Flood prevention work continues in Cambridge

By Phyl Newbeck Special to the Mountain Gazette

Last December, residents of Cambridge celebrated the opening of the Cambridge

Greenway Trail Bridge over the Brewster River. The new bridge was designed to reduce the possibility of flooding in Jeffersonville by moving

the footings out of the floodplain.

According to Seth Jensen, Principal Planner with the Lamoille County Planning Commission, the ribbon-cutting ceremony did not mark the end of the project. The new bridge restored a quarter acre of floodplain and river scientists agreed that the addition of vegetation to that land would increase its potential to absorb water. Since funds for vegetation are beyond the scope of FEMA, which helped pay for the bridge, the Lamoille County Planning Commission began looking for ways to take the next step for the project. The result is a collaboration with the Intervale, Lamoille Conservation District, Cambridge Conservation Commission, Cambridge Rotary Club, and the sixth-grade class at Cambridge Elementary School to plant trees in the flood plain on Saturday, May 12.

Danielle Owczarski is the Watershed Planner with the Vermont Department of Environmental Conservation who oversees the Lamoille River Basin. Owczarski said the old bridge used to constrict floodwater, which led to flooding in Jeffersonville and Cambridge. As part of the fiveyear basin plan, which was written in 2016, grass has been planted on the new floodplain but more vegetation is needed. Although Owczarski's role with the state does not include implementation of basin proposals, she is a resident of Cambridge and has a vested interest in the project so she has been meeting with fellow residents to help with the work which will include harvesting local willow trees. "When willow trees are dormant you can take cuttings and put them in water to





root until they're ready to plant," she said. "You want at least two-foot long stakes that are an inch in diameter." The willows will be planted on the bank where they have access to water. "Willows have a dense fibrous root system so they hold on





PHOTOS CONTRIBUTED

to the substrate," she said. "Willows are the first line of defense and they provide great habitat for

For the Cambridge Rotary Club, the tree-planting project is perfect because there is a

world-wide Rotary challenge to plant trees in 2018. Rotary International President, Ian Risely, asked each of the organization's 1.2 million members to plant at least one tree between last July (the start of the Rotary year) and Earth Day, 2018. Upon hearing the challenge, Anita Lotto, former president of the Cambridge Rotarians and now an Assistant District Governor, went to the Cambridge Select Board to offer to plant trees in town. When she learned about the bridge project, she pledged to have as many of the 33 Rotarians as possible on hand, with shovels, on May 12, even though that is technically after the end of the Rotary time frame. Lotto believes the local Cub Scout troop may also be on hand to provide

In addition to the willows, there will be other species planted at higher elevations. The Intervale is helping to organize the May 12 event and will determine the appropriate species for the climate and soil and provide some of the trees and tools. Another group eager to assist with the project is the sixth-grade class at Cambridge Elementary School. Teacher Mary Fielder reports that the UVM Watershed Alliance has been visiting her students for the past two years, teaching them about the watershed. "Each year we do a different analysis," she said. "We look at the physical, chemical, and biological aspects of the Brewster River." As part of the arrangement for getting the visits, the students agree to take part in watershedbased community service. Last year they painted rain barrels which were used to divert roof and gutter water from the river. This year, Fielder had already decided to plant trees and after contacting Jensen, she agreed to take part in the bridge project. Her students will concentrate on larger ees, planted in the higher part of the floodplain.

Many hands make light work so anyone interested in assisting with the project is welcome to contact any of the groups involved.

Bringing a year in Argentina – and Spanish – home to Vermont

By Ayla Frank York

I grew up in Jericho, VT where the houses all line up perfectly, with open yards, vast space, and beautiful gardens. It was a hard adjustment to Buenos Aires, Argentina when I flew down in August 2017 and I am now living in a residential city called La Plata. I first noticed small things when I arrived, like the number of lost dogs on the streets, that I can only take a five minute shower because over five minutes the power goes off just like it will after the majority of rain storms, and how the trash was littered on every street corner. I also noticed that the main roads, which are often dirt roads, are littered with speed bumps and cracks, making my driveway in VT look pristine.

In terms of language, Mount Mansfield Union High School (MMU) and Browns River Middle School prepared me very well. The Spanish here is very different from what I had been taught but my foundation in grammar helped me adapt faster than the majority of the exchange students and, in comparison to others, made my first three months much easier. High school kids should know that the level of languages taught at MMU is really good and can prepare you to communicate with cultures around the world. I encourage kids to push themselves and dare to see how far your basic language classes can take you.

One of my goals on this journey to South America was to become bilingual. At first, speaking Spanish was absolutely exhausting -

my brain felt like it was working a million miles an hour and at the end of the day I rarely made it to bed. I would fall asleep almost anywhere: at the dinner table, on couches, or in the car. This was also hard because my first family ate dinner at around 11:30 PM every night. The exhaustion wore off after the first two months and now, after seven months, I can fluently switch between the two languages and I don't even realize in which I am speaking or being spoken to. I actually don't really think much about the language at all. It is also really fun to speak complete Spanglish with the other exchange students, using the words in the language that comes to us first. Sometimes there are situations where I am speaking in English but thinking in Spanish - and that gets very complicated!

The great advantage to speaking Spanish is that it has allowed me to understand Argentinian culture on a deeper level. Not only in obvious ways, like speaking with the people in their native tongue, but also in that I can understand how they describe situations. I have come to know Latin American culture and find it to be incredibly vibrant, warm and open. Family here is so important and it's not strange to have uninvited aunts and uncles show up at any hour at your door. They stay up later, play music louder, and get together more often than we do.

So this experience has encouraged me to spread my knowledge and love of Spanish in my community when I return this summer. I have decided to spread the wealth of language and run a Spanish Immersion Camp in our home in Jericho with my mother Berta Frank York. I am very excited to share what I have learned here, and plan to speak Spanish for a full two hours with kids. I want to show kids back home how to drink Yerba mate tea properly and play Spanish games, sing Spanish songs, eat Spanish food. I also hope to tell them about some of my adventures and we can enjoy summer camp activities with a cultural

Hope you enjoy the photos of the beautiful rose garden I visited here in Buenos Aires and my memorable trip to Patagonia, where we were lucky enough to walk with penguins and see wild llamas. I am currently in Brazil enjoying the rainforest, tropical birds, and waterfalls.

I have mixed feelings about returning home to Vermont this summer as it will mean my year as a Rotary International Exchange Student in Argentina has ended and my college adventure in the fall will be about to begin! I do, however, look forward to reconnecting with old friends, my dog my family, and leading the Spanish Immersion Camps. Please contact theyorkcamps@gmail.com for dates and info – all are welcome – no previous language exposure needed!

Ayla Frank York, who spent a year as a Rotary International Exchange Student in Argentina, is coming home to Jericho this summer and plans to lead a Spanish Immersion Camp at her home with her mother Berta Frank,

> Instrumental Director at BRMS. Ayla will speak Spanish for two hours with her students and introduce them to Spanish games, songs, and foods. Contact theyorkcamps@gmail. com for dates and info – all are welcome – no previous language exposure needed! The photos show Ayla visiting a beautiful rose garden in Buenos Aires and in Brazil enjoying the rainforest waterfalls.

PHOTOS CONTRIBUTED









Bicycle Commuting Workshop

Join Local Motion's expert workshop leader and daily bike commuter Peter Burns to get ready for a great year of riding your bike. Our bicycle commuting workshop will take place at the Deborah Rawson Memorial Library in Jericho from 7:00 – 8:00 PM on Thursday, April 19. Participants in workshop will learn:

- · What gear you need (and don't need) to stay safe and comfortable;
 - How to make sure your bike is in good shape for commuting;
- How to map out a route that fits your available time and comfort level;
- · How to "read" the street and ride safely under a range of

Participants will also have the opportunity to purchase significantly discounted safety gear like bike lights, reflective leg bands, bells, and more.

Light refreshments will be provided, but this will be a waste-free event so we are asking people to bring their own bowls and mugs.

For more information contact Ross Saxton at Local Motion: ross@localmotion.org.

Tuesday, April 17

Book talk: <u>Blessings from Beijing: Inside China's Soft-Power War on Tibet</u>, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Greg Bruno for a discussion of his new book. Untangle the chains that tie Tibetans to China and examine the political, social, and economic pressures that are threatening to destroy Tibet's refugee communities. Greg C. Bruno is a journalist and editor whose work has appeared in national and international print and media outlets. A native of Vermont, Bruno has spent many years living in and writing about China, Tibet, and the Tibetan exile community. Proceeds from ticket sales go to the VT Foodbank. Tickets \$3 include a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350. Information: www.phoenixbooks.biz or 448-3350.

Wednesday, April 18

The Flying Pirate Circus with Rockin' Ron the Friendly Pirate, 2:00 – 3:00 PM, Bryan Memorial Gallery, 180 Main St., Jeffersonville. Walk the plank to music and singing, fun and games, a new story book and an hour of fun with the Friendly Pirate. Rockin' Ron will read from his book for boys and girls of all ages, and will talk about making his book and perform songs, many of them interactive with the audience. Free, but seating is limited and first-come, first-served.

Wednesday Story Time, 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 872-7111

Myth Matters: Meaning Making and the Myths in Everyday Modern Life, 5:30 PM, Arts Riot, 400 Pine St., Burlington. What's in a myth? Join folklorists and Champlain College faculty Kerry Noonan and Steve Wehmeyer for a spirited discussion of the ways we might tap into some old and new trends in the study of story to help understand how myths make meaning - for good or ill in everyday life. For information, https://www.vermonthumanities. org/events/



Tuesday - Thursday 11:00 AM - 8:30 PM Friday - 11:00 AM - 9:00 PM

Saturday 11:00 AM - 8:30 PM Sunday 4:00 - 8:00 PM

899-3718 Route 15, Jeri-Hill Plaza Jericho

Thursday, April 19 Commuting Bicycle

Workshop, 7:00 – 8:00 PM. Rawson Deborah Memorial Jericho. Join Motion's expert workshop leader and daily bike commuter Peter Burns to get ready for a great year of riding your bike. Participants in workshop will learn what gear you need (and don't need) to stay safe and comfortable; how to make sure your bike is in good shape for commuting; how to map out a route that fits your available time and comfort level; and how to "read" the street and ride safely under a range of conditions; and may purchase significantly discounted safety gear (bike lights, reflective leg bands, bells, etc.). Light refreshments provided, but please bring your own bowls and mugs to this waste-free event. Information: Ross Saxton at Local Motion: ross@localmotion.org.

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COMING EVENTS

Book launch: Screwnomics, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Rickey Gard Diamond to celebrate the launch of her new book, Screwnomics: How Our Economy Works Against Women and Real Ways to Make Lasting Change. This book unpacks economic definitions, turns a menonly history on its head, and highlights female experiences and solutions, encouraging female readers to think about their own economic memoir and confront our system's hyper-masculine identity. Rickey Gard Diamond, the founding editor of Vermont Woman, taught writing, literature, and feminist and media studies at Vermont College of Norwich University for over 20 years. She is also the author of Second Sight and Whole Worlds Could Pass Away. Proceeds from ticket sales go to the VT Foodbank. Tickets \$3 include a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Information: www. phoenixbooks.biz or 448-3350. Information: www.phoenixbooks.

Friday, April 20

Jericho-Underhill Lions informational dinner, 6:30 PM, United Church of Underhill, Underhill. You are invited to learn more about our club and Lions as a whole, at a social at 6:30 PM with dinner at 7:00 PM. Please RSVP to Lion Loreen Teer, 899-1363, or Lion Kendal Holden, 899-2514, by Saturday, April 14. If you need child care at the church, please let us know.

Saturday, April 21

Annual Polish Dinner, 5:00 – 6:30 PM, Parish Hall, St. Thomas Church, 6 Church St., Underhill Center. Sponsored by the St. Thomas Church Knights of Columbus #7810. Menu: homemade smoked kielbasa, pierogi (dough filled with cheese or with mushrooms and sauerkraut), cabbage, potatoes, homemade sauerkraut, dessert, and drinks. Adults \$14, children 6-10 years \$8, under six free; maximum for members of an immediate family \$40. Take-out meals available. For more information, call 899-4632

Spring Volunteer Work Party, 9:00 AM - 2:00 PM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Please help prepare the Museum for the open season. From trail maintenance to data entry, there are opportunities for all. Come for an hour or all day, bring yourself, a friend, or family. All are welcome. Please pre-register so there are enough sandwiches; drop-ins with their own lunches are welcome as well. Museum@ birdsofvermont.org or 802-434-2167.

How to Plan a Research Trip, 10:30 AM - 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Contrary to popular opinion, not all genealogical research can be conducted online. Eventually, most serious researchers decide they have to visit repositories in other states and other countries. For most, these trips have to be planned within a context of limited funds and limited time – so planning well is the key to maximizing a trip's benefits. Using case studies which include Sharon's trip to Ireland, Sharon Flaherty and Ed McGuire will describe how to successfully plan and organize an enjoyable research trip. The talk will include a handout with notes, packing lists, links to trip planning resources, helpful tools to take and a research trip checklist. For more details: www.vtgenlib.org or 802-310-9285. Classes \$10. We are open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00

Earth Day Story Time, 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Come celebrate Earth Day weekend with Earth Day and conservation-themed books, and plant flower pots to take home. Free and open to all ages. Information: www. phoenixbooks.biz or 872-7111.

Saturday Story Time with City Market, 11:00 AM, Phoenix Books Burlington, 191 Bank St., Burlington. Enjoy reading Here We Are by Oliver Jeffers. Insightfully sweet with a gentle humor and poignancy, this book is Oliver Jeffers' user's guide to life on Earth. After reading, enjoy a fun and interactive healthy food activity. Free and open to all ages. Information: www.phoenixbooks. biz or 448-3350

Tuesday, April 24

Floral Arrangement with Art, 1:00 PM, Faith United Methodist Church, 899 Dorset St., S. Burlington. April meeting of the Burlington Garden Club. Free and open to the public.

Wednesday, April 25

NVU-Johnson Community Meal, 11:30 AM - 12:30 PM, United Church of Johnson, 100 Main St., Johnson. Free community meal for the public featuring a hot lunch on the second and fourth Wednesday of each month through May, for anyone who goes. All meals, at which NVU-Johnson students, faculty, and staff serve as volunteers, are at the same time and location. Sponsored in part by NVIU-Johnson Dining Services, the NVU-Johnson SERVE program, and Laraway Youth and Family Services

Walk for the Silent, 12:00 - 2:00 PM, Northern Vermont University-Johnson, Johnson. This event to show support for survivors of domestic violence and sexual assault is open to the public and will feature a walk around the campus quad, information tables, and remarks by students and NVU President Elaine Collins. Sponsored by the NVU-Johnson Wellness Center and the campus Women's Center. For information, contact Wellness Center director Kate McCarthy, 802-635-1265 or Kathleen.McCarthy@ Northern Vermont.edu.

Book talk: A Time to Dance: American Country Dancing from Hornpipes to Hot Hash, 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Join author Richard Nevell for a discussion on the evolution of country dancing in America and the social experience of dance, an art form that has the power to unify us in increasingly divisive times. Richard Nevell records American country dances as historical artifacts, as social expressions of rural and urban communities, as manifestations of democracy, and as an evolving traditional art that changes to meet the needs of a changing American society. Free and open to all ages. Information: www. phoenixbooks.biz or 872-7111.

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Wednesday Story Time, 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 872-7111

Thursday, April 26

Poetry reading featuring <u>Selected Delanty</u>, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Celebrate National Poetry Month and join poet Greg Delanty for a reading from his new book. Greg Delanty was born in Cork City, Ireland in 1958 and lived in Cork until 1986. He now lives most of the year in Burlington, where he is the Poet in Residence at St. Michael's College. Delanty has either written or edited seventeen books and has received numerous awards for his poetry including The Patrick Kavanagh Award. Proceeds from ticket sales go to the VT Foodbank. Tickets \$3 include a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350. Information: www.phoenixbooks.biz or 448-3350.

Saturday, April 28

Bird Monitoring Walk, 7:30 - 9:00 AM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Free. All birders welcome on the monthly monitoring walk outdoors on the Museum's trails in forest and meadow. We often have coffee afterwards, indoors at our viewing window. Most fun for adults and older children. Please bring your own binoculars. Free; preregistration nice but not required - Museum@birdsofvermont.org or 802-434-2167

Favorite Tricks for Organizing Your Research, 10:30 AM 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. One challenge all genealogists have in common is how to organize all of the documents, images, letters, emails, and conversations we've accumulated. How many times have you searched endlessly for a document you know you saved? And how often have you thought you knew a fact - but not known HOW you knew it? Not every tool works for every researcher – so our panel of experienced genealogists will share an assortment of techniques, methods, and tools that work for them, some of which will resonate with your research style. They'll cover online tools, file folder systems, hard-disk organization, and note-taking databases like Evernote & Microsoft's OneNote. For more details: www.vtgenlib. org or 802-310-9285. Classes \$10. We are open for research Tuesdays 3:00 - 9:30 PM and Saturdays 10:00 AM - 4:00 PM.

Poetry Society of Vermont reading, 2:00 – 3:30 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join members of the Poetry Society of Vermont for a celebration of National Poetry Month! Founded in 1947, PSOV is an association of poets and supporters who join in promoting an interest in poetry through meetings, workshops, readings, contests, and contributions to the society's chapbook. This will be the sixth annual PSOV reading at Phoenix Books Burlington. Free. Information: www.phoenixbooks. biz or 448-3350. Information: www.phoenixbooks.biz or 448-3350.

Saturday Story Time, 11:00 AM, Phoenix Books Burlington, 191 Bank St., Burlington. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 448-3350.

Meet Elephant and Piggie! 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Join us for an Elephant and Piggie story time and activities! Best of all, Elephant and Piggie themselves will be visiting to celebrate Independent Bookstore Day and to kick off Children's Book Week. All ages are welcome. Free. Information: www.phoenixbooks.biz or 872-7111

Wednesday, May 2

Wednesday Story Time, 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 872-7111.

Thursday, May 3

Book launch: Everything That Follows, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Meg Little Reilly's novel of moral complexity is about friends who must choose between self-preservation and doing the right thing in the wake of a fatal boating accident, set in the moody off-season of Martha's Vineyard – a plunge into the dark waters of secrets and flexible morals. Around midnight, three friends take their partying from bar to boat on a misty fall evening. Just as the weather deteriorates, one of them suddenly and confusingly goes overboard. Is it an accident? The result of an unwanted advance? His body disappears into the dark water. The circumstances are murky, but what is clear is that the other two need to notify the authorities. Minutes become hours become days as they hesitate, caught up in their guilt and hope that their friend has somehow made it safely to shore. Meg Little Reilly is a public radio commentator, essayist, and outdoors enthusiast. Proceeds from ticket sales go to the VT Foodbank. Tickets \$3 include a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Friday, May 4

May the Fourth, 6:00 PM, Phoenix Books Essex, 2 Carmichael St., Essex. May the fourth be with you! Join us for an evening of all things Star Wars. We'll have the latest Star Wars books (for everyone from kids to adults), Star Wars themed crafts, and more. Costumes encouraged. Free and open to all ages. Information: www. phoenixbooks.biz or 872-7111.

Friday-Saturday, May 4-5

Rummage Sale, 3:00 - 7:00 PM Friday, 9:00 AM - 2:00 PM Saturday, Community Center (a.k.a. Baptist Building), Main St., Fairfax. Clean clothes, books, toys, white elephant. Benefits the United Church of Fairfax missions. For information, contact ucffairfaxvt@gmail.com or 849-6313.

Rummage Sale, 9:00 AM – 4:00 PM Friday, 9:00 AM – 1:00 PM Saturday, Grace United Methodist Church, 130 Maple St., Essex Junction. Take what you need and pay what you can. Questions? Call Jane, 878-4078

Saturday, May 5

Pie for Breakfast! 8:00 – 11:00 AM, Cambridge Elementary School Cafeteria, Jeffersonville. A Green Up Day event sponsored by the Cambridge Area Rotary. Come and choose from a large variety of donated pies, \$5 for all-you-can-eat pie and bottomless coffee! If you'd like to donate a pie or two (or quiches!), please let us know online at http://www.signupgenius.com/ go/30E0F45A9AC29A3F58-piefor10 and drop the pies off at the school, 7:00 – 8:00 AM. All money raised supports the activities of the Rotary Club.

COMMUNITY COLUMNS

Walter Senn, 1926-2018

By Sue Kusserow Special to the Mountain Gazette

I first met Walter about 55 years ago, when he was a milkman for Windridge Farms Dairy in Jeffersonville. The milk was very popular: Jersey with the cream golden and exalted in its place at the top of a glass quart bottle. My four quarts were brought weekly in a metal carrying case. As he opened the back door, the bottles clinked to announce his arrival. He loved to talk, particularly about behaviors, the workings of the mind and the latest research on these subjects. I gave him a copy of a neurology classic: The Human Mind. He brought back many more questions than I could answer. But he always made his own Vermont days interesting, and since I was a city person, he had many anecdotes about what I should know about Vermont.

He visited my husband and me over the years, walking to see the pond, along with the dogs, who knew a friendly buddy when they saw one. He loved the wide windows in our house looking out at the mountain, which of course elicited more stories. More recently, we were both apt to share stories about aging, and some of his favorite haunts. "I know you've been to a lot of places, Sue, but nothing beats Holland Pond!" His springtime occupation was sugaring... first, by the old-fashioned method of buckets dripping sap, then onto reverse osmosis and huge tracts crisscrossed with blue plastic tubing. On one trip, after stopping at the sugar house to see if everything was going alright, and if they needed an extra hand... we skittered up the logging road to see a superb view of Irish Settlement Road, down a steep incline. We decided we didn't have legs enough to hike down it, yet his legs would always fit

Family was of extreme importance to him. The whole family group took a trip out West, which was the starter for many conversations, in between Scrabble games. He would chuckle and say: "Well, Sue, you've got the degrees, but how come I keep on winning?"

His love of words came through most clearly in his poems. He talked with me about one of them: a tribute to a grandson's wedding, but decided, wisely, that it was his voice and phrases that could tell his love for them the most clearly. He taught me a few Vermont sayings: "She brought in a bouquet of little kids. His past speaks louder than his mouth. And he was as tough as a boiled owl."

One recent email mentioned two of his interests: bees and birds... the former having their homes in a grove of evergreens, watched over with his son, Eric. The birds collected at the house feeders and on the porch railing. And there were the deer, which would sneak out of the woods and into his back yard.

His last email said: "I don't know if I will last much longer. Come and visit, old friend." I went soon thereafter, but the ambulance was there, the EMTs carefully loading him onto a stretcher, the daughters watching from the shadow of the door. I know how they feel: one hopes but also accepts the inevitable. Blessedly, it most certainly can be said that he had a rich and full life.

One can cry because someone dies, or smile because they have lived.

Cousin Dave "Digger" Cilley, the Undertaker – part 2

By Doug Boardman Special to the Mountain Gazette

Tunbridge is well known in Vermont as being the home of the World's Fair, outside of Vermont not so much. In fact, a few years ago there was a fuss about the name and they had to change their logo to the home of the Tunbridge Little World's Fair. David and his parents were heavily involved in the running of the fair and later on David was the commissioner of the fair. Dave and I loved the fair but were too young to get into the "girlie shows," although we would peek inside the tents until we got chased off. The fair is more of a family show now but years ago, they had exciting, dangerous shows along with X-rated shows.

One of the favorite events was the horse racing but before they had the race they had to haul the drunks off that were sleeping on the track. The fair back then was known as the place where the men left their wives at home and took their girlfriends to the fair along with a bottle of whiskey in a brown bag. Along with the horse racing they had Jimmy Lynch and the Death Dodgers, with brand new cars, racing around the track on two wheels and crisscrossing each other and going over jumps, and they had a silo with motorcyclists riding up and down the inside it. They also had demolition derbies so we loved the dirt, gas, and oil and fires from the cars and of course, the crashes. They stopped the derby and other dangerous stunts, etc. because of insurance costs, and changed the fair into a family affair and made the beer drinkers drink inside of a fenced off area. It solved one thing – no more drunks sleeping on the track; but on the other hand, most of the track isn't used any more.

Dave joined his father in the funeral business but had to be 19 in order to embalm people, so when he turned 19 he went to embalming school. He showed me where he worked and I felt I was going to pass out and fall into one of the coffins. Just the smell of the whole place in the back was stifling, and I found another profession I never wanted to be in. Dave took over the business from his father and was very successful, but he worked seven days a week and they had an ambulance service also. When we would go to visit, we were lucky to see him for five minutes and then he would have to go. He took a one week vacation in the summer sometimes. I was worried that he would burn himself out and he did die of a heart attack when he was in his sixties. I wasn't able to attend his funeral but I was told there were so many people that they had to pass through the funeral home in one door and out the other and there were long lines. He was loved by the whole county and beyond. After his death his son Dennis took over and has the same qualities as his father and believe me, it takes a real special person to be an undertaker. David Cilley was a very special person and I am proud to say he was my first cousin.

Send your news to mtgazette@earthlink.net

Jericho Mystery Photo #8: Empty Chairs

Empty chairs in Jericho and no one at the table. Chairs fit for a king, chairs set to swing, chairs rusty and old, chairs recently painted in gold. A chair prominently displayed in a window with no king or even a jester to sit upon it to make a throne.

An empty chair solemnly atop a knoll overlooking the Jericho beaver pond, with its quiet acquaintance of geese, peering for a spot of clear ice-free water to set upon.

Two chairs set by a swing set; what fun it might be to sit a spell and watch the kids soar in their seats with legs reaching out and upward for the sky.

What of the benches, some stationary, some set to glide? One reflecting sunlight, yellow perched on white snow – warmth for back and buns should someone snowshoe their way up the deep snow covered hill.

There is the sweetheart bench made of iron and solid wood slats tucked away in a secret garden – awaiting a courting couple that they might sit close and make more secure their pact, with a kiss and fingers and hands intertwined.

Another such bench set deep into an open field against a forested backdrop, for the married couple wishing to dream together of all that is hope and what may lie ahead.

Forget not the rocking chairs, one leaned back, one forward, looking at long time past and shorter time forward. One can almost hear the whittling wood chips scatter, and the knitting needles clinking together.

Adirondack chairs of yellow with potted flowers between. Each have long wide armrests for hard working parents – vacationing at home while the children and grandchildren run about. Adirondack chairs built out of skis for when the mountains run out of snow though the legs still long to go down the mountain and over the dale.

Not to be overlooked, a modest homemade three-legged bench for a milk maiden or a toddler with climbing ability though of limited stature as yet.

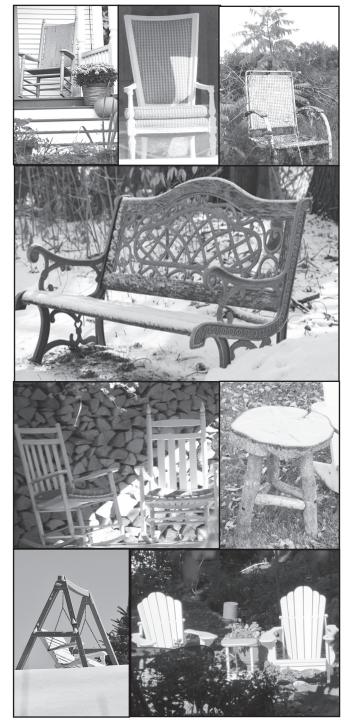
A prominent stone bench inscribed "Jericho Center Store $-200^{\rm th}$ Anniversary" – to sit with the support of community built to be everlasting and strong.

These are but some of the chairs of Jericho. Durable, powerful, sentimental, honorable places to rest, observe, think, share, and delight in the neighborly community of Jericho, Vermont.

What is your favorite Jericho sitting chair or spot? Won't you come by and sit a spell? Pull up a chair, there is one for everyone and some for pairs. We have pedestals, pinnacles, thrones, swings, cushion seats, seats of wood, seats of metal. Seats for comfort, seats for viewing nature, entertaining family, visiting a friend, even solitary soul-enriching bun warming seats.

Empty outdoor chairs are the quintessential community invite – spread about, inviting and comfy. There is a chair for you in Jericho, come sit a spell, relax and visit. Whether it be to visit with yourself, or nature, or with others, there is a place for you here – pull up a chair

Bernie Paquette "discovers" by observation, then shares photos and stories highlighting why Jericho, Vermont is a special place! To see more of Jericho, VT photos, visit Jerichovermont.blogspot. com. Send your comments or Jericho stories to Bernie.paquette@yahoo.com.



Paying attention to hyperactivity

By Lewis First, MD

Chief of Pediatrics at UVM Children's Hospital

Parents frequently ask me if their toddler's high energy will mean they have an attention deficit hyperactivity disorder, or ADHD. Let me pay attention to this concern and provide some information on energy levels and children.

Toddlers and preschoolers usually have lots of energy. This energy is not due to poor parenting issues or even taking in too much sugar.

More than 40% of parents with high-energy children between

the ages of three and four will ask me about ADHD. But ADHD is usually only an issue when high energy lasts for at least a year after age four. Or it can be an issue when a child's energy level is far higher than other children the same age. It is actually rare for a child health care professional to confirm the diagnosis of ADHD until after age six.

The best way to see if your child is an energy outlier is to ask

The best way to see if your child is an energy outlier is to ask their daycare and preschool teachers. Is your child is more active, more restless, less attentive, and more impulsive than the rest of the class? Even so, less than 10% of children who concern preschool teachers actually will have ADHD.

So what can be done for your high-energy toddler?

- Don't label your child as "Dennis the Menace" or the label will stick. High energy does not indicate a "bad child" or your being a "bad parent."
- Keep a routine in place. Order will slow the frenetic pace.
- Don't put your child in a situation that is doomed to fail. This could include making them sit thought a lengthy religious service or dinner in a fancy restaurant.
- Don't physically punish your child. Set limits. (For example, you might tell your child to jump up and down on the floor, but not on the bed.) And don't forget to praise quiet play when it happens.
- And finally, parents, take care of yourself. The more relaxed you are, the better equipped you are to deal with your toddler.

Hopefully tips like these will energize you to deal with your toddler's high energy level. Only in a small number of children does it represent a hyperactivity issue, such as ADHD, that requires medical attention.

Lewis First, MD, is chief of Pediatrics at UVM Children's Hospital and chair of the Department of Pediatrics at the Robert Larner, M.D. College of Medicine at UVM

The Mountain Gazette

6558 VT Rt 116 Starksboro, VT 05487 (802) 453-6354 • mtgazette@earthlink.net

Deadline: April 26, Publication: May 3

Brenda Boutin publisher/ad sales /delivery News writer - Phyl Newbeck , Editing - Sara Riley **Letters Policy:**

Maximum 450 words; one letter per writer, per calendar month. Must be signed for attribution with writer's address and phone number.

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Area Worship Services

COVENANT COMMUNITY CHURCH "Come As You Are"

 Whitcomb Meadows Lane, Essex, VT 05452 (across from John Leos on Route 15)
 Pastor: Rev. Jeannette Conver email: cccpastorjeannette@gmail.com

Phone: (802) 879-4313 facebook: https://www.facebook.com/Covenant-Community-Church-125345080830320

Adult Bible Class: Sunday 9:00 AM Worship Service: Sunday 10:00 AM Fellowship: immediately after service

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Youth group 6:15 pm Sundays in our Sunday school building

Youth group 6:15 pm Sundays in our Sunday school building Signing for the deaf upon request 899-4911; officejcc@comcast.net; www.jccvt.org

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Heart Healthy Classes - Nutrition - Wednesday, April 18, 10:30 11:00 AM, Cobblestone Health Commons Cardiac Rehab Gym. Free; please register, 524-8849. This class discusses nutrition and meal planning guidelines to promote behavioral change for weight, cholesterol, and blood pressure management.

AARP Smart Driver Course - Friday, April 20, 1:00 - 5:00 PM, NMC Green Mountain Room. Speaker Doug Masson, AARP Instructor. Fee \$15 for AARP members, \$20 non-members. Preregistration required, call Doug, 802-644-8310. This four-hour refresher course is open to all drivers 50 years and older. The curriculum addresses the normal physical changes brought on by the aging process and how these changes can affect driving ability, and then offers ways to compensate for those changes. The course also addresses changes in vehicles, regulations, and roads. Participants will also learn how to interact with other road users including truckers, bikers, pedestrians, and distracted drivers.

Movement for Parkinson's Disease - Friday, April 20, 10:00 - 11:00 AM, Homestead at Pillsbury Manor. Free; registration / information: 802-881-9673 or email Sarah, saramcm28@gmail. com, or Patty Rugg, patrica_rugg18@comcast.net. Offered for people with Parkinson's disease and their care partners, this dance class is designed to engage participants' minds and bodies through many styles of dance, while exploring stretching, muscle strengthening, postural stability, and rhythm through instruction and energizing music. The class is offered in a relaxed social environment that emphasizes enjoyment, fun, and creativity, with an eye towards connecting with the community. No dance experience required. No charge, donation appreciated.

ONGOING

Cancer Exercise Rehab Group - Ongoing every Tuesday and Thursday, 8:00 - 11:00 AM, NMC Rehab gym, Cobblestone Building. Featuring Wendy Lawrence, certified NMC Oncology Rehab Physical Therapist. Pre-registration required; call 524-1064. Free for the first 8 weeks, then \$40. A physical therapy evaluation is required to assure that the client is able to participate. This class pinpoints the common needs of patients, which include decreased

range of motion, decreased strength, and cancer-related fatigue.

Prenatal Fitness, every Wednesday, 5:30 – 6:30 PM, NMC Wellness & Fitness Room. Featuring Stephanie Preedom, AFAA. Pre-registration required; contact Stephanie, 802-288-1141 or stephanie.preedom@gmail.com. Free to Northwestern OB/GYN patients. Northwestern OB/GYN offers these free prenatal exercise sessions to strengthen and prepare you for a successful birthing experience. Join other moms as we lead you through a customized routine designed to make you feel energized and confident. Please consult a physician before beginning this exercise program

Program now enrolling First Time Mothers: Franklin County Home Health Agency's Nurse Family Partnership Program (NFP) helps first time mothers in Franklin, Lamoille, and Grand Isle counties. NFP is an evidenced based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child's second birthday. Nurses provide support, education and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-

7531 for more information.

Vermont Ouit Partners Fresh Start Tobacco Cessation Wednesdays, 12:00 PM, NMC Cobblestone Building, 202. Pre-registration required; to sign up for a session call Chari, 524-8480. Free. Enter this class at any time and join others for this series to help you successfully quit smoking. Sessions include: understanding why you have an addiction and how to quit; mastering the first few days, mastering obstacles; and staying quit and enjoying it forever. When you are ready to quit, the tools and support can make all the difference. We can provide you with what you need to be successful! As a Vermont resident, you can get free patches, gum and lozenges.

Healing Circle Women's Cancer Support Group: first Tuesday of every month, 4:30 PM socialize, 5:00 - 6:30 PM meeting, Northwestern Medical Center Conference Franklin Room. Pre-registration required; free. A self-help cancer support group for women of all ages and lifestyles who have cancer. At our monthly meetings, we share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any

woman who has cancer, whether you are newly diagnosed or a long term survivor. Please call 802-524-8479 with any questions or to RSVP (not required).

Have You Lost a Loved One to Suicide? Second Thursday of every month, 6:00 - 7:30 PM, Northwestern Medical Center's Grand Isle Room. Pre-registration required; free. If the answer to the question is "yes," please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group, including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping or you can share your own story. The choice is always yours to do what feels best to you. For more information on dates, times, and location or to answer any questions you may have call Tony, 802-393-6503

Chronic Disease Support Group Workshops: Various times and locations. Pre-registration required; contact Deb Robertson, 524-1031 or drobertson@nmcinc.org. Free. Are you or someone you know living with a chronic health condition? Then the Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue, and pain, manage symptoms and medications, and improve strength and flexibility. Each session is $2\frac{1}{2}$ hours once a week, for six weeks.

Shadows of the Moon Autism Support Group: for one-on-one phone support, please call Cheryl at 802-868-7745 or Laura at 802-

Alzheimer's Support Group: last Tuesday of each month, 6:00 7:00 PM, Northwestern Medical Center Franklin Room. Preregistration required. Free. This group is for those with Alzheimer's and caregivers, family members, and friends and is facilitated by Amanda Wilson. Please call the 24/7 Helpline at 800-272-3900 or visit alz.org/Vermont to confirm details.

Parkinson's Support Group: second Tuesday of each month, 10:00 – 11:30 AM, Pillsbury Senior Community, conference room next to the library on the first floor, 3 Harborview Dr., St. Albans. Pre-registration not required. Contact Pat, 802-524-5520, or Judy 815-895-2312. Free. This group is open to those with Parkinson's and their caregivers including family and loved ones. The monthly meetings can provide an open forum to share experience with others who are coping with Parkinson's disease, gaining education and support. Wheelchair accessible.

Breastfeeding Moms Group: first Wednesday of each month, 10:30 – 12:00 PM. Please call 527-5586 to find location of next group. Pre-registration required; call 527-5586. Free. This group meets once a month for snacks, crafting activities, making baby blankets, and information from the experts.

Breastfeeding and Infant Massage Group: second Wednesday of each month, 9:30 – 11:15 AM, Alburgh Library. No pre-registration required. Free. Join other moms and babies to learn how to massage your baby and discover more about breastfeeding and parenting.

Latch On! Discussion Group: third Saturday of each month, 10:00 AM - 12:00 PM, Northwestern Medical Center Family Birth Center. No pre-registration required. Free. Learn about breastfeeding and share your stories. Enjoy light refreshments and connect with other moms.

Baby Bumps Support Group for Mothers and Pregnant Women, second and fourth Monday of the month, 4:00 - 5:00 PM, Northwestern Medical Center Family Birthing Center. Preregistration required. Contact Rhonda Desrochers at Franklin County Home Health Agency, 802-527-7531. Free. Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group led by an experienced pediatric Registered Nurse. This group is for both pregnant women and mothers. Presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the Vermont Department of

Foot Clinics: various times and locations. Pre-registration required. Call Franklin County Home Health Agency, 802-527-7531 to schedule. Fee: \$20. Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield, and Enosburg.
Who's Your Person, What's Your Plan? (End of Life Planning):

We plan for all life's milestones - marriage, birth, retirement. But few of us have plans in place for our end of life. And none of us can plan for the unexpected. Do you know who you want to speak for you and make medical decisions for you when you can't do this for yourself? Everyone 18 years and older should have a Health Care Agent – your person to speak on your behalf. By completing advance directive you can provide this information family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available at http://www.fchha.org/ healthcareagent/ as well as www.starttheconversationvt.org. You can also call Franklin County Home Health Agency to learn more about completing an advance directive. We are also available to speak to community groups. Start the Conversation today. It's a gift.

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5K Fun Run & Walk May 5 to benefit VNA Respite House

Grab your sneakers, it's go time! VNA's annual 5K Fun Run & Walk to benefit the McClure Miller Visiting Nurse Association (VNA) Respite House kicks off on Saturday, May 5, just a few short weeks away. It's sure to be a blast, and there's still time to register!

Since we opened the doors to our expanded, state-of-art Respite House on Prim Road in Colchester in September 2016, the demand for residential hospice care in our community has continued to rise. A 50% increase in admissions means more care than ever is being delivered by our highly-trained, dedicated staff, which is also growing to meet the increased demand.

The 21 resident rooms (up from 13 in the

original Respite House), state-of-the-art systems. and larger building and grounds that comprise the McClure Miller VNA Respite House are the brick and mortar reminder of that growth. That's why we've set our most ambitious fundraising goal to date: \$75,000.

With your support we can meet that goal! Please join us on Saturday, May 5 to ensure the compassionate, person-centered care Respite House is known for is available to all, regardless of ability to pay.

Can't make it but still want to donate? https://www.firstgiving.com/event/ to vnacares/2018FunRunWalk and click "Donate." Thank you in advance!

It's spring fever. That is what the name of it is. And when you've got it, you want - oh, you don't quite know what it is you do want, but it just fairly makes your heart ache, you want it so! - Mark Twain

EMS tools of the trade

By Tessa Roy

An ambulance needs more than just a crew in order to help patients. Without our supplies we would be very limited in what we could for our patients during our transports to the hospital. All of our equipment is stored neatly and checked at the start of every shift, and equipment used during a call is replaced when the ambulance returns to quarters. At Essex Rescue we are dedicated to providing the best patient care possible, and keeping our ambulances organized and well stocked is essential to that goal

I interviewed John Keating, an Advanced EMT with Essex Rescue, who also runs with Saint Michael's College Fire and Rescue and Milton Rescue. John emphasized the importance of keeping the ambulance organized and making sure that everything is in its proper place, saying that "when seconds matter I need to be able to quickly reach the equipment I require." I asked him what he viewed as being the most important equipment on our ambulance. "I would say that our crews and their training and knowledge are the most important things on the ambulance, but after that I would have to say our Lifepak 15 cardiac monitors are absolutely vital. They're like having an extra set of hands on the ambulance. I honestly don't know what ambulance crews did before we started carrying the Lifepaks.'

Our Lifepak 15 cardiac monitor is certainly the most hightech piece of equipment we carry, and John is spot on when he says it's like having an extra set of hands. The monitor can take a patient's blood pressure, monitor their heart rate and rhythm, blood oxygen levels, and carbon dioxide output, and transmit all of that information to our reporting system as well as the hospital emergency department; and it's also a defibrillator. The monitor is invaluable when the crew has their hands full with other procedures, such as securing an airway or placing an IV, or when the back of the ambulance is simply too loud for us to hear and obtain an accurate blood pressure reading.

Not everything we carry on the ambulance must be high tech to be useful, though. Our Stryker Stair Pro, for example, is one of our most versatile ways for moving patients, and its simple design and ease of use makes it a favorite among EMTs. Imagine the treads of a military tank, just much smaller and attached to chair, and voila you have the Stryker Stair Pro, or stair chair, as we call it. The track system allows us to move the patient down the stairs without lifting. We simply have one EMT holding the handles by the patient's feet, another at their head, and then we lean the chair back about 45 degrees and the tracks allow us to safely navigate down the stairs. This helps us avoid back injuries from lifting, and the built-in descent control on the tracks keeps the chair moving at a safe pace. The chair can be pushed on its wheels if its in its upright position, and that makes it useful for moving a patient down a narrow hallway or through narrow doorways where our stretcher would be too wide. It's also a great way to move patients who are having trouble breathing and don't want to lay flat while being carried to the ambulance.

No matter what the emergency, rest assured that we carry the equipment to deal with it. From your run of the mill bandages to our high tech cardiac monitors, our crews have the training and equipment they need to provide high quality patient care. We're always looking for devoted members of the community to join our efforts so if you're interested in being an EMT or a driver with Essex Rescue, please contact Joe Congdon at 878-4859 ext 7.

LETTER TO THE EDITOR

Questioning the effect of land regulations

To the Editor,

Katherine Sonnick, Jericho Town Planner, presents in the March 15 Mountain Gazette "How Jericho is working to protect the town's natural resources." Another title might have been "How Jericho is working to diminish the already diminished property rights of the owners of large parcels of land.'

We are told the first step began with an inventory in 2013 to "identify valuable forest resources, rare species, significant natural communities, and large connected habitat blocks..." Vermont's "Rare and Endangered Species" includes 684 rare species, including jack pine, yellow oak, eight varieties of goldenrod, mountain ash, and so on; 206 are protected by Vermont's Endangered Species Law. Only nine are listed federally. The rest, 673 species, are thriving outside the borders of Vermont.

If you pay environmental consultants to inventory "valuable forest resources, rare species, significant natural communities and large connected habitat blocks," what do you suppose they will

Vermont towns have been a beautiful thing: communities of privately owned land. The pleasure of owning land is walking around on it, making decisions about what to do here or there. Some regulation is desirable. Moderate zoning can be useful. How about a common sense balance?

The vision coming out of Montpelier and working its way into town planning regulations is something else, something like museums frozen by regulations. Or public parks under the supervision of central planners.

Majority, you (owners of small parcels of land) can gang up on your neighbors who own larger parcels. You can cancel one more element of private property rights, but is that a neighborly thing to

Underhill

Are you listed in the Jericho -Underhill Community **Directory?** No!

Call Brenda at 453-6354 or email your information to bboutin@gmavt.net

LIBRARY NEWS

DEBORAH RAWSON MEMORIAL LIBRARY Thursday, April 19, 7:00 PM - Jericho Energy Task Force presents Basic Everyday Bicycling. Join Local Motion's expert workshop leader and daily bike commuter, Peter Burns, to get ready for a great year of riding your bike! In just one short hour, participants in the Basic Everyday Bicycling workshop learn about gear, bike condition, and safety. Participants will also have the opportunity to purchase significantly discounted safety gear like bike lights, reflective leg bands, bells, and more. Plus, free snacks! Please join us!

Movie Night in April - Friday, April 20 at 7:00 PM. Please call the library at 899-4962 for details.

Monday evening, April 30, at 6:30 PM – The Poetry Workshop Series, with this year's topic, Shades of Green, has been meeting at the Jericho Town Library throughout April, with Vermont poet Mary Jane Dickerson and on this evening their class will culminate in a poetry reading here at DRML. Everyone in the community is welcome and is invited to participate by bringing poems to read, their own or favorites, so they might participate too. Please join us!

For Children and Families

Movie and Popcorn Afternoon! Friday, April 20, at 3:30 PM. We will provide popcorn and lemonade just after the movie starts. No registration needed. Please call the library at 899-4962 for details.

Music with Peter on the last Thursday of April! DRML has a special music program for children and their families on Thursday, April 26, at 11:15 AM. Peter Alsen has been performing for children and families throughout Vermont for many years. You can find more about Peter at www.pukamusic.com. No registration required.

Story Hour with Beth and David London! Beth and David London, formerly of Poker Hill School, share songs and stories with young children and their families on Friday, April 27 at 11:00 AM. Snack will follow. No registration required.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed

For information on any of the library's programs, call 899-4962. DRML is located at 8 River Rd., Jericho; www.drml.org.

JERICHO TOWN LIBRARY

Youth Programs

Story Time – second and fourth Wednesdays, 10:30 – 11:30 AM. Recommended ages: 0-5 years. Pop in for a casual hour of story time, smiles, songs, and laughter with Lisa!

Music & Movement for Little Ones - third Saturdays, 10:30 -11:30 AM. Recommended ages: 2-4 years. Explore the world of singing, dancing, and playing instruments with your little one in this lively musical and motion-based group!

Circle Time - third Wednesdays. Recommended Ages: 0-5 years. Join storyteller and musician Katie Coons for this dynamic interactive hour of movement, song, play, rhyming games, craft, and snack.

Adult Programs

Jericho Writers' Circle - second and fourth Saturday, 10:00 -11:00 AM. Are you a writer seeking community? Join JTL's new bi-monthly Writers' Circle! All genres welcome. Coffee, tea, and encouraging company provided.

JTL Board meetings are held the second Monday of every month at 5:30 PM. All are welcome to attend.

Jericho Town Library is open Mondays, Tuesdays, Thursday, and Fridays 2:00 - 5:00 PM; Wednesdays 10:00 AM - 12:00 PM and 2:00 - 7:00 PM; and Saturday 10:00 AM - 12:00 PM.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org or give us a call at 899-4686

VARNUM MEMORIAL LIBRARY **JEFFERSONVILLE**

Weekly Crafting Circle, Mondays, 5:00 - 7:00 PM. Come and enjoy fiber and fabric with craft novices, as well as folks who have enjoyed handwork arts for their lifetimes! Have a project you're already working on? Bring it in and share your expertise and enthusiasm.

Teens Teaching Technology (TTT) - Sunday, May 13, 1:30 -3:00 PM. "How do I work this thing?" Come to this free community tech talk to have your questions answered and to be introduced to the basics of your device. Bring fully charged devices. Sponsored by the Cambridge Arts Council.

Crescendo Club Library Association - Do you have two hours a month to spare for a great opportunity? The Crescendo Club Library Association is seeking community members interested in helping the library anticipate and meet the needs of all we serve and to promote lifelong learning for everyone. Please let us know if you would like to be an active supporter and member of this organization that has worked to help the community for almost 120 years. Meets on the third Thursday of the month, 7:00 - 8:00 PM.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; thevarnum@gmail.com; www.varnumlibrary.org. Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM - 3:00 PM. Closed Sundays.

WESTFORD PUBLIC LIBRARY

Early Literacy Storytime, for ages birth to preschool, Thursdays, 11:00 AM. Several stories around a theme, and a theme-based craft. All ages and levels of attention are encouraged to come. Don't worry if they fidget – they are still getting a lot out of it!

Library Hours: Wednesday 1:00 - 7:00 PM, Thursday 10:00 AM – 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website www.westfordpubliclibrary.wordpress.com; email westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

RICHMOND LIBRARY

Tax Preparation Assistance with AARP volunteers: Every year, volunteers help seniors submit their tax returns. If you think you may be interested in meeting with a preparer, call us for an appointment on Monday mornings. Slots are filling up fast.

Richmond Reads: The Vermont Humanities Council is pleased to announce that the Vermont Reads book for 2018 is Bread and Roses, Too by Katherine Paterson, a novel of historical fiction that tells the story of the 1912 "Bread and Roses" strike in the Lawrence, MA textile mills through the eyes of an Italian-American girl and a runaway boy. The Library has free copies of the book to distribute and will host a discussion on Wednesday, April 18. Watch for details.

New Playaways: Thank you to the Friends of the Richmond Free Library for funding the purchase of eighteen new youth titles on Playaway. If you are not familiar with this device, it is an all-in-one audio player simple enough for small children to use. Our growing youth collection contains titles appropriate for a range of ages from six to sixteen. We also have Playaways for adults!

Weekly Children's Programs

No one ever regrets taking their child to storytime. We offer three weekly programs for young children. Choose the one that's right for your child and schedule. While the programs are planned with the ages listed in mind, older and younger children are always welcome. No registration is required.

Baby Laptime: This short storytime is for babies ages 0-24 months and their grownups. We will share the magic of stories, songs, rhymes, bounces, and fingerplays designed to introduce these youngest children to color, sounds, fine motor skills, and body movement. Join the fun on Mondays at 10:30 AM.

Storytime and Playgroup: For children age infant-5. Introduce your child to many new friends and to the wonderful world of books on Wednesdays. Music begins at 10:00 AM followed by stories and then free play until noon.

Early Bird Math Storytime: This storytime is for children ages 2-5. We will explore numbers, shapes, patterns, and sets through books, songs, rhymes, and games. This fun, interactive storytime happens in the community room. Join us on the first three Fridays of the month at 11:00 AM.

Yoga Storytime: Children ages 2-5 can join us for yoga storytime.



Efficiency

888-921-5990 • www.efficiencyvermont.com

Library news continued from page 5

We'll enjoy thoughtful books and engage our bodies with active movement. Join us on the fourth Friday of the month at 11:00 AM.

Snow Days and School Vacations: We do not offer our regularly scheduled youth programs when school is cancelled due to weather or during school vacations. The library is still open, however, so plan a visit during school breaks to stock up on books and play for a while in our bright, warm space. (If weather is very severe, call ahead – we might be closed, too.)

Open Monday and Wednesday, 10:00~AM-8:00~PM; Tuesday and Thursday, 1:00-6:00~PM; Friday, 10:00~AM-6:00~PM; Saturday, 10:00~AM-2:00~PM.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); www.richmondfreelibraryvt. org.

DOROTHY ALLING MEMORIAL LIBRARY WILLISTON

All events free. Children 8 and younger must be accompanied by an adult while at the library.

Read to a Dog: Thursday, April 19, 3:30 – 4:30 PM. Bring a book and read to one of our registered Therapy Dogs of Vermont. All ages. Pre-register for individual sessions.

Preschool Music: Mondays 11:00 AM and Thursdays 10:30 AM. Up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Thursday Playtime: Thursdays, 11:00 AM – 12:00 PM. Preschoolers and their caregivers are invited for an informal playtime following our Preschool Music program. For children hirth to age 5

Preschool Story Time: Tuesdays, 10:30 AM. Includes a simple craft activity. April 17: Plant a Seed. All ages.

Chess Club: Wednesday, April 18, 5:30 – 7:00 PM. All experience levels welcome. Open to all ages.

VINS Raptor Encounter! Saturday, April 21, 11:00 AM. Live falcons, hawks, and owls provide the lens through which we examine food webs, predator-prey relationships, and the interdependence of the systems that support life. This first-hand encounter enables participants to understand the defining characteristics that make a bird a raptor, and their adaptations for life as a predator on the wing. Touchable artifacts and hands-on materials round out this special experience presented by Vermont Institute of Natural Science. Sponsored by Friends of the Library.

Fairy Stories and Fairy Houses: Tuesday, April 24: 11:00 AM Fairy Story Time; 12:00 – 2:00 PM Drop-In Craft: Make a Fairy House. All ages.

Preschool Yoga with Danielle: Friday, April 27, 10:30 AM. Simple yoga poses, stories, and songs for children birth to age 5 and their caregivers.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, www.williston.lib.vt.us.

FAIRFAX COMMUNITY LIBRARY

Youth Events

Tuesday, April 17, 9:30 – 10:30 AM: Preschool Story Hour: Firefighter Dave. Join us for themed stories, songs, and activities for ages 0-6. No registration necessary for Story Hour.

for ages 0-6. No registration necessary for Story Hour. Wednesday, April 18, 3:15 – 4:15 PM: READ to a DOG. Kids

ages 5-10 can read a book of their choice to a fuzzy, friendly dog. Call to reserve a 15-minute slot.

Wednesday, April 18, 3:00-4:00 PM: STEM Club: Science Fair Working/Prep Day. Children who have been participating in STEM Club this year will put on a Science Fair on Wednesday, May 30. In this month's session, children will choose a project to present about for our final meeting and show off all the cool things they have learned this year. Must register.

Thursday, April 19, 6:30 – 7:30 PM: Family STEAM Night: Join us for this great family program, where each month parents and children visit stations with Science, Technology, Engineering, Art, and/or Math (STEAM) activities. This month our theme is *Owls* and we will be dissecting owl pellets together. (Gloves provided for squeamish folks.) Please register.

Tuesday, April 24, 10:00 – 11:00 AM: Paint! Paint! Paint! Special for School Break Week! Kids ages 0-8 will have fun visiting different painting stations around the library. Wear clothes you don't mind getting a little messy! Must register.

Thursday, April 26, 6:00 – 7:30 PM: Camp-Out in the Library. Bring your sleeping bags for a camp out in the library (but only for part of the evening). We'll tell campfire stories, eat s'mores, and make shadow puppets. Ages 3-9. Must register.

Adult Events

Saturday, April 28, 10:00 AM – 12:00 PM: Board Game Café. Enjoy some free coffee or tea and baked goods from Eastman's while spending the morning playing board games with old and new friends. Check out some of the library's collection of over 120 games, or bring a favorite from home to teach others.

All events are free unless noted. Pre-registration encouraged. www.fairfaxvtlibrary.org , 802-849-2420. Call or email libraryprograms@fwsu.org.

BROWNELL LIBRARY, ESSEX JUNCTION

Tuesday, April 17, 9:10 - 9:30 AM: Story Time for Babies and Toddlers. Picture books, sign language, songs, rhymes, and puppets for babies and toddlers with an adult.

Tuesday, April 17, 10:00 – 10:45 AM: Story Time for Preschoolers. Picture books, sign language, songs, rhymes, flannel stories, and early math activities for preschoolers.

stories, and early math activities for preschoolers.

Tuesday, April 17, 7:00 – 9:00 PM: Brownell Library Trustees

Meeting.
Wednesday, April 18, 4:30 – 5:30 PM: LGBTQ Drop-In Group.
LGBTQ teens and allies grades 8-12 and recent graduates are welcome to drop by the library to socialize with peers and propose any projects they might like to undertake to increase awareness.
DIY snacks available!

Wednesday, April 18, 7:00 - 8:30 PM: TEDxBrownellLibrary: Truth or Dare. Brownell will be hosting TEDx Events on the third Wednesday of the month. Ted Talk videos around this theme will be viewed and reflected upon.

Wednesdays, April 18, 25, 12:00 and 1:00 PM; 6:00 and 7:00 PM: Tech Help with Clif. Offering one-on-one technology help. Bring in your new gadget or gizmo and Clif will sit with you to help you learn its ways! Reservation required. Please call 878-6955 at least 24 hours in advance.

Wednesday, April 18, 3:30 - 4:30 PM: Read to Daisy. Daisy

loves to listen to kids read. She is certified by Therapy Dogs of Vermont. Daisy's owner is Maddie Nash, retired school counselor. For all ages.

Wednesday, April 18, 3:30 – 4:30 PM: Reading Buddies. Children read for an hour with ADL middle school students. Continues weekly until April vacation. Bring a favorite book or choose one here

Thursday, April 19, 3:15 – 4:15 PM: Read to Archie. Archie loves to listen to kids read. He is certified by Therapy Dogs of Vermont. Archie's owner is Christine Packard, Chair of Brownell Library Trustees.

Friday, April 20, 10:00 - 10:30 AM: Story Time. Come listen to picture book stories and have fun with puppets, songs, and rhymes. All ages.

Friday, April 20, 3:00 – 4:30 PM: Lego Fun. Come build creatively with Legos and see what others build. Children under 8 years old must bring a responsible caregiver.

Friday, April 20, 6:30 – 8:30 PM: Family Movie. Free popcorn and drinks!

Mondays, April 23, 30, 12:00 PM and 1:00 PM – Tech Help with Clif. Offering one-on-one technology help. Reservation required. Please call 878-6955 at least 24 hours in advance.

Tuesday, April 24, 2:30 – 3:30 PM. Spring Bike Ride! Bring your bike and we'll ride from the library to the tree farm to have a snack, read a story, and ride back. Wear helmets and sunscreen for safety!

Wednesday, April 25, 7:00 – 8:30 PM: First Wednesday Lecture: *Transatlantic Traumas: Endangering the West.* The West has been challenged by President Trump's policies, Russian covert actions, and domestic politics. Stan Sloan, Visiting Scholar at Middlebury College and author of <u>Defense of the West</u>, asks if a perfect storm of external threats and internal politics is undermining Western values and interests.

Friday, April 27, 10:00 - 10:30 AM: Music with Raph. Come sing and play with Raph. All ages.

Friday, April 27, 3:00 - 5:00 PM: LARP. Live Action Role Play is open to all middle and high school students who want to have adventures in a mythical land.

Friday, April 27, 6:30-8:30 PM: Dungeons and Dragons. Come learn how to play this role-playing game with our new DM, create a character, and play a short, one session game. For grade 6 and up.

Friday, April 27, 6:30 - 8:30 PM: Knit Night. Adult knitters and crocheters are invited to settle in front of the fireplace in the Main Reading Room to knit, share projects and patterns, and engage in conversation

Friday, April 27, 1:00 – 2:00 PM: Wii Fun! Play Wii games together, like Mario Cart and Wii Sports.

Monday, April 30, 5:30 – 6:30 PM: Go Club. Come learn to play this 4000-year-old strategy game with Max and Celia. All ages!

Brownell Library, 6 Lincoln St., Essex Junction. Hours: Monday, Wednesday, Friday: 9:00 AM – 9:00 PM; Tuesday, Thursday, Saturday (July until after Labor Day, closed Saturdays): 9:00 AM – 5:00 PM. Call Main Desk 878-6955, Youth Desk 878-6956, Reference Desk 878-6957, or email *frontdesk@brownelllibrary.org*.

United Way of Northwest VT volunteer connection listings

By Sue Alenick, United Way Volunteer Columnist
LEND A HAND. VOLUNTEER – United Way of Northwest
Vermont's mobile-friendly Volunteer Connection connects you to
hundreds of local volunteer needs. Search by age, date, county,
interests, or causes that are important to you. Stay connected to
community needs. Go to www.unitedwaynwvt.galaxydigital.com or

contact us at *volctr@unitedwaynwvt.org* or 860-1677.

BOOKMOBILE – The Franklin Grand Isle Bookmobile visits preschools, childcare providers, and individual families in Franklin and Grand Isle Counties bringing story time activities, resources, songs, laughter, and, of course, books. They are looking for an Assistant Librarian who would enjoy performing story time activities, teaching a vocabulary word, and reading a story to eager youngsters. Volunteers can also help children select books, sort and reshelf books, and keep track of simple data. Contact Deb Grennon,

868-5077 or *fgibookmobile@yahoo.com*.

TECH BUDDIES – City of Winooski is looking for volunteer Tech Buddies to help seniors navigate technology through handson teaching and assistance. A great volunteer opportunity for young techies! Contact Aphaia Lambert-Harper, 655-6410, Ext. 12, or *volunteer@winooskivt.org*.

LUNCH AND LEARN – City of Winooski's Lunch & Learn Program connects new American seniors to services and community resources. Volunteers are invited to help support the program and engage visitors in activities such as Tai Chi, arts and crafts, and a delicious lunch. Contact Aphaia Lambert-Harper, 655-6410, Ext. 12, or *volunteer@winooskivt.org*.

MAKE IT SPECIAL – Special Olympics Vermont is gearing up for its Vermont Unified Champion Schools Basketball Tournament on Friday, May 4 at Castleton University. Volunteers can help make this event special by serving as scorekeepers, timers, awards and licensed officials. Morning and afternoon shifts available. Contact Kaila Krouse, 863-3911 or *kkrause@ytso.org*.

ON TOUR – Ethan Allen Homestead is in need of Tour Guides to help bring the museum to life for visitors. Guides take visitors on tours of the Homestead and share Vermont's frontier history. Training is provided. The Museum is also looking for greeters to welcome guests and provide them with tickets for the guided tour. Call Dan O'Neil, 865-4556 or ethanallenhomestead@gmail.com.

GREEN THUMBS NEEDED – Burlington Dismas House is seeking volunteers to help fill pots with transplants for its 16th Annual Plan Sale. Flexible morning and afternoon shifts from Friday, April 27 through Tuesday, May 22. Contact Zoe, 658-0381 or zoe@dismasofvt.org.

WALK FOR THOUGHT – Brain Injury Association of Vermont is looking for volunteers to help at their 16th Annual Walk for Thought, Saturday, May 19 between 8:00 AM – 3:00 PM. Tasks include registration, picking up donated food/beverages and other donated items, decoration, signage, and more. Contact Jessica Leal, 856-1772 or *support1@biavt.org*.

MARATHON – It's Vermont City Marathon & Relay time again, and RunVermont is looking for corporate groups, non-profit groups, sports teams, students, church groups, and families to help make this 30th annual event a great success. Shifts are available throughout May and on race day Sunday, May 27. Volunteers receive an official t-shirt and a ticket for Lake Monsters opening day! Contact Chuck Spear, 863-8412 or *volunteer@runvermont.org*.

PEOPLE - OBITUARIES



Dorothy "Dolly" Johnson, 86, of Jericho, VT passed away Monday April 2, 2018 surrounded by her loved ones. Dolly was born on October 20, 1931 in Jericho to Ernest and Grace (Parker) Gomo. She was married to Walter E. Johnson Sr. for 59 years, prior to his passing on January 7, 2011. Dolly was an amazing woman who welcomed everyone into her life, home, and her family. She had an incredible sense of humor and a wit that was second to none. Dolly listened intensely,

loved fiercely, and would be a confidant to anyone who crossed her path. She will be remembered standing at her stove with a big smile as she made her "Dolly's Donuts." Dolly was the heart and soul of her family and a matriarch that will be remembered for many generations. She was a charter member of the Fraternal Order of Eagles # 3210 in Jeffersonville, VT for more than 30 years, where she held many offices. Dolly is survived by her three children, Walter Johnson Jr., Rose Elder and her husband Chuck, Sally Russin and her husband Wayne. She also leaves behind 13 grandchildren, 14 great-grandchild and two great-great-grandchildren. Dolly leaves behind many nieces and nephews along with many great nieces and great nephews. Dolly was predeceased by her parents Ernest and Grace (Parker) Gomo, her husband Walter E. Johnson, her siblings, and her niece Kathy Harris. The family would like to give a special thanks to: Tony Russin, Dr. Christopher Hebert, Thomas McKenna, Peter Root, Tristan and Christopher Harris, Deb Morin, and Cindy Ryan. There was a Mass at St. Pius X. VT Rt. Essex, VT on Saturday April 7, 2018, open to friends and family. There was a coffee hour immediately following. Donations can be made in Dorothy's name to Essex Rescue, 1 Educational Dr., Essex Junction, VT 05452. The family invites you to share your memories and condolences by visiting www.awrfh.com.

Donald Reed Howard, 79, passed away on Saturday, December 30, in Virginia Beach, VA surrounded by his wife, children, their spouses, and his grandchildren. Donald was a retired U.S. Navy



LDO LCDR. He was a loving husband, father, and grandfather and will be missed by all. Donald was born in Burlington, VT and grew up in the village of Underhill, VT. After graduating from Burlington High School in 1956, he enlisted in the Navy as an AT and literally saw the world: Vietnam, Hong Kong, Australia, New Zealand, the U.K., France, Spain, Israel, and Egypt, to name a few of his more memorable port visits. He met the love of his life, Sherri (Elizabeth), because of the Navy and they

lived a beautiful life together for 53 years. After he retired from Naval service, he continued to serve his country as a contractor. He found joy in his family and loved to spend time with his children, but especially with his grandchildren and would list their accomplishments as he saw necessary. He was predeceased by his parents Montague and Elizabeth Howard and his step-mother Ann; his sister Ann and brother Jac; step-sister Joanne Malloy and stepbrothers Ross and Bobby Aldrich. He is survived by his beloved wife Sherri and his daughters, Kim Rigazzi (Andy) of Virginia Beach, Karen Jugan (Mel) of Palm Desert, CA, and his son Scott Howard (Amy) of Virginia Beach; sister, Susan Hooper (Greg) of Underhill, VT; step-brothers Jerry (Sally) and Jack (Connie) Aldrich; grandchildren, Reed Howard, Chase Howard, Alex Jugan, Hannah Rigazzi, Lonni Howard, William Rigazzi, Matt Jugan, and Graydon Howard, and numerous nieces and nephews. The extended of Westminster Canterbury Hospice Staff. Their support and love made this difficult time bearable. A special thanks to Candy, Marcy, Paula, Janet, Jennifer, Jim, and Micheline. A Memorial Service was held Saturday, January 6, 2018 at the Great Neck Hollomon-Brown Funeral Home. A funeral service at Arlington National Ceremony will be held at a date to be determined. In lieu of flowers, memorial contributions may be made to the Navy and Marine Corps Relief

CLUTTER BARN OPENS MAY 5

Do you have gently used, but no longer useful to you, toys, games, puzzles, glasses, dishes, pots and pans, or small electrical appliances? How about pictures, frames, craft/sewing/knitting supplies, linens, curtains, or clothing? Or maybe books, DVDs/CDs, office supplies, sports items, knick-knacks, holiday accessories, or collectables? Would you like to pass these things on to another person/family who will delight in their use just as you have done? The Clutter Barn, adjacent to its sponsor the United Church of Underhill, located just across from "the green" at Underhill Flats, will open its door for the 2018 season on Saturday, May 5 from 8:30 AM – 12:00 PM and its dedicated volunteers will be available to receive your generous donations.

On the last Saturday of each month, May through August, the Clutter Barn offers these gently used goods for sale at "the lowest prices in town" for the shopping pleasure of its neighbors near and far. If you haven't discovered that item you really can't live without, you're sure to find it among the racks and stacks on Tag Sale days. The Clutter Barn is open to receive donations from 8:30

AM – 12:00 PM every Saturday from May 5 through September 15, except on Tag Sale days. The final Tag Sale will be on August 25 – but it doesn't end there! The United Church of Underhill Old Fashioned Harvest Market, a popular and eagerly anticipated community celebration, offered by and held on the church grounds, will be up and running on Saturday-Sunday, September 29-30, and the Clutter Barn will be open, both in the building and in tents outside, with bargains galore!

Since the first Tag Sale will be on May 26, the Clutter Barn is especially seeking summer clothing in order to offer quality items to fill out summer wardrobes. Outgrown or simply "I've worn this too many times!" summer clothes for all sizes and ages will be displayed in the clothing area on the second floor. Don't miss this opportunity to finalize your spring cleaning – and make space for exciting new outfits in your closet!

Contact: Kathy or Dave Williamson (802-899-3122), Sharon Damkot (802-899-3573), or Betty or Lou Wilson (802-363-8311 or 802-363-8310).

ART / MUSIC / THEATER



Author and strategist Mary (left) and Memorial Gallery) Executive Director Mickey Myers present a Legacy Workshop on Thursday, April 26, 1:00 - 4:00 PM. The three-hour interactive workshop will assist artists in preparing for their own artistic legacy or that of a loved one, preparing participants to deal with the physical contents of their studios and the emotional dimensions of their legacy. Free, but limited seating; advanced registration required; contact Mickey Myers, Mickey@bryangallery.org.

PHOTO BY PAUL ROGERS

ART/PHOTOGRAPHY

Bryan Memorial Gallery in Jeffersonville will present its Legacy Workshop on Thursday, April 26, from 1:00 – 4:00 PM. The threehour interactive workshop is presented by Bryan Gallery Executive Director Mickey Myers and author and strategist Mary Fillmore. In a setting that is supportive and encouraging, the workshop aims to assist artists in preparing for their own artistic legacy or that of a loved one. Through stories, conversations, exercises, and discussion, the workshop prepares its participants to deal with the physical contents of their studios and the emotional dimensions of their legacy. Bryan's Legacy Workshops have been touring Vermont under the auspicious of the Vermont Community Foundation, which has made the workshops possible at no charge to the participants. A forty-page notebook is distributed to all workshop participants at no charge. While there is no charge for this workshop, seating is limited, and so advanced registration is required. For further information, contact Mickey Myers at Mickey@bryangallery.org. Bryan Memorial Gallery is located at 180 Main St., Jeffersonville; 802-644-5100, www.bryangallery.org.

Call to Artists: Register for the 8th annual Jericho Plein Air Festival, to be held on Saturday, July 21, by contacting Barbara at blgreene@myfairpoint.net. Registration will close on May 19 or when the registration quota is filled.

Emile A Gruppe Gallery in Jericho Center presents fabric artist Elizabeth Fram in an exhibition Drawing Threads: conversation between line and stitch, through Sunday, May 6. Fram, a Maine native, began sketching common household items and "tablescapes" while also developing her textile work through "Shiboridyeibng, color, and intensive fields of surface stitches," and overlapping these separate areas of practice. Fram lives in Waterbury. Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho; open 10:00 AM – 3:00 PM Thursday-Sunday or by appointment; 899-3211, http://emilegruppegallery.com.

Bryan Memorial Gallery, Jeffersonville, announces a call to artists for its summer exhibit, The Sky's the Limit. The deadline for online applications is Friday, May 11. The exhibit opens Thursday, June 28 and concludes Monday, September 3. Works in all media are encouraged (paintings, photographs, sculpture, drawings, etc.) featuring and/or including the image of Skies. The jury will be looking for works in which the sky is the predominant element of the composition. For more information: http://www.bryangallery.org/ pdfs/TheSkysTheLimit.pdf. Bryan Memorial Gallery is open daily, Thursday-Sunday, 11:00 AM – 4:00 PM and by appointment. Free admission. Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100; www.bryangallery.org.

At River Arts in Morrisville: After the Frost: Moments in Nature is an exhibit of mixed media and fabric collage by Dianne Shullenberger running through April 29. The exhibit by Jericho resident Shullenberger will be joined by a collection of pastels by Marcia Hill, The Spirited Landscape, in the Common Space Gallery. River Arts of Morrisville, 74 Pleasant St., Morrisville, 888-1261.

Visions of Vermont Art Galleries in Jeffersonville is open Tuesday-Sunday, 11:00 AM – 5:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For more information, visit www. Visions of Vermont.com.

Kids (of all ages) are welcome to come create at Webby's Art Studio, Shelburne Museum with specialized art activities for all ages inspired by temporary and permanent exhibitions at the Museum, Saturdays, 11:00 AM – 3:00 PM at the Pizzagalli Center for Arts and Education Classroom. April 21: Painting with Wool - learn about different felting techniques and then create a floral composition inspired by the quilts in the exhibit *In the Garden*. April 28: Make it Rain – work with a variety of materials to create a musical rain stick.

Works of plein air landscape artist Donna Bourne, who recently relocated to Studio 266 in Burlington after 30 years in Santa Cruz, be featured at Shelburne vineyard inrough Salurday, June 30. Her work will hang at the Shelburne Vineyard Tasting Room, 6308 Shelburne Rd., Shelburne, open every day, 11:00 AM – 5:00 PM through April, and 11:00 AM – 6:00 PM beginning Tuesday, May 1. For more information, 802-985-8222 or see www.

The Vermont Institute of Natural Science (VINS) is welcoming the spring season by extending open hours at the VINS Nature Center in Quechee and offering new daily programs. Beginning April 14, VINS Nature Center will be open to the public from 10:00 AM - 5:00 PM.

Daily live bird programs led by VINS' knowledgeable environmental educators will resume with the spring schedule: Songbird Feeding Time at 10:30 AM; Raptors up Close at 11:00 AM features topics ranging from the mechanics of bird flight and seasonal migration to avian conservation issues; Talk to the Trainer at 2:00 PM covers tricks of the raptor trainer's trade. All live bird programs are designed for families, adults, and children of all ages. Raptor feeding is also available at 2:45 PM. Additional animal feeding times are offered throughout the day.

On the Nature Center campus, the public also has access to the exciting VINS experience:

• Raptor Enclosures, 17 habitats for many species of eagles, hawks, falcons, and owls;

· Wild Songbird Aviary, home to many species of native songbirds, former rehabilitation patients;

• Birds are Dinosaurs, explore the Birds Are Dinosaurs exhibit and the journey of how birds evolved from dinosaurs;

ShelburneVinevard.com or www.DonnaBourneArt.com

Essex Art League meets the first Thursday of the month, September-May, 9:00 - 11:00 AM at the Essex Junction Congregational Church on VT Rt. 15, Essex Junction. The agenda includes a business and social time and a guest speaker/artist presentation. More information including a calendar and online gallery is available at the League's website www.essexartleague.

The next monthly meeting of the Milton Artist Guild will be Thursday, April 19, 6:00 – 8:00 PM at the Guild Art Center, 199 U.S. Rt. 7S, Milton. For information, contact the Milton Artists' Guild, P.O. Box 369, Milton, VT 05468; www.miltonartistsguild.

Call to artists for *Passages*, an annual area artist exhibit at the Chandler Gallery, 71 Main St., Randolph. Submissions are due by Wednesday, April 25 for the exhibit that will run Saturday, April 28-Saturday, June 16. This exhibit is coordinated with the dance and multimedia performance of Passing, and the theme refers to realistic or abstract representations of change in the artist's life or imagination - in painting, photos, prints, sculpture, artists' books, mixed media, glass, pottery, jewelry, fiber, and more. Chandler is committed to hanging at least one piee from each artist and will accept up to three pieces (all new to the Chandler). Entry fee \$10. If a submission is for sale, the gallery asks for a commission on sales during the show. Drop off framed ready-to-hang art Monday, April 23, 3:00 – 6:00 PM and Tuesday, April 24, 5:00 – 8:00 PM, or by appointment. Opening reception for artists, friends, family, and the public on April 28, 5:00 – 7:00 PM before the main stage premiere of *Passing* at 7:30 PM. The Chandler Gallery, 71 Main St., Randolph; gallery hours Fridays 3:00 – 6:00 PM and Saturdays 12:00 – 6:00 PM, and during Chandler performances.

MUSIC

Well-known Vermont artists Carol Ann Jones and Will Patton will perform a variety of popular, traditional, and country music for the April offering of the Westford Music Series on Sunday, April 29, 4:00 – 5:00 PM at the UCW white church, Westford Common. Carol Ann Jones will offer a wonderful mix of vocals and strings performing both original and popular favorites in "American Style. She will be joined by Will Patton, a multi-talented composer and instrumentalist who for past 30 years has been in demand as a jazz bass player and mandolinist. He will play his original compositions and old favorites. These two artists have produced albums and played in venues around the country. Vermont is their home state and they are in wide demand, touring and performing with each other, with other bands, and performing as soloists offering their wide repertoire of musical genres. Great for audiences who love folk, traditional, popular, and country music. Refreshments will be served. Free will donations. Call 802-879-4028 for more information.

The Cathedral Church of St. Paul in Burlington presents a series of concerts this spring. Friday, April 27, 7:30 PM: Transcontinental Piano Due Elaine Greenfield and Janice Meyer Thompson play a sparking program of world-renowned works for four hands. Tickets \$25; students 15-22 and seniors \$15; under 15 free. Saturday, April 28, 9:320 AM - 12:00 PM: Piano Masterclass with Janice Meyer Thompson, Professor Emerita, Arizona State University. Free and open to the public. Tuesday, May 8, 12:00 PM: Springtime. Suiong Wong on piano, just back from a tour to China, plays a program of lyricism and drama. Friday, May 18, 7:30 PM: Stellaria Trio. Letitian Quante, violin, John Dunlop, Cello, and Claire Black, piano bring Dark Horses, featuring Beethoven's Op. 70 No. 2 and Dvorak's F Minor trios. Tickets \$20; students 15-22 and seniors \$15; under 15 \$5. Friday, June 1, 7:30 PM: Greenfield Piano Associates perform a varied program featuring composer of the year Frederic Chopin. Admission by donation to GPA Scholarship Fund. Tuesday, June 12, 12:00 PM: Syrinx, conducted by Glen Sproul, presents a cappella choral music including new arrangements of African=American songs and classic Broadway tunes. Every week: Tuesday noon series concerts are free; donations appreciated. Bring a bag lunch; coffee and tea are provided. The Cathedral Church of St. Paul, 2 Cherry St., Burlington is at the corner of Battery and Cheery Streets, with entry on Cherry St. Parking, \$4 per hour in the Cathedral lot (free with handicap plates or tags), or two hours free in the Lakeview City Garage across Cherry St. (enter next to Hotel Vermont). Tickets are sold at the door.

The Burlington Chamber Orchestra's eleventh season performances this season will include a collaboration with Bella Voce Chorus Mozart's Marriage of Figaro Overture; Mel Bonis, Suite en forme de valses pour orchestre; and Gwyneth Walker's Love is a Rain of Diamonds, I Will be Earth, Thank you God, The Tree of Peace and How Can I Keep on Saturday, May 12. The Concerto Competition winner will also perform at the May concert. General admission is \$30 adults and \$10 students (with identification). Season tickets are \$120 for adults and \$40 for students. For more information go to www.bcovt.org, or contact Sharon Radtke, 802-

THEATER/FILM

Burlington City Arts presents an Architecture + Design Film Series, the final film in a free once-a-month screening. Come for a thoughtful discussion and light refreshments to a creative gathering

aimed to broaden awareness, foster connections, spark new ideas, and ultimately build momentum towards positive action. Wednesday, April 18: Five Seasons: The Gardens of Piet Oudolf directed by Thomas Piper. Sponsored by Burlington City Arts and the UVM Department of Art and Art History. Location: Contois Auditorium, 149 Church St., Burlington. All showings are at

Shelburne Players' comedy production The Dixie Swim Club by Jones Hope Wooten will be performed at Shelburne Town Center, 5420 Shelburne Rd., Shelburne at 7:30 PM on Thursday-Friday,



Mickey Myers of Bryan Memorial Gallery, Jeffersonville.

PHOTO BY PAUL ROGERS

April 19-20, and Saturday, April 21. Tickets \$15 can be purchased in advance at Shelburne Market. For more information or to reserve tickets, 343-2602 or www.shelburneplayers.com. Open seating.

The student theater troupe at Northern Vermont University -Johnson will present the Tony award-winning musical Nine, about the challenges of an Italian Filmmaker on Thursday-Sunday, April 26-29 at the Dibden Center for the Arts on campus. Performances begin at 7:00 PM Thursday-Saturday, and 2:00 PM Sunday. Tickets are \$10 a person (cash only) for the public. Nine, based on the 1963 Federico Fellini film 81/2, tells the story of film director Guido Contini as he deals with personal and professional crises and faces demands from the women in his life. Laura Roald, head of the Off Center for the Dramatic Arts in Burlington, will direct the NVUI production, which will include music by members of NVU-Johnson's student ensembles. To reserve tickets, contact the Dibden Center box office, jscboxoffice@jsc.edu, or call 802-635-1476 Monday-Friday 11:00 AM - 4:00 PM.

Essex Players will stage the classic comedy The Man Who Came to Dinner. A pompous celebrity, famous for his acerbic wit, largerthan-life appetites, and hoards of Hollywood friends, slips on the ice and unexpectedly becomes an imperious long-term houseguest of a small-town Ohio family just before Christmas. What could possibly go wrong? The parade of eccentric visitors that crosses the family's threshold, as well as the meddling in the family's lives, make for delightful hilarity that hasn't lost a bit of its pungency in the years since Moss Hart and George S. Kaufman's play premiered to great acclaim on Broadway in 1939. Directed by Adam Cunningham, The Man Who Came to Dinner runs Thursdays-Saturdays, May 3, 4, 5 and 10, 11, 12 at 7:30 PM, and Sundays, May 6 and 13 at 2:00 PM, at Essex Memorial Hall, Towers Road, Essex. Tickets available online, www.essexplayers.com, or at the box office two hours before each performance. For more information, contact Peggy Bonesteel, pdbonest@gmail.com or 802-881-7116.

Dorset Theatre Festival is proud to announce its 41st season, featuring Herb Gardner's I'm Not Rappaport starring Judd Hirsch (June 21-July 14); Skeleton Crew by Dominique Morisseau (July 19-August 4); Pride and Prejudice from the novel by Jane Austen adapted by Kate Hamill (August 9-25); Holland Taylor's Ann starring Jayne Atkinson (August 29-September 1); and Pipeline Series: Four New Works in Process (June 26, July 10, July 31, and August 12). In I'm Not Rappaport, lifelong radical and worldclass kibitzer, retiree Nat Moyer, spends his afternoons spinning outrageous yarns that both intrigue and infuriate fellow octogenarian Midge Carter, the half-blind building superintendent with whom Nat shares his Central Park bench. Moyer is played by Judd Hirsch in the role that won him a Tony Award for Best Actor. In Skeleton Crew, a makeshift family of workers at the last exporting auto plant in the city navigate the possibility of foreclosure. Power dynamics shift, and they are pushed to the limits of survival. When the line between blue collar and white collar gets blurred, how far over the lines are they willing to step? In Kate Hamill's adaptation for the Jane Austen novel Pride and Prejudice, literature's greatest tale of manners, society and love pits outspoken Elizabeth Bennet against standoffish and aristocratic Mr. Darcy. ANN, by award-winning actress and writer Holland Taylor, is an inspiring and hilarious play that brings us face to face with the complex and colorful character bigger than the state from which she hailed. Performed by Emmy Award-winner Jayne Atkinson (House of Cards, Madam Secretary), ANN takes a revealing look at the impassioned woman who enriched the lives of her followers, friends, and family. With its PIPELINE SERIES: Four New Works in Process, Dorset Theatre Festival builds upon its growing reputation as an incubator of new work with this cutting edge series of four presentations of works destined to become tomorrow's classics. Subscriptions for the 2018 summer season and single tickets are on sale now; to purchase or for mor information, visit www.dorsettheatrefestival.org. All performances will take place at the Dorset Playhouse, 104 Cheney Rd, Dorset.

VINS announces spring schedule

- Forest Exhibit, experience the sights and sounds of a natural forest;
- · Rehab in Action, a one-way viewing window on our Center for Wild Bird Rehabilitation:
- NEW Adventure Playscape, a natural place for kids with elements for creative play;
- Nature Trails (including an accessible section for people with varying mobility levels) traversing several acres of forest along the wetlands of the Ottauquechee
- · Nature Store, field guides, natureinspired gifts, science kits, educational books and more:
- · Scavenger Hunts, search for answers and explore the marvels of Mother Nature.

The VINS Nature Center and Nature Store are now open to the public daily from 10:00 AM – 5:00 PM. For more information about VINS and the variety of exhibits, programs, and environmental education opportunities offered, please visit www.vinsweb.org.



VINS is a nonprofit, member-supported, environmental education, wild bird rehabilitation, and research organization headquartered at the VINS Nature Center in Quechee, VT. VINS' mission is to motivate individuals and communities to care for the environment through education, research, and avian wildlife rehabilitation.

ONGOING EVENTS

ADULT ACTIVITIES

Veterans Job Networking, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Junction; 1:00 – 2:30 PM, American Legion Post, St. Albans.

The Vermont Genealogy Library in Fort Ethan Allen, Colchester has the resources to help you find those elusive ancestors. We are open every Tuesday from 3:00-9:30 PM. We continue to be open every Tuesday. Please see our website *www.vtgenlib.org* for more information including directions and how to contact us if you are visiting the area.

Toastmasters of Greater Burlington, 2nd and 4th Wednesdays, 7:00 PM, Holiday Inn, 1068 Williston Rd., S. Burlington. Do you want to develop your speaking and leadership skills? Ace an interview? Ignite your career? If so, Toastmasters of Greater Burlington is the place for you. You'll find a supportive learnby-doing environment that helps you achieve your goals. For information, 802-782-4832.

Eagles Auxiliary #3210 holds bingo at the club house, VT Rt. 109, Jeffersonville, Friday nights. Doors open at 5:30 PM. Bingo starts at 6:45 PM. For information, contact Sally, 644-5377.

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Amy, 899-2154, for information.

Mount Mansfield Scale Modelers, 3rd Thursday of the month, 6:30 – 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln St., Essex Junction.

The **Underhill Historical Society** meets at the Underhill Town Hall on the 2^{nd} Monday of the month, 6:30 PM. Anyone welcome.

HEALH EVENTS & GROUPS

Healthier Living with Diabetes – free six-week class at the Cambridge Health Center to learn self-management techniques to prevent low blood sugar, practice healthy eating, be more active, reduce stress, communicate effectively with your healthcare team, and more. Upcoming sessions will run Wednesdays, April 18-May

23, 2018, 2:00 - 4:30 PM. For information, contact Rorie, 644-

La Leche League of Essex Junction – monthly breastfeeding support meetings, first Thursdays, 6:30 – 8:00 PM, Essex Free Library, 1 Browns River Rd., Essex Junction. Join us whether you are pregnant, nursing your first tiny baby, or weaning your last

toddler. Free! We meet downstairs in the children's area.

Al-Anon meetings, Jericho United Methodist Church, Thursdays 10:00 AM, and Saturdays 10:00 AM.

Alcoholics Anonymous meeting, "Women's Big Book" group meets Thursdays 6:00 – 7:00 PM, United Methodist Church, VT Rt. 15, Essex Junction, across from Grange Hall.

Alcoholics Anonymous Meeting, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays 8:00 – 9:00 PM, and Saturdays 6:30 – 7:30 PM, United Church of Underhill, Underhill Flats.

Alzheimer's support group, monthly on the 3rd Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Cathy Michaels, 985-8600.

Brain Injury Support Group – a place for survivors and family members, caregivers, friends, and the community to receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure, and confidential environment. Evening group: first Wednesday of every month 5:30 – 7:30 PM at Fanny Allen Campus, 790 College Parkway, Colchester, follow the signs; daytime group last Friday of every month at the Department of Labor, 63 Pearl St., Burlington, 12:00 – 1:00 PM conference room A. Call the BIAVT help line, 877-856-1772.

Autism – Vermont Healing Networrk, excellent autism resource 1-800-800-4005, *vermontfamilynetwork.org*.

Foot Clinics – Having trouble trimming your own toenails? Franklin County Home Health provides foot clinics around the county that can help. Call 802-527-7531 for an appointment and information. Cost: \$20.

Champlain Valley Prostate Cancer Support Group, 6:00 – 8:00 PM, 2nd Tuesdays, Hope Lodge, 237 East Ave., Burlington. Newly diagnosed? Prostate cancer reoccurrence? General discussion and sharing among survivors and those beginning or rejoining the battle. Information: Mary L. Guyette RN, MS, ACNS-BC, 802-274-4990.

Lamoille Home Health & Hospice: Hospice Volunteer Training. Health care professionals share their knowledge and passion for hospice. Please contact Charlene, 888-4651 or *ccamire@lhha.org* for more information.

Statewide Quit Line, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

KIDS

Playgroups free of charge and open to all children birth-5 years,

and their caregivers. Stories, songs, crafts, free play, local events and information, and more – an opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For information on any playgroup, contact Heather Lebeis, 899-4415 or *underhillplaygroup@yahoo.com.* Mondays: Good Shepherd Church, VT Rt. 15, Jericho, 9:30 – 11:00 AM; Wednesdays: Richmond Free Library, 8:45 – 10:15 AM; Fridays: Huntington Public Library, 10:00 AM – 11:30 PM.

Early Literacy Storytime, Thursdays, 11:00 AM, Westford Public Library. Stories and activities using early literacy concepts for ages birth-preschool. Drop-in; no registration needed. New families welcome. Information: Victoria, 878-5639 or westford_pl@vals.state.vt.us, or visit www.westford.lib.vt.us and click on Events @ Your Library.

SENIORS/COMMUNITY MEALS

Jeri-Hill XYZ Seniors meet at the Catalyst Church on the Raceway, Underhill on the 1st and 3rd Wednesday of each month. All seniors welcome. Dinner served at 11:30 AM. Information, Bette Workman, 899-4446, Loreen Teer, 899-1363, or Doug Keith, 899-2582.

Johnson Community Meal -2^{nd} and 4^{th} Wednesdays of the month, 11:30 AM -12:30 PM, United Church, Johnson. Come for a hot meal and get to know your neighbors. Meal followed by community gathering. Information: Ellen Hill, 635-1439, *ellen. hill@jsc.edu.*

Westford Senior Lunches – Join Westford Seniors for lunch at the Red Brick Meeting House on the Common, monthly on the 2nd Monday. Lunch, 12:00 PM; short meeting or presentation after. Call Carol Howrigan 878-3090 for information or for a ride.

Bolton Up and Downtown Club meets the last Thursday of the month at the Bolton Fire Station. Meal at 5:00 PM. Open to adults 60+. Contact Doris Wheelock at 434-3769.

60+. Contact Doris Wheelock at 434-3769. **Huntington senior meal site** – The Huntington senior meals are served monthly on the 3rd Tuesday, 12:00 PM at the Community

Baptist Church, Huntington Center. **St. Jude's Church senior meals**, Hinesburg, 2nd and 4th
Tuesday of each month. Free bingo games afterward. Everyone welcome, including caregivers. Suggested donation \$4 per person. Information: Ted Barrette, 453-3087.

Starksboro First Baptist Church senior meals, Starksboro, 4th Thursday of the month, 11:30 AM. Call Brenda Boutin, 802-453-6354 for more information. **All ages are welcome!**

"Good Food for All" free dinners, 2^{nd} Thursday of the month, United Church of Underhill, VT Rt. 15, Underhill Flats, 5:00-7:00 PM; and on the last Thursday of each month at Calvary Episcopal Church, VT Rt. 15, Underhill Flats, 5:00-7:00 PM. Everyone in the communities is invited.

TOWN GOVERNMENT & ORGANIZATIONS

Cambridge Area Rotary meets on 1st four Thursdays of the month, upstairs at 158 Main restaurant, Jeffersonville, 7:00 – 8:00 AM. Information: Susan Lassiter, 644-6600 or *Slassiter@unionbankvt.com*.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the town garage. Information: John Quinn, *jquinninvt@aol.com*.

Jericho Village Water District Board of Commissioners meet on the 3rd Wednesday of the month, 7:00 PM, Old Red Mill, Jericho.

Jericho-Underhill Water District meets 1st Monday of the month, United Church of Underhill, Underhill Flats, 7:00 PM. Information: 899-4076 or 899-3810.

Jericho Historical Society, monthly on 2nd Thursdays, 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, 1st and 3rd Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. Information: 899-2693.

Jericho Energy Task Force meets monthly, 3rd Mondays, 7:00 – 8:30 PM, Jericho Town Hall, VT Rt. 15, Jericho.

THRIFT SHOPS & FOOD SHELVES

Essex/Jericho/Underhill Food Shelf, open 3rd Saturday each month, 9:00 – 11:30 AM, Good Shepherd Lutheran Church, VT Rt. 15, Jericho. Meat, dairy, produce, pantry items, pet food, and some non-food items. All are welcome.

Westford Food Shelf, open monthly, $3^{\rm rd}$ Saturdays, 8:00-10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

The **Heavenly Cents Thrift Shop**, just east of Five Corners, Essex Junction, VT Rt. 15, 10:00 AM - 3:00 PM Tuesdays and Wednesdays; 4:00 - 8:00 PM Thursdays.

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MOUNTAIN GAZETTE

Publication & Deadline Dates 2018

The Mountain Gazette publishes on the 1st and 3rd Thursday of each month. The deadline for receiving copy is Thursday, a week before publication, at noon. The advertising deadline is Thursday, a week before publication at 5:00 PM.

For more information, please contact Brenda Boutin

Publisher of the Mountain Gazette 6558 VT RT 116, Starksboro, VT 05487 Phone: 453-2468 • bboutin@gmavt.net On the web at www.mtngazettevt.com

PUBLICATION DATES:	DEADLINE DATE
THURSDAY	THURSDAY
January 4	December 28
January 18	January 11
February 1	January 25
February 15	February 8
March 1	February 22
March 15	March 8
April 5	March 29
April 19	April 12
May 3	April 26
May 17	May 10
June 7	May 31
June 21	June 14
July 5	June 28
July 19	July 12
August 2	July 26
August 16	August 9
September 6	August 30
September 20	September 13
October 4	September 27
October 18	October 11
November 1	October 25
November 15	November 8
December 6	November 29
December 20	December 13

2018-2019 Jericho - Underhill Community Directory Last date to order May 20 • Distribution after July 1, 2018

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will be distributed after July 1, 2018.

Last date to order May 20

3000 directories are distributed throughout Jericho and Underhill as well as Hannafords in Essex Center, and other Essex businesses. The entire phone book appears on our website. Additionally each advertiser receives a free bold line listing among the phone number listings.

Business name:	AD SIZES AND RATES
Ad size:@ \$ Please run same size	• 1/16 PAGE \$55 (2"X2.25) • 1/8 PAGE \$100 (3.25"X2.25")
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EMPLOYMENT

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The Town of Cambridge seeks a Town Administrator. Full job description available at, *http://www.cambridgevt.org/employment*. Cover letter, resume, and 3 references via email to: *employment@cambridgevt.org*. with "Town Administrator Search", in subject line or mail to: Mark Schilling, Clerk/Treasurer, P.O Box 127, Jeffersonville VT 05464.

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AUCTION

Foreclosure: 3BR Home on 8.4± Acres AUCTION

Tuesday, May 8 @ 11AM (Register & Inspect from 10AM) 198 Crickard Rd., Eden, VT

OPEN HOUSE: Friday, April 20 from 2-4PM



1,787±SF 3BR/1BA home built in 1980, situated on 8.4± acres. Fixer-upper in a private location. Dark Branch Creek runs through property. Close to Lake Eden.

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Age Well community senior meals

Age Well hosts Community Meals at over 70 locations. Programs vary from small rural gatherings, to senior centers, to an evergrowing array of restaurants. Menus are available on the 22nd of each month for the following month. Meals are on a first-come, first-serve, month-by-month basis; \$5 suggested donation. Call Age Well, 802-662-5200, after 10:00 AM for reservations for the following month on or after the 22nd of the month. If the 22nd falls on a weekend, reservations may be made the following Monday. Milk is served with all meals.

Tuesday, April 17 – Ray's Seafood, Essex Junction. Check-in 10:30 AM; lunch 11:00 AM. Fish, potato, coleslaw, squash, roll, creemee.

Wednesday, April 18 – JP's Diner & Deli, Essex Junction. Check-in 10:30 AM; lunch 11:00 AM. Baked ham dinner, mashed potatoes, mixed vegetables, dessert.

Thursday, April 19 – American Legion, Colchester. Check-in 10:30 AM; lunch 11:00 AM. Chicken and biscuits dinner, dessert.

Tuesday, April 24 - Ray's Seafood, Essex Junction. Check-in 10:30 AM; lunch 11:00 AM. Fish, potato, coleslaw, squash, roll, creemee

Wednesday, April 25 – Athens Diner, Colchester. Check-in 10:30 AM; lunch 11:00 AM. Turkey dinner, stuffing, mashed potatoes, cranberry sauce, green beans, rolls, pudding.

Thursday, April 26 – Dutch Mill, Shelburne. Check-in 10:30 AM; lunch 11:00 AM. Meat loaf, mashed potatoes, mixed vegetables, strawberry shortcake.

Restaurant ticket program – Age Well's restaurant tickets are available year round, and no longer need to be used the month they are purchased. Tickets are good for Age Well's fiscal year, October 1, 2017-September 30, 2018, but are nonreturnable and non-exchangeable. For tickets, connect with Pat Long, Community Meal Coordinator, at the meal sites or visit Age Well's office (76 Pearl St., Suite 201, Essex Junction, VT 05452, 865-0360). Tickets must be presented before ordering. Restaurants have the right to offer limited menus.

The Abbey Pub & Restaurant, Enosburg Falls, lunch and dinner Tuesday-Sunday, 11:30~AM - 5:00~PM.

Athens Diner, Milton, Monday-Saturday, 6:00 AM – 4:00 PM, Sundays 6:00 AM – 3:00 PM.

The Champlain Café at Burlington Tech Center, Fridays only; reservations required. Call 864-8426 x12121.

Dutch Mill, Shelburne, Monday-Sunday, 7:30 AM – 2:00 PM. Halfway House Restaurant, Shoreham, Monday-Thursday, 5:00 AM – 8:00 PM.

Harpers at Holiday Inn, S. Burlington, Early Bird dinner, Monday-Sunday, 5:00 – 7:00 PM.

IHOP, S. Burlington, Monday-Sunday, 7:00 AM – 9:00 PM. Mallets Bay Diner & Bakery, Colchester. Tuesday-Friday, 7:00 AM – 1:00 PM. Breakfast and lunch.

Mimmo's, Essex Junction, Mondays, 11:00 AM – 3:00 PM. Pizza Putt, S. Burlington, lunch or dinner served seven days a real.

Professional Foods Café and Bakery (formerly Colonial Room), Essex. Call 879-5595 after 5:00 PM on Monday to listen to a recorded message with menu options and days the café will be open that week. Luncheon check-in is promptly at 11:00 AM. Always closed on Saturdays, Sundays, Mondays, and Tuesdays.

Rosie's Restaurant, Middlebury. Mondays-Wednesdays, 6:00 AM -12:00 PM (breakfast); 11:00 AM -3:00 PM (lunch).

Ray's Seafood, Essex Junction. Sundays – Wednesdays, 11:00 AM – 4:00 PM.

St. Michael's College, Colchester. Monday-Friday, dinner 5:00 – 6:00 PM; Saturday-Sunday brunch, 11:30 AM – 1:00 PM; dinner 5:00 – 6:00 PM.

Trader Duke's at Doubletree, S. Burlington. Mondays, 4:00 – 6:30 PM.

6:30 PM.

LEGAL NOTICE

TOWN OF JERICHO- DEVELOPMENT REVIEW BOARD NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing at 7:00 pm on Thursday May 10, 2018 at the Jericho Town Hall to consider the following:

- A request to the DRB by JD Bugbee for a Conditional Use and Site Plan review for the construction of 2 duplex residential units (4 units total). The property is located at 222 VT Route 15 which is located in the Commercial Zoning District.
- A request to the DRB by Brian & Julie Hehir for a Preliminary/Final Plat review for a 3 lot minor subdivision. This property is located at 36 Fitzsimonds Road which is in the Low Density Residential & Rural Agricultural Residential District.

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Chris Flinn
Zoning Administrator
cflinn@jerichovt.gov

NVU-Johnson Integrative Medicine Day April 21

Northern Vermont University-Johnson's biannual Integrative Medicine Day will be 8:00 AM – 4:00 PM Saturday, April 21 at McClelland Hall on the NVU-Johnson campus in Johnson, and is open to prospective students and their families.

The free event, which will include group sessions on varied wellness, healing, and stress-reduction approaches, is geared to high school students interested in NVU-Johnson's Wellness & Alternative Medicine (WAM) Bachelor of Science program. Students may attend a WAM homeopathy or Native American healing class, talk with current WAM students, and go to sessions on meditation, yoga, herbalism, healing with horses, and other treatments and techniques.

Integrative medicine, which employs conventional and alternative treatments, is used in some major U.S. hospitals. Alternative medicine uses natural, non-invasive approaches including nutrition, herbalism, and homeopathy.

NVU-Johnson was one of the first accredited higher education institutions in the country to offer a science-based undergraduate degree program in wellness and alternative medicine. The WAM program – with interdisciplinary courses in the Behavioral Sciences and Environmental & Health Sciences departments – is the only program of its kind in the United States. Students may also pursue a WAM degree online.

To register, visit https://connect.northernvermont.edu/register/ IntegrativeMedicineDay. For more information, call 802-635-1320 or email Susan.Green@NorthernVermont.edu.

Woodland beauties



Everything is blooming most recklessly; if it were voices instead of colors, there would be an unbelievable shrieking into the heart of the night.

- Rainer Maria Rilke

SPRINGTIME PHOTOS BY SARA RILEY

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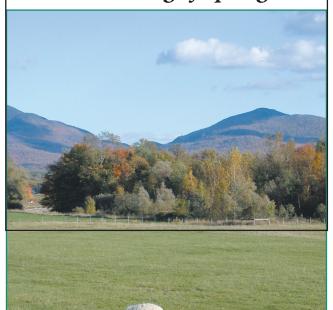
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Dreaming of Spring





When spring came, even the false spring, there were no problems except where to be happiest. The only thing that could spoil a day was people and if you could keep from making engage-ments, each day had no limits. People were always the limiters of happiness except for the very few that were as good as spring it-

- Ernest Hemingway





Our 3rd - 8th grade students discover the joy in pursuing their curiosity and deepening their understanding of

> Enrolling now for the 2018-19 school year

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SCHOOL NEWS

Camel's Hump Middle School news

Mark Carbone, Principal

There's so much going at Camel's Hump Middle School – it's difficult to know where to start! Seventh and eighth grade students had their first session with teaching artists/visiting playwrights Geeda Searfoorce and Ethan Bowen as part of the Vermont Young Playwrights program. CHMS was the recipient of a generous grant from the National Endowment for the Arts and Vermont Arts Council. During the session, our young playwrights learned some of the fundamentals of playwriting, practiced building conflict and tension, developed characters, and planned their own ten-minute

After hours of preparation during lunch sessions, Brody Norris kept his cool and prevailed in the CHMS Geo Bee. Having aced the next-level qualifying test, Brody represented CHMS at the State Geo Bee. Despite a snow day postponement, Theo Esser stayed strong under pressure and held on to win the CHMS Spelling Bee. Theo then competed at the Vermont State Spelling Bee.

The CHMS community participated in International Pi Day on Wednesday, March 14. Pi (Greek letter " π ") is the symbol used in mathematics to represent a constant - the ratio of the circumference of a circle to its diameter - which is approximately 3.14159. We celebrated Pi Day with pizza pie and whoopie pies for lunch. At the end of the day following a student pie-eating contest, students who memorized significant digits of Pi were rewarded by "pieing" Principal Carbone!

Two teams from CHMS participated in the Junior Iron Chef Competition at the Champlain Valley Fairgrounds. Team Eggcellent won the award "Lively Local" for the team that best highlighted Vermont foods, was tasty, and highlighted local, seasonal products. The team won for the "Egg in a Nest" recipe. Team Mountaineers also made a successful French Cheeseburger (vegan) and French fry crépes with ketchup and mustard vinaigrette and garnished with a confetti of lettuce, tomato and a pickle. Thanks go to Diane Fitzgerald – if not for Diane, Junior Iron Chef would not have happened – as well as to James Macpherson and Dustin Smith for their assistance. All three volunteered time, energy, and a Saturday

to help the CHMS Junior Iron Chef teams.

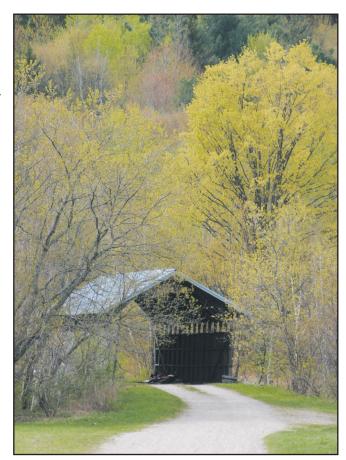
CHMS engineering club members have been hard at work designing and constructing popsicle stick bridges for the upcoming Bridge Building Competition hosted by Vermont Technical College. Working in teams, the students are charged with researching, designing, and building their bridges under a strict set of competition specifications. Almost entirely student-run, the contest provides an excellent opportunity for collaboration while providing a showcase for an impressive showing of middle school ingenuity. These bridges are BIG! With a clear span of one full meter, these aren't your basic miniature balsa wood bridges. Teams will use several mathematical tools to estimate their bridge's carrying capacity and strengthto-weight ratio, and will then submit their bridge to mechanical testing to determine its failure point. CHMS has a number of teams attending the competition.

This year's drama production, Adventures of a Comic Book Artist, was a fun-loving, comic musical showcasing the talents of a number of CHMS students. Over 60 actors and crew members worked many months on the choreography and music, making the performance a huge success. Kudos to all involved!

We are excited to have had a CHMS team for the Middle School March Madness (MSMM) Volleyball Season/Program again this year. The month-long program offered students daily volleyball practice after school, with round robin games weekly with other participating schools. The season culminated with a jamboree the first week of April.

The school's greenhouse is host to 3000 onion sets and over 150 spinach seedlings. We are hoping for this fresh produce to be ready for student consumption by the end of April/beginning of May. We are always looking for volunteers to help with the CHMS community garden. If you are interested, please contact me by calling 434-2188.

The next meeting of the Mount Mansfield Modified Union School Board is at 6:30 PM on Monday, May 7 at Camel's Hump Middle School. The public is invited and encouraged to attend.





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REPUTAT

4

New 4 bdrm 2.5 bath Colonial to be built on 1 cre country lot overlooking the beaver pond! 1872 sqft, an open floor plan, modern kitchen w/granite, porch & deck! Master w/ full bath & walk-in closet. Walkout lower level could be

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