshments Served

MORE INFORMATION: Lorraine Rigutto, lgrigutto@gmavt.net 434-5634 or Debbie Worthley, deborah.worthley@uvm.edu 434-3169

This event is a program of



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### CVAA Community Senior Meals

Call CVAA, 865-0360, if you have questions or to make reservations for the following month on, or after the 22<sup>nd</sup> of a month, at 10:00 AM. If the 22<sup>nd</sup> is a weekend day, reservations may be made the following Monday. Reservations are on a first-come, first-serve, month-by-month basis only. Milk is served with all meals. Donations are accepted for all of these meals.

Wednesday, April 20 – IHOP, University Mall, S. Burlington, check-in 10:30 AM, lunch 11:00 AM. Pot roast.

Thursday, April 21 – Holiday Inn, S. Burlington, 11:00 AM check-in, 11:30 AM lunch. Turkey buffet.

Friday, April 22 – United Church, Hinesburg, 12:00 PM. Parmesan baked fish, tartar sauce, roasted potatoes, tossed green salad, rye bread, chocolate cake.

Monday, April 25 – Covenant Church, Essex Ctr., 12:00 PM. Swedish meatballs with mushroom gravy, egg noodles, green peas, whole wheat roll, peaches.

Tuesday, April 26 – Ray's Seafood, Essex Jct., 10:30 AM check-in, 11:00 AM lunch.

Wednesday, April 27 – JP's Diner & Deli, River Rd., Essex Jct., 10:30 AM check-in, 11:00 AM lunch. Chicken and biscuits.

Thursday, April 28 – IHOP, University Mall, S. Burlington, check-in 8:30 AM, lunch 9:00 AM breakfast. Two eggs, hash browns, choice of breakfast meat, pancakes, small juice.

Friday, April 29 – United Church, Hinesburg, 12:00 PM. Salisbury steak with gravy, tossed green salad, with dressing, baked potato and

sour cream, wheat roll, butterscotch pudding with topping.

Monday, May 2 – Covenant Church, Essex Ctr., 12:00 PM. Baked stuffed peppers with beef, fresh garden vegetable medley, whole wheat roll, chocolate pudding.

Tuesday, May 3 – Ray's Seafood, Essex Jct., 10:30 AM check-in, 11:00 AM lunch.

Wednesday, May 4 – Colonial Room, Essex Education Center, Essex Jct. 11:00 AM check-in, 11:30 AM lunch. Sautéed chicken breast.

Thursday, May 5 – Dutch Mill, Shelburne Rd., Shelburne, 10:30 AM check-in, 11:00 AM lunch. Baked stuffed chicken.

Friday, May 6 – Hinesburg Mealsite, 11:30 AM.

Monday, May 9 – Covenant Church, Essex Ctr., 12:00 PM. Pork tenderloin au jus with apple and sweet potato garnish, creamed spinach, marble rye bread, peaches.

Tuesday, May 10 – Pizza Hut, Susie Wilson Rd., Essex Jct., 10:30 AM check-in, 11:00 AM lunch. All you can eat pizza buffet.

Wednesday, May 11 – Athens Diner, Colchester, 10:30 AM check-in, 11:00 AM lunch. Roast pork dinner.

Thursday, May 12 – Holiday Inn, S. Burlington, 11:00 AM check-in, 11:30 AM lunch. Turkey buffet.

Friday, May 13 – United Church, Hinesburg, 12:00 PM. Swedish meatballs with mushroom gravy, baked potato with sour cream, peas and onions, dinner roll, Mandarin oranges.

Monday, May 16 – Covenant Church, Essex Ctr., 12:00 PM. Meat lasagna, tomato sauce, tossed garden salad, garlic bread, tropical fruit.

Monday, May 16 – Papa Nick's, 3:00 PM. Lemon chicken.

Tuesday, May 17 – IHOP Lunch, University Mall, S. Burlington, 10:30 AM check-in, 11:00 AM lunch. Pot roast.

Wednesday, May 18 – American Legion, Colchester, 10:30 AM check-in, 11:00 AM lunch. Turkey luncheon.

Thursday, May 19 – Pizza Putt, S. Burlington, 10:30 AM check-in, 11:00 AM lunch. Spaghetti and meatballs.

Friday, May 20 – United Church, Hinesburg, 12:00 PM. Beef stew with vegetables, garden salad, biscuit, pears.

Monday, May 23 – Covenant Church, Essex Ctr., 12:00 PM. Chicken and biscuits, mashed potatoes, green beans, Mandarin oranges.

Tuesday, May 24 – Ray's Seafood, Essex Jct., 10:30 AM check-in, 11:00 AM lunch.

Wednesday, May 25 – JP's Diner and Deli, River Rd., Essex Junction, 10:30 AM check-in, 11:00 AM lunch. Meatloaf.

Thursday, May 26 – IHOP Lunch, University Mall, S. Burlington, 10:30 AM check-in, 11:00 AM lunch. Pot roast.

Friday, May 27 – United Church, Hinesburg, 12:00 PM. Parmesan baked fish, Tartar sauce, mashed sweet potatoes, tossed green salad, pumpernickel bread, pound cake with fruit compote.

Monday, May 30 – Memorial Day holiday, no mealsite.

Tuesday, May 31 – IHOP, University Mall, S. Burlington, 8:30 AM check-in, 9:00 AM breakfast. Two eggs, hash browns, choice of breakfast meat, pancakes, small juice.

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SCHOOL NEWS

News from CHMS

By Mark Carbone, Principal

Spring is here at last, and with it comes warmer weather, muddy roads, and longer days. At this time of year, students at Camel's Hump Middle School take more time for exploration and discovery on campus, in the local community, and on field trips.

Sixth graders will soon make the annual trek to Ottawa, Canada. Team Sequoia will explore the Nulhegan Basin, part of the Silvio O. Conte National Fish and Wildlife Refuge. Our 8<sup>th</sup> graders travel to Lowell, MA to explore the woolen mills as part of their studies of the industrial revolution. Again this spring, students will be working on amphibian crossing species inventory and rescue on Sherman Hollow Road and Wes White Hill Road in Huntington



The Jr. Iron Chef Team The Cooking Mountaineers recently competed in the state competition at Champlain Valley Exposition and won the Compost Award for their effort. CHMS team members made Sweet Potato and Apple Pierogies with Maple Balsamic Reduction and Dijon Beurre Blanc.

PHOTO CONTRIBUTED



Congratulations to Michelle Carter of Camel's Hump Middle School and Katie LeFrancois of Richmond Elementary School and to our district technology integrationists Shaun Langevin and Renee Barrett for their dedication to innovations in education. These educators were all recognized at the recent VTASCD and VITAlern Project Ignite event, where educators from across the state gathered to learn from each other and discuss innovations in our schools. We are proud to have these leaders in learning in our schools and working with our scholars. PHOTO CONTRIBUTED

for the Huntington Conservation Commission and Vermont Reptile and Amphibian Atlas Program. Other field trips include: Huntington Birds of Vermont Museum, Mills Riverside Park in Jericho, Queechee Gorge, the VT Vietnam Veteran's Memorial, and a Civil War re-enactment in Shelburne.

Spring band and chorus concert performances are scheduled for Thursday, May 12 for 5<sup>th</sup> and 6<sup>th</sup> graders and Thursday, May 19 for 7<sup>th</sup> and 8<sup>th</sup> grades. As part of Burlington's Discover Jazz Festival, the CHMS select chorus and jazz band will perform on Church Street on Wednesday, June 8.

This season's athletic activities include inter-scholastic baseball and softball as well as after school mountain biking, rock climbing, and – at the request of students – a new fun and fitness program.

The CHMS community garden already has 200 spinach plants and 1000 onion sets planted. Volunteers are needed for this summer. Please consider a one-week commitment to weed, water, and nurture the gardens. Should you have leftovers after splitting home perennials, we are always looking for additions to the CHMS flower beds.

You may have noticed construction vehicles at Richmond Elementary School. For the next several weeks the RES/CHMS campus will have bank restoration progress. Vehicle access to the campus should not be impacted during arrival and dismissal times. Please let us know if you have any questions along the way. We're excited that this project is getting underway!

CHMS Chef Diane Fitzgerald and sixth-grader Evan Hazen shared their recipe for Breakfast Power Bars on Wednesday, March 30 on WCAX's Cafeteria Cook-Off.

Breakfast Power Bar Recipe Ingredients: 2 cups whole grain oats, ¾ tsp salt, 2 tsp cinnamon, 1 cup Sunbutter, 2 ripe bananas, ½ cup local Slopeside maple syrup, ¼ cup chocolate chips, and ½ cup dry unsweetened cranberries. Method: Mash bananas, mix in the rest; and then using a #24 scoop, put on a greased sheet pan and flatten slightly. Bake at 350° for 10 minutes.

On Friday, May 27, CHMS students will race in our second annual Grand Prix in celebration of the end of SBAC testing. This team-building adventure will wrap up a week of testing of the new common core standards, *Smarter Balance Assessment Consortium*, which replaced the previously used NECAP standardized tests. For more information about SBAC, visit [www.smarterbalanced.org](http://www.smarterbalanced.org).

The MMMUSD board meets at 6:30 PM on Saturday, May 21 at Underhill Central School. The public is invited and encouraged to attend.

Young Historians qualify for nationals

Over two hundred Vermont students in grades 5-12 participated in Vermont History Day on Saturday, April 2 at U-32 High School, East Montpelier. This educational program affiliated with National History Day encourages students to study history and expand their knowledge by creating projects of their own interest.

Six students from Underhill and Jericho participated in this event and selected topics related to this year's theme *Exploration, Encounter, Exchange in History*. Using their new knowledge and incorporating primary sources, these students developed their projects in the format



From left: Abigail Effron, Joyce Babbitt, and Jayme Billings at Vermont History Day. PHOTOS CONTRIBUTED

of their choice: exhibits, websites, documentaries, performances, or papers. The entries were then judged by local historians and educators.

"I'm so proud of our young historians for researching and thinking critically about their topics," said local coordinator Joyce Babbitt at Browns

River Middle School, Jericho. "I was so impressed with their outstanding research-based projects."

Around the United States and at international schools, students are presenting their history projects at the local and regional contests, hoping to advance to the national level in Washington D.C. Congratulations to Underhill students Faryal Afsar, Jayme Billings, and Abigail Effron for qualifying to the national level. They have been invited to compete Sunday-Thursday, June 12-16 at the University of Maryland. Their projects are:

Abigail Effron, grade 6, was awarded second place in the junior division for her paper on Ben and Jerry's: *Exploration of the Ice Cream Industry*.

Jayme Billings, grade 6, was awarded second place in the junior division for her documentary film on The Lost Boys of Sudan:

*Encounter a Whole New World.*

Faryal Afsar, grade 11, was awarded second place in the senior division for her documentary film on *Exploring the History of the Underhill Schoolhouse.*



Faryal Afsar earned second place for her documentary film on Exploring the History of the Underhill Schoolhouse.

KidSafe Collaborative to honor Westford's Kristy Trask

The KidSafe Collaborative will recognize individuals and partnerships working on the "front lines" of child protection in Chittenden County at their 27<sup>th</sup> Annual Outstanding Service Awards Luncheon, Thursday, April 28, 2016 at the Sheraton Burlington Hotel and Conference Center, S. Burlington starting at 11:00 AM. Kristy Trask of Westford will receive the Outstanding Professional Award at the annual April event, which is national Prevent Child Abuse month. The luncheon honors members of the community working to support families and protect children from abuse and neglect and highlights the challenges they face every day. University of Vermont Children's Hospital Chief of Pediatrics Dr. Lewis First will be returning as the Master of Ceremonies, joining KidSafe in presenting the honors.

Many of Vermont's most dedicated and skilled social workers, volunteers, counselors, and teachers as well as business, government and community leaders, and citizens attend the awards to honor this important work. The honorees share extraordinary human interest stories of helping families in crisis. The 2016 Awards will be presented to:

Outstanding Professional: Kristy Trask, Care Coordinator for Hagan, Rinehart & Connolly Pediatricians, PLLC

Special Recognition: Linda Johnson, Executive Director, Prevent Child Abuse Vermont

The KidSafe Collaborative is a Burlington based non-profit that works with dozens of partner agencies, individuals and organizations to improve our community's response to child abuse and neglect. The Awards Luncheon is also a fundraiser for KidSafe and includes both silent and live auctions. The luncheon is from 11:00 AM – 2:00 PM. Tickets, \$25, are available at [kidsafeawards2016.eventbrite.com](http://kidsafeawards2016.eventbrite.com). Information: [www.kidsafevt.org](http://www.kidsafevt.org) or 802-863-9626.



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**899-4981**

**35 Tupper Road, Underhill, VT**

**CALL NANCY TODAY!**  
Nancy Jenkins Real Estate  
120 Kimball Ave., Suite 110  
South Burlington, VT 05403  
802-846-4888 - 888-567-4049

**NANCY JENKINS REAL ESTATE**

**Richmond - \$549,000**  
Custom home on 5 acres. Attention to detail. Living rm w/ inlaid bookshelves & family area. Hardwood floors throughout. Open kitchen & dining w/ lg bfast bar. Master suite w/ updated bath. 2 bd rms & lg bath. Walkout basement

**Jericho - \$400,000**  
2.21 acres with views Mt Mansfield & Green Mtn range. Oversized kitchen w/ island. Lg master w/ 2 walk-in closets & bath. 4 season sunroom. Living rm w/ FP & dining area with hrdwd floors. 1st floor den or bd rm. Bonus family room.

**New Listing! Westford - \$310,000**  
Country tri-level, sited on a 1.02 acres with lg level yard. 3 bd rms, 2.5 baths. Master with great bath & WI closet. Hrdwd floors for the 1st floor. Open floor plan & cathedral ceiling. Lower level w/ playroom & bath. 2 car garage.

**Fairfax - \$289,000**  
Currently under construction! 2 story colonial w/ 4 bedrooms & 3 baths. Open kitchen floor plan w/ great flow into the dining area & living rm. 1st fl family room and laundry room. Full basement and 2 car garage. Close to the village

**THE NO. 1 AGENT IN VERMONT!**

E-MAIL: [Info@NancyJenkins.com](mailto:Info@NancyJenkins.com) WEBSITE: [www.NancyJenkins.com](http://www.NancyJenkins.com)

**Sunday, May 8**

Remember Mom with a lovely bouquet, beautiful roses or flowering plant.

**Maplehurst FLORIST**  
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