

Frank not seeking reelection

Representative Bill Frank, D-Underhill, has announced he will not seek reelection to his seat in the Vermont House of Representatives in 2016. Frank, who is serving his sixth term in the House, said in his announcement, "It has been my genuine honor and privilege to serve the great towns of Jericho and Underhill in the Vermont House in Montpelier for twelve years. I truly enjoyed walking, riding my bike, and driving to your homes every election cycle to ask for your vote. I have also appreciated the many emails, phone calls, and letters from you with encouragement and opinions on the many pieces of legislation I have had to consider before me. As your representative I have always used the criteria of doing what is best for Vermont and Vermonters when evaluating issues.

"I have loved serving in the legislature, but after much soul searching and many conversations with my family I have decided this is the right time for me to move on to other things. I love this community and will continue to participate in ways I have yet to discover."

Frank has served on the House Human Services Committee and the House Judiciary Committee. He also represented the House on the Building Bright Futures State Council and the Vermont Tobacco Evaluation and Review Board. Frank has lived in Underhill for 42 years with his wife Bev, where they raised their daughter Sara. Frank served on the Underhill I.D. School Board for fifteen years.

Frank added, "Leaving such a great job leaves me with time to reflect on the work I have had the privilege to be engaged in, but I am excited to know that Trevor Squirrell will be running for the Jericho-Underhill seat. I know of no one more energetic, committed, or qualified to continue the work I have been engaged in the last twelve years. I am pleased that Trevor has asked me to serve as Treasurer to his campaign."

Frank concluded, "From the bottom of my heart, thank you for the honor and privilege of electing me to represent you in Montpelier. I will be available to assist all constituents with any concerns or issues you may need help with until the Legislature convenes in January."

Frank also added that he will still be at the United Church of Underhill's annual Harvest Market, serving the best French fries.

Mount Mansfield H.S. Environmental Club students attend Youth Rally for the planet

By Graham Swaney
Special to the Mountain Gazette

The students from the MMU environmental club took an all day trip to Montpelier on April 8 to attend the Youth Rally for the planet. Students included Eleni Dragon, Charlie Cobb, Felix Richards, Ben Jiron, Will Daigle, Gabby Boyson, Annie Rissman, Graham Swaney, Silas Goldman, Ada Dunkley, Isabel Dunkley, and Eli Swaney. The group was accompanied by the club supervisor, Bryan Aubin. The rally was organized by a group called Youth Lobby.

Youth Lobby is a student-run organization whose goal is to help organize student efforts around the state to protect the environment. Youth Lobby had been planning the rally for several months. Event organizers had several goals in mind for the event. First and foremost, the rally was organized with hopes that the students could put pressure on the members of the State House to pass more aggressive legislation to combat climate change. The rally also serves to empower students, encourage them to be active in their local communities, to expand the movement to include even more students, and to increase general awareness about the issue of climate change.

The MMU students arrived at the Vermont College of Fine Arts, about a mile from the Vermont Statehouse, around 9:00 AM. There they met up with hundreds of other students from over 20 high schools and colleges around the state. The students made posters promoting the different legislation they wanted passed. Some demanded the adoption of a carbon tax, others demanded the blocking of the construction Vermont Gas System pipeline. Many posters promoted the divestment of the Vermont pension funds from fossil fuel corporations, while a number of posters simply called for the protection of the planet in general. Witty signs even referenced the Lorax reading "We speak for the trees." In addition to posters, large works of art also appeared in the crowd. An elephant made of hula hoops, tin foil and other reclaimed materials joined the ranks of the assembling students, as did a massive paper mache earth that had an even larger paper mache foot looming over it.

At 10:00 AM the students marched off the college lawn and down East State Street, towards the statehouse. The students were in high spirits, chanting different slogans as they went, and showing off their posters to any passers by and drivers who were unlucky enough to be at the

intersection of Main Street and State Street when the train of students occupied the road.

When the students arrived at the statehouse, they were greeted by a series of information tables. The tables were run by a number of local environmental organizations, such as 350VT, and Vpirg; they gave students information on what the organizations were doing, as well as informing them as to how they could get involved. Wind and solar companies, such as Suncommon also sponsored tables. There was a solar bike on display. Despite this the Ben and Jerry's table, which gave out free ice cream, was the most popular by a longshot.

There was music from several bands, and a handful of speeches. Governor Peter Shumlin gave a brief address to the students. Austin Davis, a 350VT representative, talked about the divestment of the pension fund, and MMU student Graham Swaney gave a speech on the carbon tax. The event was MC'd by Harwood student Emma Jean who also gave a speech and led a series of chants on the statehouse steps. The bands: *Peace in the Valley*, *Headphone Jack and the Splitters*, and *The Band of the Land* played music that catered to the theme of the day. All of the speakers and musicians were greeted by an enthusiastic crowd.

As the scoopers reached the bottom of the ice cream boxes, the event wrapped up with the singing of the state song. The event itself ended quicker than it had started, but every student left with a mission. For the students at least the rally was not an end it was a beginning.



Ada Dunkley, Isabel Dunkley, and Ben Jiron march down State Street towards the Statehouse in Montpelier, posters in hand.



MMU students (from left) Silas Goldman, Ben Jiron, Felix Richards, Eleni Dragon, Gabby Boyson, Annie Rissman, and Will Daigle show off their handiwork at the Youth Rally in Montpelier.



Students amass on the steps of the Statehouse to listen to music and hear speeches.

Edible/Medicinal Plant Walk in Westford

By Phyl Newbeck
Special to the Mountain Gazette

On May 21, naturalist Laurie DiCesare will lead an Edible/Medicinal Plant Walk along the Westford School Trails. DiCesare was introduced to plants by her father when she was a young child. She began to study on her own in high school and later took a class at the Humboldt Field Research Institute in Maine. DiCesare started leading walks in Colchester for the Parks and Recreation Department and eventually wrote a 72-page booklet providing information on all of the town's 13 parks. She also worked as a naturalist at Lake Carmi and Grand Isle State Parks and when state funding for naturalists dried up, she started a camp at her Milton home.

DiCesare has taken some preparatory walks on the Westford School Trails and has been impressed with the variety of trees and plants she has seen including the relatively rare black birch which smells of wintergreen. She has already seen a number of edible plants. Her talk will include discussions of Native American and colonial uses of local plants. "I love to talk about name derivation and include stories and folklore about trees," she said. "I love to show people what they can do with what's right in front of them. I can take two steps on the lawn and find six plants that you can eat." After the walk, DiCesare will provide a handout to attendees detailing what they have seen.

Westford Recreation Coordinator Bekah Gwozdz encourages community members to come up with ideas for local events and that is the genesis of this walk. Although DiCesare usually offers her workshops as a series, the Recreation Committee decided to start with a one-day walk. Already over 30 people have expressed an interest on the committee's Facebook page but there is a

cap of 12 people to make sure that those attending are able to get the most out of the workshop and also to protect the plants along the trails. Although there is no age limit for the walk, DiCesare says it is more suitable for those ten years of age and up.

In addition to the Edible/Medicinal Plant Walk, the Recreation Committee will hold a Paint and Sip event in June, a Fourth of July Celebration with a parade, book sales, food, music and relay games, and an August concert at Westford Common with Red Hot Juba. The committee will host six summer camps, teen pick-up games, preK-2nd grade soccer, and outings for teenagers including a proposed kayak trip down the Lamoille River. Gwozdz has also created a geo-caching challenge in conjunction with the Conservation Commission. Kids will go out on town trails and use the stamps they find on their guest book. When they get all the stamps, they'll bring the book to Town Hall for a prize.

DiCesare works as a substitute teacher in Chittenden and Franklin Counties but she thrives on these plant walks because she is working with a motivated audience. "Often people share their stories with me," she said "and I can incorporate that with the presentation. I love sharing natural history with other people." Gwozdz has been the Westford Recreation Coordinator since December and thoroughly enjoys her job. "My major was events management," she said "and one of the things I love doing is pulling together stuff for communities to come together. That sense of community makes a town strong."

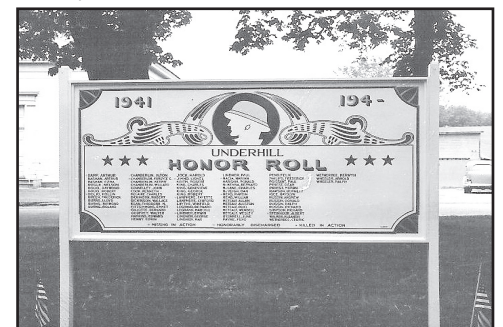
The Edible/Medicinal Plant Walk will last from 10:00 AM to noon on May 21 and is limited to 12 people. The cost is \$12/person and the rain date is May 22. To register, contact Westford Recreation at westfordvtrec@gmail.com or 662-1042

MEMORIAL DAY Monday May 30 Calling all Veterans - Come and march with us in the Memorial Day Parade Monday, May 30

This year's Memorial Day Parade will be on Monday, May 30, beginning at 11:00 AM. The parade will start at the Merchants Bank on VT Rt. 15 in Jericho and end at the Pleasant View Cemetery, 80 VT Rt. 15, Jericho (behind the Pentacostal Church). All veterans are asked and welcome to march; please assemble at the starting point by 11:45 AM.

The public is invited to watch the parade and to follow it to the cemetery for the Memorial Day

ceremony, including the playing of *Taps* and a twenty-one gun salute in honor and remembrance of those who have given their lives to protect our country.



Right: This memorial honor roll, which once stood on the green in Underhill, has been missing for years. Below: Members of GAR, The Grand Army of the Republic (GAR) was a fraternal organization composed of veterans of the Union Army, Union Navy, Marines and the U.S. Revenue Cutter Service who served in the American Civil War for the Northern/Federal forces.

PHOTOS CONTRIBUTED BY HISTORIAN GARY IRISH



4-H NEWS

4-H'ers gather in Castleton for state horse judging contest



The four highest scorers in the senior division at the State 4-H Horse Judging Contest held Sunday, May 1 in Castleton, VT earned a spot on the state 4-H horse judging team that will compete in national and regional horse judging contests later this year. They are (from left): Olivia Suker, Shrewsbury; Audrey Teague, Jeffersonville; Kylee Taylor, Athens; and Morgan Quimby, Underhill.

PHOTO BY AMANDA TURGEON

On Sunday, May 1, 4-H'ers from ten Vermont counties traveled to Castleton to compete in the annual State 4-H Horse Judging Contest. At stake for seniors, ages 14 and up, was a spot on the state judging team that will compete in regional and national contests later this year.

The event, co-hosted by University of Vermont (UVM) Extension 4-H and Rutland County 4-H, was held at Horse Amour (judging) and Castleton University (oral reasons). Each contestant judged five performance and conformation classes and provided written placements for each class, which were compared to official placings by the judge.

While the younger 4-H'ers were ranked solely on their judging scores, 4-H'ers age 12 and older also were required to present oral reasons to defend their placings. Scores from judging and oral

reasons were combined for an overall score and final rank for these 4-H'ers.

The four youths achieving the highest overall scores in the senior division, thus earning a place on the state horse judging team, were Olivia Suker, Shrewsbury (first); Audrey Teague, Jeffersonville (second); Kylee Taylor, Athens (third); and Morgan Quimby, Underhill (fourth). Olivia also captured first place in both judging and oral reasons.

First team alternate is Lauren Hodsdon, Bridport, who finished fifth. Rounding out the placements for the senior division, in order, were Elyza Bird, Fair Haven; Kayla Yurkevich, Brattleboro; and Samantha Turgeon, St. Johnsbury.

Rankings from first to last in the other age groups were:

Juniors (ages 8-9): Jenna Bennett, Swanton; Viola Brown, Vernon; Linsey Miles, Chester; Samantha Donahey, Essex Junction; Grace Trahnstrom, Mendon; Elizabeth Brown, Vernon; Lillian Parker, Bradford; Dominique Cave, Poultney

Juniors (ages 10-11): Whitney Dunklee, Vernon; Emeillia Gomo, Chester; Jenna Dolloph, Chester; Emma Rubin, Jericho; Zoe Aigner, Fair Haven; Renee Payton, Danville; Zoe Chaves, Chester; Emily Shields, North Clarendon; Shyanne Wedge, Shoreham

Juniors (12-13): Emma Cushman, Barre; Grace Parks, Essex Junction; McKenna White, Whiting; Faith Ploof, Essex Junction; Eva Joly, Essex Junction; Allison Tourville, Milton; Emma Suker, Shrewsbury; Bella Joly, Essex Junction; Lilia Kocsis, Vernon; Lily Tuckerman, Woodstock; Ashley LaFlam, Guilford; Amy McGee, Rutland

The 4-H teens who assisted with this event were Lexy Brooks, Whitehall, NY; David Gringeri, West Haven; Hannah Lang, Essex; Catherine Thrasher, Rupert; Alexis Walker, Westford; and Cassidy Wyman, Cambridgeport. They are all members of past state 4-H horse judging teams.

To learn more about the 4-H horse project and upcoming horse events, please contact Wendy Sorrell, UVM Extension 4-H livestock educator, at 802-656-5418, toll-free 800-571-0668 ext. 2, or wendy.sorrell@uvm.edu.

NEWS BRIEFS

Nelson case schedule for jury trial

By Graham Swaney, *Special to the Mountain Gazette*

According to court records, Jamie Nelson, the individual who allegedly burgled the Lucky Spot in Richmond, October 2015, had a jury drawing on May 16. Nelson had been scheduled for jury drawing on April 11, 2016 relating to the break in charges he faces for the Lucky Spot, however the drawing was postponed.

State Attorney Justin Jiron said the drawing was postponed because more evidence surfaced against Nelson in relation to other crimes. The new evidence included DNA matches that implicated him in two robberies at Cumberland Farms, Pine Street, Burlington, in December, and a DNA match that implicated his involvement in a robbery of the Maplefields, Route 7, Colchester, 2014.

More evidence has become available suggesting Nelson may have broken conditions of release in between. Following his arrest after his alleged robbery of the Cumberland Farms on December 26, Nelson was incarcerated and will remain in jailed until his trial unless he is able to pay bail.

Clutter Barn news

Mark your calendars for the first-of-the-2016-season Clutter Barn Tag Sale – Saturday, May 28, 8:00 AM – 3:00 PM.

The 2016 Clutter Barn season has begun and, thanks to the generosity and kindness of our many neighbors and friends near and far, our tables, shelves, and racks are quickly filling up. The Clutter Barn is located adjacent to its sponsor, the United Church of Underhill, at “the Green” in Underhill Flats. Every Saturday from 8:30 AM – 12:00 noon, except the last Saturday of each month, from May through September 10, we accept donations of gently used clothes (spring and summer only through July, please – winter clothes in August and September) and household items that are then offered for your shopping pleasure at tag sales on the last Saturday of each month from 8:00 AM – 3:00 PM. All items must be clean and in working/usable condition. Check the United Church of Underhill/Clutter Barn web site for lists of acceptable and unacceptable items. Our final sales days will be during the United Church of Underhill Old Fashioned Harvest Market, September 24-25.

All proceeds from Clutter Barn sales assist the many in-house and outreach programs of our church. Through this Mission, we seek to partner with our extended community and we welcome your thoughts and ideas as we endeavor to achieve continued success.

The Clutter Barn team: Sharon Damkot, Kathy and Dave Williamson, Betty and Lou Wilson, Bev Golish, Gary Irish, Dave and Irene Kelley, Mary Jane Neale, Marge Douglass, Coleen Mjaatvedt.

COMING EVENTS

Thursday, May 19

Vermont's Wild Turkeys and you, 6:30 AM – 8:00 PM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. State Turkey Biologist Amy Alfieri regales us with tales of the turkeys. How could they disappear from Vermont (they did!) and then return? Where in Vermont do they live now? Why do they flock up in winter? When do they have chicks? How is their population managed in the absence of large predators like cougar or wolf? These and other questions will be answered! Suggested donation: \$10. Information: 802-434-2167 or museum@birdsofvermont.org.

Lie in Wait, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Eric Rickstad for a discussion of his unforgettable thriller set in the Northeast Kingdom. Rickstad is the *New York Times*, *USA Today*, and international bestselling author of the novels *The Silent Girls*, *Lie in Wait*, and *Reap*. Lauded as intelligent, profound, dark, disturbing, and heartbreaking, Rickstad's morally complex novels have earned him praise as a master storyteller reinventing the mystery and crime genres. He lives in his home state of Vermont with his wife and children. Tickets \$3 include a coupon for \$5 off the featured book. Coupons expire at closing the evening of the event. For more information, www.phoenixbooks.biz or 448-3350.

Friday-Saturday, May 20-21

Annual Spring Tag Sale, 9:00 AM – 4:00 PM both days, Calvary Episcopal Church, 370 VT Rt. 15, Underhill Flats. Items for sale will include children's and adult clothing, toys, books, jewelry, household items, furniture, and some great bargains. Questions, please call 899-2326.

Spring Rummage Sale, Friday 9:00 AM – 5:00 PM, Saturday 9:00 AM – 2:00 PM, Jericho United Methodist Church, VT Rt. 15, Jericho. Clothing for all seasons, bedding, curtains, blankets, shoes. Benefits local mission projects.

Saturday, May 21

Food drive, rummage sale, and raffle, 9:00 AM – 3:00 PM, Hinesburg Fire Station, Hinesburg. Sponsored by Life's Helpers, the event benefits the Starksboro Food Shelf. Please come and bring a non-perishable food item for the food shelf, and check out the great items available, take a chance on the raffle, and help out a family in need.

Bird Monitoring Walk, Green Mountain Audubon Center, Huntington. Beginning birders learn bird song basics, intermediates fine tune their field mark identification, and experts share their passion for all things ornithological. Following a regular monitor route, we visit different bird habitats at the Audubon Center's Important Bird Area. The long-term data we gather contributes to the eBird database, which is available to a global community of educators, land managers, ornithologists, conservation biologists, and the public. <http://ebird.org/content/vt> Ages: All ages welcome. Fee: Donations are appreciated.

Tuesday, May 24

Poems Taking Flight into Song, 12:00 PM, Cathedral Church of St. Paul, Episcopal, 2 Cherry St., Burlington. New compositions by New England composer Gwyneth Walker lift poems of Emily Dickinson, Anne Sexton, Gerard Manley Hopkins, and others into song. This is a free, informal noontime concert series. Bring a bag lunch. Coffee and tea are provided. Wheelchair accessible. Handicapped parking free in the Cathedral parking lot. Paid parking at the Cathedral or two hours free in city lot at Macy's. Information: 864-0471

The Good Living Guide to Beekeeping, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Dede Cummings for a talk on her new book. Tickets \$3 include a coupon for \$5 off the featured book. Coupons expire at closing the evening of the event. For more information, www.phoenixbooks.biz or 448-3350.

Saturday, May 28

Bird Monitoring Walk, 7:30 – 9:00 AM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Join fellow birders (and would-be birders) on the monthly monitoring walk on the Museum's property, last Saturday of the month. Most fun for adults, older children. Please bring your own binoculars. Free; please pre-register, 802-434-2167 or museum@birdsofvermont.org.

Monday, May 30

Memorial Day Parade, 11:00 AM, starting at Merchants Bank, VT Rt. 15, Jericho and ending at the cemetery in Jericho, with a Memorial Day ceremony. All veterans are asked and welcomed to march.

Wednesday, June 1 - August 31

Bookstore Bingo Summer Reading Program, Phoenix Books Burlington, 191 Bank Street, Burlington and Phoenix Books Essex, 21 Essex Way, Essex. Kids entering fourth - eighth grade in the fall are invited to play Bookstore Bingo this summer. Read books to achieve “BINGO” and win great prizes. Come on in to any Phoenix Books location to sign up and get your Bingo card: Sign-up begins June 1st, but feel free to join throughout the summer. Free More info www.phoenixbooks.biz, 802-448-3350, Burlington, and 802-872-7111, Essex.

Saturday, June 4

Underhill Conservation Commission Annual Plant Sale, 9:00 AM, Underhill Town Hall, Pleasant Valley Rd., Underhill Center. Bring your labeled perennials, annual seedlings, shrubs, bulbs, or healthy plants to share in bags, boxes, or another container by 8:45 AM. You can also post digging rights to your plants. Sale begins promptly at 9:00 AM! Questions? Karen, 899-4185.

Send your news, births, engagements, weddings, obits, events to mtgazette@earthlink.net or call Brenda at (802) 453-6354

Share your community with a Fresh Air child

Share the beauty of your community with a Fresh Air child this summer while enjoying the pure joys of discovery in your own backyard!

Thousands of volunteer host families in rural, suburban, and small town communities along the East Coast from North Carolina to Maine and Southern Canada open their hearts and homes to New York City children from low-income communities through The Fresh Air Fund's *Friendly Towns* program. The Fresh Air Fund, an independent, not-for-profit agency, has provided free and enriching summer experiences to more than 1.8 million New York City children since 1877.

Host families open their homes to children who might not otherwise be able to enjoy a summer away from New York City. Fresh Air children

experience simple pleasures like running barefoot through the grass, swimming in a cool lake, and gazing at star-filled skies. Through the eyes of Fresh Air children, families often rediscover the beauty of their own communities.

“The first year, our Fresh Air visitor Hannah learned to ride a bike. Last summer, we taught her to swim and this summer, she wants to be brave enough to jump off the diving board. The best part of having Hannah here is seeing our life through someone else's perspective. The simple things mean so much,” said Angela, a Fresh Air host.

For more information on how you can make summer special for a Fresh Air child, contact Wynton Marsalis at 212-897-8942 or visit The Fresh Air Fund at www.freshair.org.

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Legislative Report

By Tom Stevens

VT House representative – Waterbury

The 2016 Legislative Session ended late on Friday, May 6 – the earliest end during the time I’ve served. How do I know? My anniversary with Liz is May 8, and except for when it has fallen on a Sunday, like this year, I’ve spent my anniversary in the State House. Very romantic!

As ends of sessions go, this one was fairly benign in that the big bills – the budget and the revenue bills – were relatively close in conception and execution upon passage from each body, and so the conference committees were fairly amicable. A contentious issue that was rectified was the expansion of the lottery and, in another bill, fantasy sports. In each case, the Senate proposed a great expansion of gambling in Vermont and we fought to make sure it did not happen without a lot of public input. Think of all the public comment on marijuana, multiply it by zero, and you would have the sum of the time spent discussing gambling in the State House. To many of us, gambling is far more insidious than legalizing marijuana. If we need more revenue from that source, or from alcohol, we need to have a larger and louder conversation. It was amazing to me that two important bills, the budget and one on consumer protection, were put at risk because these detrimental bills were inserted during the rush at the end of the year.

Another reason for an amicable end to the session (which, by the way, will not be reflected in the upcoming campaigns) was the decision made by each body to train our vision and work on policies already in place, and to avoid taking on new and controversial policies. Many of the money and policy committees rejected the governor’s suggestions from January and concentrated on funding our government without “one-time” monies, and on making sure our funding sources were strengthened. This plain-Jane governing did not prevent us from passing some important bills – which we will explain in our end of session reports – but it did create a welcome caution to some issues.

One issue that got caught in that caution was the legalization of marijuana. To be straightforward, I support the legalization of cannabis for homegrown and commercial purposes, but I do not support “just passing something” and fixing it later. We have asked Vermonters to take a leap of faith on a number of key issues and while we have succeeded at times, we have also not finished fixing things like the software for Vermont Health Connect, and we have taken on an important stance against opioid abuse. For marijuana, I will continue to advocate for a strong control and education system, followed by a legal and available banking system and vigorous enforcement. I don’t believe the Senate version of S.241 approached those standards. The House considered legalization and then decriminalization of a small amount of homegrown. These proposals did not pass.

I have received some passionate emails and phone calls on both sides of the legalization questions, and some polling has shown that a slight majority of Vermonters support some form of legalization. And while I am open to creating the strongest possible system, we have to face several realities for now: 1) we have no way of legally using our existing banking system to transfer purchases or other transactions; 2) the majority of the members of the House retain biases and prejudices against the usage and sales of marijuana that did not change this year, and may not without a substantial education effort; and 3) because we do not use a referendum to decide these issues, we must be as deliberative and true as we can as your representatives while developing the market and control of cannabis. This process is not as simple as saying, “just legalize it and we’ll fix it later.”

I am struck by the reluctance to move forward on cannabis. The original prohibition in the 1930s had to do with race and commerce and the current classification of the drug as among the most dangerous is misguided and wrong. It is as if we had to say, “well, we should prohibit something,” rather than treating it as a substance that can help some far more than it can harm, as a product. We will get there eventually, perhaps as soon as next year. To do so, we as legislators should be able to open our minds to the conversation, rather than shutting it down as we did this year. Law is the result of compromise, but on this issue I won’t be satisfied until we create a system that is strong and clear and avoids the loopholes that usually are formed with compromise. Getting it right is as important as getting it done.

I look forward to discussing this issue, as well as the other important things we have done (paid sick days, ban the box, instant voter registration) this summer. As always, please feel free to contact me with your thoughts and concerns.

Copley to hold groundbreaking for new surgical center May 25

Copley Hospital will break ground on the \$12.5 million, 19,540-square-foot new Surgical Center at 11:30 AM Wednesday, May 25 by the main entrance of the hospital. The event is open to the public.

The new center integrates all aspects of Copley’s surgical program into one area, addressing space deficiencies and improving patient experience. The new integrated surgical center includes three operating rooms, one procedure room, central sterile and processing, pre-operative and post-operative beds, a dedicated waiting area for families, a consultation room for physicians and family members, and expanded space for storage and support services. More information is available online at copleyvt.org/support-copley.

Construction should take 18 months. Surgical services will not be disrupted by construction; we will continue to provide for the health of our community throughout the project.

For this event, please look for signs directing you to designated event parking. In the event of rain, the groundbreaking ceremony will be held in the main lobby of the hospital.

COMMUNITY COLUMNS

Spring flowers 2016

By Suzanne Kusserow

Special to the Mountain Gazette

The flowers are coming! Right now in Underhill at least, they are small beings huddled under large hopes. Each gardener remembers just where the huge six foot Larkspur was last year, and the vagabond, lower-class immigrant patch of daisies that landed among the queens of the plantation, and with some accidental help from drifting fertilizer, became a queen herself. She is a tramp of the roadside, compared to her wealthy cousin, the Shasta Daisy (actually a member of the Chrysanthemum family). Her persistence paid off.

I can mumble all I want about the joys of the wild flowers; yet still have great respect for the gardeners in my life: Robert, the son-in-law of the green thumb (nay, actually of his whole hand!), who sneaks out before getting his kids to school, hiding beneath his torn straw hat to dig and scatter for a few moments. Lee has many small micro-gardens around her house, and as you turn each corner, there is another small tableau of colors. She also has a wonderfully arthritic bush called a Harry Lauder, which is so homely and gnarled that it sets off an amusing contrast for tulips and daffodils. Betsy has a patch of Jack-in-the-Pulpit that, if I were a thief, would be hand-dug (quietly, no shovels please) by the dark of the moon and driven with all furtive speed down her rain-soaked dirt road, to my shaded rock in my woods. I am not quite sure why I have a criminal’s yearning for this plant; perhaps because as a child, my sudden discovery of one in the woods was such a rare good deal. But Betsy also grows the more formal-type plants and gardens, all of which are ten feet tall with gargantuan petals.

I am Robert’s 3rd class assistant gardener, which means I need many lessons. He is partial to blue, so I try and sneak in a geranium or two between the Ageratum and Cornflowers. I know I will never become a formal gardener – a wanderer, yes, but not a row-next-to-row gardener. I could say this is due to my early love of the natural, the uninhibited. I could also say I am just plain lazy. And I do have a chronic leg problem that occasionally leaves me prone among the peonies with a microscopic view of the sprouting red shoots.

But nothing can be as beautiful or as exciting as the discovery of a yellow Ladies’ Slipper. I saw it, guided by Viv Wright, whom some may remember as a wanderer with a good memory for the hidden flowers. I saw it once with her, but it never re-appeared. The evanescence is part of the hunt; you may never see it again. That is part of the excitement of free-lance gardening...the discovery of beauty that you haven’t planted, predicted, expected. And there is no digging; one does not dig (destroy) a natural beauty. I remember my discovery of Trailing Arbutus, rather rare in northern Vermont. It was next to a rocky path where a spot of sunlight gave it life. For years, this meant Spring, and I would - deliberately this time - lie prone to it, inhaling the delicacy of its impossible perfume. It is gone now, probably a victim of sprouting trees blocking the sun.

Shadbush is a favorite – the ghostly-white tree on the edge of a wood. It will die when it gets surrounded by its fast-growing neighbors of Red Maple, Gray Birch, Poplar. The flowers are small white...insignificant as individuals, but collectively they hold the promise of the seasons: a brief introduction to the Summer woods, then they are quickly blown away by the first wind.

As long as you give me the mundane pleasure of spotting the first Wood Anemone, the verifying finger stains of the Bloodroot, the drooping yellow head of the Trout Lily, aka Dogtooth Violet, Fawn Lily, Adder’s Tongue. The Cowslip and Squirrel Corn are both washed in Oak-infused black water pools, keeping company with False Hellebore, so poison that a meal of it became a test for certain Indian tribes: whoever lived, became the next chief. So I’m sure we will get along. Although I doubt I will ever get promoted to 2nd class assistant gardener.

Oops, there goes another Peony shoot... It sure looked like a weed to me!

COLLEGE NOTES

Emma Collins of Jeffersonville, VT has been named to the Dean’s List for Term II, Winter 2016, at Elmira College, Elmira, NY.

Heather Blair of Fletcher, VT has been recognized for receiving a Master of Public Health degree from Concordia University, Seward, NE on Saturday, May 7, 2016.

Evan Hoffman of Waterbury, VT, a student at Champlain College, Burlington, VT, received a Computer Science and Innovation Award at the Champlain College Information Technology and Science Honors Excellence brunch on Saturday, April 23, 2016.

John McBride of Waterbury, VT, a student at Assumption College, Worcester, MA has become a member of Sigma Tau Delta,

Colleges Notes continued on page 4

Cougar Tennis Camp 2016

Nick deTarnowsky
MMU Boys Tennis Coach
Jericho Elementary School

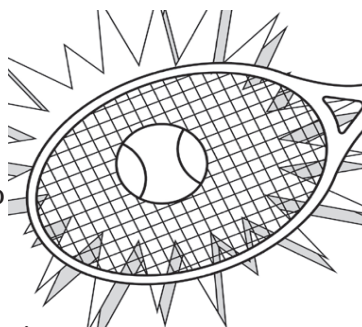
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A mouthful of advice about potty talk

By Lewis First, MD

Chief of Pediatrics at UVM Children’s Hospital

Parents have been sharing more than a mouthful of questions about what to do when their toddler starts to use the words associated with potty training in public. Let me see if I can flush out some of their concerns with some straight poop on potty talk.

Bathroom humor is a very common phase of a toddler and preschooler’s development. It is very normal for a toddler or preschooler to be fascinated with body parts, especially those that are usually covered up – or from which things come out, like poop and pee. And when young children see the response these words get when used in public, they may want to say these words all the more. So what do I recommend?

First, teach your child that words about urination and defecation (i.e., peeing and pooping) are only to be used in the bathroom. Explain that outside that room, these words might even be considered hurtful to others. If they do use the words in public, try to stay straight-faced and to not pay attention to your children’s use of potty talk – if you can. (It’s not always easy.)

If you don’t laugh or smile or even tell them not to say those words, children will usually stop because they are not getting the response they want. Some parents tell me they create a set time once a week where a child has two minutes to say whatever potty words they want. But to get that privilege, they must stay potty-language-free all the rest of the week. Other parents ask their child to make up different words, like “soupynose” for poopynose, that can be just as much fun to say but less offensive to others.

You can also ask your preschooler how they would feel if someone called them a name that has a potty talk word in it. That may work, too, in teaching your child to use respectful speech. In rare circumstances, if these ideas won’t work, then you can set consequences, such as docking a privilege. But do it as consistently or unemotionally as possible, and follow through on those consequences if you need to.

And finally, be good role models. Try not to use potty words – or worse, cursing and profanity – in front of your children, to set a good example.

Hopefully with tips like these, this phase of using potty-talk words will pass quickly, just as toilet training does, so that eventually everything comes out fine in the end.

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(802) 453-6354 • mtgazette@earthlink.net
www.mountaingazetteofvermont.com

Deadline: **May 26**, Publication: **June 2**

Brenda Boutin publisher/ad sales /delivery

News writer - Phyl Newbeck, Graham Swaney, Editing - Sara Riley

Letters Policy:

Maximum 450 words; one letter per writer, per calendar month.

Must be signed for attribution with writer’s address and phone number.

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899-4770 Parish Secretary: Theresa Gingras Phone: 802-899-4632,
[email: stthomas5@myfairpoint.net](mailto:stthomas5@myfairpoint.net), Website: www.stthomasvt.com

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Annual LACiNg Up for Cancer walk scheduled for June 25

Today Is A Gift is the theme for this year's LACiNg Up for Cancer walk. The walk, scheduled for Saturday, June 25 at the Peoples Academy track in Morrisville, is a day of celebration, a day of honoring, and a day of remembrance. The event benefits Lamaille Area Cancer Network (LACN) a not-for-profit organization that provides financial assistance to those who are undergoing treatment for their cancer. Last year's walk raised more than \$184,000. LACiNg Up's chair, Kathy Demars, advises that there are many ways you can get involved in the walk, including forming a team or joining a team, sponsoring a walker, partnering with the event as a corporate sponsor, donating to the silent auction, or helping with set up or clean up. For cancer survivors every day is a gift. For family and friends, every day you can spend with that loved one is a gift. Your gift can be getting involved in this annual event that touches the lives of many. For more information contact Kathy Demars at 888-7720 or Jill Baker at 888-8302.

Another new addition to this year's walk is a 5K Fun Run presented by Vermont Peanut Butter with support from our local Vermont National Guard which kicks off at 9:00 AM at the event site. To register for the 5K visit www.runreg.com/lacing-up-for-cancer.

The goal for this year's walk is \$175,000. Demars is hoping that through community support the event will do more than meet its goal, but exceed it together. "We see cancer every day, whether it's a family member, friend, co-worker or neighbor, it's not going away. Through your help we can ensure LACN is able to continue their neighbor-helping-neighbor support by getting involved and making a difference," says Demars. At the closing of 2015, LACN had written out 920 grants totaling \$200,050. "Those grants gifts of support mean a great deal to the recipients and their caregivers. When I hear a recipient tell their story of how the LACN support helped them, it puts everything into perspective and reassures me personally that we are doing the right thing with this event," continues Demars.

This year LACiNg Up for Cancer walk is celebrating its 14th year. Since the first walk in 2003, the event has raised more than \$1.6 million. "People undergoing treatment are challenged not only financially, but they are dealing with the emotional effects and worries while caring for their family. These grants of support provide some relief to cancer patients and their caregivers," explains LACN board member and event co-chair Ron Ridlon. Recipients can use the monies for various reasons, including gas for transportation to and from treatments, help with the added expenses for medications, household bills, etc.

Another goal the planning committee has been striving to reach is to have 100 teams participating in the event. "Each year we get close, but when it comes down to the wire, we are just shy of that number. Perhaps 2016 we can change that," says Ridlon. As of this week 84 teams are signed up. Ridlon explains that team support is critical as they bring in the bulk of the monies raised. Teams are made up of family, friends, co-workers, local groups, and more. And, they come in all sizes, from a three-person team to 30 or more. It's never too late to sign your team up.

The daylong event kicks off with survivors and caregivers taking to the track for an uplifting ceremonial lap. Hourly theme laps have walkers dressing up; a silent auction tent includes items from local crafters, activities for the kids, a painting class, Zumba fun, and more. At dusk, the luminaria ceremony has the attention of everyone as white bags honoring or remembering someone touched by cancer come to life with the lighting of the candle inside each bag. This year, lanterns representing hope, love, and remembrance will take flight as each team will honor or remember who they are walking for with a lantern. As with every walk, fireworks will close out the event.

Community support, community spirit, and community service have been longstanding traditions for the many businesses and individuals in our communities – especially in time of need. The LACiNg Up for Cancer Walk is asking for your help to meet its fundraising goal of \$175,000 – think of your support as an investment – your return is the satisfaction of knowing your gift is making a difference.

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Health classes from Northwest Medical Center

Cancer Exercise Rehab Group, ongoing Tuesdays and Thursdays, 11:00 AM – 12:30 PM, NMC Rehab gym, Cobblestone Building. A physical therapy evaluation is required to assure that the client is able to participate. Class pinpoints the common needs of patients, including decreased range of motion, decreased strength, cancer-related fatigue, and lymphedema. Wendy Lawrence, certified NMC Oncology Rehab Physical Therapist. Pre-registration required: 524-1064 to register or for more information. Free for the first 8 weeks, then \$40 for open gym access.

Fit Moms, Wednesdays, 7:00 – 8:00 PM, NMC Wellness & Fitness Room; free to NMC OB/GYN patients. Get in shape for a strong birthing experience. Join other moms as we prepare our bodies for labor. Please consult a physician before beginning this exercise program. Contact Stephanie Preedom, AFAA, 802-288-1141 or stephanie.preedom@gmail.com to register or for more information.

Breastfeeding: Keep it Simple, Thursday, May 26, 12:00 – 1:30 PM, VT Department of Health, 27 Federal St., St. Albans. You are invited to the Department of Health's free Breastfeeding Prep class. Learn how your body makes milk, what to expect, tips for getting nursing off to a great start, and whom to call if you need support or help. Personalize your breastfeeding plan, line up your support, go over the basics, ask questions and get real-life answers. Offered by VT Department of Health staff. Pre-registration required, call 524-7970 to register.

Healthier Living with Diabetes, Wednesdays, May 25-June 29, 9:30 AM – 12:00 PM, NMC. Are you or someone you know living with diabetes? Then this Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue and pain, manage symptoms and medications. Free; pre-registration required, 782-5323 or 524-1031 or hmessier@nmcinc.org.

Healthier Living with Chronic Pain, Fridays, through June 10, 12:30 – 3:00 PM, NMC. Are you or someone you know living with chronic pain? Then this Healthier Living Workshop is for you! Learn how to manage the issues that go along with your chronic disease. Various facilitators. Free; pre-registration required, 782-5323 or 524-1031 or hmessier@nmcinc.org.

Look Good Feel Better, Monday, June 6, 4:30 – 6:00 PM, NMC Conference Room #3. For women with cancer who are experiencing appearance related side effects due to treatment. Join us to learn how to look good and feel better about the skin and hair changes that cancer treatment can cause. Free workshops led by trained, volunteer cosmetologists. Get help with cosmetics, skin care, and head covering options. A free interactive demonstration featuring Carol Lumbr, Beautician, Rail City Salon and Bonnie Rainville, Beautician, Elite Body Boutique. Please RSVP to 524-8479 to register.

Saturday Childbirth Education Workshop, June 4, 8:30 AM – 4:30 PM, Franklin County Home Health, 3 Home Health Circle, St. Albans. Join other expectant parents in a day-long workshop to prepare for the birth and care of your baby. You will learn about labor, birth, medications in labor, and relaxation and breathing techniques. You can also enroll in an optional breastfeeding class held on the Monday evening following your workshop. Fee: \$90; pre-register required, 527-7531.

Foot Clinics – Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield, and Enosburg. To schedule an appointment, please call 802-527-7531. The cost for Foot Care Clinics is \$20.

Healthy Weight Support Group, Mondays, 12:00 – 12:30 PM, NMC Grand Isle Room. This is a weekly support group for those working on weight management. It combines behavioral and nutritional strategies to increase physical activity and decrease calorie intake and provide techniques to help you manage your eating behaviors. Come 15 minutes early for a weight check. Speakers Kay Tran, Registered Dietitian, MS, CDE, and Leslie Gardzina, Registered Dietitian, NMC. Free. No registration required, just drop in to attend.

Start the Conversation – End of Life Planning. We plan for all life's milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. Planning for end-of-life starts with understanding your care options, including hospice and palliative care options. An advance directive can provide this information for your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available on a new website for the *Start the Conversation* statewide initiative, www.starttheconversationvt.org. Or call Franklin County Home Health Agency, 802-527-7531 or www.fchha.org.

Diabetes Support Group: The Diabetes Support Group meets the second Monday of every quarter (March, June, September and December) in The Green Mountain Room at Northwestern Medical Center. The lunch session starts at 11:30 AM (complimentary lunch provided); topic is from 12:00 – 1:00 PM. The evening session starts at 5:00 PM (complimentary dinner provided); topic is from 5:30 – 6:30 PM. There is usually a guest speaker. Call Debbie Robertson to indicate which session you would like to attend, 524-1031.

Healing Circle Breast Cancer Network, Healing Circle Cancer Support Group – A self-help cancer support group for women of all ages and lifestyles who have cancer. At monthly meetings we

share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any woman who has cancer, whether newly diagnosed or a long term survivor. Held the first Tuesday of every month from 5:00 – 6:30 PM, NMC Conference Franklin Room. Please call 802-524-8479 with any questions or to RSVP (not required).

Are you breastfeeding? Thinking about it? Come and join other moms, babies, and families at our regular breastfeeding support/social group. The group is offered by the VT Department of Health and is free to all. You can ask questions and get help, join group discussion, and most important – meet moms just like you and share your experiences. There are several meeting times each month: first Saturday of the month, 9:30 – 11:30 AM, Bent Northrop Memorial Library, Fairfield (by Fairfield Center School); second Wednesday of the month, 9:30 – 11:30 AM, Family Center, Alburgh; third Thursday of the month, 10:00 AM – 12:00 PM, NMC Family Birth Center conference room. Call 524-7970 for more information.

Have you lost a loved one to suicide? If the answer to the question is "yes," please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group, including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping, or you can share your own story. The choice is always yours to do what feels best to you. For more information on dates, times and location or to answer any questions you may have, call Tony, 802-393-6503.

Chronic Disease support group workshops – Are you or someone you know living with a chronic health condition? Then the Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue, and pain, manage symptoms and medications, and improve strength and flexibility. If interested, please call 524-8831 or 524-1031. Each session is 2½ hours once a week, for six weeks. Your interest will help decide locations, dates, and times.

Grief and Recovery Support Group – Experiencing a loss can be painful to face alone. Franklin County Home Health's Grief and Recovery Support Group serves as a safe place to share feelings with others who are coping with grief, and is offered free of charge to anyone who would like to talk to others and help one another. It also provides a resource for grief education in our community. The group meets the first and third Wednesday of each month, 7:00 – 8:00 PM, at Franklin County Home Health, 3 Home Health Circle, St. Albans. For more information, contact Lori Wright, 527-7531.

New Program Now Enrolling First Time Mothers – Franklin County Home Health Agency's Nurse Family Partnership Program (NFP) helps first time mothers in Franklin, Lamaille, and Grand Isle counties. NFP is an evidenced-based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child's second birthday. Nurses provide support, education, and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-7531 for more information.

Baby Bumps Support Group for Mothers and Pregnant Women – Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group led by an experienced pediatric Registered Nurse. This group is for both pregnant women and mothers. Support groups are held on the second and fourth Tuesdays of the month, 5:30 – 6:30 PM at the Birthing Center, NMC, St. Albans. For more information, contact Rhonda Desrochers at Franklin County Home Health Agency, 802-527-7531. This program is presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the VT Department of Health.

Mom's Night Out – First Thursday of the month, 6:00 – 8:00 PM, LaQuinta Inn (Franklin Meeting Room), 813 Fairfax Rd., St. Albans. Are you the mother of a child with special needs? Is your life just too busy? Too stressful, too many things to do? Are you up to your armpits with paperwork? Do you have to advocate for your child and family? Do you wish you had someone to have conversations with? Who understands because they are the mother of a child with special needs too? Take some time once a month for you. Contact: Betty Morse, Family Support Consultant, 800-800-4005, ext. 201 or betty.morse@vfn.org.

SHADOWS OF THE MOON, A support group for families and individuals living with Autism Spectrum Disorders (ASD). Please come and join us to talk, learn and even teach each other. Last Tuesday of every month, 6:30 – 8:30 PM, La Quinta Inn & Suite (Franklin Conference Room), 813 Fairfax Rd., St. Albans. For more information, call Cheryl at 802-868-3658 or Laura at 802-849-2817.

Franklin/Grand Isle Counties VFN Families Together – A support group for parents and caregivers of children/youth/adults with special needs, for information, connections, and support. Third Thursday of Every Month, 6:00 – 8:00 PM, Holy Trinity Episcopal Church Parish Hall, 38 Grand Ave., Swanton. Free pizza will be served, RSVP required by noon on Thursday to Laura Weber, Family Support Consultant, laura.weber@vfn.org.

Alzheimer's Support group, for those with Alzheimer's and caregivers, family members, and friends, meets the last Tuesday of each month at NMC in the Green Mountain Room from 6:00 – 7:00 PM. For more information, contact Amanda Wilson, 527-7531.

College Notes continued from page 3

the International English Honor Society. McBride, a member of the class of 2018, was inducted into the honor society on Tuesday, April 12, 2016.

Samantha Day of Jericho, VT, a soprano vocalist in the Crane Chorus, will be among nearly 300 students from The Crane School of Music at SUNY Potsdam, NY, who made their collective Carnegie Hall debut in a performance honoring the College's bicentennial on Mother's Day, May 8, 2016.

Kathryn Devlin of Bolton, VT was recognized with the Tomie dePaola Whitebird Paper Award at the Annual Gladys Greenbaum Meyers Juried Student Art Exhibition. The award, sponsored by the renowned artist, children's author and former Colby-Sawyer faculty member, honors students' achievements in drawing, watercolor, painting, graphic design, and printmaking. Devlin majors in studio art and is a member of the Colby-Sawyer College, NH, class of 2019.

William Frick of Jericho, VT, a member of the class of 2016, has received the Worcester Polytechnic Institute's 2016 Provost's MQP (Major Qualifying Project) Award for the interactive media and game development department. Frick was recognized for a project titled *The Piper*. The annual award recognizes the most outstanding MQPs completed by WPI students.

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LIBRARY NEWS

DEBORAH RAWSON MEMORIAL LIBRARY, UNDERHILL

Tuesday, May 17, 6:30 PM, a presentation on *Lyme Disease: What you Need to Know*. Do you enjoy the outdoors? This presentation may save your life or the life of someone you care about. This presentation will change how you live! Vermont has been in the top three states nationwide for reported Lyme disease cases over the last three-plus years. VT Health Commissioner Dr. Harry Chen acknowledges that Lyme disease is epidemic in Vermont. We invite you to join us for a presentation *Lyme Disease Basics* followed by a question and answer session brought to you by members of the Lyme Support Network. Be tick safe!

On Thursday, May 19 at 6:30 PM, Evergreen Erb will be back at DRML to talk birds. Each spring, we have been delighted to have Evergreen share her knowledge about identifying birds and on this Thursday, she will offer a revised presentation to help us spot our feathered friends. Then, on Saturday May 21 at 7:00 AM, we will meet at the Mills River Park parking lot to go on a bird walk with Evergreen as our guide. Bring binoculars if you have them. Both of these events are also co-sponsored with the Jericho Underhill Land Trust.

Friday, May 20, 6:30 PM - We are pleased to present another POV sneak peek. Directed by Kelly Duane de la Vega and Katie Galloway, and produced by Ariella Ben-Dov, *The Return* examines an unprecedented reform to California's "three strikes" law through the eyes of those on the front lines - prisoners suddenly freed, families turned upside down, re-entry providers helping navigate complex transitions, and attorneys and judges wrestling with an untested law. Please join us to preview this powerful film, an official selection of the 2016 Tribeca Film Festival. This screening is a collaborative event with POV, the award-winning independent non-fiction film series on PBS (www.pbs.org/pov).

The Mystery Book Group will meet on Tuesday, May 24 at 7:00 PM to discuss *I Hear the Sirens in the Street* by Adrian McKinty. Please join us.

The Parent Support Group will meet Wednesday, May 25 at 6:30 PM. Meet and connect with parents raising children and teens with behavioral challenges (ASD, ODD, ADD, etc.). Call Elise Doner at 899-2644 or email busyfeet4kids@gmail.com for more information.

For Children and families

Story Hour - Drop in for stories, songs, projects and a nutritious snack. Wednesday, May 25 at 10:30 AM and Thursday, May 26 at 10:00 AM. No registration required.

Poetry Play Time with Rosa Castellano - Friday, May 27, 10:30 AM - The goal is to provide pre- and early readers an opportunity to interact with poetry through reading, writing, drawing, memorizing, and playing with poems. Kid-friendly poems will also be shared and talked about while having a snack. What a simple and enjoyable way to expose your children to the experience and mechanics of poetry. Ideal for children five to eight years old. Feel free to call and ask Thad any questions you may have. 899-4962.

Baby Time - Saturday, the 28 at 10:30 AM, introduce your littlest ones (infants and babies up to 18 months) to the wonders of language with nursery rhymes, songs, fingerplays and board books. This is a great time for parents and childcare providers to connect chat and share ideas with each other. Older siblings welcome. No registration required.

Ukulele Classes - Come join local musician Dwayne Doner for a beginner ukulele class - ages 8 and up. Classes are FREE and open to the public, however pre-registration is required. Saturday, May 28, 10:30-11:30 AM. Don't have a ukulele? No problem! We have a dozen to loan for class. Come "tiptoe through the tulips" with us this weekend. Please call 899-4962 to reserve your spot.

LEGO builders wanted for Saturday, May 28, 12:00-2:00 PM. LEGO construction get together at the Deborah Rawson Memorial Library. As a LEGO builder, you are the master of your own creations. You'll have the opportunity to create, construct, and share your works with other LEGO builders. Your masterpieces will then be displayed in the library. All ages welcome. No registration needed.

Friday, May 20, 6:30 PM, we are pleased to present another POV sneak peek. Directed by Kelly Duane de la Vega and Katie Galloway, and produced by Ariella Ben-Dov, *The Return* examines an unprecedented reform to California's "Three Strikes" law through the eyes of those on the front lines - prisoners suddenly freed, families turned upside down, re-entry providers helping navigate complex transitions, and attorneys and judges wrestling with an untested law. Please join us to preview this powerful film, an official selection of the 2016 Tribeca Film Festival. This screening is a collaboration with POV, the award-winning independent non-fiction film series on PBS (www.pbs.org/pov).

For information on the programs and services available at Deborah Rawson Memorial Library, visit www.drml.org. You can also find us on Facebook and Twitter.

Library hours: Tuesday 12:00 - 8:00 PM, Wednesday 10:00 AM - 6:00 PM, Thursday 12:00 - 8:00 PM, Friday 10:00 AM - 6:00 PM, Saturday 10:00 AM - 2:00 PM, Sunday 1:00 - 4:00 PM; closed Monday. For information on any of the library's programs, call 899-4962.

JERICHO TOWN LIBRARY

Community Programs and Events

Health and Wellness Talk about the Microbiome, Monday, May 23, 5:30 PM, Join D Mitch Moreau, a naturopathic physician, to talk about health vs wellness, the microbiome, and probiotics.

Introduction to seed saving, Monday, June 6, 6:00 - 7:00 PM, Ann Gnagey will discuss her experience saving seeds. Bring your questions and your own experience to this interactive talk. Come early to check out seeds from the seed library.

Please note that story time is "on vacation" for May and June.

Coming soon, summer program signups. Stay tuned for details.

The next monthly board meeting is scheduled for Monday June 6th at 7:15pm. Anyone who wishes to attend is welcome.

Open Mic Night: First Thursday of the month, 6:30 - 8:30 PM. An evening of local talent featuring live music, poetry, and storytelling. All ages and all talent levels welcome! Reserve your spot in advance: jerichoopmic@gmail.com.

Italian Conversation Group: First and third Tuesdays of the month, 6:00 - 7:00 PM. Join native Italian speaker Franco Gotti for an informal Italian conversation group. All levels welcome.

Introduction to Seed Saving: Monday, June 6, 6:00 - 7:00 PM. Ann Gnagey will discuss her experience saving seeds. Bring your questions and your own experience to this interactive talk. Come early to check out seeds from the seed library.

Youth Programming

Rhythm and Rhyme Story Time: Wednesdays, 10:00 - 11:00 AM. Stories read by Elizabeth Bernstein and live music performed by Josh LaRose. Enjoy music, finger plays, dance, songs, stories, craft, and snacks.

Dungeons & Dragons: Wednesdays, 4:30 - 6:30 PM. Players ages 12 and up. No experience necessary but a commitment to the group is needed in order to follow the ongoing story line.

LEGO Club: Second and fourth Thursdays, 4:30 - 5:30 PM. Lego, Lego, Legos! Join us for Lego missions, competitions, activities, and more! Grades K-6. Please note: younger children must be accompanied by an adult.

Coming soon... summer program sign-ups! Stay tuned for details.

All library programs are free and open to the public.

Library Services

Notary Public: The Jericho Town Library Director is now offering notary services.

News from the JTL Board of Trustees, monthly meeting, June 6, 7:15 PM.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org.

Please Note: The library follows the Town schedule for holidays. Check our website or Facebook www.facebook.com/jerichotownlibrary, for updates and daily information.

Library Hours: Mondays 1:00 - 7:00 PM, Wednesdays 10:00 AM - 12:00 noon and 2:00 - 7:00 PM, Fridays 1:00 - 5:00 PM, and Saturdays 10:00 AM - 12:00 PM.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Sixth generation Vermonter Nick Neddo, author of *The Organic Artist*, will hold a presentation and discussion on Tuesday, May 17, 7:00 - 8:30 PM.

Nick will talk about his creative process when making his all natural materials that he also uses in his art. His materials include making paper and wild ink, working with clay and wood, natural pigments and paints, pens and paintbrushes and bookbinding sketchbooks.

Story Hour and Crafts with LN, every Thursday, 10:00 - 11:00 AM. Come hear stories from a gifted and talented storyteller, and do crafts for kids!

Weekly Crafting Circle, Mondays, 5:00 - 7:00 PM. Come and enjoy fiber and fabric with craft novices, as well as folks who have enjoyed handwork arts for lifetimes! Have a project you're already working on? Bring it in and share your expertise and enthusiasm.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; thevarnum@gmail.com. Please visit Varnum Library's website, <http://thevarnum.org>.

Hours: Mondays and Tuesdays 12:00 - 7:00 PM, Wednesdays 3:00 - 7:00 PM, Thursdays 9:00 AM - 7:00 PM, Fridays 2:00 - 5:00 PM, and Saturdays 10:00 AM - 3:00 PM. Closed Sundays.

WESTFORD PUBLIC LIBRARY, WESTFORD

Early Literacy Storytime for birth to pre-school age children is every Thursday, 11:00 AM. No registration needed. Several stories around a theme, and a theme-based craft. All ages and levels of attention are encouraged to come. Don't worry if they fidget - they are still getting a lot out of it!

Playgroup every Monday, 9:30 AM!

Tai Chi 2, every Tuesday and Thursday, 9:00 - 9:45 AM.

Library Hours: Wednesday 1:00 - 7:00 PM, Thursday 10:00 AM - 7:00 PM, Friday 1:00 - 7:00 PM, Saturday 10:00 AM - 2:00 PM; website westfordpubliclibrary.wordpress.com; email: westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

RICHMOND LIBRARY

May is National Inventor's Month. Choose a title recognizing creativity and problem solving. Think about the nature of innovation. Read about some of history's noted inventors. (On our display counter.)

Book Discussions:

Thursday, May 19, 7:00 PM: *Cruel and Unusual* by Patricia Cornwell: "Killing me won't kill the beast" are the last words of rapist-murderer Ronnie Joe Waddell, written four days before his execution. But they can't explain how medical examiner Dr. Kay Scarpetta finds Waddell's fingerprints on another crime scene - after she'd performed his autopsy. If this is some sort of game, Scarpetta seems to be the target. And if the next victim is someone she knows, the punishment will be cruel and unusual.

Events:

Movie on Thursday, May 12, 7:00 PM: Join us for a viewing of *Being Mortal: Medicine and What Matters in the End*. *Frontline* follows renowned New Yorker writer and Boston surgeon Atul Gawande as he explores the relationships doctors have with patients who are nearing the end of life. The film investigates the practice of caring for the dying, and shows how doctors are often remarkably untrained, ill-suited, and uncomfortable talking about chronic illness and death with their patients. Sponsored by the Community Senior Center.

Wednesday, June 1, 7:30 PM: A benefit concert featuring *Greenfield Associates* on behalf of the Community Senior Center. \$10 suggested donation. *Greenfield Associates*, founded by professional musician Elaine Greenfield, is a group of students, teachers, performers, and piano lovers. They join together to promote excellence in piano playing through public and private performances, master classes, and study and critiquing sessions.

Ongoing:

Knit Night, Wednesdays, 6:30 - 8:00 PM. Bring your knitting project and join other knitters in the Mezzanine Lounge. Don't knit? Then bring your tatting, crochet, embroidery, needlepoint, quilting, or whatever is keeping your hands busy!

Lego Club: Come join other Lego enthusiasts. We have lots of Legos to build with and our collection is growing thanks to donations from the community. Lego Club is appropriate for youth age 5-10. No registration is required, just come play on Wednesdays from 3:00 - 4:00 PM.

Early Bird Math is an interactive math literacy story time for young children and their caregivers. Through books, songs and games, children are exposed to numbers, counting, shapes, measurements, and many other early math concepts, and will enjoy a chance to play with their peers. Join Wendy in the Community Room on Fridays at 11:00 AM.

And, of course, browse www.rfl.kohavt.org to discover new audiobooks, movies, and books for all ages! The catalog will also search downloadable ebook and audiobook titles from *ListenUp Vermont*.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); www.richmondfreelibraryvt.org. Open Monday and Wednesday, 10:00 AM - 8:00 PM, Tuesday and Thursday, 1:00 - 6:00 PM; Friday, 10:00 AM - 6:00 PM; Saturday, 10:00 AM - 2:00 PM.

FAIRFAX COMMUNITY LIBRARY

All events are free unless noted. Pre-registration encouraged - 802-849-2420 or libraryprograms@fwsu.org.

Tuesdays, May 17, 24, and 31, 9:30 - 10:30 AM: Preschool Story Hour. May 17: Art & Me. May 24: Sink and Float. May 31: Me, Myself, and I. Join us for themed stories, songs, and activities for ages 0-6. No registration necessary for story hour.

Wednesday, May 18, 3:00 - 4:00 PM: STEM club I. Kids age 6+ will learn more about DC motors and generators. Must pre-register.

Thursday, May 19, 3:00 - 4:00 PM: Afternoon: Dream Catchers. Kids 6+ will learn about the history of dream catchers in Native American culture and make one to bring home. Please register.

Saturday, May 21, 10:00 AM - 12:00 PM: Tea and Bristles. Perfect for all skill levels, Julie Griffis leads this painting class through step-by-step instructions to create a masterpiece. This month's theme is a primitive folk art style picture. Recommended ages 16+. Cost is \$25 for materials and snacks. Must register.

Monday, May 23, 3:00 - 4:00 PM: STEM club II: Kids age 6+ will learn more about DC motors and generators. Must pre-register.

Wednesday, May 25, 3:15 - 4:15 PM: READ to a DOG. Kids ages 5-10 can read a book of their choice to a fuzzy, friendly dog. Call to reserve a 15-minute slot.

Thursday, May 26, 6-7:30 PM: Small Business Accounting and Bookkeeping. This program will cover why as a business you must keep detailed records on expenses and sales. This requires either building a relationship with an accountant or doing the business records yourself. This program will review all critical points that must be addressed by small business owners.

For up-to-date info about programs, visit our website www.

Library News continued on page 9

[CUSTOMIZED TOTAL KNEE REPLACEMENTS]

30 days after my knee surgery, I was doing a century bike ride!

SUZANNE SZERMER, WARREN

Welcome to the 21st century community hospital. Welcome to Copley.

Suzanne does 8-10 century bike rides a year, and she swims and hikes. When her knee pain became unbearable, she called Mansfield Orthopaedics. Two weeks after undergoing custom total knee replacement, Suzanne was walking 3 miles a day. Thirty days post-surgery, she did a Seacoast Century Bike Ride.

"The surgery changed my life. The total joint class before surgery really prepared me for what to expect, Dr. Huber was wonderful, and my care at Copley was excellent."

Our orthopaedic specialists: Brian Aros, MD; Bryan Huber, MD; John Macy, MD; Joseph McLaughlin, MD; and Saul Trevino, MD.



To make an appointment with a Mansfield Orthopaedic Specialist at Copley Hospital, call **802.888.8405**

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Deborah Rawson Memorial Library begins Shakespeare garden



Welcome to the beginning of a lovely Shakespeare garden being planted at the Deborah Rawson Memorial Library, 8 River Road, Jericho. The garden is designed to honor the 400th anniversary of Shakespeare's death. Dick Squires of Jericho, designed a lovely arbor to grace the entrance. The garden will feature herbs and plants from Shakespeare's works. Please stop by and enjoy progress as the garden emerges. PHOTO CONTRIBUTED

Copley named Top 100 Critical Access Hospital by iVantage

Copley Hospital in Morrisville was recently named one of iVantage Health Analytics' Top 100 Critical Access Hospitals (CAHs) in the United States. Copley Hospital has achieved status as a Top 100 Critical Access Hospital annually since 2011. There are 1332 certified Critical Access Hospitals located throughout the United States, including eight in Vermont.

"Being recognized as one of the top 100 Critical Access Hospitals in the country is a testimonial to the patient-centered care Copley Hospital provides," said Art Mathisen, CEO of Copley Hospital.

Copley Hospital scored in the top 100 of Critical Access Hospitals on iVantage's Hospital Strength INDEX®. The INDEX is the industry's most comprehensive rating of rural and Critical Access Hospitals. The results recognize that the Top 100 Critical Access Hospitals provide a safety net to communities across rural America – measuring them across more than 70 different performance metrics including quality, outcomes, patient perspective, affordability, population risk, and efficiency.

A Critical Access Hospital (CAH) is a hospital certified to receive cost-based reimbursement from Medicare. This program is intended to reduce hospital closures in rural areas, promotes a process for improving rural health care, and focuses on community needs. CAHs must have a maximum of 25 acute care inpatient beds and provide 24-hour emergency services, with medical staff on-site. CAHs must be located in a rural area and be more than 35 miles from another hospital, or 15 miles from another hospital in mountainous terrain or areas with only secondary roads.

Give blood during Red Cross Trauma Awareness Month

During Trauma Awareness Month, the American Red Cross urges eligible donors to give blood and help ensure a sufficient supply for patient emergencies.

Donors of all blood types are needed. Every day, the Red Cross must collect approximately 14,000 blood donations to meet the needs of trauma patients and others with serious medical conditions.

Schedule your appointment to give blood by downloading the free Red Cross Blood Donor App, visiting www.redcrossblood.org or calling 1-800-RED-CROSS (1-800-733-2767). Donors can then also visit www.redcrossblood.org/cedarfair to enter to win one of two grand prize packages for four to Knott's Berry Farm in California or Cedar Point in Ohio.

Upcoming blood donation opportunities:

Thursday, May 19, 9:00 AM – 2:30 PM, Essex High School, 2 Educational Dr., Essex

Saturday, May 21, 11:00 AM – 4:00 PM, Burlington Town Center, Upper Level between Spencer's and Famous Footwear, Burlington

Monday, May 23, 11:00 AM – 4:00 PM, Kinney Drugs, 47 Executive Dr., Shelburne

Tuesday, May 24, 1:00 – 2:00 PM, Ferrisburgh Town Hall, 3279 US Rt. 7, Ferrisburgh

Thursday, May 26, 10:00 AM – 2:00 PM, University of Vermont Medical Center, 111 Colchester Ave., Burlington

Thursday, May 26, 11:00 AM- 4:00 PM, Green Mountain Power, 163 Acorn Lane, Colchester

Saturday, May 28, 11:00 AM – 4:00 PM, Essex Cinema, 21 Essex Way, Essex

Tuesday, May 24, 11:00 AM – 4:00 PM, Ben and Jerrys, 30 Community Dr., Suite #1, S. Burlington



John David Ellis of 38 Cloverdale Rd., Underhill, VT passed away on Friday night, April 29, 2016. He was born in Bath, Maine on April 19, 1930. He was a veteran of the Korean War. After his discharge, he went on to be an IBM engineer, retiring after 35 years of service. He leaves behind his wife Priscilla of 65 years, five children: Michael and wife Ginny from Texas, Stephen and wife Darla from Maine, Yvonne Hanlon from Oregon, Anne Ellis and Jan Ellis Clements from Essex Jct., Vermont; and by fourteen grandchildren, eight great-grandchildren, and several nieces and nephews. Memorial donations may be made to Lucy's House, a nonprofit organization for caring of dogs and cats with food and care at 21 Foster Rd, Essex Jct., VT 05452; or a donation in memory of John D. Ellis at the American Cancer Association, P.O. Box 22478, Oklahoma, OK 73123. Visiting hours were held on Sunday, May 8, 2016 at the Corbin and Palmer Funeral Chapel, Essex Jct. A Mass of Christian Burial was celebrated on Monday,

May 9 at St. Mary's Catholic Church, Cambridge, VT with burial following at Mountainview Cemetery in Essex Center, VT.

Tamika A. Lovett, 51, passed away on Tuesday, May 3, 2016 at the UVM Medical Center in Burlington, VT. She was born on September 17, 1964 in Washington, D.C., the daughter of Cleophus and Mary (Johnson) Lovett. Her life's work was with Real Page, Inc., located in Williston, VT. She has lived in Vermont for 19 years, 16 of which were in Cambridge, VT. Tamika enjoyed reading, socializing, outdoor activities, traveling, and her family. She will be remembered for her sense of humor, often being the life of the party. Surviving Tamika are her mother Mary Lovett, a twin sister and husband, Tonja Lovett-Walker and Horace Walker, Jr.; two older brothers: Vaughn Baker, and Dexter Baker and wife Jamie; nieces Mautez Lovett and Dominique Lovett; nephews Vaughn Baker, Jr. and Shavaugh Baker, and extended family. Memorial Services were held Saturday, May 7, 2016 in Elmwood-Meunier Funeral Chapel, Burlington, VT. Those wishing may send memorial contributions to: Lamoille Area Cancer Network, 198 Farr Ave., Morrisville, VT 05661.

Annual LACiNg Up for cancer walk scheduled for June 25

Today Is A Gift is the theme for this year's LACiNg Up for Cancer walk. The walk, scheduled for Saturday, June 25 at the Peoples Academy track in Morrisville, is a day of celebration, a day of honoring, and a day of remembrance. The event benefits Lamoille Area Cancer Network (LACN) a not-for-profit organization that provides financial assistance to those who are undergoing treatment for their cancer. Last year's walk raised more than \$184,000. LACiNg Up's chair, Kathy Demars, advises that there are many ways you can get involved in the walk, including forming a team or joining a team, sponsoring a walker, partnering with the event as a corporate sponsor, donating to the silent auction, or helping with set up or clean up. For cancer survivors every day is a gift. For family and friends, every day you can spend with that loved one is a gift. Your gift can be getting involved in this annual event that touches the lives of many. For more information contact Kathy Demars at 888-7720 or Jill Baker at 888-8302.

Another new addition to this year's walk is a 5K Fun Run presented by Vermont Peanut Butter with support from our local Vermont National Guard which kicks off at 9:00 AM at the event site. To register for the 5K visit www.runreg.com/lacing-up-for-cancer.

The goal for this year's walk is \$175,000. Demars is hoping that through community support the event will do more than meet its goal, but exceed it together. "We see cancer every day, whether it's a family member, friend, co-worker or neighbor, it's not going away. Through your help we can ensure LACN is able to continue their neighbor-helping-neighbor support by getting involved and making a difference," says Demars. At the closing of 2015, LACN had written out 920 grants totaling \$200,050. "Those grants gifts of support mean a great deal to the recipients and their caregivers. When I hear a recipient tell their story of how the LACN support helped them, it puts everything into perspective and reassures me personally that we are doing the right thing with this event," continues Demars.

This year LACiNg Up for Cancer walk is celebrating its 14th year. Since the first walk in 2003, the event has raised more than

\$1.6 million. "People undergoing treatment are challenged not only financially, but they are dealing with the emotional effects and worries while caring for their family. These grants of support provide some relief to cancer patients and their caregivers," explains LACN board member and event co-chair Ron Ridlon. Recipients can use the monies for various reasons, including gas for transportation to and from treatments, help with the added expenses for medications, household bills, etc.

Another goal the planning committee has been striving to reach is to have 100 teams participating in the event. "Each year we get close, but when it comes down to the wire, we are just shy of that number. Perhaps 2016 we can change that," says Ridlon. As of this week 84 teams are signed up. Ridlon explains that team support is critical as they bring in the bulk of the monies raised. Teams are made up of family, friends, co-workers, local groups, and more. And, they come in all sizes, from a three-person team to 30 or more. It's never too late to sign your team up.

The daylong event kicks off with survivors and caregivers taking to the track for an uplifting ceremonial lap. Hourly theme laps have walkers dressing up; a silent auction tent includes items from local crafters, activities for the kids, a painting class, Zumba fun, and more. At dusk, the luminaria ceremony has the attention of everyone as white bags honoring or remembering someone touched by cancer come to life with the lighting of the candle inside each bag. This year, lanterns representing hope, love, and remembrance will take flight as each team will honor or remember who they are walking for with a lantern. As with every walk, fireworks will close out the event.

Community support, community spirit, and community service have been longstanding traditions for the many businesses and individuals in our communities – especially in time of need. The LACiNg Up for Cancer Walk is asking for your help to meet its fundraising goal of \$175,000 – think of your support as an investment – your return is the satisfaction of knowing your gift is making a difference.

MOUNTAIN GAZETTE RATES – 2016

The *Mountain Gazette* is the hometown community newspaper for Bolton, Cambridge, Jeffersonville, Jericho, Underhill, and Westford, Vermont.

The *Mountain Gazette* store-delivers 4,500 - Bolton, Cambridge, Jeffersonville, Jericho, Underhill, Westford, Essex Junction, Essex, Essex Center, Fairfax, Huntington, Hinesburg, Jonesville, and Richmond.

TOTAL CIRCULATION – 4500 COPIES

The *Mountain Gazette* is owned and operated by Brenda Boutin.

Boutin has a B.A. in Graphic Design and is the Graphic Designer. Ads are designed for you at no added cost.

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Copy – 12:00 Noon

Advertising – 5:00 PM

Business Directory: \$18 each, must buy 5 issues (\$90 pre-paid) Size: 3-1/4" x 1-1/2".

Contract rates available, More sizes available

Classifieds: \$6.50 for 25 words, 10¢ each additional word

Other publications available:

2016 Northwestern Vermont Animal Resources Guide (10,000 COPIES DISTRIBUTED)

2017 Jericho – Underhill Community Directory (4000 COPIES DISTRIBUTED)

INSERTS: 1 – 4 PAGES, 8-1/2" X 11" COST: \$45.00 PREPAID PER 1000

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"Like" the Mountain Gazette on Facebook. Read news sent too late to publish in the current issue.

ART / MUSIC

ART/PHOTOGRAPHY

Seventeen local artists will open their studios for the 2016 Memorial Day Weekend Jericho-Underhill Open Studio Tour. Plan to stop in Saturday-Sunday, May 28-29, 10:00 AM – 5:00 PM, at one or more studios near you. Tour headquarters for maps and directions: Emile Gruppe Gallery, 22 Barber Farm Rd., Jericho, 899-3211. The participating local artists are Elizabeth Cleary, Russ Fellows, Toby Fulwiler, Stu Hall, Mary Hill, Donna Kunkel, Kevin Ruelle, Irene Lederer LaCroix, Bob Martelle, Terry Miller, John M Opulski, Kristen Richland, Marcia Rosberg, Jane Sandberg, Dianne Shullenberger, Michael Smith, and Gerald Stoner.

Dianne Shullenberger Gallery will host an Open Studio Preview Party on Friday, May 27, 5:00 – 8:00 PM at 228 Nashville Rd., Jericho. Woodworker Ted Beebe will also be exhibiting at the studio. For information, 899-4993.

Emile A Gruppe Gallery in Jericho presents Williston, VT resident Phil Laughlin's exhibition of oil paintings *Classic Vermont in 2016*, through Sunday, June 5. Since 1986, Laughlin has been painting in the rich tradition of New England landscape artist. His work has been represented in shows throughout New England and New York. This show looks at the question "Does classic Vermont still work?" and examines how Vermont's storied past endures into the present. The paintings concentrate on various structures and altered environments that stand witness to past efforts. The Emile A Gruppe Gallery hours are Thursday-Sunday, 10:00 AM – 3:00 PM or by appointment; 802-899-3211 or emilegruppegallery.com.

Bryan Memorial Gallery will present *From Farm to Table with Charlie Nardozi* on Sunday, May 22 at 1:00 PM, in conjunction with the

Gallery's exhibition *From Farm to Table*. Nardozi will speak about topics pertaining to planting edibles. Nardozi is a nationally acclaimed speaker, journalist, and garden consultant, probably best known in Vermont for his public radio series *Garden Journal*. Nardozi has taken the mystery out of gardening for legions of Vermonters, at the same time adding to the mystique and artistry of their own personal gardens, be they flower or vegetable gardens, grand or intimate. Nardozi will speak amidst the 100 paintings of farm and garden and dining scenes, using some of the paintings as impetus for his remarks about edible landscaping. *From Farm to Table* is Bryan Memorial Gallery's spring exhibition, designed to conjure hope for a summer and fall of edible delights by bringing its imagery into the gallery. This lecture is presented without an admission fee. No reservations are required, but seating is on a first come, first served basis. Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100, www.bryangallery.org, or info@bryangallery.org.

Double Exposure: Visual Art and the Written Word In Honor of National Poetry Month, the next exhibit at the Jericho Town Hall, will reflect a collaboration between two artistic disciplines. Established and emerging artists are invited to submit one or two artworks in any medium (including photography) together with a short poem, excerpt from a longer one, or a passage from another written work that inspired the artwork or that the artwork inspired. The show will run through Friday, June 24 at the Jericho Town Hall, VT Rt. 15, Jericho Corners. For information, blgreen@myfairpoint.net or 802-878-8887.

Helen Day Art Center in Stowe presents a Student Art Show running through Sunday, May

29, featuring works from Stowe Elementary, Middle, and High Schools plus guest schools Montpelier, U-32, and Spaulding High Schools. Open call to artists for the 25th *Exposed* outdoor sculpture exhibition to be held from July 23-October 15, 2016. Vermont artists may submit proposals; contact Rachel Moore, Curator, exposed@helenday.com with any questions regarding the application process or to obtain more detailed information. Helen Day offers a variety of after school, spring vacation, and summer vacation camps and workshops for kids; for information, contact Helen Day Art Center, 90 Pond St., Stowe, 802-253-8358.

At Shelburne Vineyard, 6308 Shelburne Rd., Shelburne, landscape photographer Kurt Madison is the featured artist through May 31. This exhibit features some of Madison's winter scenes. The exhibit will hang in the Tasting Room and the Vineyard's upstairs loft. Visitors are welcome seven days a week all year; winter hours are 11:00 AM – 5:00 PM.

The Fleming Museum of Art (61 Colchester Ave., Burlington) is pleased to present three outstanding paintings on loan from the Hood Museum of Art, Dartmouth College, while the Hood is closed for expansion and renovation. On a three-year loan to the Fleming are Georgia O'Keefe's *Taos Mountain, New Mexico* (1930), *Supper* (1974) by Alex Katz, and *The Vermonter (If Life Were Life There Would Be No Death)* (1966-77) by Ivan Albright. These three exhibitions will close on May 22, 2016. For more information, 802-656-0750 or www.flemingmuseum.org.

MUSIC

Cathedral Arts has announced its Spring 2016 series of concerts presented at the Cathedral Church of St. Paul, 2 Cherry St., Burlington. All tickets available through Flyntix.com; Hopkins

Bookshop (Cathedral lower level, 658-6223), or at the door just prior to the performance. Friday, June 3, 7:30 PM: The Lyrical Piano, Greenfield Piano Associates' Annual Concert. GPA members perform a varied program displaying the piano's ability to "sing." The concert includes works by Bach, Beethoven, Schubert, Brahms, Chopin, MacDowell, and Fauré. Greenfield Piano Associates is a not-for-profit educational organization, dedicated to the art of piano playing. Admission is by donation to the GPA Scholarship Fund. Sunday, June 19, 4:00 PM: 30th Anniversary Celebration. The Essex Children's Choir celebrates thirty years of cultivating compassion, creativity, and cultural spirit with an afternoon of joyful singing. Under the artistic direction of Constance J. Price and accompanied by Karen Reed, the group performs music of J.S. Bach, Burleigh, Gershwin, Handel, Billie Holiday, Z. Kodály, Mozart, and V. Williams. Joining the celebration are tenor Wayne Hobbs, harpist Heidi Soons, and organist Susan Summerfield. Admission: \$15; 15 and under: \$7.

Cathedral Arts presents free, informal noontime concerts on Tuesdays, 12:00 – 1:00 PM at the Cathedral Church of St. Paul, 2 Cherry St., Burlington. Bring a bag lunch; coffee and tea provided. May 24: *Poems Taking Flight into Song*. Merryn Rutledge, soprano; Martin Poppe, tenor; Claire Black, piano; Laurel Ann Maurer, flute. New compositions by New England composer Gwyneth Walker lift poems of Emily Dickinson, Anne Sexton, Gerard Manley Hopkins, and others into song. June 7: *Throwing Seeds into the Wind, Syrinx*, with Glenn Sproul, conductor. *Syrinx* sings Broadway favorites and African-American spirituals, plus a newly-commissioned work by Lydia Lowery-Busler.

IN MEMORY OF THOSE WHO SERVED

History of the Civil Air Patrol



The Civil Air Patrol came into existence because of the tense international situation prior to World War II. In every country conquered by the Axis forces (Nazi Germany, Fascist Italy, and Imperial Japan), civil aircraft flight was eliminated. During the period 1938-41 United States civilian aircraft pilots, aviation mechanics, and others became increasingly concerned.

These men and women realized two things: first, the nation's air power had to be strengthened; and second, the civil aircraft flights in the United States might be eliminated for the duration of the war. There were 25,000 light aircraft, 128,000 certified pilots, and over 14,000 aircraft mechanics in the nation at that time and there were hundreds of aviation workers.

Many of them joined the Royal Air Force or the Royal Canadian Air Force to take part in the war. Others joined one of the United States armed services. Those who could not get into a military service because of age, physical condition, or some other reason, still had the desire to help.

It was a gentleman named Gill Robb Wilson who made what was probably the first concentrated effort to effectively organize a civil air patrol. Wilson was an aviation writer in 1938 when he took a trip to Germany on assignment. What he saw there confirmed suspicions held by many. When Wilson returned to New Jersey, he reported his findings to Governor Edison and pleaded that New Jersey organize and use its civil air fleet as an augmentative force in the coming war. With Governor Edison's approval, Mr. Wilson organized what became the New Jersey Civil Air Defense Services.

Wilson's plan, backed by General H. H. ("Hap") Arnold and the Civil Aeronautics Authority, called for the utilization of small planes for liaison work and for patrolling uninhabited stretches of coastline and vital installations such as dams, aqueducts, pipelines, etc., to guard against sabotage. In addition, security measures such as policing the airports and fingerprinting everyone connected with light aviation were to be performed by Civil Air Defense Services personnel.

In Ohio, Milton Knight started the Civil Air Guard and other states followed suit. Colorado and Missouri had state air squadrons; Florida formed the Florida Defense Force. Soon thereafter, Alabama, Kentucky, Ohio, and Texas followed suit with statewide organizations. It was Mr. Wilson's New Jersey Civil Air Defense Services that was the blueprint for the coming Civil Air Patrol.

The first step taken in the plan to utilize national civil air strength was to institute a civilian pilot instructor refresher course and a civil pilot training program. These two activities made provision only for military use of those trained, with the objective of boosting the existing reservoir of civilian airmen who could be placed in military service when needed. There still remained many civilian pilots and ground crewmen who were not acceptable for this step. The program's objective was to organize civilian aviation personnel so that their efforts could best be used in what loomed on the horizon as an all-out war effort. The Civil Air Patrol came into being.

The realization of a National Civil Air Patrol was hampered by those deciding how best to use the proposed Civil Air Patrol for military missions. This problem had to be solved through federal government approval and direction. In April 1941 Thomas H. Beck, Chairman of the Board of Crowell Collier Publishing Co., prepared and presented to President Roosevelt a plan for the mobilization of the nation's civil air strength. Beck discussed his plan with Guy P. Gannet, owner of a New England newspaper chain. On 20 May 1941, the Office of Civilian Defense (OCD) was established as an agency of the federal government, with former New York Mayor

Fiorello H. LaGuardia as its director. The National Civil Air Patrol advocates, including Beck, Gannet, and Wilson, presented their plan for a National Civil Air Patrol to LaGuardia. A former World War I pilot, LaGuardia recognized the merit of the plan and expressed his enthusiasm for it, but he also recognized that its success would depend upon the support of the U.S. Army Air Corps.

ON December 1, 1941, LaGuardia signed a formal order creating the Civil Air Patrol. And on 8 December 1941, the day after the attack on Pearl Harbor by the Imperial Japanese Naval Air Forces, Director LaGuardia published Administrative Order 9. This order outlined the proposed organization of the Civil Air Patrol and designated as its commander Major General John F. Curry, U.S. Army Air Corps. Mr. Gill Robb Wilson officially became the executive officer.

The CAP fears that flight by civil aircraft would be halted were justified. The day after the attack on Pearl Harbor all civil aircraft, except for scheduled commercial airlines, were grounded. This restriction lasted only a few days. The pendulum soon swung the other way, and except for the West Coast area, the "puddle jumpers" were given little attention as they flitted in and out of airports across the nation. Because our nation feared the possibility of Japanese activity, or even invasion, restrictions on civilian flight in the West Coast area were maintained.

Earle L. Johnson, one of the founders, and later Commander of Civil Air Patrol, was disturbed by the renewed flights and the lack of security at airports. He envisioned the great potential of light aircraft, as a tool in the hands of saboteurs, to wreak havoc with the nations' industrial complexes. They could do this, he reasoned, by making night flights to drop bombs on war plants. At 11:00 PM one evening, Johnson took off in his plane from his farm airstrip near Cleveland, OH. With him he took three small sandbags and headed toward a cluster of war plants on Cleveland's outskirts. Flying at 500 feet, Johnson dropped the sandbags on the roofs of three plants and returned to his airstrip, apparently no one detected him.

The next morning Johnson notified the plant owners that they had been bombed. The Civil Aeronautics Administration (CAA) reacted by again halting all civilian flying until adequate security measures could be taken. This meant airports must be guarded; all pilots, before they would be permitted to fly, must prove that they were loyal citizens of the United States; and, that all flights must be for official business only and accomplished under approved flight plans. These pilots were of all ages and both sexes. The oldest male pilot was Lieutenant A.I. Martin of Montour Falls, NY, who was 81. Among the women, there was Second Lieutenant Maude Rufus from Ann Arbor, MI, who came into Civil Air Patrol as the oldest female pilot. She soloed at age 65 and had nearly 1000 hours to her credit.

Soon after Congress declared war on Germany, Italy, and Japan, German submarines were operating in the American coastal waters along the eastern and southeastern shorelines. Eleven Allied seagoing vessels were sunk in January of 1942, many of them in sight of the United States' eastern and gulf shores. The sinkings continued on an upward trend to a peak of 52 in May. 204 vessels had been lost. This type of destruction not only seriously affected the supply of war materials to allied forces fighting in Europe and Africa, but also cut into the nation's petroleum supplies.

Civil Air Patrol leaders urged the War Department to give their newly organized force a chance to help combat the submarine menace. The Navy was spread so thinly along the 1200 mile sea frontier of the eastern and southeastern coasts that it could not effectively combat the raiding enemy submarines. The German submarines continued their activities at an alarming rate. They were sinking ships practically at will; oil, debris, and bodies were being washed ashore all along the eastern and southeastern coastlines.

The worsening submarine menace convinced military authorities

that the Civil Air Patrol should be used to help combat the German U-boats. In March of 1942, the Civil Air Patrol was authorized to conduct a 90-day experimental operation on coastal patrol at two locations on the eastern seaboard. This gave the brave volunteers a scant 90 days to prove themselves worthy of the trust placed in them. Soon after the CAP Coastal Patrol experiment was authorized, the first three bases were established. One was located at Atlantic City, NJ; one at Rehoboth, DE; and one at Lantana, FL. Soon pilots began arriving at the Coastal Patrol installations, and the civilian pilots go to those of Coastal Patrol Base 2 at Rehoboth, DE.

The light aircraft flown by CAP Coastal Patrol were at first utilized for reconnaissance only. They were crewed by a pilot and an observer who were in constant radio contact with shore bases. Their mission was to spot enemy submarines and summon the destructive power of the thinly spread Army and Navy bomber forces.

Late one afternoon in May 1942, a crew consisting of "Doc" Rinker and Tom Manning were flying a patrol mission just off Cape Canaveral when they spotted an enemy sub. The sub's crew sighted the CAP patrol aircraft, and, not knowing the aircraft to be unarmed, made a desperate effort to get away. In its haste or panic the sub became stuck on a sandbar, making it a perfect target. Dutifully, the patrol reported the situation and began circling the sub, waiting for the bombers to come and destroy it. For more than a half-hour the patrol kept circling and frantically calling for help. By the time the bombers arrived, the sub had dislodged itself and returned to deep waters.

Soon thereafter, the CAP planes were carrying demolition bombs and ranging as far out to sea as 150 miles. The smaller planes could carry only one 100-pound bomb, and in many instances one of the bomb's fins had to be removed to keep it from scraping the runway as the plane took off. Even by modifying the bombs for takeoff, the smallest planes had difficulty flying the additional load. Of course the larger planes could be more heavily armed, and a few carried 325-pound depth charges.

Many of the other wartime missions conducted by Civil Air Patrol were just as important and equally dramatic as those flights made by the Coastal Patrol. To fulfill their other missions, CAP flew approximately 500,000 hours and lost 30 pilots by accidental death. Many other pilots lost their aircraft and sustained injuries.

During the period 1 January 1942 to 1 January 1946, the Civil Air Patrol flew 24,000 hours of assigned search and rescue (SAR) missions. But, during the same period, CAP pilots and crews voluntarily flew thousands of additional SAR hours at their own expense. Although no accurate record was kept of the number of aircraft and survivors found, one week of February 1945 was probably the highlight of the SAR missions. In this one week, CAP SAR pilots found seven missing Army and Navy planes. Cargo and courier flying was another important mission during the CAP war years.

From 1942 to early 1944, CAP pilots moved over 3.5 million pounds of mail and cargo for the air forces, and it transported hundreds of military passengers throughout the United States. As wartime industrial production grew, the commercial and military transportation facilities became taxed to the limit of their capabilities. They simply could not transport all of the war materials that were stacking up like mountains in the warehouses and supply depot yards.

Civil Air Patrol was active in helping patrol the border between Brownsville, TX and Douglas, AZ. The CAP Southern Liaison Patrol flew approximately 30,000 hours, patrolling from dawn to dusk the 1000 miles of rough, rocky and barren terrain. The CAP planes were looking for out-of-the-ordinary activities that might be indicative of spies or saboteurs entering or leaving the country.

SCHOOL NEWS



The Vermont Historical Society is pleased to announce that Abigail Effron, a student at Browns River Middle School in Jericho, VT, won second place in the Junior Historical Paper Category at Vermont History Day held Saturday, April 2, 2016 at U-32 High School, East Montpelier with her paper Ben & Jerry's – Exploration of the Ice Cream Industry. Abigail's paper has qualified to compete in National History Day, to take place in June in the Washington, D.C. area. PHOTO CONTRIBUTED



The Vermont Historical Society is pleased to announce that Jayme Billings, a student at Browns River Middle School in Jericho, VT, won second place in the Junior Individual Documentary Category at Vermont History Day held Saturday, April 2, 2016 at U-32 High School, East Montpelier with her documentary Lost then Found: The Lost Boys of Sudan Encounter a Whole New World. She has qualified to compete in National History Day, to take place in June in the Washington, D.C. area. PHOTO CONTRIBUTED

Jump Rope For Heart event at BRMS a success

On Friday, May 13, students at Browns River Middle School in Jericho jumped all over heart disease and stroke by participating in Jump Rope For Heart. The students raised \$5154 for the American Heart Association, which funds research, programs, and education to fight heart disease and stroke, our nation's number one and number four killers.

"I'm so pleased with the success of this year's event," said Matthew Lennon, Jump Rope For Heart coordinator. "We all had a lot of fun, and the students enjoyed learning about the importance of physical activity and how they can play a role in saving lives."

MMUHS students among winners in Math Talent Search

Matthew Ellison, a senior at Mount Mansfield Union High School in Jericho, placed second in the 23rd Annual Mathematics Talent Search sponsored by the VT State Mathematics Coalition. In a ceremony on Tuesday, April 26, Coalition Director Jean McKenny presented Matthew a Texas Instruments hand-held color graphing calculator. Other winners also received Texas Instruments software or hand-held color graphing calculators in addition to their certificates. Matthew's brother Danny Ellison, a MMUHS freshman, placed eighth. The ceremony was attended by parents, teachers, and UVM Mathematics Professor Chris Danforth, who praised the student winners in his remarks. Matthew had placed in the top ten in previous years.

The winners are all invited to be a part of the team representing Vermont in the annual American Region Mathematics League competition at Penn State University on Friday-Saturday, June 3-4; the non-seniors are invited to attend, tuition-free, the 2016 Governor's Institute in Mathematical Sciences to be held at the University of Vermont June 19-24.

For more information contact Executive Director Bob Chaffee, VT State Mathematics Coalition, 802-878-4813.

Young documentary filmmakers win awards

Congratulations to local Underhill students Faryal Afsar and Jayme Billings for winning second place at Vermont History Day and at the Freedom and Unity Film Festival. Both young filmmakers were honored with several awards for their documentary films. They have both been invited to present their documentary videos at the National History Day competition on June 12-16 at the University of Maryland.

Jayme Billings, a sixth grade student at Browns River Middle School in Jericho, was awarded second place in the junior division at Vermont History Day for her documentary film on *The Lost Boys of Sudan Encounter a Whole New World*, and second place in the contemporary issues film division at the Freedom and Unity Film Festival Competition. Jayme has revised her documentary video and will head to the National History Day competition in June.

Faryal Afsar, an eleventh grade student at Mount Mansfield Union High School in Jericho and an exchange student from Pakistan, was awarded second place in the senior division at Vermont History Day for her documentary film on *Exploring the History of the Underhill Schoolhouse*, and second place in the Vermont history division at the Freedom and Unity Film Festival Competition. Faryal will head back to Pakistan on June 8. She will be honored for her documentary video by the Underhill Historical Society before she leaves. Faryal said, "I decided to make a documentary video on the schoolhouse because I wanted to give back to my wonderful community of Underhill." Her three-minute documentary about the Underhill old schoolhouse and a teacher, Emily Flynn, is online at <http://underhillhistoricalsociety.org/content/exploring-history-underhill-schoolhouse>.

"I'm so proud of our young filmmakers for doing a great job researching, filming, editing, and creating amazing documentaries," said Joyce Babbitt, BRMS library media teacher and mentor. "Jayme and Faryal are incredibly talented, thoughtful filmmakers."



Congratulations to the following MMUSIC students who participated in the 89th All State Music Festival held at Missisquoi Valley Union High school Thursday-Saturday, May 5-7. From left: Iris Lewis, viola; Beth Syverson, French horn; Elliot Lowe (senior), trumpet/principal; Mary Bauer; Avi Bauer, percussion/principal; Caleb Brown, trumpet; Cameron Smith, tenor sax; Cory Raymond, alto sax/principal; Ginny Churchill (senior), clarinet/principal; and Akash Kushwaha, violin. To audition for and participate in the Vermont All State Festival takes a lot of work and dedication to their craft. MMUSIC is very proud of their hard work! PHOTO CONTRIBUTED

Memorial Day parade down Park Street in Underhill



PHOTO CONTRIBUTED BY GARY IRISH, LOCAL HISTORIAN

Library News continued from page 5

fairfaxvlibrary.org, where you can also find a link to the interactive Google calendar.

Library Hours: Monday, Wednesday 8:00 AM – 5:30 PM; Tuesday and Thursday 8:00 AM – 8:00 PM; Friday 8:00 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM.

Fairfax Community Library: 75 Hunt St., Fairfax, VT, 05454; 849-2420. Program Planner Karyn Norwood, knorwood@fwsu.org; Library News: www.bfafairfax.com/pages/communitylibrarynews.html.

DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON

All events are free. Children 8 and younger must be accompanied by an adult while at the library.

Preschool Music: Mondays 11:00 AM and Thursdays 10:30 AM. For children up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Thursday Playtime: Thursdays, 11:00 AM. Children birth to age 5 and their caregivers are invited for an informal play time, following our Preschool Music program. Sponsored by Building Bright Futures.

Preschool Story Time: Tuesdays at 10:30 AM. Includes a simple craft activity. For children ages 3-5.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, www.williston.lib.vt.us.

BROWNELL MEMORIAL LIBRARY, ESSEX JCT.

Tuesdays, May 17, 24, and 31, 3:15 – 4:00 PM: Read to Daisy, Therapy Dog. Daisy, certified by Therapy Dogs of Vermont, loves to listen to kids read. Her owner is retired school counselor, Maddie Nash. For all ages.

Tuesday, May 17, 7:00 – 8:30 PM: Library Trustees Meeting

Wednesday, May 18 - Library closed for Vermont Library Association Conference

Thursdays, May 19 and 26, 3:15 – 4:00 PM: Read to Archie, Therapy Dog. Archie, certified by Therapy Dogs of Vermont, loves to listen to kids read. His owner is Christine Packard, Chair of Brownell Library Trustees. All ages.

Friday, May 20, 10:00 – 10:45 AM: Songs and Stories with Matthew. Matthew Witten performs songs about our world and tells adventurous tales. For all ages. Funded by the Friends of Brownell Library.

Monday, May 23, 12:00 and 1:00 PM: Tech Help with Clif. Offering one-on-one technology help. Bring in your new gadget or gizmo and Clif will sit with you to help you learn its ways! Reservation required. Please call 878-6955 at least 24 hours in advance.

Wednesday, May 25, 12:00 and 1:00 PM: Tech Help with Clif. Offering one-on-one technology help. Bring in your new gadget or gizmo and Clif will sit with you to help you learn its ways! Reservation required. Please call 878-6955 at least 24 hours in advance.

Wednesdays, May 25, June 1 and 8, 6:30 – 8:30 PM: Building Empathy and Addressing Racial Oppression: A Workshop in Three Parts. The Peace & Justice Center and Brownell Library are pleased to offer this program, which strives to give participants the opportunity to build skills and knowledge to engage in conversations about racism, and take part in personal actions that address racial oppression in their lives. Participants are expected to attend all three parts of this workshop. Sessions explore the concept of white fragility, racial myths and stereotypes, implicit bias, and offer tools to help each participant strategize how they can be a part of undoing racism within their life and community. Space for this free program is limited and registration is highly recommended. For more information or to register, visit www.PJCVT.ORG or call 863-2345 ext. 6.

Friday, May 27, 6:00 – 8:30 PM: Dungeons and Dragons. Embark on imaginary adventure. Our Dungeon Master serves as the game's referee and storyteller. Grades 6 and up.

Friday, May 27, 6:30 – 8:30 PM: Maggie's Fiber Friday for Adults. Maggie Loftus, veteran knitter, will be settled in front of the fireplace in the Main Reading Room. She invites adult knitters and crocheters to join her with their projects and engage in conversation. Bring patterns to share if you'd like. If you wish to contact Maggie: 6maggie2@myfairpoint.net.

Saturday, May 28, 8:30 – 11:00 AM: Memorial Day Parade and Book Sale on Library Lawn

Saturday, May 28, 9:00 – 11:00 AM: March in the Memorial Day Parade. Join Brownell Library, dressed in your favorite sports outfit, to walk in the Memorial Day Parade. We will be promoting our Summer Reading Program: *On Your Mark, Get Set, Read!* For teens and kids ages 9 and up, younger with an adult. Register in advance at 878-6956.

Monday, May 30: Brownell Library closed for Memorial Day Holiday

Brownell Library, 6 Lincoln St., Essex Junction. Hours: Monday, Wednesday, Friday: 9:00 AM – 9:00 PM; Tuesday, Thursday, Saturday (July until after Labor Day, closed Saturdays): 9:00 AM – 5:00 PM. Call Main Desk 878-6955, Youth Desk 878-6956, Reference Desk 878-6957, or email frontdesk@brownelllibrary.org.

SENIOR INFORMATION

CVAA Community Senior Meals

Call CVAA, 865-0360, if you have questions or to make reservations for the following month on, or after the 22nd of a month, at 10:00 AM. If the 22nd is a weekend day, reservations may be made the following Monday. Reservations are on a first-come, first-serve, month-by-month basis only. Milk is served with all meals. Donations are accepted for all of these meals.

Tuesday, May 17 – IHOP Lunch, University Mall, S. Burlington, 10:30 AM check-in, 11:00 AM lunch. Pot roast.

Wednesday, May 18 – American Legion, Colchester, 10:30 AM check-in, 11:00 AM lunch. Turkey luncheon.

Thursday, May 19 – Pizza Putt, S. Burlington, 10:30 AM check-in, 11:00 AM lunch. Spaghetti and meatballs.

Friday, May 20 – United Church, Hinesburg, 12:00 PM. Beef stew with vegetables, garden salad, biscuit, pears.

Monday, May 23 – Covenant Church, Essex Ctr., 12:00 PM. Chicken and biscuits, mashed potatoes, green beans, Mandarin oranges.

Tuesday, May 24 – Ray's Seafood, Essex Jct., 10:30 AM check-in, 11:00 AM lunch.

Wednesday, May 25 – JP's Diner and Deli, River Rd., Essex Junction, 10:30 AM check-in, 11:00 AM lunch. Meatloaf.

Thursday, May 26 – IHOP Lunch, University Mall, S. Burlington, 10:30 AM check-in, 11:00 AM lunch. Pot roast.

Friday, May 27 – United Church, Hinesburg, 12:00 PM. Parmesan baked fish, Tartar sauce, mashed sweet potatoes, tossed green salad, pumpernickel bread, pound cake with fruit compote.

Monday, May 30 – Memorial Day holiday, no mealsite.

Tuesday, May 31 – IHOP, University Mall, S. Burlington, 8:30 AM check-in, 9:00 AM breakfast. Two eggs, hash browns, choice of breakfast meat, pancakes, small juice.

Wednesday, June 1 – Athens Diner, Colchester, 10:30 AM check-in, 11:00 AM lunch. Roast pork.

Thursday, June 2 – Dutch Mill, Shelburne Rd., Shelburne, 10:30 AM check-in, 11:00 AM lunch. Baked stuffed chicken.

Friday, June 3 – First Day of Summer Celebration, Bayside Park, Colchester, 10:00 AM – 2:00 PM. Breakfast provided by Starr Farm; luncheon catered by Fitz Vogy. Entertainment by Sergio; \$5 tickets required, see Pat Long.

Monday, June 6 – Covenant Church, Essex Ctr., 12:00 PM. Salisbury steak with gravy, carrots, roasted red potatoes, wheat roll, apple crisp.

Tuesday, June 7 – Ray's Seafood, Essex Jct., 10:30 AM check-in, 11:00 AM lunch.

Wednesday, June 8 – IHOP Lunch, University Mall, S. Burlington, 10:30 AM check-in, 11:00 AM lunch. Pot roast.

Thursday, June 9 – St. Michael's College Luncheon Buffet, Colchester, 11:00 AM check-in, 11:30 lunch.

Friday, June 10 – Hinesburg Mealsite, 11:30 AM.

Monday, June 13 – Covenant Church, Essex Ctr., 12:00 PM. Tomato topped meat lasagna, tossed garden salad, garlic bread, tropical fruit.

Tuesday, June 14 – Pizza Hut, Susie Wilson Rd., Essex Jct., 10:30 AM check-in, 11:00 AM lunch. All you can eat pizza buffet.

Wednesday, June 15 – JP's Diner and Deli, River Rd., Essex Junction, 10:30 AM check-in, 11:00 AM lunch. Cold plate.

Thursday, June 16 – Holiday Inn, S. Burlington, 11:00 AM check-in, 11:30 lunch. Turkey buffet.

Friday, June 17 – United Church, Hinesburg,

12:00 PM. Beef stew with vegetables, garden salad, biscuit, pears.

Monday, June 20 – Covenant Church, Essex Ctr., 12:00 PM. Broccoli quiche, tomato soup, three bean salad, baguette, gelatin with fruit.

Monday, June 20 – Papa Nick's, 3:00 PM. Cold plate.

Tuesday, June 21 – Ray's Seafood, Essex Jct., 10:30 AM check-in, 11:00 AM lunch.

Wednesday, June 22 – American Legion, Colchester, 10:30 AM check-in, 11:00 AM lunch. Meatloaf.

Thursday, June 23 – IHOP Lunch, University Mall, S. Burlington, 10:30 AM check-in, 11:00 AM lunch. Pot roast.

Friday, June 24 – United Church, Hinesburg, 12:00 PM. Pork riblets, roasted red potatoes, broccoli and cauliflower, wheat bread, butterscotch pudding.

Monday, June 27 – Covenant Church, Essex Ctr., 12:00 PM. Tomato topped meat lasagna, tossed garden salad, garlic bread, tropical fruit.

Tuesday, June 28 – IHOP, University Mall, S. Burlington, 8:30 AM check-in, 9:00 AM breakfast. Two eggs, hash browns, choice of breakfast meat, pancakes, small juice.

Wednesday, June 29 – Athens Diner, Colchester, 10:30 AM check-in, 11:00 AM lunch. Roast pork.

Thursday, June 30 – Pizza Putt, S. Burlington, 10:30 AM check-in, 11:00 AM lunch. Spaghetti and meatballs.

For the following special restaurants requiring ticket, the suggested donation is \$5 per ticket; this non-returnable and non-exchangeable universal ticket is available the first of each month and must be used in the month it is purchased. The tickets are available from Pat Long at the different meal sites, or at the CVAA office (the office has a limited amount of money available to make change) located at 76 Pearl St., Suite 201, Essex Jct. – in the plaza with the post office and Big Lots and across the parking lot from Kinney's (across from the fairgrounds). There is an elevator on the side across from Kinney's. Tickets must be presented before ordering. Restaurants have the right to offer limited menus.

AJ's, 10 Railroad Ave., Essex Jct.: Sunday-Thursday, 5:00 AM – 2:00 PM; Friday-Saturday, 5:00 AM – 8:00 PM.

Athens Diner, Colchester: Monday-Saturday, 6:00 AM – 4:00 PM; Sunday, 6:00 AM – 3:00 PM.

Dutch Mill, Shelburne Rd., Shelburne: every day, 7:30 AM – 2:00 PM.

Holiday Inn, Williston Rd., S. Burlington: Early Bird Dinner, Monday-Sunday, 5:00 – 7:00 PM with choice of one of four entrees (chicken, haddock, quesadilla, or soup and sandwich). No longer offering turkey buffet on Thursdays with the ticket program. Must sign up through the community meals once a month.

IHOP, University Mall, S. Burlington: Monday-Friday, 11:00 AM – 9:00 PM – breakfast served all day; order off special senior menu.

Pearl St. Diner, Pearl St., Burlington: Tuesday-Friday, 6:30 AM – 3:00 PM, breakfast served all day; Saturday-Sunday, 8:00 AM – 3:00 PM.

Pizza Putt, Airport Pkwy., S. Burlington: lunch or dinner, seven days a week – choice of spaghetti with marinara or baked ziti with tomato sauce and cheese. Each with salad, garlic bread or roll, soda, coffee, or milk.

St. Michael's College, Colchester: Monday-Friday, breakfast 7:15 – 8:30 AM; lunch 11:30 AM – 1:00 PM; dinner 5:00 – 6:00 PM. Saturday-Sunday, continental 8:30 – 9:30 AM; brunch 11:30 AM – 1:00 PM, dinner 5:00 – 6:00 PM.

Trader Duke's, S. Burlington: Mondays, 4:00 – 6:30 PM – choice of grilled chicken or meatloaf meal.



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MMU Nordic skier competes at International Biathlon Festival

By Graham Swaney

Special to the Mountain Gazette

Mount Mansfield Union High School Nordic skier Timothy Cobb attended the Liatoppen Biathlon festival on Saturday-Sunday, April 8-9 in Al, Norway as part of a U.S. team with two other skiers, Nikolas Burkhart and Lexie Maddigan, both from California. During the festival the team competed with skiers from Norway, France, and Sweden.

In the event held on Saturday, Cobb took 20th place in the 15 year old age group out of 84 skiers, missing only two targets for ten shots taken. On Sunday the team earned eightieth place in the mixed race out of over thirty three-person teams. Tim Cobb commented that he was really pleased with his performance in the individual race. He also noted that to be in a place where biathlon was such a big deal was a really cool experience.

Back home in Vermont, Cobb is a force to be reckoned with on the high school Nordic circuit. This winter Tim took third place in the Division I State Championship skate race, and fifth place in the Classic Championship.

Tim was invited to the festival after he won all of the races he participated in at the national biathlon competition in Fort Kent, ME. After his highly successful season Cobb said that he hopes that he may qualify for the USA youth biathlon team, and by extension participate in the World Championships.

College sports

Jessica Babcock of Cambridge, VT was tabbed as the North Atlantic Conference Player of the Week for the second time this season at Castleton University, Castleton, VT. Babcock continued her strong season for the Spartans, leading the team to a 4-0 week with an 8-for-13 effort at the plate to move into first place all-time on Castleton's hits leader board. She posted a .615 batting average to go along with a .667 on-base percentage and a 1.154 slugging percentage. The senior also drove in seven runs on the week while scoring six times and stealing two bases. On Wednesday in a pair of wins at Johnson State, Babcock was 4-for-6 with a double, a triple, three runs, and three RBIs. In a Saturday sweep of UMaine-Farmington, Babcock went 4-for-7 with a double, a home run, four RBIs and three runs scored. Four of her eight hits on the week went for extra bases, and she struck out just one time in 15 plate appearances.

Hailey Burkhart of Underhill, VT, a graduate of Mount Mansfield Union High School in Jericho, VT, and a member of the women's track and field team at Rochester Institute of Technology, Rochester, NY, was named Liberty League Field Performer of the Week for the week ending May 1, 2016. It is the fourth honor of the year for Burkhart, a senior at RIT. Burkhart won her third straight New York State title in the heptathlon Sunday-Monday, May 1-2 with 3953 points, winning by 107 points over Allison Scarf of St. Lawrence University. Burkhart did not win any individual events, but was second in the 100-meter hurdles with a time of 15.33 seconds, 200-meter dash with a time of 27.66 seconds, and javelin with a throw of 29.71 meters. She is RIT's record holder in the event with 4332 points, set last season.

Samuel Spencer of Jericho, VT, a student at Castleton University, Castleton, VT, was one of five baseball players to receive North Atlantic Conference All-Conference First Team honors. Spencer has been solid for the Castleton defense, claiming his second-consecutive NAC Pitcher of the Year honor. He has posted a 6-2 overall record with six complete games in 56 innings of work. His complete games currently rank him first in the NAC and 12th in all of Division III. The senior has tallied a 2.89 ERA in 56 innings, while striking out a league-best 46 batters and scattering 52 hits. In conference play, he posted a 3-0 mark, with a 1.71 ERA in 21 innings, while striking out 15 batters and only allowing three to reach base on four balls.

Jessica Babcock of Cambridge, VT, a student at Castleton University, Castleton, VT, has been named North Atlantic Conference Player of the Year. Castleton's softball team landed five players on the NAC First Team, highlighted by senior shortstop Babcock. This is the fourth consecutive year that Babcock was a First Team All-Conference selection, and the first time that she received Player of the Year honors. The senior was a consistent offensive threat for the Spartans all season in conference play, as she ranked number one in nine statistical categories, including a .605 batting average, a 1.093 slugging percentage, 26 hits, 21 RBI, 18 runs scored, and 47 total bases. She also led the conference in triples with five, while her overall 0.26 triples per game and program-best seven triples in all games rank her third and sixth respectively in all of Division III. Babcock recorded at least one hit in ten of twelve NAC games this year and had twelve multi-hit games overall, including eight in which she had three or more hits. The senior's .472 overall batting average and .798 overall slugging percentage also have her ranked in the top 50 in the nation. This season she became Castleton's all-time hits leader with 161 career hits. Defensively, the shortstop has committed just two errors on 27 total chances in conference play for a .926 fielding percentage.

Green Mountain Bicycle Club introductory rides

Tired of riding alone on the same old bike paths and roads, but worried that you don't have the skills for a group ride? The Green Mountain Bicycle Club (GMBC) will be offering Introductory Group Rides on select Saturdays in May and June. Experienced riders will explain the rules of the road and teach novice cyclists how to ride safely in a group.

The rides will start at 10:00 AM at the Wheeler lot at Veterans Memorial Park in S. Burlington and will travel between 12-20 miles. No one will be left behind. There will be at least two ride leaders who will teach group dynamics including signaling and passing, as well as learning to respect (and be respected by) cars. The pace will be determined by the ability of new riders. Cyclists must wear helmets and have bikes in good working condition. Those under 18 must be accompanied by an adult.

The GMBC's Introductory Group Rides will take place on Saturdays, May 21 and June 11 and 25. Please contact the ride leaders listed below for more information:

May 21: John Bertelsen – 864-0101 / jo.bertel@gmail.com

June 11: Amy Otten – 878-4070 / amyotten@netscape.com

June 25: Sal DeFrancesco – 363-0963 / salnesp1@gmail.com

Green Mountain Bicycle Club day touring rides

All riders must wear helmets and obey the rules of the road. Please do not ride two abreast if there is traffic in either direction. For mornings with questionable weather, please call the ride leader to make sure the ride is still taking place. Ride leaders are obligated to go to the starting point and provide maps but may choose not to ride if the weather is miserable. Riders below the age of 18 must be accompanied by a parent. E indicates an easy ride, M is for moderate, and S is for strenuous. Rides begin promptly 15 minutes after the meeting time. Social rides are more leisurely versions of the mapped ride – usually the shorter route – with longer food breaks. Always contact the social ride leader before the ride to make sure those versions of the ride are taking place.

Sunday, May 22 – Bound for Bristol Bakery. This is a revised version of the old Bound for Bristol ride, avoiding the bad pavement heading into town. The 40 mile (M) ride takes low traffic roads from Hinesburg to Bristol, where we'll stop at the bakery for sustenance for the return. Those looking for a shorter ride (26 miles) can go straight to the bakery and back and those looking for a little extra at the end might want to do an out and back on Hinesburg Hollow Road. Meet 9:15 AM, Clifford Lumber, across the road from the Hinesburg General Store, VT Rt. 116 (up to 10 cars can park at the store, as well). Leader Phyl Newbeck, 899-2908 / phyl@together.net; Co-Leader Bryan Harrington, 899-2908 / alpinefogman@yahoo.net; Social Ride Leader Amy Ross, 324-2137 / vtamy@comcast.net.

Saturday, May 28 – Champlain Bridge Ride. Both rides head out Lake Road and across the bicycle-friendly Champlain Bridge. The 43 mile route (M) stops at Crown Point while the 55 mile route (M) makes a loop on the New York side through Port Henry. Meet 9:15 AM, Vergennes Union High School, Monkton Rd., east parking lot. Leader John Bertelsen, 864-0101 / jo.bertel@gmail.com; Co-Leader Karla Ferrelli, 864-0101 / karla.ferrelli@gmail.com; Social Ride Leader Donna Leban, 862-1901 / lightspd@comcast.net.

3rd annual Onion River Race and Ramble

The Friends of the Winooski River will be holding their 2016 Onion River Race and Ramble on Sunday, June 5. Get your friends and neighbors and enjoy a paddle along the Winooski River between Bolton and Richmond, VT. It promises to be a day of excitement, camaraderie, and fun! Details are at <http://www.winooskiriver.org/race-overview.php>. Please pre-register online.

The Race and Ramble has a paddling class for everyone! Want to paddle but not race? Be a Rambler. Want to paddle as a family? Sign up for the Youth/Family class. Want to race but don't have a long or fancy boat? Join one of the Recreational classes. And of course, there are classes for the fast and furious! We also have an option to compete as a two- to four-person team.

A light lunch by the Richmond Grange is included in your registration fee. There will be music by Colin McCaffrey.

We need volunteers too! Information is available at <http://vols.pt/bZvL8J>. Some of the volunteer slots are early so you can paddle too! We will waive your race fee.

Sponsored by the Friends of the Winooski River with support from Umia Outfitters, Outdoor Gear Exchange, and the Richmond Grange, with the goal of encouraging fun and safe use of the river. Proceeds will be used to protect and restore the Winooski River watershed. More information and updates can be found throughout the month of May on our Facebook page at <https://www.facebook.com/Friends-Of-The-Winooski-River-49057795030/?fref=nf>.

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LEGAL NOTICE

TOWN OF JERICHO DEVELOPMENT REVIEW BOARD NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing at 7:00 PM on Thursday, June 9, 2016 at the Jericho Town Hall to consider the following:

- A request to the DRB by The Jericho Historical Society for Conditional Use approval for a change of use. The applicant is proposing to convert the 1,360 sq. feet of space to commercial (personal, professional services, < 3000 sq. feet) from institutional (preschool). This parcel is located at 5 Red Mill Drive in the Village Center Zoning District.

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

The Mountain Gazette will be running photos of the senior class at Mount Mansfield Unified Union High School.

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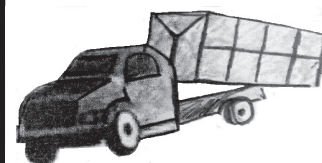
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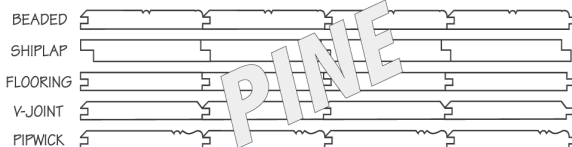
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Sox ticket raffle to benefit Browns River Little League

The Browns River Little League is proud to announce an exciting fundraiser! This year a raffle ticket (or three) will not only help to raise crucial funds for our wonderful baseball program, but will earn you a chance at winning four box tickets to Fenway Park on Sunday, July 3, to see the *Boston Red Sox* vs. the *Los Angeles Angels*! Drawing will be held on Monday, May 23. (Winner does not need to be present.) Tickets: 1/\$5, or 3/\$10. Please contact Dan Randall, drandallvt@gmail.com, to purchase and support our local ball players!

Mater Christi hires new school president

The Sisters of Mercy, Northeast Community, and Mr. Terry Breen, chair of the Mater Christi School Board of Trustees, are pleased to announce the hiring of the new president of Mater Christi School, Mr. Patrick Lofton.

Mr. Lofton was employed for 20 years as an Associate Superintendent of Catholic Schools in Wisconsin and principal, teacher, and fundraiser in Minnesota Catholic schools. Most recently, Mr. Lofton was the Executive Vice President/Chief Operating Officer of the National Catholic Educational Association in Virginia.

Patrick and his wife, Dr. Sheri Lofton, plan to relocate in Vermont. They have three college-age daughters. Mr. Lofton will spend time in May and June in Burlington, sharing ideas with the principal of Mater Christi School, Anthony Fontana, and observing the school while it is still in session. Dr. Sheri Lofton will spend some of that time transitioning out of her Virginia-based medical practice.

In his letter of acceptance, Patrick Lofton included these thoughts: "As a lifelong Catholic educator, I am truly inspired by the history and legacy of the Sisters of Mercy and their efforts to found and support Mater Christi School. Your school has a long, proud and blessed history, as well as a promising future due to the dedication, sacrifice, and unwavering commitment of the Sisters of Mercy, as well as the larger community. I feel so very fortunate and privileged to be joining your community."

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<p>Fletcher - \$229,500 4 bedroom, 1.5 bath home w/ covered porch on private 2.8 acres. Post and beam ceilings in the updated & sunny kitchen and dining rm. Living room is bright & open with hardwood floors & woodstove. Lots of improvements! Patio and horseshoe pit for BBQ's and fun. 2 car detached garage.</p>	<p>Jericho - \$145,000 Wonderful location for your business in the village of Jericho. 936 sq ft, 1 story building. Was originally the Post Office. River passes to the north with large parking to the front & side. Main front rm, back rm w/ rear door. Excellent frontage and exposure. Updated wiring, central air, oil heat and full basement.</p>

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