

Howe stepping down from Jericho Selectboard

From Wayne Howe, Jericho

(October 10)

Dear Neighbors,

At the end of our last Selectboard meeting I tendered my resignation as a member as of Sunday, November 5, 2023. I have enjoyed my involvement in town affairs these last eight years, but it is time for me to yield to others who have new skills to take Jericho forward.

During my time on the Selectboard we worked through personnel changes in all departments. We completed a comprehensive review of all our policies, including financial and personnel. These documents provide vetted and approved procedures that ensure transparency and consistency in the town's work. We maintained services through the pandemic. We began the distribution of ARPA funds. We ensured police, fire, and emergency services for our town. We began addressing highway department building needs. Importantly, we supported steps to diversify our housing stock, and recognized that shovel-in-the-ground infrastructure improvements are overdue.

It's been remarkable to have more than 60 volunteers in town committees working alongside us. I'm grateful to all our town employees, including the highway department crew, John Abbott, and to the exemplary work of Paula in her role as assistant town administrator. All these folks, along with members of the UJFD, are committed to making our community stronger. It's been great to be a part of that.

Thanks everyone for your support and my best wishes for Jericho's future.

Thanks and so long

By Amy Grover, Bolton Town Clerk and Treasurer

To the Bolton community,

I have submitted my formal letter of retirement as Town Clerk, Town Treasurer, and Delinquent Tax Collector to the Select Board, effective December 31, 2023.

The Select Board will be seeking to appoint my replacement until Town Meeting Day 2024, at which time the positions will be open for election as two years remaining on a three-year term.

It has been an honor and a pleasure to serve my community for the last 10+ years, and I have so enjoyed getting to know many of you. I am proud of what we have accomplished together, and I thank you all for your support, your trust, your appreciation, and for allowing me the privilege of being part of "Team Bolton."

Bolton seeks Town Clerk/ Treasurer, Delinquent Tax Collector

By Amy Grover, Bolton Town Clerk and Treasurer

The Bolton Select Board is seeking to fill the position of Town Clerk/Town Treasurer/Delinquent Tax Collector for the Town of Bolton.

General purpose: This position is responsible for overseeing the administration of public records, elections, licensing, vital records, collection of taxes and fees, and delinquent tax collection. This position is also responsible for the appointment and supervision of the Assistant Town Clerk/Assistant Town Treasurer, election/poll, workers and other statutory duties. This position provides the town's public contact and town communications, support for town boards, and FEMA and grant administration. This is a salaried position with a generous



Fun facts about butterflies

Many if not most species of caterpillars (and many other insects and animals) tuck themselves into leaves on the ground for protection from cold weather and predators. • Butterflies actually have four wings, not two. • Butterfly wings are transparent. • Butterflies use their feet to taste. • Butterflies only live for a few weeks. • Butterflies have a liquid diet. • Adult butterflies are attracted to red, yellow, orange, pink, and purple blossoms that are flat-topped or clustered and have short flower tubes. • Though they may seldom catch them, kids love to chase butterflies. • The natural salt and minerals in our sweat can draw a butterfly to land on our palms — it is just as sweet as a flower's nectar to butterflies.

PHOTO COURTESY OF BERNIE PAQUETTE

Mills Riverside Park closes West Fieldstone Loop Trail

By Livy Strong, Chair, Mills Riverside Park, JUPD Board

The West Fieldstone Loop in Mills Riverside Park, Jericho, is being improved with better drainage and more material. It will take a number of months until it hardens.

Please do not ride your horse or mountain bike on this trail. We will let you know when the trail is ready to be reopened for these recreational uses. Thank you!

benefits package. For the full description, see the Town of Bolton website www.boltonvt.com.

Qualifications: Must be a registered voter of the Town of Bolton per Vermont State Statute. This position becomes an elected position at Town Meeting, March 5, 2024, and therefore, does not require specific pre-election educational and/or work experience prior to employment.

To apply: Interested parties must submit a letter of interest, resume, and provide three references. Please submit electronically to selectboard@boltonvt.com, or hard copies by hand or via the USPS to the Select Board, c/o the Town of Bolton, 3045 Theodore Roosevelt Highway, Bolton, VT 05676. Position open until filled. The Town of Bolton is an equal opportunity employer.

NEWS BRIEFS

Lamoille County Democrats meeting October 28

By Christy Liddy, Lamoille Democrats Chair

The next Lamoille County Democrats meeting will be Saturday, October 28, 9:00 – 11:00 AM at the Hyde Park Town Clerk's Office. Our main goal for the meeting will be to reorganize the county officers. We will have breakfast items, but please bring your own water or coffee. For more information: <https://www.lamoilledems.org/home>.

How Jericho roads got their names

By Jessica Alexander, Jericho Town Clerk

There will be a discussion about the history of Jericho Road names in the Community Room at the Jericho Town Hall, 67 VT Rt. 15, on Tuesday, October 24, 5:30 – 6:30 PM. This meeting will be a hybrid format, in-person as well as via Zoom.

This discussion will be similar in format to the history of Jericho schools and the history of baseball in Jericho discussions that took place in 2021. Some of the information is in the History of Jericho Volume III and some of the information is going to be presented by Paul Alexander.

Paul grew up on Steeple Bush Hill and as a college student he interviewed his father Wayne about Jericho road names. Wayne Alexander was on the initial road naming committee that was formed in the 1960s.

We are grateful that MMCTV will be filming the event so that it can be archived. I am hoping to have a history site organized on the Jericho Town Website so that you can view these history discussions as well as the memory map projects that MMCTV has completed with students about specific roads including Browns Trace, Barber Farm Road, and Raceway Road.

If you know about Smoky the cat or have a funny or serious story to share about a Jericho road name, please plan to attend.

Lamoille kennel no longer taking Cambridge animals

By Jonathan DeLaBruere, Cambridge Town Administrator

Cambridge is no longer with a kennel for our county. We are looking out to community members for a possible short-term solution to the current predicament of having nowhere to host lost, stray, or abandoned dogs. We are in search of a heated, lockable space that could hold three to four dog crates; as incidents come up for our beloved companion animals, we aim to provide them with a high level of safety, cleanliness, and companionship during their time of stress.

State requirements for kennels are that these spaces be heated as we are approaching winter and we all know how cold it can get in our area, and we require it to be lockable so that the safety of the animals can always be paramount by eliminating anyone just walking into the space and startling them. By restricting those who have access to the area, we are providing the animals the opportunity to be kept in a calm state, contained from injury to themselves or another human, and provided the chance to decompress after whatever adventure put them into our custody.

Please contact Melissa Mitchell, Dog Control Officer, at 802-644-2251, Option 5, or Jonathan DeLaBruere, Town Administrator, at 802-644-2251, Option 2, if you have an interest in, or learning more about, providing a facility on a short-term basis. Thanks so much.

News briefs continued on page 2



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Four Underhill farms showcased: Underhill scientist Sandy Wilmot documented local farm innovators, with MMU students Derek Hefel (center) and Verity Thomson behind the cameras. The result is a nearly hour-long look at four farms, filmed this summer. You can watch it at <https://archive.org/details/UnderhillFarmsFinalDraft>. The Underhill Planning Commission will also show it at an upcoming potluck event.

MMU Fall Sports: MMCTV has ramped up its MMU fall sports coverage, recording and livestreaming a record number of games this season! From varsity soccer and football to field hockey home, our crew has been there. Shoutout to our middle school and high school students who help make this possible — and to some great student and parent commentators! Check out our channel (<https://www.youtube.com/@2mmctv/streams>) for live games or review the MMU Sports archives at <https://archive.org/search?query=MMU+sports&sort=-publicdate> for past games.

MMCTV Open House October 21: A lot of organizations call the Richmond Town Center home! Stop by the Richmond Town Center open house on Saturday, October 21, 1:30 – 4:00 PM to learn more about us. Some of our non-profit and cultural building neighbors will also be taking part!

Get Spooky with MMCTV! Stop by the Richmond Town Center this Halloween for tricks and treats! Stand outside to enjoy a spooky media performance at nightfall, and those in costume will be able to Trick-or-Treat! To help make this happen, we are also looking for projectors. If you have one you would be willing to loan us, please email mmctv15@gmail.com.

MMCTV's video of the Jericho Corners Walking Tour with Gary Irish, sponsored by the Jericho Historical Society on August 20, 2023, is available for viewing at <https://archive.org/details/jericho-corners-tour-08202023>.

Here is a link to a recent Community Senior Center presentation on *Vermont's Wild Bees*, filmed at the Richmond Free Library: <https://archive.org/details/CSCBeeLecture10052023>.

A tale of two trees: the mysterious survivors

By Louise Miglionico and Don Tobi (Jericho Tree Warden)

From *History of Jericho, Volume 1*: "Numerous elms about town adorn our highways and beautify the fields. These majestic trees seem to say to the boys and girls, 'Stand erect,' while their bending limbs suggest to all, the graces of character and the symmetry of life."

Jericho, as so many other towns and cities in the United States, was once adorned with American elm trees (*Ulmus americana*). Americans loved the elm as it was thought to be a symbol of American freedom. There are old paintings depicting colonists planning the Revolution standing under elm trees.

Things changed, though, with the introduction of two organisms into the U.S. in the early 1900s.

The first, the European elm bark beetle (*Scolytus multistriatus*), arrived in the U.S. from Europe in the 1930s on imported wood. Once established, this beetle along with our native elm bark beetle (*Hylurgopinus rufipes*) proved to be very effective vectors of the also recently introduced Dutch elm disease (*Ophiostoma ulmi*). The disease most likely originated in Asia but spread to Europe and Great Britain around 1900 and then to the U.S. in the early 1930s. This is a fungal disease that kills elm trees by plugging up the vascular system with fungal hyphae, basically stopping the flow of water and strangling the tree.

The reason why the disease is called Dutch Elm Disease is because Dutch researchers were the first to identify it. In the U.S., federal, state, and local governments were unable to save the elms despite devoting much money and research. During the 1960s, the American elm all but disappeared from the streets and parks of the American landscape.

Elms in Australia, Alberta, British Columbia, and New Brunswick are not as affected by Dutch Elm Disease due to their geographical location and to programs involving immediate removal of symptomatic trees and very active quarantine enforcement.



Somehow, two American elms have survived along VT Rt. 15 in Jericho Corners. The first of these can be found just over the Essex/Jericho town line. This elm has been designated as the Jericho Town Tree.

The second survivor is across from the Jericho Town Office building, in front of the Miglionico residence.

The town of Castine, ME has an amazing story of American elm survival. In their historic village, 300 still exist! In the '60s and '70s, the town injected the trees with an experimental fungicide. They continue to inject the trees with a fungicide and keep new infections — evident as the yellowing of leaves on smaller branches — pruned out of as many trees as they can. They also replace fallen elms (which does occur) with saplings, which are bred to resist fungus.

So, why have the two elms on VT Rt. 15 in Jericho survived?

They most likely are resistant to either the feeding of the imported bark beetle or to the disease or maybe both. No one really knows, but let's hope that they can maintain their resiliency.

COLLEGE NEWS

Zachary Burns of Jericho, VT graduated from the University of Hartford, West Hartford, CT in May of 2023 with a BMUS in Music Production & T.

News briefs continued from page 1

JETF Repair Café event October 28

By Phyl Newbeck, Jericho Energy Task Force

The Jericho Energy Task Force will be holding our first Repair Café on Saturday, October 28, 9:00 AM – 1:00 PM at the Jericho Community Center on Browns Trace, Jericho Center. We will have a dozen volunteers with skills including sewing, troubleshooting on electrical, mechanical, and pneumatic machines and software, knife sharpening, gadget and bike repair, and woodworking who are ready, willing, and able to provide repairs to people bringing in items.

Those interested in coming should fill out the online form at https://docs.google.com/forms/d/1PTM-ZG7JwmXbEbFnwKxGc2m-24v4PYSJziemZie_wKo/edit or call 802-899-1235 (leave a message) so our volunteers will know what kinds of problems they'll be addressing. If you're not sure when you can come you can leave the time blank, but those who pick a time will get priority over walk-ins.

Feel free to email vtphyl72@gmail.com with any questions.

Westford Recreation Committee meeting draft minutes

By Amanda Gifford, Westford Recreation Coordinator

The full draft minutes of the Tuesday, October 3 meeting can be found online at https://docs.google.com/document/d/1loNI353Z58-ol_2V11hCnv1VAptYSEULgPQ6c9rwZXA/edit?usp=sharing. Of particular note:

- The Halloween Walk (Sunday, October 29) has added a Halloween Pumpkin decorating party the day before (Saturday, October 28).
- Turkey Trot registrations are racing in, more volunteers are needed.
- Fotsal will start soon.
- Youth Basketball is being discussed, volunteer coaches needed!
- The Community Ice Rink will need a dedicated Rink Master if it is going to continue being an option for Westford. The WRD Committee cannot set it up, maintain it, and take it down. Help from the Community will be necessary.

• On that note, a reminder, The WRD has a .3FTE staff person. The Committee is made up of volunteers and can facilitate programs, but not staff them. Please do not compare Westford with Essex, Fairfax, or other towns that have multiple paid staffers!

Jericho updates

This month *Join In Jericho* features Selectboard Chair Catherine McMains. Read more at jerichovt.org/Celebrating-Each-Other.

Planning Commission: The Planning Commission will have a final review of the Town Plan draft and then vote to submit the plan to the Selectboard and file a copy with the Town Clerk for public review. An updated draft version is posted at jerichovt.org/town-plan-2024. There is also a hard copy on display at Jericho Town Hall.

The Town of Jericho is in need of an Animal Control Officer who can provide assistance in reuniting lost dogs to their owners. We are also looking for a location to house the dogs until owner is found. If anyone has any interest, please contact the Town of Jericho at 802-899-9970 x 3.

Upcoming meetings:

First Monday: Diversity, Equity, Inclusion Committee: <https://jerichovt.org/diversity-equity-inclusion>

First Tuesday: Planning Commission: <https://jerichovt.org/planning-commission>

First Thursday: Select Board: <https://jerichovt.org/selectboard>

Second Monday: Trails Committee: <https://jerichovt.org/Trails-Committee>

Second Tuesday: Affordable Housing Committee: <https://jerichovt.org/jericho-affordable-housing-committee>

Second Wednesday (as needed): Development Review Board: <https://jerichovt.org/DRB>

Missed a meeting? MMCCTV records and posts videos of our Selectboard, Planning Commission, DRB, and Affordable Housing Committee Meetings. To view past meetings, click on the MMCCTV button, which can be found on the right side of each respective JJJ committee web page, and find the videos posted in chronological order for each committee.

Rural Caucus public meeting: what is needed for rural Vermont?

The Rural Caucus invites Vermonters to share thoughts on what is necessary for rural Vermont to recover, adapt, and increase resiliency in the wake of the July floods.

The Caucus will be held on Wednesday, October 25, 5:30 – 7:00 PM, on Zoom; register for Zoom information at <https://bit.ly/ruralcaucusrecovery>.

Who should participate? Vermonters with constructive ideas to share — we need to hear from you! We're looking for actionable ideas and insights from rural Vermonters as to what can be done legislatively to help our rural communities recover from the flood and be more resilient in the future. This meeting will provide insight and perspective that will help guide the work of the Rural Caucus in the upcoming session and beyond.

While it is helpful to hear about the impact on the flood in your community or sector, it's most helpful for us to hear about concrete policy recommendations to address the challenges all rural communities face. Participants will have two minutes each, so please be focused and concise in your remarks.

We'd also welcome your written remarks as well (or instead). Send written testimony to mpriestley@leg.state.vt.us.

Space is limited so please register online at <https://bit.ly/ruralcaucusrecovery>.

LIMITED TIME

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- ✓ Up to \$10,000 per rental unit on appliances and in-unit equipment
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- ✓ Technical assistance

Learn more at

efficiencyvermont.com/flood

Please complete all FEMA processes before applying to Efficiency Vermont's rebates.



*Funding is subject to availability and eligibility. For the most up to date rebate information visit www.efficiencyvermont.com/floodrebates.

COMING EVENTS

Ongoing Events

The Jericho Historical Society meets at the Old Red Mill, VT Rt. 15, Jericho on the second Thursday of each month (November 9, December 14) at 6:00 PM. Visit our website for more information or to request a zoom invitation: <https://www.jerichohistoricalsociety.org/events.html>.

Craft Group: meets twice a month on Thursdays (October 19, November 2 and 30, December 14 and 28), 6:00 – 8:00 PM, Deborah Rawson Memorial Library, 8 River Rd., Jericho. Open to anyone interested in coming with any craft they like: crocheting, rug hooking, knitting, needlepoint, watercolors, jewelry making, macramé... you name it! November 2 will be our “swap meet” where people can bring their surplus yarn, craft books, and other crafting materials to swap and perhaps pick up some new “goodies.” Anything left over at the end of the evening will be donated to charity. If you have any questions please contact Amy Tower, 802-355-9671 or atowerinvt@gmail.com, or Julie Hehir, 802-899-3199 or juliehehir@comcast.net.

Cribbage Group: meets the first Tuesday of the month (November 7, December 5), 10:30 AM – 12:00 PM in the meeting room at Deborah Rawson Memorial Library, 8 River Rd., Jericho. It's okay if you're a little rusty — come join us for a friendly game.

Calvary Episcopal Church Soup and Bread Supper, on the last Thursday of the month (October 26, November 29, December 28), 5:00 – 7:00 PM, Calvary Episcopal Church, VT Rt. 15, Jericho. Come and enjoy some great soups and fellowship with your friends and neighbors.

Bone Builders Class: at the Jeffersonville Church (Second Congregational Church of Christ, 16 Church St., Jeffersonville) from 11:00 AM – 12:15 PM on Mondays and Thursdays. It is a drop-in class, but first-timers have a couple of pages to fill out and sign. It is free, but a donation bucket is available for those wishing to reimburse the church for the use of the space. All are welcome. We have a good time — be prepared for some laughter as well as improving your strength and balance. Call Melody Tobin (802-644-2409) to discuss, or just show up.

Weekly Community Choir on Thursdays — If you love to sing (or want to join in on the piano to help folks learn parts and play accompaniment), come join *Mountainsong!* We are a volunteer-run community singing group that harmonizes together in four parts on Thursday evenings! We meet from 6:30 – 8:00 PM on Thursdays at the Mount Mansfield Unitarian Universalist Meeting House, 195 VT Rt. 15, Jericho (across from Packard Road). Whether you sing in the shower, sing Karaoke, or just like to sing in harmony with others, bring your voice and join us! Do you learn by ear or read music? Either way, you'll be comfortable in our group. You don't have to be a great singer — our aim is to sing for the joy of singing (no performances except for one short one for family and friends at the end of the season). We sing most weeks, and you can come as often as you are able; if you miss the first one or two (or more), no worries! Cost: \$1 a week toward space rental. We also ask for a contribution to purchase music for the group of \$7 per semester (fall and spring). Planning to come? Please email Doug Varney so that we have enough copies of music for our first meeting. Questions about the group? Contact Lynne Robbins, 802-899-2436 or lar.2436@gmail.com, or Jean Archibald, 802-899-5219, or just show up on a Thursday evening!

Coming Events

Monday, October 16

Scam Jam, 7:00 PM, Community Center in Jericho, 329 Browns Trace, Jericho Center. There are people out there who have very sophisticated methods for separating you from your hard-earned money. Residents of Jericho and nearby communities are invited to attend a scam-jam by Elliott Greenblott, a volunteer AARP Vermont Fraud Watch Coordinator, explaining the numerous techniques of con artists and steps to take to avoid victimization. This community service is sponsored jointly by the Jericho Center Preservation Association and the Jericho Town Library.

Wednesday, October 18

Public hearing on draft management plan for Mills Riverside Park, 7:00 – 8:00 PM at the Deborah Rawson Memorial Library project room, River Rd., Jericho. The Jericho Underhill Park District board has been working on a draft management plan for Mills Riverside Park; the plan can be found at https://www.millsriversidepark.org/fileadmin/files/Legal/JUPD_Management_Plan_06-07-23.pdf. Feedback is welcomed and can be sent to jupdistrict@gmail.com.

Saturday, October 21

NorthernShire Fall Work & Play Party, 1:00 – 11:00 PM into the night (come by at any time), 14 Maple Leaf Rd, Underhill. Come connect with community at this event, which is free and open to all. We're excited to meet more neighbors! Tentative schedule: 1:00 – 4:30 PM, working on projects, jumping in leaf piles, carving pumpkins and enjoying the land and good company; 5:00 – 5:30 PM: fire lighting and singing; 5:30 PM: potluck dinner. All are welcome to stay and celebrate with songs and stories around the fire into the evening. Hope to see you here (but please leave furry friends at home)!

Restoring Old Growth Characteristics to the Catamount Community Forest, 1:00 – 3:00 PM, Catamount Community Forest, Williston. Join us to visit the site of a recently completed forest management project — helping VT forests adapt to climate change — at the Catamount Community Forest. This project involves managing a relatively young forest for old growth characteristics, creating the habitats and the qualities of an old growth forest centuries sooner than they would naturally occur. This is part of a national research project studying how to manage forests in a changing climate. We'll explore effective ways to manage our forests for resilience and adaptability while also achieving other goals, including biodiversity conservation, forest health, renewable resources, and bird habitat. We can help our forests stay healthy and productive while continuing to provide all the benefits we depend upon. Trip leaders are Ethan Tapper, Chittenden County Forester, and Rebecca Roman, Project Director, Vermont Land Trust. This is the second event in a two-part series. If you came to the first one, you'll enjoy seeing the post-harvest changes. If you didn't make it, please join us to

learn about the project! Free. Sponsored by the Vermont Land Trust and Vermont Coverts. To register and receive more specific location details, go online to <https://vlt.org/events/old-growth-characteristics-at-the-catamount-community-forest/>. For more information, contact maya@vlt.org.

Sunday, October 22

Annual Harvest Ham Dinner (take-out), pickup 4:00 – 5:30 PM, St. Thomas Parish, Underhill Center. Menu: ham, baked potatoes, butternut squash, carrots, coleslaw, rolls, and homemade desserts. Please purchase or reserve tickets ahead of time after all Masses at St. Thomas Church, at Wells Corner Market in Underhill Center, or at Snowflake Chocolates in Jericho. For more information or to place a ticket order, please Teri at the church rectory, 802-899-4632.

Monday, October 23

Transition Town Jericho Resiliency Talk: Composting at Home, 6:00 – 7:30 PM, Jericho Town Library, Jericho Center. Free event! Presentation by local homesteader Reed Sims, *Composting at Home — The Good the Bad and the Beautiful* will cover the joy, the science, the soil and garden benefits, and integrating composting into the family routine. There will be hands-on participation, recipe guidelines, and mature compost results to touch and smell. We'll discuss compost's role in preparing gardens for overwintering, and what to do if your compost appears to have failed. Bring all of your questions and share lessons learned by experience. Please RSVP to TTJericho.VT@gmail.com.

Tuesday, October 24

History of Jericho Road names, 5:30 – 6:30 PM, Community Room, Jericho Town Hall, 67 VT Rt. 15, Jericho. This meeting will be in-person as well as on Zoom (contact Town Hall for Zoom link). Some of the information is in the [History of Jericho Volume III](#). Presented by Paul Alexander, who grew up on Steeple Bush Hill. As a college student he interviewed his father Wayne about Jericho road names. Wayne Alexander was on the initial road naming committee that was formed in the 1960s. MMCTV will film the event so that it can be archived. If you know about Smoky the cat or have a funny or serious story to share about a Jericho Road name, please plan to attend.

Thursday, October 26

Beavers at Brewster Uplands: Reducing conflict, improving habitat, 4:00 – 6:00 PM, Brewster Uplands, Cambridge. What is a Beaver Deceiver, and how does it work? Beavers are ecological engineers that can create incredible wetland complexes, but when they dam culverts, the rising water can damage roads and other human infrastructure. Join us to learn about a strategy that reduces beaver-human conflict without killing beavers. Flow devices keep beavers away from priority culverts, and we'll hear from Skip Lisle, internationally known inventor of the Beaver Deceiver, about the device he has installed here. Presenters: Skip Lisle and Allaire Diamond, Ecologist, Vermont Land Trust. This event is for anyone interested in beavers, wetlands, wildlife, and watershed health. Free; donations welcome. To register and receive more specific location details, go online to <https://vlt.org/events/beavers-at-brewster-uplands/>. For more information, contact maya@vlt.org.

Saturday, October 28

Jeri-Hill residents' Craft Fair, 8:30 AM – 4:00 PM, Jeri-Hill senior housing, 25 Jeri Hill Lane, Jericho, just off Brookside. The Craft Fair benefits the Jeri-Hill gardening fund to enable the planting of vegetable gardens, trees, and pollinator gardens, and to purchase benches; and to share the beauty of these with the larger community. The crafts featured include jewelry, hand-knitted items, wreaths, handmade doll clothes, bird houses, picture frames, plants, flower pots, books... and more — delicious soups, baked goods, and 50/50 raffle.

Saturday, October 28

Vermont's Grand Ghosts & Weird Wonders, a talk by Joseph A. Citro, 1:30 – 2:30 PM, Jericho Community Center, 329 Browns Trace, Jericho Center. This event will not be filmed, so do come in person! Join sponsors Jericho Historical Society and Deborah Rawson Memorial Library for a pre-Halloween sampler of delightful local oddities. Bring a spooky tale to tell or an unsettling experience to share! A Q&A session will follow the presentation; a selection of Citro's books will be available for purchase. For additional information contact info@jerichohistoricalsociety.org or visit <https://www.jerichohistoricalsociety.org/events.html>.

Jericho Energy Task Force Repair Café, 9:00 AM – 1:00 PM, Jericho Community Center, Browns Trace, Jericho Center. A dozen volunteers with skills including sewing, troubleshooting on electrical, mechanical, and pneumatic machines and software, knife sharpening, gadget and bike repair, and woodworking will be ready, willing, and able to provide repairs to people bringing in items. Please fill out the online form at https://docs.google.com/forms/d/1PTM-ZG7JwmXbEbFnwKxGc2m-24v4PYSJzIemZle_wKo/edit, or call 802-899-1235 (leave a message) so our volunteers will know what kinds of problems they'll be addressing. If you're not sure when you can come you can leave the time blank, but those who pick a time will get priority over walk-ins. Please email vtphyl72@gmail.com with any questions.

Sunday, October 29

4th Annual Westford Halloween Walk, 1:00 – 3:00 PM, Westford Town Common, VT Rt. 128, Westford. This new tradition for Westford is a free spooky trick-or-treat walk for our Westford youngsters and young-at-heart folk, planned and (g) hosted by your Westford friends and neighbors. Volunteers from the community will conjure spooky décor for their trick-or-treat tables, which will be spread out on the Common. If possible, please bring a nonperishable food item to support the Westford Food Shelf. Contests for best pumpkin carving and best painted pumpkin, and for the spookiest table decorations, so be sure to vote before you leave. More to come on prizes for best tables and pumpkins, but they will be hair-raising! Volunteers needed to decorate spooky tables and provide candy to little boos; also are seeking donations of extra bags of candy (drop off at the Westford Public Library, pumpkins, corn stalks, or a general donation to offset costs. For questions, donations, or to claim your table, please email your hosts-with-the-most at westfordhalloween@gmail.com.

Thursday, November 2

Farrell Chiropractic Center food drive, through the day, VT Rt. 15, Jericho. Help support the Essex/Jericho/Underhill Food

Shelf this holiday season — bring in a bag of food or a cash donation for the Food Shelf and you will receive a complimentary adjustment or laser session. Also available: raffle tickets to benefit the Food Shelf from various local businesses, including Salt and Bubbles, Lucy and Howe Brewing Company, Brewhouse Coffee Company, Palmer Lane Maple, Autosmith, Jerihill Ace Hardware, Sweet Clover Market, Farrell Chiropractic Center, and more. To purchase raffle tickets, go online to <https://www.zeffy.com/en-US/ticketing/b7c91394-c6df-4839-9c6e-5fbaa233842b>.

Saturday, November 4

Create and Connect Craft Day for Josh's House, 10:00 AM – 6:00 PM, Community Center in Jericho, 329 Browns Trace, Jericho Center. This one-day, in-person event welcomes crafters of all kinds and is designed to focus on you and your projects. There will be giveaways, games, door prizes and more. If you pre-register and are paid in full before October 1 the cost is \$50, non-refundable, per person. Your fee includes eight hours of nonstop fun and your own six-foot workspace. Lunch will be provided. Water will be provided all day. All proceeds go to the Josh Pallotta Fund to benefit Josh's House, a wellness and recreation center for our veterans. Contact Tassie Blondin, tassiecreates@gmail.com, for additional information and to register.

Sunday, November 5

Vets Town Hall, 1:00 PM, McCarthy Arts Center, Saint Michael's College, Colchester. At this and four other dates and times around Vermont, Vets Town Halls are community forums aiming to increase understanding and create connections between local veterans and the community at large. Learn more and RSVP at vtvetstownhall.org. RSVPs are required for meals, but optional for the Vets Town Halls themselves. For more information including the dates and times of the other events, contact vermont@vetstownhall.org.

Saturday, November 11

Craft Fest Celebration, 9:00 AM – 3:00 PM, First Congregation Church, 39 Main St., Essex Junction. The event includes handmade/homemade goods by local artists, a silent auction with original artwork, antiques, retail gift certificates, over 25 different themed baskets, and more — a Sweet Shoppe featuring a wide variety of homemade goodies and treats; luncheon with chili (meat and veggie options), butternut squash soup, mac 'n cheese, hot dogs, and drinks and nearly new gently used treasures galore. All visitors will be entered into a big Holiday Basket Drawing! Contact Linda Bogardus, lbogardus@myfairpoint.net, for more information.

Saturday, November 18

Westford Turkey Trot, 8:30 AM – 12:00 PM, Westford Elementary School, 146 Brookside Rd., Westford. This Westford Recreation event benefits and supports children and families of Westford. Pre-register for this event by Wednesday, November 1 to receive a free event shirt! Register online at <https://www.runreg.com/westford-turkey-trot>. Race Day Registration and Packet Pickup will be in the Gym from 8:30 – 9:30 AM. Tot Trot begins at 9:45 AM; 10K and 3K Races start at 10:00 AM. Post-race concessions available for purchase in the gym, hosted by the Westford Common Hall. After the last runner finishes, we'll announce the race winners (around 11:45 AM), and award raffle prizes. Race day volunteers and raffle items are still needed — if you would like to volunteer or donate a raffle item, please contact Race Coordinator Meghan Valyou Orisko, valyoum@gmail.com or 617-999-4772.



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HEALTH NEWS

Weekly fitness classes at Jericho Community Center

Join your friends and neighbors for an hour of movement, fun, and laughter as you discover your best body and calm mind: Your Best Body Movement Class at the Jericho Community Center on Browns Trace in Jericho Center, Tuesdays and Thursdays, 6:00 – 7:00 PM. There is a six-week session, one class a week (\$48 (6 classes); or all 12 classes, \$80 (October 17-November 23).

Whether you are an elite athlete or just beginning, we are all the same when it comes to having fun and learning to find our best personal fitness practices. This class melds core concentrations for stability and safe movement with muscular strength and endurance gains that ease joint pain and enhance all your indoor and outdoor fun and games. To cap off the session, we will introduce and practice Pilates and Yoga techniques that stretch your muscles and soothe your mind.

Session offered by Trish Densham, long time fitness professional, certified personal trainer and advocate of all things in motion. To sign up or to find out more, contact Trish at tdmover@gmail.com or 802-999-1265.

News from Healthy Lamoille Valley

By Jessica Bickford, Healthy Lamoille Valley

October is Prevention Month. During October, we celebrate all the possibilities that prevention brings. Together, we are partners in prevention!

Congratulations to our New 3-4-50 Partner

Congratulations to chef and owner Bryan Palilonis and the team at Caja Taqueria on becoming a 3-4-50 partner! At Healthy Lamoille Valley's strategic planning event this past June, Caja Taqueria provided us with a delicious lunch and when informed about the 3-4-50 initiative, Bryan made the commitment to becoming a 3-4-50 partner on the spot! To join Bryan and 30+ other partners in our community check out our 3-4-50 Partnerships page, <https://www.healthylamoillevalley.org/3-4-50-partnerships/>.

Consider a Dry Halloween

Coalition member Dr. Katie Marvin published an opinion piece in the *News & Citizen* recently on the importance of substance-free Halloween celebrations and the benefits for children and youth in the community. Read it online at https://www.vicng.com/news_and_citizen/opinion/opinion_columns/this-year-shouldn-t-we-all-consider-a-dry-halloween/.

Upcoming events:

HLV Strategic Action Planning: Alcohol Prevention, Tuesday, October 24, 8:30 – 11:30 AM, Green Mountain Support Services. Join us for our third session of action planning. We'll also be awarding recipients of Healthy Lamoille Valley's 4th Annual Prevention Honors. Breakfast provided, catered by Two Sons Bakehouse. Learn more and register by Sunday, October 22 at <https://www.healthylamoillevalley.org/prevention-honors-action-planning/>.

National Prescription Drug Take Back Day is Saturday, October 28, 10:00 AM – 2:00 PM. This is a great opportunity to turn in your unwanted, unused, or expired medications. Find participating Take Back Day sites in Vermont at <https://www.dea.gov/takebackday>. Learn more about other ways to dispose of medications on our website: <https://www.healthylamoillevalley.org/rx-take-back-10-23/>.

HLV strategic action planning, prevention honors

By Jessica Bickford, Healthy Lamoille Valley

All are welcome to join Healthy Lamoille Valley for our third session of action planning to prevent and reduce youth substance use and increase the overall health and well-being of our youth. Youth, parents, educators, and community partners are welcome!

The event will be held on Tuesday, October 24, 8:30 – 11:00 AM, at Green Mountain Support Services, James Rd., Morrisville.

We'll also be awarding recipients of Healthy Lamoille Valley's fourth annual Prevention Honors! Breakfast will be provided, catered by Two Sons Bakehouse.

Learn more and register at <https://www.healthylamoillevalley.org/prevention-honors-action-planning/> by Sunday, October 22.

We look forward to seeing you there!

Head lice

With school back in session, I find myself trying to head off many questions about head lice.

Head lice are tiny tan to reddish brown insects, about the size of a sesame seed, that love to live on the scalp of your child, bite into the scalp, cause itching and scratching, and eventually lay their yellowish-white eggs — or nits — right on the hair shafts. They differ from a speck of dandruff in that they are tougher to remove from the shaft of the hair, whereas a flake of dandruff comes off easily.

If you are concerned that your child may have head lice, read on for some hair-raising information on the topic.

- Having head lice does not indicate a lack of hygiene or sanitation on the part of the person who gets them. Lice can spread whenever children's heads touch — while sharing a book at school, during sports, sharing combs or other hair accessories, or in the bouncy castle at a party or event. Even taking selfies can put children in head-to-head contact.

- Treatment involves the use of an over-the-counter product. This could be anti-lice shampoo, lotion, or crème rinse that your child's health care professional will recommend. These products contain 1% permethrin and require you to follow instructions carefully. After they are used, parents comb out the now-dead lice and nits (eggs) using a fine-tooth comb. The treatment is repeated a week to 10 days later. Clothing or bed linens should be washed in hot water and hair care-items boiled or thrown away.

- What if the treatment doesn't work? If this treatment does not work, it may be because it is not head lice at all but a bad case of dandruff, or the instructions for the shampoo were not followed carefully. It may also be because head lice have become resistant to the usual treatment and your child's health care professional can recommend a prescription anti-lice product.

- Can your child go to school? Since head lice have usually been present for a month or more when discovered, and because they present little risk to others and carry no health risks except for scalp irritation, a child with head lice detected in school should remain in class but be discouraged from having direct head contact with others. Parents can treat their child before they return to school the next day. No healthy child should be excluded from or allowed to miss school because of head lice. That's not just my opinion, but that of the American Academy of Pediatrics.

- Ways to prevent getting head lice. Of course, the best way to deal with head lice is to prevent them from occurring. Tell your child not to share combs, brushes, hair ties, or hats with other children. Keep your sense of humor and realize this problem, though bothersome, will not affect your child's overall health and well-being.

Hopefully, tips like these will do far more than simply scratch the surface of your child's scalp when it comes to dealing with head lice.

Lewis First, MD, is Chief of Pediatrics at The University of Vermont Children's Hospital and Chair of the Department of Pediatrics at the University of Vermont's Larner College of Medicine.

LEGISLATIVE REPORTS

Resource reminder for tenants affected by the flood

By Thomas Stevens, State Representative
Washington-Chittenden House District

This resource is actually a good gateway for ALL tenants. The Champlain Valley Office for Economic Opportunity (CVOEO) has compiled a webpage of resources for Vermont tenants, with a current emphasis on those affected by the flooding in July:

<https://www.cvoeo.org/get-help/vermont-tenants-rights-and-resources>

Please check this site out if you need help.

Off-season legislator connects with residents

By Senator Irene Wrenner, Chittenden North

October 12

Since the Vermont Legislature adjourned in May, I've been

back to living full-time in our district. I'm interested to hear your impressions of what our legislative and executive branches tackled this year — and what was left on the table.

I've made it a point to attend public gatherings, where groups of people can speak with me: municipal meetings, indoor/outdoor concerts, card games, memorial services, lectures, parades, exhibits, fairs, farms, dances, foot races, service projects, thrift stores, potlucks, yard sales, a magic show, a museum, even karaoke.

I've also door-knocked to converse one-to-one. While you may be surprised to see me at your door, visiting constituents in an "off year" allows me to have extended conversations and to meet people I didn't encounter last year.

Quite a few of you have reached out to me by phone or email with ideas for new legislation.

Thank you to everyone who has shared concerns about local and statewide issues, however we connected. I will have plenty to work on when the next session starts in January!

I also ventured outside of our district to tour Camp Johnson

in Colchester and the Vermont Foodbank in Barre. I traveled to Bakersfield on August 28 (<https://www.franklincountynrcd.org/post/two-years-later-lessons-learned-from-the-johnsons-mill-dam-removal-public-event>) to learn how a stream's ecosystem has begun to recover, two years after the removal of the Johnsons Mill Dam. (The state has more than 1000 dams remaining, and we fund those who monitor them.)

This Senate Ag Committee member explored the Eastern States Exposition — "The Big E" — a six-state agricultural fair in West Springfield, MA and site of the only property the State owns outside of our boundaries, the Vermont Building (<https://www.thebige.com/p/thingstodo/avenue/vermont-building/>), in which local products are sold.

At the invitation of a constituent, I attended Stowe's Indigenous Peoples' Day celebration, featuring food, music, crafts, and storytelling.

If you don't see me on your road or at an event, reach out with your concerns at iwrenner@leg.state.vt.us.

WORSHIP SERVICES

Mount Mansfield Unitarian Universalist Fellowship

Sunday services at MMUUF are held at 9:30 AM on the second and fourth Sundays of each month, September-June. Services are led by members of the fellowship and by invited guest speakers, including visiting UU ministers and leaders of other faiths. Each service explores a different topic. Worship, reflect, and sustain one another, within an inclusive spiritual community, built on values of honoring and affirming the worth of every person, striving for justice, participating in the world community, and respecting the natural web of existence. Services will be held at our Barn, located opposite Packard Road at 195 VT Rt. 15, Jericho, and also over Zoom; please contact info@mmuuf.org or 802-899-2558 for how to join virtually. Learn more at www.mmuuf.org and www.uua.org.

Jericho United Methodist Church

Jericho United Methodist Church welcomes you to grow in Christ with us. We hold dear the United Methodist Church's motto: "Open doors. Open Hearts. Open Minds." We recognize that our faith journeys are all unique, just as we as individuals are all unique. Know that whoever you are, whatever you do, you are welcome here. We believe that we grow together or not at all. All are welcome! Join us Sundays at 10:00 AM. There will be music, prayer and message from our pastor, Rev. Taeseob Cho. Please contact Rev. Cho at the church phone number, 802-899-4288, or his email, umcho@gmail.com. Located next to the Jericho Town Hall on VT Rt. 15.

United Church of Underhill

The United Church of Underhill is an active, vibrant community. We are young and old; straight and LGBTQIA; singles, couples, and families; believers, questioners, and questioning believers. We are an Open and Affirming and Reconciling church, which means all ARE truly welcome. We are the Old Fashioned Harvest Market Church, the Clutter Barn Church, and a church of fellowship, mission, and service. We gather to worship together virtually and in-person every Sunday morning at 10:00 AM for a traditional but lively service with music, and Sunday School and nursery for the children. We welcome you to join us for worship or just come in, be still, and contemplate your faith. Located at 7 Park St., Underhill. Pastor's office (with voicemail) 802-899-1722; church secretary email secretary@ucu.church. For instructions on joining worship from home, please see <https://unitedchurchofunderhill.com/joining-worship-from-home/>.

Second Congregational Church, Jeffersonville

The Second Congregational Church in Jeffersonville would like to invite all who feel called to join us for our online church services, Sundays at 10:30 AM. Know that no matter who you are or where you are in life's journey, you are welcome at our church; or in this case, our web-space! <https://www.facebook.com/SecondCongregationalUCC>

Jericho Congregational Church

"An Historic Church Proclaiming an Eternal Message"
On the Green in Jericho Center, VT

Senior Pastor, David Coons and Youth Pastor, Peter Anderson
Sunday School at 8:30 AM for all ages
Fellowship at 9:30 AM
Worship Service at 10:00 AM
Nursery care provided
Youth group 6:15 PM Sundays in our Sunday school building

All are welcome at Good Shepherd, Jericho

You are invited to worship at Good Shepherd Lutheran Church on VT Rt. 15 at 9:00 AM every Sunday. The building is accessible — all are welcome! There are varied musical styles in worship services, including Folk, Contemporary, Celtic, Latin American, and traditional. Weekday online offerings include Centering Prayer. We are an open-minded Christian community with a focus on social justice issues, where people from different faith traditions, along with those who aren't sure where they belong or what they believe, seek the support of a spiritual home. We welcome you in the name and love of Christ. More information is at www.goodshepherdjericho.org or contact Pastor Arnold Isidore Thomas at 802-899-3932 or pastorthomas@goodshepherdjericho.org.

Calvary Episcopal Church

Calvary Episcopal is a welcoming, caring, Christian community called to live the Gospel of Jesus Christ, grow our spiritual gifts, and serve our neighbors. The Spirit is stirring in this little church. Come be a part of it! Calvary is located at 370 VT Rt. 15 in Jericho and worships Sundays at 9:30 AM. The parish administrator can be reached at calvarychurchjericho@gmail.com or 802-899-0453.

St. Thomas Catholic Church

St. Thomas Catholic Church in Underhill Center invites you to join us in person for the Holy Mass at 8:30 AM every Sunday. There is also a vigil Mass at 4:00 PM on Saturday evenings. Our priest, Fr. Richard Calapan, also celebrates Mass during the week, on Tuesdays at 6:30 PM and Fridays at 8:00 AM. Confessions are available on Tuesdays before Mass. Visit us at www.stthomasvt.com or call 802-899-4632 for more information.

Worship services continued on page 5

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COMMUNITY COLUMNS

Initiative to increase understanding between veterans, nonveterans

Veterans invited to share stories, all encouraged to attend and listen at Vets Town Halls in November

Vets Town Hall, a Vermont-based nonprofit that aims to increase understanding between veterans and civilians, is partnering with local organizations to host five events throughout the state in early November. At each Vets Town Hall — in Bradford, Brattleboro, Colchester, Rutland, and South Royalton — veterans are invited to speak for up to ten minutes each about what their service means to them. Non-veterans are encouraged to attend and listen. These events are free and nonpolitical, and all perspectives are valued.

“Having an opportunity to gather with community members assists with the reintegration process and makes it possible for us to move beyond a narrative of conflict by honoring and sharing our stories,” says Jon Turner, Vets Town Hall board member and emcee at the Colchester location. “Attending these gatherings is a reminder of the community we wish to embrace after military service.”

Vets Town Halls were originated by author Sebastian Junger (War, Tribe), who partnered with Seth Moulton on the first such event in Marblehead, MA in 2015. For several years after, events took place throughout the country, but without a centralized way for people to learn more about them. One of those early events — and the first of its kind in Vermont — was the November 2017 Burlington Vets Town Hall spearheaded by local event planner Kristen Eaton. Vets Town Halls have continued annually in Vermont (with a break in 2020 due to the pandemic).

Eaton, who is not a veteran herself, emphasizes that all are encouraged to attend these events, regardless of whether they’ve served: “There’s something profound about listening without judgment or interruption, and that’s a very real way to show up for our community members who are veterans. Vets Town Halls offer non-veterans an opportunity to gain a more nuanced understanding of the experiences of those who have served in the military.”

In 2022, Junger, along with Turner and Eaton, formed the nonprofit Vets Town Hall with the aim of establishing these events in every state — and eventually in every community — in the U.S. Nationally, Vets Town Hall provides resources and consultations on best practices to those interested in starting events. Here in Vermont, the nonprofit is more hands-on, directly facilitating some events, and helping with publicity and outreach for all in-state Vets Town Halls.

This year’s program of Vets Town Halls is the most expansive the state has seen, and partners include emcees Kyle Aines, Marty McMahon, Tristram Johnson, and Jon Turner; venue sponsors American Legion Post 5, the Godnick Adult Center, Saint Michael’s College Military Community Services and Student Veterans Association, and Vermont Law School; local event organizers Sean Braunstein and the American Legion Post 5 Tuesday Coffee Hour; food donors Meals on Wheels and Cabot Creamery Cooperative; the Vermont Veterans Outreach Program; Community College of Vermont; and others. These events are supported in part by Vermont Humanities.

Veterans who would like to speak at this November’s events can indicate that when registering, or reach out to event organizers. Time permitting, veterans are also welcome to sign up to speak during the events themselves. RSVPs, at vtvetstownhall.org, are only required for meals, but are encouraged for all attendees. Questions may be directed to Kristen Eaton at vermont@vetstownhall.org.

“Support of our military does not start with a ‘support the troops’ bumper sticker and culminate with grilled chicken on Memorial Day weekend,” says Rutland Vets Town Hall emcee Kyle Aines. “As military members struggle to reintegrate back into society, it is imperative that society have a clear understanding of what they are transitioning from. The Vets Town Hall is that bridge and connection.”

The Butterfly That Leafed Out

A nature story from Jericho

By Bernie Paquette

Long ago, the people who lived in Jericho and Underhill, Vermont below the great Mount Mansfield were always able to enjoy the spring and summer floating many kites, each carrying their own artistic design. On any warm and sunny day, vibrant colors and patterns frolicked in the gentle breezes. The adults generally

were calmed and delighted, standing in place holding a kite’s tether. Others enjoyed sitting and watching the many wings and tails fluttering across the blue sky.

The people of these communities believed they had the best views of Mount Mansfield, and the best sky views thanks to their kites.

Children were prone to chasing the dainty flying pallets of color. Sometimes reaching up as though they could pull the kites from the clouds, other times opening their palms and outstretched arms to give a kite a lift or a perch to land on. Often they chased the kites back up into the sun and clouds above. Never did they tire though hardly ever did they capture a colorful kite.

Across the region, the kites were viewed as symbols of rebirth, representing change, hope, endurance, and life! They represented new beginnings, giving people hope for what the future was to bring. To catch such a symbol and not release it was to break the cycle of life.

One afternoon a salesman drifted through Jericho and Underhill. Seeing that the townspeople had so much free time on their hands, he recognized a way to sell his (be)wares of rakes, bags, leaf blowers, and lawnmowers. Knowing that their enchantments could not easily be displaced with the monotonous noisy, carbon-spewing, time-stealing tools he would profess they needed, he set out to enlighten them about their status within the community at large.

First, he met up with one family at a time and impressed upon them how beautiful, special, and unique their kite was. Just as before the skies were full of vibrant colors and patterns, but each adult now recognized only one as worthy of their delight. The children continued to see beauty in them all; they were not tempted by external symbols of superiority.

Next, the salesman suggested to the people in the town, how the leaves when blowing about, diminished the beauty of their kites. Only the most colorful flying things must enter your realm, and those who fail to reach such beauty must not be allowed to stay.

And so the townsfolk bought into the stranger’s lure. For the adults that was what mattered most, to the children not so much.

Soon, leaf blowers, lawnmowers, and rakes leashed people away from leisure and thwarted the calm of quiet, not to mention taking more than a bit of change from their pockets.

Still, the children continued to play, chasing the fluttering kites representing the cycle of life.

Until, one fall, fewer and fewer kites and butterflies set out upon the skies. The ones that did wore faded colors and fluttered as though their livelihood hinged on malign influence. The skies no longer were filled with cheerfulness. The adults took little notice as they had their eyes on the ground disposing of leaves. They too began to feel like their lives hinged on the malevolent status symbols they had been sold on.

The town meetings were filled with questions. Why are our children no longer carefree chasing kites? What happened to what we loved most about nature, quiet, and our free time in Jericho and Underhill?

Soon nearly all the kites had vanished. Then only one last kite remained. Its owner held to the old ways and never took her eye off the vibrant colors that represented the cycle of life. She did not adhere to the faux beauty of manicured lawns including re-

moving Mother Nature’s winter blanket of leaves. Alas, one kite cannot live forever.

The last kite was buried under leaves from an old oak witness tree. In the past, the oak tree had captured some of the kites and held them warmly in its embrace until gently releasing them to fall upon the ground in the fall.

The mighty oak tree knew how much the townsfolk, especially the children, had adored the kites. In addition to being compassionate, the oak was full of wisdom and knowledge. Oaks can heal poison, strengthen the sick, and certainly bring vitality and energy through the blessing of the acorn.

The oak leaves were left undisturbed over the kite burial site. The tree and fallen leaves were able to renew the cycle of life.

The wise oak wanted the people to know that you go through changes before you become something beautiful. No stage is permanent. When bad things happen, we should remember this too shall pass. Also, the oak wanted to ensure people knew that the beauty in life should not be taken for granted, ignored, or given up for fleeting symbols.

Thus, the oak tree conspired with Mother Nature to replace the kites with vibrant colorfully patterned butterflies and moths to fill the skies both day and night. These butterflies and moths overwinter in the landscape as an egg, caterpillar, chrysalis, or adult. They use the leaf litter for winter cover, and some caterpillar species would eat dead leaves. This design was to remind people that all beautiful things need a place to go home, sleep, eat, refresh, and overwinter. If their required habitat is left undisturbed, hope and faith will be honored with the fluttering of delicate wings of beautiful and diverse colors and patterns dancing in the sky, and occasionally frolicking with the children that chase them.

Ever since then, the butterfly has been a symbol of transformation, hope, and faith. The butterfly is also a symbol of rebirth since it goes through so many life cycles — from larva to caterpillar to chrysalis and finally to a beautiful, flying butterfly.

Today, when the children stretch out their arms on a warm sunny summer day, a butterfly may indeed land on them. The natural salt and minerals in sweat can draw a butterfly to land on a child’s palms. The child’s sweat is just as sweet as a flower’s nectar to butterflies.

Birds rejoice in turning over and tossing leaves in search of food, especially the highly nutritious caterpillars whose soft bodies are perfect little sausages to stuff down their babies’ throats.

Just as each kite took on its own unique beauty, so too does each butterfly and moth species. Butterfly wings are covered with thousands of tiny scales overlapping in rows. The scales, which are arranged in colorful designs unique to each species, are what give the butterfly its beauty.

Butterflies and moths remind us to be light and free. Have some fun. Be in the moment. Look up and around at all LIFE forms and species.

From butterflies’ association with change and transformation, take time to bask in the sun the next time you see one, allowing it to energize you for whatever change you’re going through.

Remember, a caterpillar has as many as 4000 muscles in its body but it is no match for a leaf blower, or a lawn mower. Most importantly, caterpillars become beautiful butterflies and moths to pollinate and feed other animals — only if they have the habitat they need to live their full life cycle.

LIBRARY NEWS

DEBORAH RAWSON MEMORIAL LIBRARY

Fall hours: Tuesday and Thursday, 10:00 AM – 8:00 PM; Wednesday and Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM; Sunday: 1:00 – 4:00 PM.

October is Domestic Violence Awareness Month. If you would like to learn more, we have a program on Thursday, October 26, 6:00 PM, to go over basic info such as myths and resources. See more online at <https://www.drml.org/event/domestic-violence-101/>.

The Deborah Rawson Library Basket Raffle begins on Wednesday, November 1 and finishes on Thursday, November 30. We currently have eight baskets and we would like to have at least ten. Topics covered include: Breakfast Foods, Horses, Movies, Chocolates, Jams & Jellies, Books & Reading, and Coffee. We would love to have baskets for dog lovers, gardeners, outdoors, cats, birds, art supplies, writing, music, textiles, knitting, baking, maple products, or any topic you might like to choose. Baskets should have a value of at least \$50. Bring the basket (or box) to the library the last week of October. If you have any questions, please contact Connie, 802-899-3034. Thank you!

Wednesday, October 18, 9:00 – 11:00 AM: The Great Potato Dig! The library’s Master Gardeners are inviting all who’d like to join this annual event! Work with the Master Gardeners and the group to dig, clean, weigh, and pack the library garden’s potatoes for delivery to the Food Shelf. We will be joined (again) by our tiny neighbors at Saxon Hill Preschool. Last year, we harvested 300 pounds of potatoes!

Adult programs

Thursday, October 19, 6:00 – 8:00 PM: Crafters Group. Join us for a couple of hours of crafting and conversation with your neighbors. All are welcome, beginner to expert, in any craft you can transport. Hope to meet you there! For questions please contact Amy Tower, 802-355-9671 or atowerinvt@gmail.com, or Julie Hehir, 802-343-0034 or juliehhehir@comcast.net.

Thursday, October 19, 7:00 PM: The Library Board of Trustees. Meeting will be held in-person. A virtual meeting is available for those who wish to remain remote. Please contact Holly (drawsonmemlib@gmail.com) to receive the link.

Friday, October 20: 4:00 – 5:00 PM: Stories from the Vermont Queer Archives. In this presentation we will explore how objects such as banners, T-shirts, and buttons in the Vermont Queer Archives at the Pride Center of Vermont reflect currents and changes in the lives of Vermont’s LGBTQ+ community. Speaker Meg Tamulonis, volunteer curator of the Archives, discusses how these objects mark various milestones, from Pride events to legal rulings, and considers why some parts of the queer community aren’t well-represented in the Archives. She’ll explain why there aren’t many artifacts from the era before the Stonewall Uprising in 1969, and some of the ways we can continue to gather and learn about Vermont’s many queer histories. Free, open to the public, and accessible to those with disabilities. For a ZOOM option, reach out to program_assistant@drml.org for a link or to request any other accommodations. Supported in part by the

National Endowment for the Humanities (NEH) and Vermont Humanities.

Tuesday, October 24, 7:00 PM: Mystery Book Group. Discussing *The Man Who Died Twice* by Richard Osman. If you need a copy call the library or request a copy on our online catalog using your library card. We meet in person in the program room. A Zoom link is available. Email Holly at drawsonmemlib@gmail.com for a link.

Thursday, October 26, 6:00 – 8:00 PM: Domestic Violence 101 with Steps to End Domestic Violence. DV 101 is an overview of intimate partner violence. Participants do not need to have any experience with advocacy work or prior knowledge of this issue. This presentation will go over the cyclical nature of abusive relationships, the power and control wheel, the complexities and barriers surrounding survivor’s efforts to get help or leave the relationship, and common myths. There will be hands-on activities and opportunities for robust discussion. Presented by Education and Prevention Advocate Laura Valastro.

Saturday, October 28, 1:30 PM, Jericho Community Center, Browns Trace, Jericho Center: Vermont’s Grand Ghosts and Weird Wonders. For over 30 years Joseph Citro has been collecting and chronicling Vermont’s “alternate history” — our tales from the Dark Side. For this event he’ll share a few of his favorites: some you may already know; some may surprise you. And a couple might be too close for comfort! Please bring a spooky tale to tell or an unsettling experience to share. A Q&A session will follow the presentation and a selection of Joseph

Library news continued on page 6

Worship services continued from page 4

Covenant Community Church — “Come As You Are!”

What is the Covenant? The unique character of the Covenant is expressed in the design of the logo — people united in Christ, people serving people in God’s name, and people bringing people to Christ. The basis of the design is symbolic of four people facing north, south, east, and west. Note that each one’s arms are outstretched, indicating the church’s outreach in mission and service to the world. The four are part of the whole, yet their hands do not touch, symbolizing their unity in the freedom and evangelical warmth that characterizes the Covenant. The geometric arrangement of the four figures results in a cross-like pattern, representative of the center of our faith. The center circle symbolizes the unity and the bond of fellowship which we call “the Covenant.”

Sunday: Bible Study, 9:00 – 9:45 AM; Worship Service: 10:00 – 11:00 AM; Coffee Hour: 11:00 AM – ?

Covenant Community Church, 1 Whitcomb Meadows Lane, Essex (VT Rt.15 across from John Leo’s)

Waterville Union Church

We meet in person at 9:30 AM at the church; masks recommended. Zoom is only available when there is bad weather or illness of a speaker. We do not post our recorded services to Facebook. But information can be found at <https://www.facebook.com/watervilleunionchurch>, watervilleunionchurchvt@gmail.com; 32 Church St., Waterville.

Tips for getting to know a teen you are fostering or adopting

By Alternative Family Services

You've heard that the need for families for teens in foster care is great, and you want to do something to help. But you've spent time with teens, and in fact, you were a teenager yourself once! So you know that talking with kids at this age can be tough.

Alternative Family Services, a foster care agency from Northern California, provides these seven tips based on their work with children in foster care, but the majority of this advice applies to communicating with any young person.

1. Channel your inner plant. Using the "potted plant" style of communication with adolescents advocated by psychologist Lisa Damour means being steady, always having a consistent presence, and being there when you need to, but not in their face all the time. While this is prudent advice for any teen, it's especially ideal for youth that may have lacked consistent supports in their past. In this *New York Times* article, the psychologist writes: "By their nature, adolescents aren't always on board with our plans for making the most of family time and they aren't always in the mood to chat. Happily, the quality parenting of a teenager may sometimes take the form of blending into the background like a

potted plant." Damour goes on to explain that research on parent-child attachment has demonstrated that children find the presence of an adult reassuring. She suggests that teens, like toddlers, may feel most at ease when parents "balance active engagement with detached availability."

2. Ask open-ended questions. This way teens can't just rely on simple, one-word answers. The format of the question itself gives them the space they may need to fully articulate themselves. Be interested and curious but be careful to not pry or they may clam up. Consider framing questions with "I wonder..." to show curiosity. After all, the last thing any teen wants is an adult asking them too many questions about their personal lives.

3. Talk while engaged in an activity. It could be driving in the car, eating a meal, playing a game or other favorite activity. This way, the conversation can flow more organically and won't feel like an interrogation. The activity can also help everyone feel more relaxed, which will help the conversations move along.

4. Be real! Speak *with* them and not *at* them. Be authentic as possible. Teens know when you're being fake. Talk to them like you would anyone else.

5. Let them be the expert. Ask their advice about something. Teens are far more likely to open up and talk with you about topics they care a lot about — like technology, music, and sports. Letting them direct the dialog by sharing their knowledge and

experience can give them a way to open up.

6. Briefly share something about yourself. Conversations are usually two sided. No teen wants to be interrogated or lectured. Provide an opportunity to let them get to know you better. Sharing feelings — even negative feelings — is fine! For example, you might talk about what you struggled with as a teenager or a challenge you overcame at their age. Or you might reflect on what you really felt during a shared experience, like anger at someone who cut you both off in a line or guilt about dropping an item at the grocery store. But don't just drone on and on. If you start to feel like economics teacher Ben Stein in *Ferris Bueller's Day Off*, then you're doing it wrong.

7. If they don't want to talk, don't make them. If you're not getting a response, just say "I'll check back in later" — and then actually check back. This shows that you're really listening and that you'll be consistent and available for them, which is exactly what many kids in foster care really need from you.

Getting to know a teenager is a journey. Being thoughtful and considerate of their life experiences and needs when communicating with them is a great first step.

Alternative Family Services is a nonprofit organization that provides foster care, adoption, and mental health services in northern California.

Library news continued from page 6

grownups are invited to join the fun.

Third Saturday of each month (October 21, November 18, December 16) through May, 10:30 AM: Hora del Cuento (Spanish Storytime) Join native Spanish speakers, Chichi and Eva for 30 minutes of picture book stories and rhymes. This program is a great introduction to Spanish for young children and a nice way for parents of older children placed in the Spanish Immersion Program to hear the language. Join us in the Community Room.

Library hours: open for in-person browsing and pick-up at the circulation desk on Monday, Tuesday, Thursday, and Friday, 10:00 AM – 5:00 PM; Wednesday, 10:00 AM – 8:00 PM; and Saturday, 10:00 AM – 2:00 PM. Contact us at 802-434-3036 (leave a message after hours) or rfl@gmavt.net.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 802-434-3036; fax 802-434-3223; <http://richmondfreelibraryvt.org>.

BROWNELL LIBRARY, ESSEX JUNCTION

Contact us at frontdesk@brownelllibrary.org or 802-878-6955.

Brownell Library, 6 Lincoln St., Essex Junction. Contact Main Desk 802-878-6955, Youth Desk 802-878-6956, Reference Desk 802-878-6957, or frontdesk@brownelllibrary.org.

ESSEX FREE LIBRARY

Hours: Monday/Wednesday/Friday 9:00 AM – 5:00 PM, Tuesday/Thursday 9:00 AM – 8:00 PM, Saturday 9:00 AM – 2:00 PM.

Free COVID test kits and gun locks still available. No library card or ID needed.

Wanted: Crafters! The Friends of the Essex Free Library are looking for crafters for their Cozy Nook Craft Fair on

Saturday, November 4, 9:00 AM – 3:00 PM at the Library and at Memorial Hall. Tables cost between \$35 and \$45. Please contact essexfreefriends@gmail.com to sign up.

For all ages

Saturday, October 28, 10:00 AM – 12:00 PM: Jigsaw Puzzle Swap. Bring your own puzzles to swap or pick up a puzzle so you'll have one to swap next time! Puzzles must have all pieces and container must be taped closed.

Children's area

Leaf Peeping in the Library! Through October 31, there will be bright autumn leaves hiding throughout the library, and it's up to you to find them all! Grab a tally sheet, explore the library to find the leaves, write down how many you find, and enter your guess for a chance to win an autumn-themed picture book!

Exploration Station — ongoing. See the blue table for this week's challenge.

Mondays, 11:00 AM: Musical Mondays with Miss Noreen. Rock 'n' read with Miss Noreen!

Wednesdays, 11:00 AM: Storytime with Ms. Emily. Stories and songs for young patrons.

Fridays: Grab'n'Go Craft Kits. While supplies last.

Storywalk ® along the back garden fence: [The Snail and the Whale](#) by Julia Donaldson.

Adult area

Have you ventured to an exciting locale recently? How about helping others do the same? Seeking donations of travel guides (Frommer's, Fodor's, Moon, Lonely Planet, Rick Steves, Rough Guides) from 2020 or later — any country or region accepted. Must be in excellent condition, unmarked, and with any maps included. Thanks!

Tuesday, October 24, 2:00 and 6:00 PM: Creative Cards with Noreen. For adults. Make two cards using different techniques. Limited space available. Sign up on the website.

Thursday, November 2, 12:00 – 1:00 PM: Noontime Book Group. *Death Comes to Pemberley* by P.D. James. A rare meeting of literary genius: P. D. James, long among the most admired mystery writers of our time, draws the characters of Jane Austen's beloved novel *Pride and Prejudice* into a tale of murder and emotional mayhem.

Tuesdays, 10:30 – 11:30 AM: Tech Time. Drop in with your device and your questions. We'll do our best to answer them! No appointment needed.

Tuesdays, 1:00 – 3:00 PM: Drop-In Needlecraft Group. Enjoy chatting with other crafters as you work on your project.

Thursdays, 1:00 – 3:00 PM: Hand & Foot Canasta. Meets on the Mezzanine.

Fridays, 1:00 – 3:00 PM: Rummikub for Adults. Meets on the Mezzanine.

Museum Passes are available for year 'round fun! State Parks, ECHO, Shelburne Museum and more! <http://Essexfreelibrary.org/MuseumPasses>.

Digital resources: <https://essexfreelibrary.org/DigitalResources>

Social media: check us out on Facebook & Instagram for updates on events!

Essex Free Library, 1 Browns River Rd., Essex; 802-879-0313; [@essexfreelibrary](https://www.essexfreelibrary.org/); website <https://www.essexfreelibrary.org/>.

DON'T HIBERNATE. BUTTON UP.

There's no need to sleep away the winter. Button up your home with up to 75% off weatherization project costs.* You'll stay warm and cozy – save money, too.

Join us virtually for Weatherization Wednesdays throughout October to learn more!

ButtonUpVermont.org

*subject to eligibility and availability

 **ButtonUpVermont**

sponsored by Efficiency Vermont



MISCELLANEOUS NEWS

Lamoille kennel no longer taking Cambridge animals

By Jonathan DeLaBruere, Cambridge Town Administrator
Cambridge is no longer with a kennel for our county. We are looking out to community members for a possible short-term solution to the current predicament of having nowhere to host lost, stray, or abandoned dogs. We are in search of a heated, lock-

able space that could hold three to four dog crates; as incidents come up for our beloved companion animals, we aim to provide them with a high level of safety, cleanliness, and companionship during their time of stress. State requirements for kennels are that these spaces be heated as we are approaching winter and we all know how cold it can get in our area, and we require it to be lockable so that the safety of the animals can always be paramount by eliminating anyone just walking into the space and startling them. By restricting those

who have access to the area, we are providing the animals the opportunity to be kept in a calm state, contained from injury to themselves or another human, and provided the chance to decompress after whatever adventure put them into our custody. Please contact Melissa Mitchell, Dog Control Officer, at 802-644-2251, Option 5, or Jonathan DeLaBruere, Town Administrator, at 802-644-2251, Option 2, if you have an interest in, or learning more about, providing a facility on a short-term basis. Thanks so much.



VOLUNTEERS NEEDED

Give back to those who once took care of us!
Your older neighbors need your help. Volunteers needed to deliver Meals on Wheels and provide Friendly Visits.

Contact the Volunteer Department:
802-662-5249 or volunteer@agewellvt.org

Bolton Crates of Cheer 2024

Looking for a way to add some cheer to the world? Start right here in Bolton by supporting our annual Crates of Cheer effort! Crates of Cheer elves bring a feast packed in a locally made and donated crate to seniors in our community, as well as to those having a tough year.

Delivery this year will be on Saturday, December 16.

How can you contribute?

- Donate cash: checks should be made out to the Town of Bolton with "Crates of Cheer" in the memo and can be dropped off at the Town Office or mailed to 3045 Theodore Roosevelt Highway, Bolton, VT 05676.

- Nominate a recipient: if you know of someone living in Bolton who could use some cheer, pass their name, address, and phone number (if possible) to the Town Office at 802-434-5075 x 221, or the address above. You are welcome to nominate yourself!

- Donate non-perishable food: Smilie School at 2712 Theodore Roosevelt Highway will soon have a box set up in the foyer to receive donations of things like pasta, peanut butter, soup, canned veggies, etc.

- Become an Elf: if you would like to help pack up or deliver crates on Friday-Saturday, December 15-16, contact Leslie Pelch, lesliepelch@gmail.com.

- Donate crafts: we love to include useful, beautiful, or fun items in the crates! We usually deliver 40-50 crates. Send an email to Leslie if you'd like to donate something along these lines.

Thank you and please let us know if you have any questions!
— Leslie Pelch and Anne Clegg

Chamberlin's Farm open through Halloween

From Andy Chamberlin, Chamberlin's Farm

Another growing season at the farm on River Rd, Underhill is about to come to a close in just a few weeks. Thank you for enjoying so much sweet corn with us during the season and to the many of you who checked out the pick-your-own flowers

Miscellaneous continued on page 9



Since 1974, we have provided Northwestern Vermonters with essential services to help them age well.

Meals on Wheels | Case Management
Medicare Counseling | Tai Chi & Wellness
Helpline: 1-800-642-5119. To learn more visit agewellvt.org

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for residents and their loved ones.

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18 Carmichael Street, Essex Junction, VT 05452

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*The apartments. The dining.
The amenities. The choices.*

- A variety of studio, one and two-bedroom apartments.
- Common areas including living and dining room, private dining room, country kitchens, cocktail lounge, exercise room, salon/barber shop, patios, walking paths and gardens.
- Delicious chef-prepared meals and snacks.
- Engaging activities and events, as well as health and fitness programs.
- Assistance with personal care, grooming, bathing, dressing, medication management and physical therapy.
- Housekeeping, laundry and maintenance services.
- Scheduled transportation for medical appointments, errands and events.
- Pendant call system to alert for immediate assistance.

Call Laurie *today* to learn more.
(802) 871-5808

Miscellaneous continued from page 8

this summer! We will be bringing that back again next year as the community expressed their interest and love for fresh local flowers.

Our self-serve farm will remain open during day light hours (9:00 AM – 6:00 PM) every day through Halloween. We currently have pie pumpkins, gourds, snowball pumpkins, PYO or pre-picked pumpkins for \$10, corn stalk bundles, and mini hay bales — all made from our farm!

If you are not aware, new this year we added a grass maze! It's great for young families as it has multiple exits, 10 different checkpoints with some fun farm facts, and multiple photo ops. This outdoor activity is a good way to spent 20-30 minutes outside as a family or with a date! Admission is \$5/person or \$15/family. We hope to keep it open through Halloween but heavy winds could knock it down, so come early and don't miss out!

If you're on social media, follow our page to stay up to date as we're active on both Facebook (<https://www.facebook.com/chamberlinsfarmvt>) and Instagram (<https://www.instagram.com/chamberlinsfarm>).

2024 calendars for sale benefit Jericho Community Center

Think ahead! Buy a 2024 Jericho/Underhill Community Calendar and help support the Jericho Community Center. The hot-off-the-press calendars showcase the beauty of this area and the talents of local photographers. The cover features a lovely photo of our "official" Jericho tree, the American elm on VT Rt. 15.

This is a 13-month calendar, with 13 beautiful photos from 13 residents of Underhill and Jericho chosen by committee from many incredible submissions. Every \$20 purchase helps keep the active Jericho Community Center going.

Calendars are offered at the Jericho Center Country Store, Jeri-Hill Hardware, the Old Mill Craft Shop, the Emile Gruppe Gallery, and the Jericho Town Hall. They make wonderful holiday gifts and you could even frame some of the lovely scenes.

Check out <http://ccjvermont.com> for more information.

Button Up VT – Heat Pump 101 From Efficiency Vermont

Button Up is Vermont's annual campaign to help Vermonters prepare for winter. October is filled with events and opportunities to learn how to keep your home comfortable and warm. For more information, go online to <https://buttonupvermont.org/>.

Join our free webinars every Wednesday this month to get the tips and energy expertise you need to weatherize your home. Plus, learn how you can get up to 75% off your weatherization project costs. Register online at <https://buttonupvermont.org/events>.

Heat Pumps 101: Wednesday, October 18, 12:00 PM; and Wednesday, October 25, 6:00 PM.

Can't make it at 12:00 or 6:00 PM? If you register, we'll send you a recording of the Zoom event, or you can follow along on Facebook (see <https://www.facebook.com/efficiencyvermont>). Don't hibernate this winter... Button Up!

When is Lamoille FiberNet coming?

By Lisa Nolen Birmingham

Interim Director, Lamoille FiberNet CUD

The first phase of our fiber network construction will begin in 2024. You can contact Lamoille FiberNet to find out if your address is on the project list for Phase 1. Please review the information below before contacting us:

Phase 1: The first phase will include unserved and underserved (i.e., wired or wireless Internet speed is less than 25 Megabits down/3 Megabits up) addresses in Belvidere, Eden, Elmore, Hyde Park, Johnson, Waterville, and Wolcott (wireless also includes satellite Internet services). We will build to almost all Morristown addresses and a substantial portion of Stowe and Cambridge. The address must also be "on grid" — meaning it has electrical service.

Passings: To reach unserved/underserved addresses, we will pass some already served addresses. If your address is on the way, your address may be eligible for service in Phase 1.

Why do we have to wait until 2024? The grant funding for Phase I of the Lamoille FiberNet/Fidium broadband network was just approved. Between now and spring of 2024, we need to review poles and lines, get permits, and finalize the detailed design of the network. We will update each town as construction plans are finalized, and when ready, post our schedule on our website. We expect areas to be served on a rolling basis, beginning early summer through the end of 2024. Addresses will be served as construction progresses.

Are you on the list? To find out if your address will be included in Phase 1, please email our construction manager Fabian Bourgeois, fbourgeois@lamoillefiber.net. Remember, we will not know exactly when your address or road is being built until designs are finalized.

Please do not call Fidium — it is too early in the process for Fidium sales representatives to schedule installations. If you want to let Fidium know you are interested in fiber Internet service, you may put your address on their "pre-order" list via the online option:

- go to: <http://fidiumfiber.com> and click the *check availability* button, top right of screen;
- enter your address and fill in the form;
- Fidium will take it from there!

Also, you can see Fidium's product and price information by visiting <https://www.fidiumfiber.com/fiber-internet>.

For other questions, feel free to email the Lamoille FiberNet office, info@lamoillefiber.net, or visit our website, <https://lamoillefiber.net/>.

United Way volunteer opportunities

GET CONNECTED TO VOLUNTEERING — United Way's Volunteer Connection site is set up to help connect agencies and volunteers. Agencies are working hard to navigate volunteering during this time, but opportunities are increasing. Go online to the Volunteer Connection (<https://unitedwaynwvt.galaxydigital.com/>) to learn more about these and other opportunities.

HAVE A HEART — The 2023 Vermont Heart Walk is returning to the Burlington area on Saturday, October 21 and is offering volunteers the opportunity to help with setting up the event, hanging banners and signage, registration, handing out water, and breakdown/cleanup. The event opens at 8:30 AM and the walk begins at 9:00 AM. To be part of this exciting event, contact Chelsea Kondratowicz, chelsea.kondratowicz@heart.org.

PACK IT UP — With Love from Vermont is partnering with Feed My Starving Children to empower individuals, families, church, and community groups to volunteer for one or more rewarding two-hour sessions to pack specially formulated, life-saving meals for starving children in villages, orphanages, hospitals, etc. Shifts are from 7:30 – 9:30 PM on Friday, October 20, and 9:00 – 11:00 AM on Saturday, October 21, at the AD Lawton School in Essex Junction. There is also a set-up shift on Friday at 4:30 PM and a take-down shift at 2:00 PM on Saturday. Contact Fred Kenney, kenneyfred@gmail.com.

GLEANERS NEEDED — Healthy Roots Vermont is looking for volunteers to recover local farm-fresh food from fields and orchards, farmers markets, storage facilities, and from direct donations. The program focuses on Franklin and Grand Isle Counties. For more information, contact healthyrootsvt@gmail.com.

BE A RESOURCE — ReSOURCE is in need of volunteers at their Williston and Burlington locations to stock the sales floor, clean and organize donations, test electronics, label and organize books, tutor YouthBuild students, and more. No retail experience necessary. Flexible shifts. Contact volunteer@resourcevt.org for Williston location or suthmann@resourcevt.org for Burlington location.

TUTORS NEEDED — Spectrum Youth Services is seeking volunteers ages 18-26 to help tutor multicultural and New American youth several hours a week. Contact myp@spectrumvt.org.

WINTER CAMP — The DREAM Program invites groups of volunteers, including corporate volunteers, to spend a day at Camp DREAM in Fletcher, VT, their outdoor adventure base. Help get the Camp ready for year-round activities both indoors and outdoors. Flexible scheduling. Contact mfoote@dreamprogram.org.

RESTORING JUSTICE — Franklin Gand Isle Restorative Justice Center's Circle of Support and Accountability (COSA) work as a team to support and mentor someone re-entering the

Miscellaneous continued on page 10



Chittenden Solid Waste District



scan for details

We Can Take It!









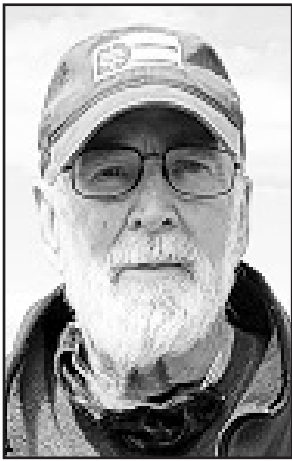
CSWD offers convenient drop-off locations for trash, recycling, food scraps, and special materials like batteries and appliances.

You'll be surprised by all the things we can help you keep out of the landfill!

NOW OPEN Tuesday – Saturday in Essex, Milton, South Burlington & Williston from 8:00 a.m. – 3:30 p.m.

www.cswd.net

OBITUARIES



Roger Milo McLaughlin (born June 19, 1939), passed away peacefully on Monday, October 9, 2023 at McClure Miller Respite House. Roger leaves behind his wife of 58 years, Edith Rawson McLaughlin, his children Heidi McLaughlin and husband Chris Wells, and Randy McLaughlin, and his grandchildren Colby, Riley, and Brody McLaughlin, and Logan Wells. Roger also leaves behind a sister, Dorothy Blodgett of Underhill, VT and a brother and sister-in-law, Floyd and Vesta McLaughlin of Jericho, VT, and many nieces and nephews. He was predeceased by his son,

Brian McLaughlin of Underhill, VT, his brother and sister-in-law Edwin and Merlene McLaughlin of North Carolina, and his brother Raymond McLaughlin of Virginia. Roger grew up in Williston, VT, and spent his teenage years logging with his uncle in Bolton Valley before the ski area was established. He served in the Vermont National Guard for eight years as a cook. After marrying Edith Rawson, he began logging some of his father-in-law's land for the wood he would use to build them a home on Corbett Corner Road, where they would live for 50 years. A talented carpenter, Roger spent many years building high quality custom homes with his brother Floyd and son Brian. A grateful homeowner recently recognized the talent, work ethic, and integrity of the three by establishing the Building Vermont Award for Trade and Technical Training at Mount Mansfield Union High School. Roger enjoyed hunting and camping, even building his own camper, which he enjoyed with his wife and children for many years. One of his greatest hunting accomplishments was harvesting a deer with a record-setting rack, which placed him in the Vermont Big Game book; his record is now #12. Roger volunteered for many years at the Underhill Harvest Market, pressing cider and enjoying the community event. But more than anything else, Roger loved spending time with family and friends, frequently visiting or calling to catch up, tell stories, and reminisce. Edith, Heidi, and Randy would like to invite you to a celebration of Roger's life, where we will gather to remember and share stories. Please join us at 1:00 PM on Saturday, October 21, 2023 at The United Church of Underhill, Park St., Underhill, VT for a brief service followed by a potluck gathering downstairs at the church. Feel free to bring a snack or dessert to share.

On Friday, October 6, 2023, **Julie Green Petersen** of Underhill Center, VT passed away peacefully in Zephyrhills, FL after a long illness. Born in Burlington, VT on May 20, 1949 to Helen Fogg Green and Dr. Douglas F., Green, Julie attended a private school in Switzerland and later graduated from Burlington High School in 1967. From there she studied liberal arts at Goddard College, where her natural humanity and passion for animals took shape to refine her career goals. She worked for the state of Vermont as a caseworker for the elderly, families in distress, and handicapped children, and always found time to volunteer for animal rescue operations. In that capacity she was instrumental in the design and implementation of adoption and rescue/spay/release programs. Her love of animals gained her the respect

and friendship of a number of like-minded people and were a source of great satisfaction to her. Her pride and joy was her home, a 200+ year old house in Underhill Center next to the house where her mother was born. She had a fierce sense of independence and even in her illness, insisted on living at home. Despite the illness, she moved to Zephyrhills, FL to escape the cold Vermont winter and loved it there, meeting nice people who helped her through her most difficult time. Friends and family remember Julie's unique, often quirky, sense of humor as she recounted stories and legends depicting human idiosyncrasies, never sparing her own. Intellectually curious, Julie enjoyed history and antique collecting and was an avid reader with an artistic bent, which she expressed through jewelry making. Julie leaves a daughter and son-in-law Erin and Michael Zappolo; grandsons Dominic, Logan, and Alex Zappolo; and two brothers, Douglas and Gary Green.



Allyson Adele Ward, 44, of Essex, VT passed away Friday, September 29, 2023 at the U.V.M. Medical Center, Burlington, VT. She was born December 14, 1978, daughter of Mark and Kathie Ward. Ally graduated from Essex High School in 1998, then from Champlain College in Burlington with degrees in Social Services and Respiratory Therapy. She worked in Respiratory Therapy at the U.V.M. Medical Center and Central Vermont Hospital. Swimming was an important part of her life. She swam for the Essex Town swim team, later becoming a lifeguard and swim instructor and swim coach at the Racket's Edge in Colchester, VT with lifelong friend Angela. Selected as part of the Disney College Program, she worked at Typhoon Lagoon. In addition to swimming Ally loved hiking, skiing (all types), kayaking, hunting (highlighted by shooting a bear in Alaska), arts, crafts, and cooking for herself and others. She loved animals — especially dogs, most recently Pyper and Billie. A loving caregiver, she worked for the Visiting Angels. Ally was predeceased by her father Mark and dear friend Sarah Welcome. She is survived by her mother Kathie and sister Emily of Montana, and by aunts, cousins, old friends, and many new friends she met along her journey. Jason, Craig, Bonnie, Alex, Angela, and Julia — many thanks. Ally we will miss your warm smile and gentle ways. Express your love for Ally by taking a walk on the beach or hiking in the woods, and be sure to give your friends hugs. To share memories, visit www.awrfh.com.

Revolution

By Kimberly Madura

SHE lived at 1414 Rust Street in 1994, in a gray, industrial American Midwest town. Her Czech father was a worker at the steel mill.

He was a hard worker.
Their house had a green door.

SHE looked like the woman in the Czechoslovakian painter Alphonse Mucha's painting called "Spring" — that fluid beauty. Mucha painted it in 1896 in pastels and gem tones: blues, greens, pinks, and yellows like the color of her eyes, her hair, her clothes.

The woman he painted, SHE represented an antidote to an overly industrialized world, they said.

In Czechoslovakia, in 1989, during the Velvet Revolution — in a country of blue mountains and green meadows and white castles, the people marching in the streets jingled their keys — gray, steel keys. They were sending a message to the Communists to go home and to symbolize the new possibilities that were being unlocked for them.

I wonder if one of those keys unlocked the green door to her father's house? (The man who worked at that steel mill and never heard of Alphonse Mucha or the Velvet Revolution.)

The Queen of Air and Darkness

By Kimberly Madura

Being and nothingness,
whose eyes was i looking in,
who was staring back at me,
was it you, are you hollow,
are you pretend, are you the
untruth, are you the monster,
and what am i in relation to you,
who did you mean me to be,
what was the point, what did you
do to me, what did you do to me

Miscellaneous continued from page 9

community from incarceration. COSA volunteers help establish expectations for clients with regards to behavior, responsibilities, and community public safety. A one-year commitment is needed, and the COSA team meets one hour per week. Volunteers are also encouraged to spend one-on-one time with clients. Orientation and training are provided. Join the growing numbers of people who are committed to the safety of the community and the successful re-entry of offenders into the community. Contact Lee@fgirjc.org.

A BRIEF RESPITE — Age Well's Respite Squad Volunteer Program provides support to individuals and families that are caring for loved ones at home. They are seeking volunteers to provide a much-needed break to care givers once a week for three hours to enable them to address their own needs and well-being. Volunteers build trust and bonds with the families they assist and provide them with crucial assistance. Contact Age Well's Volunteer Department at 802-662-5249 or volunteer@agewellvt.org.

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VTrans project updates

October 12, 2023

Richmond-Bolton U.S. Rt. 2 Rehabilitation

Traffic impact: Traffic control with one lane of alternating travel throughout various areas. Motorists can expect moderate traffic delays during all working hours. Please slow down and follow the posted speed limits.

Project update: Began installation of shoulder material between Locust Knoll and the I-89 Exit 11 interchange; continued ditch and slope repair between Lemroy Court and the I-89 Exit 11 interchange.

Construction activities: The following is the anticipated work schedule for the week beginning Monday, October 15, 2023:

Sunday-Friday, 7:00 PM-7:00 AM: continue ditching and slope work between Lemroy Court and the I-89 Exit 11 interchange.

Monday-Friday, 7:00 AM – 6:30 PM: weather permitting, paving driveway tie-ins between Lemroy Court and the eastern end of the project; continue shoulder work between Lemroy Court and the eastern end of the project; Wednesday, weather permitting, continue the final lift of paving between Kenyan Road and the Richmond/Williston town line.

Please email sbarrett@coibsinc.com, reference US-2 Richmond, if you would like to receive weekly project updates via email.

Completion date: July 2024

Richmond-U.S. Rt. 2 Bridge #29 Replacement

Traffic impact: U.S. Rt. 2: Traffic control will be present allowing for one lane of alternating travel. Monday through Friday on I-89, motorists may encounter a lane closure for both southbound and northbound travel from 5:30 AM – 3:00 PM, and the southbound and northbound right shoulders will be closed all within the project.

Project update: Began forming the I-89 median pier cap; continued installing fill on the west end of the project; installed drainage pipes on the west end of the project.

Construction activities: The following is the anticipated work schedule for the week beginning Monday, October 16:

Monday-Friday, 6:30 AM – 6:00 PM: place reinforcing steel and concrete for the I-89 pier cap in median; form and place concrete for Abutment #1 backwall; continue support of excavation wall for Abutment #2; continue installing drainage pipes on the west end of the project.

Please use caution and follow the posted speed limits.

Project type: Complete bridge replacement.

Please email sbarrett@coibsinc.com, reference Bridge#29, Richmond, if you would like to receive weekly project updates via email.

Completion date: September 2025

Williston Intersection Project - U.S. Rt. 2 and Industrial Avenue

Traffic impact: Minimal impact on the traveling motorists with possible lane shifts within the work areas.

Construction update: Pavement markings were completed earlier this week; signs were installed; began work on various punchlist items.

Construction activities: Below is the anticipated work schedule for the week beginning Monday, October 16:

Monday-Friday, 6:30 AM – 6:00 PM: Complete various punch-list items to complete throughout the project.

Please follow the posted speed limits.

Project type: Installation of new drainage improvements and full-depth reconstruction.

Projected completion: Fall 2023

Please email sbarrett@coibsinc.com, reference U.S. Route 2, if you would like to receive weekly project updates via email.

Applications open for VCRD's Climate Catalysts Innovation Fund

The Vermont Council on Rural Development (VCRD) announces the opening of applications for the third competitive round of the Climate Catalysts Innovation Fund.

In collaboration with VLITE, VSECU, Vermont Community Foundation Flood Response & Recovery Fund, the Sunflower Fund, and the Ben & Jerry's Foundation, VCRD is supporting innovators in developing solutions that move Vermont closer to its climate and energy goals. The first two rounds included grants to 43 local innovators totaling over \$117,000. A diversity of projects were funded including new draft-stopping window inserts, solar parking lot streetlights, e-bikes at local libraries, construction of a public regenerative "food forest," solar with back-up battery storage for a library community hub, and more. To learn more about projects that were funded in 2021 and 2022, read the 2021 Climate Catalysts Innovation Fund Report (<https://www.vtrural.org/2022-climate-catalysts-awardee-report/>).

Applications will remain open until 5:00 PM Monday, November 6, 2023. Award amounts range from \$500-\$4,000 and will be awarded based on demonstrating a mix of addressing Vermonters in need, innovation, resilience, collaboration, and replicability. This year, some of the funding is available to support projects in flood-affected communities. Eligible applicants include municipalities, town committees, schools, businesses, and non-profit organizations.

Learn more at <https://www.vtrural.org/climate-economy/climate-catalysts-innovation-fund/> and contact Laura Cavin Bailey at laura@vtrural.org or 802-234-1646 with questions.

ART / MUSIC / THEATER

Weekly Literature Group Meeting on Tuesdays Via Zoom: Michael Sevy of Jericho co-leads a weekly virtual book group, the Burlington Literature Group, and would welcome new committed readers to our sessions. The group has been in existence for years, meeting in a physical space, but since the pandemic has changed to online Zoom sessions occurring every Tuesday at 6:30 PM. We break down interesting, challenging books into weekly segments of 60-100 pages, and discuss form, content, and our impressions in a friendly online forum. Details can be found at <https://nereadersandwriters.com/> or by emailing info@nereadersandwriters.com. Our next book, Laurence Sterne's *The Life and Opinions of Tristram Shandy, Gentleman*, is an innovative, digressive, challenging, humorous, and philosophical investigation into the relationship between literature and life. Sterne's rambling text — comprising nine volumes published over the course of several years, from 1759 to 1767 — is also an experiment in form and structure containing nested narratives and self-reflexive textual jokes, as well as bold innovations in tone and style. Schedule: October 17: Volume 1; October 24: Volume 2; October 31: Volume 3; November 7: Volume 4; November 14: Volume 5; November 21: Volume 6; November 28: Volume 7; December 5: Volumes 8 and 9. After Sterne we have scheduled César Aira and Roberto Bolaño.

The Underhill Arts Council is committed to inspiring the community by highlighting local art and craft. Our goal is to bring forward all forms of creative expression. All ages are welcome! Have something you'd like to share? Please contact John Connell, jc6greenmont@gmail.com, or Mary Hill, maryhillstudios@gmail.com.

Announcing SongFarmers, a community music jam — a place for friends and neighbors to play music just for the fun of it. The first SongFarmers will be on Wednesday, October 18, 6:00 – 8:00 PM at the Jericho Community Center, Browns Trace, Jericho Center; SongFarmers will continue on every third Wednesday of the month after that. This is a music jam for people of all ages who want to play folk, Americana, blues, bluegrass, Celtic, and more on acoustic instruments: guitars, banjos, mandolins, fiddles, ukuleles, bass, keyboard. No electronics except for keyboard and bass. It's a circle gathering where everyone who wants to will have a chance to lead songs. Common tunes with simple chord progressions are encouraged so that everyone can play along. If you plan to lead, please choose a song that you can play at a steady rhythm and bring a chord chart for your song. Both songs and instrumentals are great. Novice or advanced, you can have fun in a music circle. Please note this is not a performance, open mic, or lesson. Folks who want to sing, or just come and enjoy the gathering, are welcome too. Bring snacks and drinks if you like, but no alcohol. Free. Registration is appreciated; contact CommunityJamJUVT@gmail.com.

Fall Fantasy with the Champlain Trio, Saturday, October 21, 7:30 – 9:00 PM, UVM Recital Hall, S. Prospect St., Burlington. Embrace the season and join the Champlain Piano Trio for their *Fall Fantasy* program at the UVM Recital Hall! Save the date and bring a friend for an evening of colorful and rarely-heard works delving into the 20th Century brilliance of Alice Verne-Bredt, a pioneering woman composer; the evocative storytelling of Robert Schumann; the romantic hues of Walter Rahl; and a thrilling work by Frank Bridge. Tickets are available at <https://www.eventbrite.com/e/fall-fantasy-with-the-champlain-trio-uvm-tickets-709615929347?aff=oddtcreator>.

Come to a Singing Workshop with the Amidons, November 4. Whether you like singing for fun or are a more seasoned singer, this workshop is for you! Peter and Mary Alice Amidon, versatile and widely respected performing and teaching artists from Brattleboro, are coming to Jericho for a singing workshop! The Amidons' workshops include a repertoire of great four-part arrangements of a wide range of American secular and sacred songs including African American gospel and spirituals, new compositions by folks steeped in the oral tradition, and new arrangements of old hymns. The Amidons' energy and warmth encourage people to feel relaxed while empowering groups to create rich and soulful harmonies. You will leave feeling great, with a packet of songs to take with you. The workshop will be held on Saturday, November 4, 10:00 AM – 2:30 PM, at the Mount Mansfield Unitarian Universalist Meeting House, 195 VT Rt. 15, Jericho. Bring your voice and your lunch. The cost is \$35 per person, payable in advance (walk-ins may be accepted depending upon space). To register, payment will be accepted by check or via Pay Pal. If paying by check, send the check with your name, phone number and address to Doug Varney, 329 Poker Hill Rd., Underhill, VT 05489. If paying by PayPal, email vthockeyman@gmail.com. For more information, contact 802-343-4513.

Weekly Community Choir on Thursdays — If you love to sing (or want to join in on the piano to help folks learn parts and play accompaniment), come join *Mountainsong*! We are a volunteer-run community singing group that harmonizes together in four parts on Thursday evenings! We meet from 6:30 – 8:00 PM on Thursdays at the Mount Mansfield Unitarian Universalist Meeting House, 195 VT Rt. 15, Jericho (across from Packard Road). Whether you sing in the shower, sing Karaoke, or just like to sing in harmony with others, bring your voice and join us! Do you learn by ear or read music? Either way, you'll be comfortable in our group. You don't have to be a great singer — our aim is to sing for the joy of singing (no performances except for one short one for family and friends at the end of the season). We sing most weeks, and you can come as often as you are able; if you miss the first one or two (or more), no worries! Cost: \$1 a week toward space rental. We also ask for a contribution to purchase music for the group of \$7 per semester (fall and spring). Planning to come? Please email Doug Varney so that we have enough copies of music for our first meeting. Questions about the group? Contact Lynne Robbins, 802-899-2436 or lar.2436@gmail.com, or Jean Archibald, 802-899-5219, or just show up on a Thursday evening!

The Westford Music Series concerts will be held once a month on a Sunday, from 4:00 – 5:00 PM at the Westford Common Hall, 21 Brookside Rd., Westford. The lineup for the 2023-2024 season is as follows: November 12, *Marsh Lights*; December 17, *Carol Ann Jones and Friends*; January 21, *FREVO*; February 25: *Will Patton Ensemble*; March 24, *Dale and Darcy Trio*; April 7: *Heliand*; May 5, *Howling Waters*.

The Music of J.S. Bach in concert on Sunday, October 15 at 3:00 PM at the Cathedral of Saint Paul in Burlington — Beloved orchestral works of J.S. Bach will be performed including the *Keyboard Concerto in D minor* and the popular



Burlington City Arts' Architecture + Design Film Series continues with *Mary Cassatt: Painting the Modern Woman* (Directed by Ali Ray, 2023, Great Britain, 93 minutes). Come out to Contois Auditorium, Burlington (or stream same-day) on Wednesday, October 18 at 6:30 PM to enjoy this compelling portrait of the radical impressionist painter who shaped her career around depicting the lives of women. Free; doors open at 6:00 PM. Carolyn Bauer, curator at Shelburne Museum, will give a special introduction on Cassatt's connections to Electra Havemeyer Webb. Guest Speaker, Carolyn Bauer, Curator at Shelburne Museum, will introduce the film with an exploration into the multifaceted relationships between artist Mary Cassatt and art collectors Louisine Havemeyer and Electra Havemeyer Webb. Illustrated with artworks from the Museum's permanent collection, uncover the intertwined lives and various passions of these remarkable and trailblazing women. Learn more about Season 11 of The Architecture + Design Film Series at <https://adfilmseries.org/>. The free streaming link will be posted at <https://www.burlingtoncityarts.org/event/architecture-design-film-series-mary-cassatt-painting-modern-woman> on Wednesday, October 18. PHOTO CONTRIBUTED

Double Concerto for two violins, as well vocal arias, and the *Cello Suite No. 4 in E-flat major*. Tickets (\$15-\$30) are available at www.capitalcityconcerts.org, and at the door on the day of the performance while they last. Check the website for venue updates.

Karen Winslow Solo Exhibition at Visions of Vermont — The Sugarhouse Gallery at Visions of Vermont Fine Art Galleries presents Karen Winslow's Solo Exhibition. Karen is among the few artists today who is reviving and upholding "Old Master" techniques and traditional craftsmanship. She grinds most of her paints, makes her own mediums and varnishes, and prepares the finest Belgian or Irish linen, panels, or 100% rag paper with the best grounds. View her incredible oil landscapes and still lifes throughout the month of October at Visions of Vermont Fine Art Galleries, VT Rt. 108 South, Jeffersonville. Gallery Hours: Wednesday-Sunday, 11:00 AM – 5:00 PM.

The Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho. For more information contact 802-899-3211 or www.emilegruppegallery.com.

Bryan Gallery in Jeffersonville announces the grand opening of its latest dual exhibitions: the Main Gallery will highlight the timeless allure of landscapes in *Land & Light & Water & Air*, while the Middle Room Gallery will intrigue with the captivating world of *Nature's Abstraction*. Both exhibitions are open. This year (2023) marks 16 years of *Land & Light* exhibitions with *A Testament to Tradition and Innovation* in a signature exhibition that pays homage to this storied tradition. Showcasing the works of over 90 talented artists, the exhibition presents an array of Vermont, New England, and Northeastern traditional landscape paintings that capture the interplay of land and light in their most picturesque moments. *Land & Light* runs through Saturday, December 23. Simultaneously, the Middle Room Gallery will feature *Nature's Abstraction: A Dive into the Intricate Patterns of the Natural World*, an exhibition that delves into the intricate and enigmatic beauty found in the natural world with a captivating display of abstract art. Visitors are invited to explore the hidden patterns, colors, and forms that lie beneath the surface of nature's grandeur. The exhibition celebrates the fusion of artistic vision and natural wonders, with a fresh perspective that transcends traditional representation. *Nature's Abstraction* runs through Sunday, November 5. The Bryan Memorial Gallery, 180 Main St., Jeffersonville; open Wednesday-Sunday, 11:00 AM – 5:00 PM or Monday-Tuesday by appointment. For more information contact Stephen Gothard, 802-644-5100 or info@bryangallery.org.

Burlington City Arts' (BCA's) Architecture + Design Film Series continues with *Mary Cassatt: Painting the Modern Woman* (<https://www.burlingtoncityarts.org/event/architecture-design-film-series-mary-cassatt-painting-modern-woman>; directed by Ali Ray, 2023, Great Britain, 93 minutes). Come out to Contois Auditorium, Burlington (or stream same-day) on Wednesday, October 18 at 6:30 PM to enjoy this compelling portrait of the radical impressionist painter who shaped her career around depicting the lives of women. Free; doors open at 6:00 PM. Carolyn Bauer, curator at Shelburne Museum, will give a special introduction on Cassatt's connections to Electra Havemeyer Webb. The free streaming link will be posted at the link above on the day of the screening.

Join BCA for an artist reception on Friday, October 20 as we celebrate the opening of our fall exhibitions, *Terry Ekasala: Layers of Time* and *Texture & Response*. On the first floor, Terry Ekasala's improvisational paintings plumb the interplay of color, texture, gesture, and form at the threshold of abstraction and representation in *Layers of Time* (see <https://www.burlingtoncityarts.org/exhibition/terry-ekasala-layers-time>). In the second-floor gallery, *Texture & Response* (<https://www.burlingtoncityarts.org/exhibition/texture-response>) explores the visual perception of texture through the work of New England artists Karen Cygnarowicz, Gracia Nash, and Ann Wessmann.

On Friday, October 20, 4:00 – 5:00 PM, in the BCA Center Galleries: calling all local educators! You're invited to Teacher's Night Out at the BCA Center, a relaxed social hour and a fun sneak peek of our new Fall exhibitions, *Terry Ekasala: Layers of Time* and *Texture & Response*. Meet our Gallery Learning team and get behind-the-scenes insights about featured artworks in the exhibitions. We'll also treat you to a drink and offer snacks in our fourth-floor art studio. Teachers-in-training are welcome as well. Our Gallery Learning team is ready to welcome school and community groups for fun and interactive experiences. Our amazing gallery educators pair interactive tours with hands-on artmaking activities inspired by exhibiting artists, themes, and creative processes. Full and partial scholarships (<https://www.burlingtoncityarts.org/form/apply-for-a-scholarship-see-thin>) are available to ensure that enriching arts experiences are available to everyone in our community. Connect with our Gallery Learning team to learn more: <https://www.burlingtoncityarts.org/gallery-learning>.

Volunteer with Art from the Heart (<https://www.burlingtoncityarts.org/art-heart>) this fall! Volunteers help us connect patients and caregivers at the UVM Medical Center & Children's Hospital with free art supplies and activities, transforming the medical environment into a more comfortable and creative place through the arts. Learn about all the ways you can get involved at <https://www.burlingtoncityarts.org/join-bca#volunteer>, and reach out to Art from the Heart coordinator, Rebecca Schwarz at rschwarz@burlingtoncityarts.org to join the team.

Submit a poem, short story, or essay for the VT Writers' Prize: Green Mountain Power (GMP) and *Vermont Magazine* are encouraging writers to get their entries ready for one of the state's top literary contests, the Vermont Writer's Prize. The Prize was launched in 1989 to celebrate writing about Vermont and Vermonters, while honoring the literary legacy of the late Ralph Nading Hill Jr., a Vermont historian and writer and a longtime member of GMP's board of directors. Entries are being accepted now; the deadline is January 1, 2024. Winners will be selected in prose and poetry, and each winner receives \$1250 and their works will be published in *Vermont Magazine's* Summer 2024 issue. Submissions can be essays, short stories or poems that focus on *Vermont — Its People, Its Places, Its History or Its Values*. Entries must be unpublished, poems have a 40-line limit, and prose entries must be less than 1500 words long. Individuals may submit only one work. Entrants may be amateur or professional writers. Employees of *Vermont Magazine* or GMP and previous winners are ineligible. More details, including how to submit, are available online at <https://vermontwritersprize.submittable.com/submit>.

BORDERLANDS, the annual outdoor performance event along a forest trail at Shelburne Farms, presents *Bravely Ever Onward* on Sunday, October 22; and this year, Illuminated Borderlands, a nighttime presentation of *Bravely Ever Onward* as a sound and light show will be presented on Saturday evening, October 21. This Borderlands performance shapeshifts familiar folk and fairy tales to gather wisdom for a generation experiencing loss. Our inherited stories give us the navigational stars for the young to find their path. What might we discover from the wise elders, the magician, the nightingale, the ravens, the mermaid, Baba Yaga, or the Frog Prince? All proceeds support Treewild, Enchantment Camps, and Shelburne Farms programs for children. For more information and tickets go online to <https://treewild.org/Borderlands/>.

HAPPY HALLOWEEN



Spooky Jack O'Lantern

PUMPKIN PHOTOS BY SARA RILEY

Vermont's Grand Ghosts & Weird Wonders, by Joe Citro

The Jericho Historical Society in partnership with Deborah Rawson Memorial Library is pleased to sponsor *Vermont's Grand Ghosts & Weird Wonders*, a talk by Joseph A. Citro on Saturday, October 28, 1:30 – 2:30 PM, at the Jericho Community Center, 329 Browns Trace, Jericho Center.

Note: This event will not be filmed, so do come in person!

Vermont is more than dairy farms, maple syrup, green trees, and white church steeples. It's also ghosts, vampires, and all manner of menacing things that go bump in the night. For over 30 years Joseph Citro has been collecting and chronicling Vermont's "alternate history" — our tales from the Dark Side. For this event he'll share a few of his favorites: some you may already know; some may surprise you. And a couple might be too close for comfort!

Join us for a pre-Hallowe'en sampler of delightful local oddities. Please bring a spooky tale to tell or an unsettling experience to share! A Q&A session will follow the presentation and a selection of Joseph Citro's books will be available for purchase.

For additional information contact info@jerichohistoricalsociety.org or visit <https://www.jerichohistoricalsociety.org/events.html>.

Westford Halloween Walk IV: potions and pumpkins aplenty

Come for a stroll my dearies, and trade a shriek for a sweet...

Do you hear that? It's not the rustling of fall leaves, it's the whispered shuffling of costumed ghouls and boos, come to haunt the Common once more!

That's right, friends! We are bellowing for all mummies, monsters, ogres, elves, and all Cousin ITs to the Westford Town Common (VT Rt. 128, Westford) on Sunday, October 29, 1:00 – 3:00 PM, for the 4th Annual Westford Halloween Walk!

This new tradition for Westford is a free spooky trick-or-treat walk for our Westford youngsters and young-at-heart folk, planned and (g)hosted by your Westford friends and neighbors. Volunteers from the community will conjure spooky décor for their trick-or-treat tables, which will be spread out on the Common. If possible, please bring a nonperishable food item to support the Westford Food Shelf. I have a feeling in my bones there will be games at the Gazebo, for the little ones to burn off some of their sugar rush.

I heard from the Reaper that new contest has arisen: Pumpkins, specifically best pumpkin carving and best painted pumpkin! Along with the pumpkin contest, we will still have a ghastly competition for the spookiest table decorations, so be sure to vote before you leave. More to come on prizes for best tables and pumpkins, but they will be hair-raising!

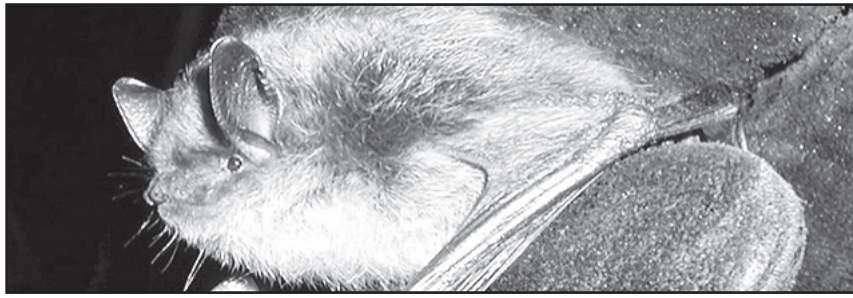
We are howling for volunteers who would decorate a spooky table and provide candy to our little boos. We also are seeking donations of extra bags of candy (which can be dropped off at the Westford Public Library). Finally, we are seeking donations of pumpkins, corn stalks, or a general donation to offset costs.

The previous Annual Westford Halloween Walks have always been enjoyed and well attended by our little Westford boos, ghouls, and their families. It has always been made possible by the generosity and good Halloween vibes of the Westford community. Please consider hosting a table, making a donation, or simply joining us to be part of this fun, *spooktacular* new tradition.

For questions, donations, or to claim your table, please email your hosts-with-the-most at westfordhalloween@gmail.com.

Carve out some time for some gourd Halloween fun!

The Westford Halloween Walk planners are Rebecca DaVanon, Kathleen Porter, George Elliott, and Kelly Morrill.



Vermont's bats are in trouble. By learning to live with bats you can help with their long-term conservation. PHOTOS FROM THE VT FISH AND WILDLIFE WEBSITE

Ready for Bat Week?

Vermont is home to nine bat species; five are listed as either threatened or endangered. The VT Fish and Wildlife web page at https://vtfishandwildlife.com/sites/fishandwildlife/files/documents/Learn%20More/Living%20with%20Wildlife/Bats/Attracting_Vermont%27s_Bats.pdf has a lot of information about helping bats survive and thrive, and about how to live with them so everyone is happy.

Bat Week is October 24-31 — consider a bat house (or three) on your property to help these helpful mosquito-eaters survive and thrive.

Bat houses provide an alternative location for bats to remain in your yard and continue eating huge quantities of insects that may be forest, agricultural, or human pests. Variety is important, so placing several bat houses with variable solar exposure to help bats find the right temperature ranges throughout the summer helps bats raise their young successfully.

Bat houses can be put up any time of year but do require some simple maintenance. Late fall or winter is the time to look up inside your bat house and make sure all the bats have left before cleaning out any abandoned wasp nests and planning any needed caulking or repainting.

"Fall also means Halloween and scary images of bats, but this presents an opportunity to bring positive attention to bats as well," said Vermont Fish and Wildlife Small Mammals Biologist Alyssa Bennett. "We celebrate Bat Week in the days leading up to Halloween." Bat Week takes place October 24-31 and aims

Halloween candy donations needed in Jeffersonville

October is here and Halloween is just around the corner! Halloween in Jeffersonville is a special event and a great evening of outdoor family fun. The residents of Jeffersonville Village welcome an enormous number of trick-or-treaters each year and there is a way that all of us can help lighten the burden for our neighbors. Donate Halloween candy!

Collection boxes are at Cambridge Elementary School, the Union Bank, and Hanley's again this year. Donated candy will be distributed to anyone in the village who requests it. Please reach out if you would like to receive some, and please check in with neighbors who may not be online.

If all of us who enjoy this great tradition contribute what we can, we can keep those porch lights on!

to raise awareness about the vital ecological functions of bats and to dispel the many myths and misinformation about them.

Anyone interested in learning more can visit the official Bat Week website at www.BatWeek.org, or email Alyssa.Bennett@vermont.gov for more information about what they can do right here in Vermont to promote bat conservation.

Bennett will be leading a forest hike to discuss bat habitat and forest management in Bolton on Sunday, October 22, 10:00 AM – 12:00 PM. The hike is hosted by Women Owning Woodlands and is open to all. Register on the Vermont Woodlands Association events page, <https://www.vermontwoodlands.org/vwa-events-calendar/>, and select the October 22 event.

"Vermont is home to several species of threatened and endangered bats that we are working to conserve and recover. We hope Vermonters will support these efforts and come to enjoy seeing bats in their natural environment," said Bennett. "Bats are a very important part of our natural world, and now more than ever they need our help."

Lend a video projector on Halloween?

By Angelike A. Contis, MMCTV

Mount Mansfield Community Television (MMCTV) is in need of video projectors (a lot of them!) to borrow in order to "haunt" the Richmond Town Center with original animations on Halloween night.

If you have a projector — especially newer models that can play content directly from USB sticks/flash drives — please reach out via email (mmctv15@gmail.com) to arrange a time to drop off your projector at our studio in the Richmond Town Center. Thank you for helping to make this event more *spooktacular* than ever!



Tricks and Treats at BCA's Family Art Saturday

Get ready for Halloween at Family Art Saturday! Drop in to the BCA Center (4th floor Education Studio) in Burlington on Saturday, October 28, 11:00 AM – 1:00 PM for a free, intergenerational art activity inspired by our current exhibition, Terry Ekasala: *Layers of Time*. Kids, caregivers, students, and adults will explore the power of process as they make their own abstract masterpieces, using watercolors, pastels, and colored pencils. Embrace the spirit of the season and come in your Halloween costume while you create your own curious creatures!

PHOTO CONTRIBUTED

We have room for your ad.

Call Brenda Boutin at 802-453-6354

for more information or email

mtngazette@gmavt.net

HAPPY HALLOWEEN!

We have room for your ad.
Call Brenda Boutin at 802-453-6354 for more information or email mtngazette@gmavt.net.

JOIN US FOR SOME SKELE-FUN!

HALLOWEEN MONSTER MASH BASH

October 31st 2023 3:00 pm - 8:00 pm 2023 at the FunZone 2.0

- PUMPKIN CARVING
- CANDY BAG DECORATING
- DONUT EATING CONTEST
- SCARVES & BERTS
- COSTUME CONTEST
- GLOW MAKE-UP!
- FREE ACCESS TO THE GAMES!
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PLUS ... Free Ice Badge pick-up, Patch Card loading, employment opportunities and more!

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It's possible to make your home more comfortable and energy efficient with financing options that start at 0% interest and no money down.

*Subject to availability and eligibility

SCHOOL NEWS

LNSU Harvest Dinner, community gathering October 23

From Michele Aumand, CES, Cambridge School District
Join Lamoille North Supervisory Union (LNSU) for a Community Harvest dinner and gathering. Lamoille North is delighted to invite you to join us on Monday, October 23, 6:30 – 8:00 PM at Jenna’s House, 117 St. Johns Rd., Johnson for an evening of celebration and togetherness. This special event is not just about harvest season — it’s about coming together as a community to express gratitude for the abundance of support and goodwill that surrounds us.
The evening will include a light farm supper, student performances, and discussions with school district partners. The event is completely free, but we ask you to register at the link below as we have an accurate headcount for food; and seating is limited, so act now to reserve your spot!
Register here: <https://forms.gle/1ZsFuREtdVRtwT6G9>
Help us celebrate the spirit of the fall season!

Underhill/Jericho Playgroup on Wednesday mornings

Come join us at the Underhill/Jericho Playgroup! This open playgroup is held in the UID building (the old Underhill ID School, between Browns River Middle School and the Deborah Rawson Memorial Library) in the multipurpose room at 10 River Rd., Jericho every Wednesday from 9:30 – 11:00 AM. We follow the MMUUSD calendar.
Geared toward children from birth through age 5, this is a great opportunity for kiddos and caregivers to socialize and create connections within our community. There is no registration required. Bring your own snack. We will also play outside on the playground when possible, so please dress for the weather.
Email underhill.playgroup@gmail.com to sign up for reminders and updates. Hope to see you there!

EWSD Board Meeting October 17

By Ben Dickie, EWSD Communications and Public Relations Coordinator

The Essex Westford School District Board will next meet on Tuesday, October 17, 6:30 – 8:30 PM in the Essex High School Library, EHS, Educational Dr., Essex Junction. The full meeting will be available to watch on Facebook Live thanks to the Media Factory (www.facebook.com/BTVMediaFactory).
Agenda items for the meeting include: Math Audit, Superintendent’s Monitoring Report – Compensation and Benefits, Governance Process Policies, Executive Session.
To learn more about the EWSD Board, please visit: <http://www.ewsd.org/page/schoolboard>.

LEGAL NOTICE

TOWN OF JERICHO- DEVELOPMENT REVIEW BOARD

NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will **CONTINUE** the public hearing at 7:00 pm on **WEDNESDAY** October 25, 2023 at the Jericho Town Hall to consider the following.

- A continuation request to the DRB by Gary & Tammy Davis for a Final Plat Review for four lot subdivision - PUD. The property is located at 52 Cilley Hill Road which is in the Rural Agricultural Residential Zoning District.
- A request to the DRB by Pinemarten LLC for a conditional use review for a change of use from retail to restaurant. The property is located at 39 VT Route 15 which is in the Village Center Zoning District.

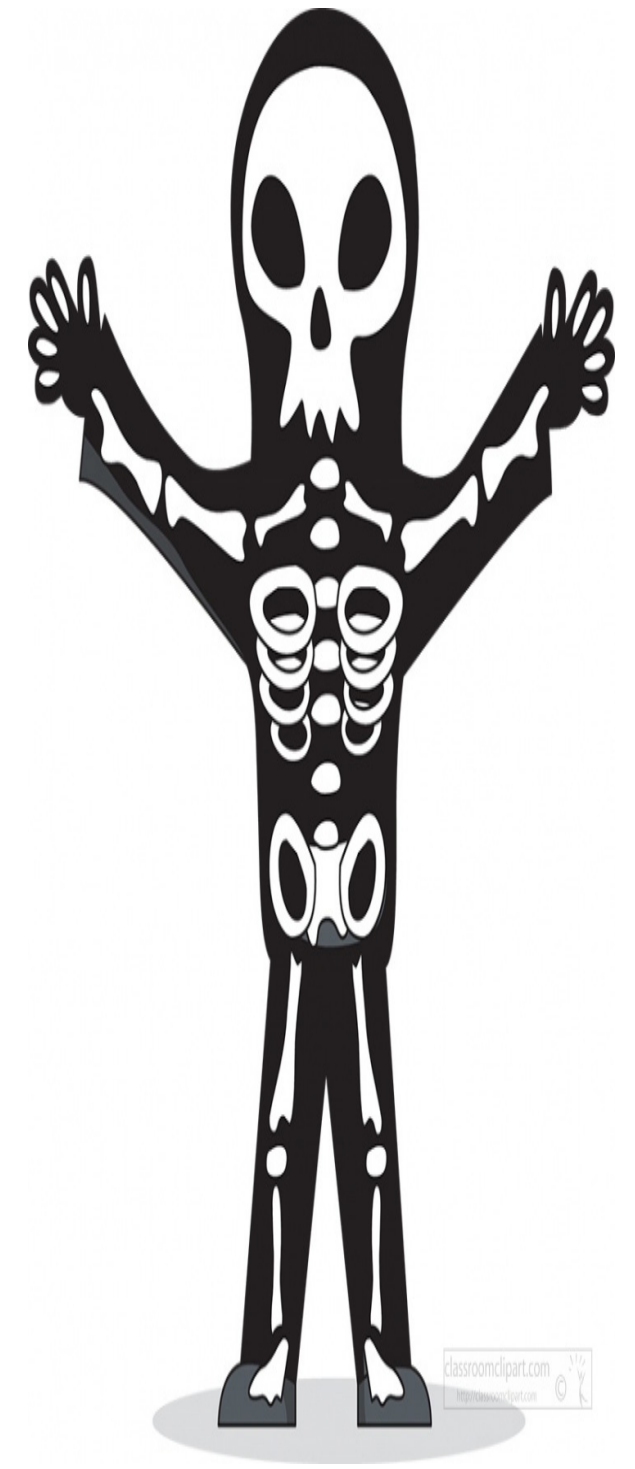
All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Chris Flinn
Zoning Administrator
cflinn@jerichovt.gov

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SPORTS NEWS

Youth Gymnastics offered at JES

Children ages 3-9 can sign up for a three-week program of Youth Gymnastics, every other Saturday (October 28, November 11 and 25) at the Jericho Elementary School (in the gymnasium). Classes are arranged into two age groups: ages 3-5, 1:00 – 2:00 PM; ages 6-9, 2:15 – 3:15 PM. Instructor Amanda Cowan is a physical education teacher at Underhill Central and Jericho Elementary Schools. The cost is \$35, cash or Venmo to *Amanda-Cowan-46*. To sign up, email *Amanda.Cowan@mmuvsd.org*.

Cross Country Ski Swap October 28-29

Mansfield Nordic Club (MNC) had a great swap last year, so we're doing it again — a Community Ski Swap in Jericho the weekend of October 28-29 at the Community Center of Jericho, 239 Browns Trace, Jericho Center. This is your chance to clean out all the Nordic ski gear in your basement, earn some money, support MNC, and outfit local skiers with gear. Come to the swap to make sure you have the equipment you need for the upcoming season.

Gear drop-off is Saturday, October 28, 4:00 – 6:00 PM; the sale is Sunday, October 29: 12:00 – 1:00 PM is for MNC members; 1:00 – 5:00 PM, open to the public.

Gear accepted: Nordic-specific skis, boots, poles, and Nordic-specific gear (wax and waxing tools, wax benches, and rollerskis) and clothing only. Choose 25%, 50%, or 100% of your selling price to go to MNC. Proceeds from the swap will go to MNC Scholarship Fund. We accept cash, check, credit/debit, and Venmo.

For more information and the online gear intake form, go online to <http://www.mansfieldnordic.org/mnc-xc-ski-and-gear-swap/>.

Kempo Karate classes in Cambridge

School is back in session and now is the time to start training to be a more confident, capable you! Kids need to get into sports, but not into the traditional ball games? Try the martial arts! Great for building self-esteem, awareness, and discipline. Parents need an outlet after a crazy work week? Come in and train hard! Let off some steam while learning to defend yourself.

Kids' and adults' classes available on Monday evenings at the Cambridge Community Center! For more information contact Master Jerod Richardson, *j3rod.richardson@gmail.com*. Hope to see you there!

Guess the date VTrans "Locks the Notch" to support kids on the mountain

Buy a raffle entry to guess the *final date* when the pass on VT Rt. 108 between Smugglers' Notch and Stowe will close for the winter season. The closure will be determined by confirmation from VTrans.

Half of the raffle proceeds will go to the winner, and half will go to the Smugglers' Notch Ski & Snowboard club, supporting kids getting out on the hill in the winter.

Buy your entry here: <https://go.rallyup.com/lockthenotch/Campaign/Details?ReturnUrl=/Campaigns/Setup/8fbc4d/Raffle>

Wildlife Tracking Immersion starting November 4

Cold Hollow to Canada is offering a Wildlife Tracking Immersion, open to public sign-up, to train participants in identifying and interpreting wildlife track and sign. We'll spend eight Saturdays exploring diverse wildlife habitat at field sites throughout the Cold Hollow area (from Jeffersonville north to the Canadian border), learning wildlife sign in snow and other substrates, and building an understanding of how animals move through the landscape.

Participants will have an opportunity to apply tracking skills to monitor conservation priority sites, report rare species, and identify wildlife corridors and road crossings.

The program runs from 9:00 AM – 4:00 PM on Saturdays, November 4, December 2, January 13, February 3, February 24, March 16, April 6, and April 27.

More information and the application are available at <http://www.coldhollowtocanada.org/wildlife>.

Westford Turkey Trot will be November 18

By Amanda Gifford, Westford Recreation Coordinator

The Westford Turkey Trot is an annual road race on beautiful country dirt roads. This race dates back to the 1990s and has historically raised money to support the children and families of Westford. All proceeds continue to benefit this cause. Your race fee will go towards supporting the Annual Westford Town Library Baby Tea, scholarships, holiday baskets, and grocery gift cards for families in need.

This year's event will occur on Saturday, November 18 at Westford Elementary School, 146 Brookside Rd., Westford, 8:30 AM – 12:00 PM. Pre-register for this event by Wednesday, November 1 to receive a free event shirt! Register online at <https://www.runreg.com/westford-turkey-trot>.

Race Day Registration and Packet Pickup will be in the Gym from 8:30 – 9:30 AM. The Tot Trot will begin at 9:45 AM in

the driveway, where spectators and runners line the driveway to cheer on the tots. The 10K and 3K Races start will be at 10:00 AM. Racers will line up on Brookside Road, just beyond the school drive entrance.

Post-race concessions will be available for purchase in the gym, hosted by the Westford Common Hall. After the last runner finishes, we'll announce the race winners (around 11:45 AM), and award raffle prizes. All participants are entered into the raffle. Raffle prizes include handmade jewelry and winter hats, gift cards, maple syrup, crafts, and much more!

This is a Westford Recreation event, fully fueled by the generosity of our community. Race day volunteers and raffle items are still needed — if you would like to volunteer or donate a raffle item, please contact Race Coordinator Meghan Valyou Orisko, *valyoum@gmail.com* or 617-999-4772.

Cambridge Basketball Association needs volunteer coaches

The Cambridge Basketball Association is looking for volunteer coaches for the upcoming 2023-2024 basketball season, which runs from November to mid-February. See below for openings:

1st and 2nd Grade Co-Ed Intramurals (one practice/week, 1.5 hours)

3rd and 4th Grade Co-Ed Intramurals (one practice/week, 1.5 hours)

5th and 6th Grade Co-Ed Intramurals (one practice/week, 1.5 hours)

5th and 6th Grade Travel Team Boys (One-two practices/week, one-two games per week, give or take)

All volunteer coaches must complete mandatory CPR and First Aid Training. They also must pass a background check.

No experience is necessary; we are willing to train and help design practice plans to ensure developmental progress in our student athletes and coaches.

Please contact Katie French, 802-798-2575 or cambridgevtbasketball@gmail.com, for more information.

Westford Rec adult pick-up basketball

By Amanda Gifford, Westford Recreation Coordinator

Play ball! Well, Basketball anyway — have some fun, get a workout, make new friends.

Westford Rec is sponsoring pick-up basketball on Wednesdays, 7:00 – 9:00 PM, for ages 16+ at the Westford School gym, Westford Elementary School, Brookside Road, beginning October 4-January 3 (excluding when the school is closed for holidays, breaks, snow days).

There will be two sessions: a fall session, October-January, and a spring session, February-June. The cost is \$5 to just drop in; or \$20 for the fall session, \$25 for the spring session, or \$40 for both sessions.

Register online at <https://forms.gle/xtzjzHqn6C24FmYM6>.

SENIOR NEWS

Jeri-Hill residents' Craft Fair October 21

On Saturday, October 21, 8:30 AM – 4:00 PM, the residents at Jeri-Hill senior housing (25 Jeri Hill Lane, Jericho, just off Brookside) will hold a Craft Fair to benefit our gardening fund to enable us to plant vegetable gardens, trees, and pollinator gardens, and to purchase benches; and to share the beauty of these with the larger community.

The crafts featured include jewelry, hand knitted items, wreaths, hand made doll clothes, bird houses, picture frames, plants, flower pots, books... and more — delicious soups, baked goods, and 50/50 raffle.

Jeri-Hill is a Cathedral Square Senior Apartment Community.

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Contact Brenda Boutin at mtngazette@gmavt.net to reach readers in our regular coverage area of Bolton, Jericho, Underhill, Cambridge, Jeffersonville, Westford, plus Hinesburg, Huntington, Richmond, Essex and Essex Junction.

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